Prospect Senior Center







6 Center Street Prospect, CT 06712

(203)758-5300 (203)758-3837 Fax

May-June 2022 Highlites

Lucy Smegielski

**Director - Editor** 

**Municipal Agent** Town of Prospect

Lorraine Maglaris





Susan DaSilva

**STAFF** 



Dave Texira



Matt

**From the Director.....** Memorial Day means different things to different people. Some Americans celebrate the day as a kickoff to summer. They celebrate the long weekend with barbecues and family get-togethers. But, Memorial Day is so much more than this.

Referring to Memorial Day as a holiday diminishes its solemnity. At its heart, Memorial Day is a day to solemnly honor all men and women who have served and died in U.S. military service. This day gives us an opportunity to pause, recognize and appreciate the ultimate sacrifice Americans have made in the name of freedom.

Some soldiers return home to the music of marching bands and people excitedly waving flags in their honor. Other soldiers return home in a solemn, flag-draped box. They are met by proud, yet quiet, loved ones bravely holding back their tears.

These men and women, who have died protecting our freedom, are owed our nation's eternal gratitude, respect and commitment. It is left to us to honor them by guarding the liberties they gave their lives to protect.

For those who have received the quiet welcome home, let us offer up our gratitude and prayers. Let us never forget the cost of lives lost and the lives of their loved ones that were forever changed. As Lincoln noted in the Gettysburg address, "these dead shall not have died in vain". Each one of their lives mattered. Their sacrifices to our country mattered. It is up to us to honor and give thanks to these brave men and women who stood between tyranny and liberty.

Take a moment to honor those who lost their lives in the service of our country. Take a moment to give thanks to those who charged into battle, knowing they might never return to their loved ones. Take a moment to honor those that were laid to rest in foreign soil. Take a moment to honor those who were lost and never found.

It is these "true" heroes who took the risk, fought hard to the end and hoped that their efforts would protect our freedoms. This Memorial Day salute those who gave their lives for our country, for you, and for me. Take a moment to thank God that such men and women existed.

> May God bless them eternally... Lucy, Lorraine, Susan, Lori, Lirene, Matt & Dave

# May 2nd. (MONDAY) 9:15am. Senior Exercise Class 9:30am. "Songbirds" choir practice

- 9:30am. Texas Holdem' w John Salerno & Carmine Midolo-\$5 (pool room)

- 9:30am. Songbirds choir practice
  9:30am. Texas Holdem' w John Salerno & Carmine Midolo-\$5 (pool room)
  9:30am. Bridge with Linda Favale @ Chapel Hall
  10:00am. Qi Gong Class w George Hughes-\$5
  10:00am. Senior Balance Class w Brenda Martin-\$2
  10:00am. Wii Bowling League w Mary Henao
  12:15pm. Mat Yoga Class #5 w Shari Galvin
  1:00pm. Cribbage with Don Ensero
  1:15pm. POUND Class w Cookie-\$3
  1:30pm. Chair Yoga Class #5 w Shari Galvin
  May 3rd. (TUESDAY)
  9:00am. Senior Fitness Program w Susie-\$3
  9:30am. Sonior Fitness Program w Susie-\$3
  9:30am. Bocce League
  10:00am. Acrylic Art Class #3 w Judy Jaworski
  10:30am. IPhone & IPad Training Session w Durim Odza-No Charge
  12:00pm. Massages w Tony (\$25/30 minutes or \$40/1 hour)
  12:30pm. Setback (downstairs)
  1:00pm. Quilting Group
  May 4th. (WEDNESDAY)
  9:30am. Beginner's Piano Class #6 w Joe Guarino
  10:00am. Art Class #2 w Dory
  10:00am. Wii Bowling League w Mary Henao
  11:30am. to 1:30pm. Blood pressure screening with VNA nurse
  1:00pm. Corn Hole Games w Gene Bowman
  1:00pm. Con Hole Games w Gene Bowman
  1:00pm. Canasta w Wendy & Bonnie
  1:00pm. Line Dancing Class
  May 5th. (THURSDAY)
  9:15am. Senior Exercise Class
  10:00am. New Britain Museum of American Art-SOLD OUT
  10:00am. Ballroom Dancing Lessons w George Maderski-\$2 (@ Community Center)
  1:00am. Ballroom Dancing Lessons w George Maderski-\$2 (@ Community Center)
  1:00am. Ballroom Dancing Lessons w George Maderski-\$2 (@ Community Center)
  1:00am. Laum to Koti Class #5 w Carla Ko
- 11:00am. Zumba w Cookie-\$3 12:30pm. Intermediate Piano Class #6 w Joe Guarino 12:30pm. Learn to Knit Class #5 w Carol Greco

- 12:30pm. Learn to Knit Class #5 w Carol Greco 1:00pm. Mahjong with Barb Duigan 2:00pm. Advanced Piano Class #6 w Joe Guarino **May 6th. (FRIDAY)** NO Bible Study with Georgia Smolkis @ Community Center 9:30am. Weight Strengthening with the Ensero's 9:30am. Pinochle with Mike & Bonnie Jones 10:00am. Scrapbooking & Card making w Edwina & Cindy-\$2 11:30am. Center Lunch-Chicken Marsala-\$7 (SCL) 1:00pm. Happy Birthday BINGO-\$2 1:30pm. Chair Yoga #4 w Shari Galvin **May 7th. (SATURDAY)** 9:00am. Haddam Quilt Show-\$5 **May 8th. (SUNDAY)** 1:00pm Let it Be @ Thomaston Opera House-SOLD OUT **May 9th. (MONDAY)** 9:15am. Senior Exercise Class 9:30am. Craniometrix Testing-FULL 9:30pm. Hollandia Nursery Day Trip w John Cookson-FULL

- 9:30pm. Hollandia Nursery Day Trip w John Cookson-FULL 9:45am. "Songbirds" performing @ Beacon Brook Rehab 9:30am. Texas Holdem' w John Salerno & Carmine Midolo-\$5 (pool room)
- 9:30am. Bridge with Linda Favale @ Chapel Hall 9:30am. Photography Club w Al Thibodeau 10:00am. Senior Balance Class w Brenda Martin

- 10:00am. Wii Bowling League w Mary Henao 10:00am. Wii Bowling League w Mary Henao 10:00am. Qi Gong Class w George Hughes-\$5 12:15pm. Mat Yoga Class #6 w Shari Galvin 1:00pm. CRL with Leslie Kingston-\$ 1:00pm. Cribbage with Don Ensero 1:15pm. POUND Class w Cookie-\$3 1:30pm. Chair Yoga Class #6 w Shari Galvin 5:00pm. Make-Your-Own Patriotic Wreath @ Ar

- 5:00pm. Make-Your-Own Patriotic Wreath @ Art Party Studio-\$21

### May-June 2022

2

- May 10th. (TUESDAY) 9:00am. Senior Fitness Program w Susie-\$3 9:15am. Fort Hill Farms Nature Walk-SOLD OUT 9:30am. Grocery Shopping @ Labonne's, Stop & Shop & Big Y 9:30am. to 12:30pm. Poker Club w Allen Thibodeau 10:00am. Bocce League 10:00am. Bocce League 10:00am. Acrylic Art Class #4 w Judy Jaworski 10:30am. IPhone & IPad Training w Durim Odza-No Charge 11:30am. Setback (Upstairs Group) Luncheon 12:00pm. Massages w Tony (\$25/30 minutes or \$40/1 hour) 12:30pm. Setback (downstairs) 1:00pm. Quilting Group 1:30pm. Medicare Simplified w Jessalyn Pito & Moon Rocks Cookie Truck-No Charge May 11th. (WEDNESDAY) 8:30am. WEBBS Yarn Store-\$6 9:30am. Beginner's Piano Class #7 w Joe Guarino 10:00am. Stained Glass Workshop w Sarah Segovia-SOLD OUT 10:00am. Art Class #3 w Dory 10:00am. Meticias H3 w Dory

NO BINGO

room)

NO Mat Yoga Class w Shari Galvin

- 10:00am. Art Class #3 w Dory 10:00am. Wii Bowling League w Mary Henao 11:30am. to 1:30pm. Blood pressure screening with VNA nurse 12:30pm. Stained Glass Workshop w Sarah Segovia-\$10-Spring Flower

- Flower 1:00pm. Corn Hole Games w Gene Bowman 1:00pm. Canasta w Wendy & Bonnie 1:00pm. Knitting & Crocheting group @ Community Center 1:30pm. Line Dancing Class 2:00pm. Art Talk @ Litchfield Community Center-No Charge 6:00pm. Hartford Yard Goats Game-SOLD OUT **May 12th. (THURSDAY)** 9:15am. Senior Exercise Class 10:00am. New Britain Museum of American Art-\$15

10:00am. New Britain Museum of American Art-\$15 10:00am. Water Coloring Class #6 w Carla Koch 10:30am.Italian Class #1 w Lucy Minichino (\$10/6 week session) 11:00am. Ballroom Dancing Lessons w George Maderski-\$2 (@ Com

11:00am. Ballroom Dancing Lessons w George Maderski-\$2 (@ Conmunity Center)
12:30pm. Origami w Ah Moi Yip-\$5
12:30pm. Learn to Knit Class #6 w Carol Greco
11:15am. Pool players to Southington Senior Center for tournament
11:15am. Zumba w Cookie-\$3
12:30pm Intermediate Piano Class #7 w Joe Guarino
1:00pm. Mahjong with Barb Duigan
1:00pm. Card Bingo w Shirley Beale & Barb Derouin-\$2
2:00pm. Advanced Piano Class #7 w Joe Guarino
7:00pm. David Foster @ Palace Theater-Deadline Passed
May 13th. (FRIDAY)
9:30am. Bible Study with Georgia Smolkis @ Community Center
9:30am. Bible Study with Georgia Smolkis @ Community Center
9:30am. Meight Strengthening with the Ensero's
NO Pinochle with Mike & Bonnie Jones
10:00am. Scrapbooking & Card making w Edwina & Cindy-\$2
11:30am. Mother's Day Luncheon-\$25
NO BINGO

1:30pm. Chair Yoga # w Shari Galvin 6:00pm. Sugar Mountain Band @ Edmond Town Hall-\$28 **May 14th. (SATURDAY)** 8:30am. Prospect Town Wide Tag Sale-No Charge 6:30pm. The Sixties Show @ Ridgefield Playhouse-\$52 7:00pm. Thomaston Ladies Choral Club Spring Concert-\$10

May 15th. (SUNDAY) 9:30am. Red Hatters to Griswold Inn 2:00pm. The Revolutionists @ Phoenix Stage Company-\$18 May 16th. (MONDAY) 9:00am. Reflexology w Kim Stewart-apts. necessary (\$30/30 min./\$15/15min.)

9:30am. Bridge with Linda Favale @ Chapel Hall 10:00am. "Songbirds" performing @ Abbott Terrace 10:30am. Make Your Own Hot Chocolate Bombs-\$5 NO Senior Balance Class w Brenda Martin 10:00am. Wii Bowling League w Mary Henao 10:00am. Qi Gong Class w George Hughes-\$5 NO Mat Yong Class w Shari Galvin

9:15am. Senior Exercise Class 9:30am. Texas Holdem' w John Salerno & Carmine Midolo-\$5 (pool

- 1:00pm. Cribbage with Don Ensero 1:15pm. POUND Class w Cookie-\$3
- 2:00pm. Handwriting Analysis w David Dewitt-\$5 NO Chair Yoga Class w Shari Galvin **May 17th. (TUESDAY)** 9:00am. Senior Fitness Program w Susie-\$3 9:15am. State Capital Tour-FULL

- 9:30am. Bowling @ Lessard Lanes-\$12 9:30am. to 12:30pm. Poker Club with Allen Thibodeau 10:00am. Acrylic Art Class #5 w Judy Jaworski
- 10:30am. IPhone & IPad Training w Durim Odza-No Charge 10:30am. Cooking w Lori-\$5

- 10:30am. Cooking w Lon-\$5 12:00pm. Massages w Tony (\$25/30-minutes or \$40/1 hour) 12:30pm. Dime Bingo w Lorraine Thibodeau-\$1 12:30pm. Setback (downstairs) 1:00pm. Setback (upstairs) 1:00pm.Quilting Group **May 18th. (WEDNESDAY)** 9:30am. Grocery Shopping @ Labonne's, Stop & Shop & Big Y 9:30am. Beginner's Piano Class #8 w Joe Guarino 10:00am. Stained Glass Workshop w Sarah Senovia-\$10-Sprin.
- 10:00am. Stained Glass Workshop w Sarah Segovia-\$10-Spring Flower

- 10:00am. Art Class #4 w Dory 10:00am. Wii Bowling League w Mary Henao 10:30am. Abbamania @ Aqua Turf-SOLD OUT 11:30am. to 1:30pm. Blood pressure screening with VNA nurse 22:20pm. Stoiped Class Workshop w Sarah Seggvia \$10 Sprin
- 12:30pm. Stained Glass Workshop w Sarah Segovia-\$10-Spring
- Flower
- 1:00pm. Corn Hole Games w Gene Bowman

- 1:00pm. Com Hole Games w Gene Bowman 1:00pm. Canasta w Wendy & Bonnie 1:00pm. Knitting & Crocheting group @ Community Center 1:30pm. Line Dancing Class "David" @ Sight & Sound Theater w Linda Soto-SOLD OUT **May 19th. (THURSDAY)** 9:15am. Senior Exercise Class 9:30am. Christmas Tree Store/Cracker Barrel-No Charge 10:00am. Water Coloring Class #1 w Carla Koch (\$25/6 week session) 10:30am. Italian Class #2 w Lucy Minichino 11:00am. Ballroom Dancing Lessons w George Maderski-\$2 (@ Com
- 11:00am. Ballroom Dancing Lessons w George Maderski-\$2 (@ Com munity Center) 11:00am. Zumba w Cookie-\$3 12:30pm Intermediate Piano Class #7 w Joe Guarino 1:00pm. Mahjong with Barb Duigan 2:00pm. Advanced Piano Class #8 w Joe Guarino 2:30pm. Goat Walk @ Bradley Mountain Farm-\$20 **May 20th. (FRIDAY)** 9:30am. Bible Study with Georgia Smolkis @ Community Center 9:30am. Weight Strengthening with the Ensero's 9:30am. Pinochle with Mike & Bonnie Jones 10:00am. Garden shopping @ Marcucio Farms & Nursery-No Charge 10:00am. Scrapbooking & Card making w Edwina & Cindy-\$2 11:30am. Center Lunch-Meatball Subs-\$7 (SCL) 1:00pm. Pizza BINGO-\$2 1:30pm. Chair Yoga #6 w Shari Galvin munity Center)

- 1:00pm. Pizza BINGO-32 1:30pm. Chair Yoga #6 w Shari Galvin 6:30pm. Bennie & the Jets @ Elim Park-\$40 **May 21st. (SATURDAY)** 11:00am. Summer Jump Start Picnic @ Prospect VFW-\$15 4:45pm. BINGOMANIA!-SOLD OUT **May 22nd. (SUNDAY)** 10:30am. Haddam.Shad Museum-\$5

- May Z2nd. (SONDAY)
  10:30am. Haddam Shad Museum-\$5
  1:30pm. The British Are Coming! @ Katherine Hepburn Art Center-\$35
  May 23rd. (MONDAY)
  9:15am. Senior Exercise Class
  9:30am. Texas Holdem' w Carmine Midolo & John Salerno-\$5 (pool

- room
- 9:30am. Bridge with Linda Favale @ Chapel Hall 10:00am. "Songbirds" performing @ the Village @ East Farms 10:00am. Qi Gong Class w George Hughes-\$5 10:00am. Senior Balance Class w Brenda Martin 10:00am. Wii Bowling League w Mary Henao 10:30am. Ct. Draft Horse Rescue Foundation Tour-\$15

- 12:15pm. Mat Yoga Class #1 w Shari Galvin (\$15/6 week session) 1:00pm.Cribbage with Don Ensero 1:15pm. POUND Class w Cookie-\$3

- 1:30pm. Chair Yoga Class #1 w Shari Galvin (\$15/6 week session)

# May-June 2022

- May 24th. (TUESDAY) 9:30am. Sew Inspired Quilt Shop-No Charge NO Senior Fitness Program w Susie-\$3 9:30am. Grocery Shopping @ Labonne's, Stop & Shop & Big Y 9:30am. to 12:30pm. Poker Club with Allen Thibodeau 10:00am. Art Class #6 w Judy Jaworski 11:30am. Memorial Day Party-\$25 NO Massages w Tony 12:30pm. Setback (downstairs) 1:00am. Sotback (uppediate) 1:00pm. Setback (upstairs) NO Quilting Group May 25th. (WEDNESDAY) 9:30am. Beginner's Piano Class #1 w Joe Guarino (\$25/6 week ses 10:00am. Art Class #5 w Dory 10:00am. Art Class #5 w Dory 10:00am. Wii Bowling League w Mary Henao 10:30am. Book Talk & Signing with Jen Bernardini-No Charge 11:00am. Native Gardens @ Ivoryton Playhouse-\$45 11:30am. to 1:30pm. Blood pressure screening with VNA nurse 11:30am. to 1:30pm. Blood pressure screening with VNA nu
  1:00pm. Corn Hole Games w Gene Bowman
  1:00pm. Canasta w Wendy & Bonnie
  1:00pm. Knitting & Crocheting group @ Community Center
  1:30pm. Line Dancing Class
  May 26th. (THURSDAY)
  8:30am. Mohegan Sun Casino Day Trip-No Charge
  9:15am. Senior Exercise Class
  9:45am. Cricket Hill Peony Farm-No Charge
  10:00am. Water Coloring Class #2 w Carla Koch
  10:30am. Italian Class #3 w Lucy Minichino
  11:00am.Zumba w Cookie 10:00am. Water Coloning Class #2 w Cana Koch 10:30am. Italian Class #3 w Lucy Minichino 11:00am. Zumba w Cookie 11:00am. Ballroom Dancing Class \$2 (@ Community Center) 12:30pm Intermediate Piano Class #7 w Joe Guarino 12:30pm. Origami w Ah Moi Yip-\$5 12:30pm. WHIST w Gloria Guerrera-\$2 2:00pm. Advanced Piano Class #1 w Joe Guarino (\$25/6 week session) **May 27th. (FRIDAY)** 9:30am. Bible Study with Georgia Smolkis @ Community Center 9:30am. Weight Strengthening with the Ensero's 9:30am. Pinochle with Mike & Bonnie Jones 9:45am. Cricket Hill Peony Farm-No Charge 10:00am. Scrapbooking & Card making w Edwina & Cindy-\$2 11:30am. Center Lunch-Egg Salad Sandwiches-\$7 (SCL) 1:00pm. BINGO-\$2 NO Chair Yoga w Shari Galvin **May 28th. (SATURDAY)** 7:30am. Stormville Airport Flea Market-\$5 **May 29th. (SUNDAY)** 8:00am. Elephant's Trunk Flea Market-SOLD OUT **May 30th. (MONDAY)** Center CLOSED-Memorial Day Holiday May 31st. (TUESDAY) 9:00am. Senior Fitness Program w Susie-\$3 9:30am. to 12:30pm. Poker Club with Allen Thibodeau 9:30am. to 12:30pm. Poker Club with Allen Thibodeau 10:00am. Bocce League 10:30am. Meet K9 Officer Mayhem-No Charge 12:00pm. Massages w Tony (\$25/30 minutes or \$40/1 hour) 12:30pm. Setback (downstairs) 1:00pm. 1964-1965 World's Fair Presentation with the Zuckerman's-\$5 1:00pm. Setback (upstairs) 1:00pm. Quilting Group June 1st. (WEDNESDAY) 9:30am. Grocery Shopping @ Labonne's, Stop & Shop & Big Y 9:30am. Beginner's Piano Class #2 w Joe Guarino 9:30am. Hillstead Museum House & Garden Tour-SOLD OUT 10:00am. Art Class #6 w Dory 10:00am. Art Class #6 w Dory 10:00am. Wii Bowling League w Mary Henao 10:00am. Stained Glass Workshop w Sarah Segovia-SOLD OUT 11:30am. to 1:30pm. Blood pressure screening with VNA nurse 12:30pm. Stained Glass Workshop w Sarah Segovia-SOLD OUT 1:00pm. Corn Hole Games w Gene Bowman

  - 1:00pm. Canasta w Wendy & Bonnie 1:00pm. Knitting & Crocheting group @ Community Center 1:30pm. Line Dancing Class

### PLEASE NOTE:

SCL applies to lunches made at the Senior Center by the staff

# June 2nd. (THURSDAY) 9:15am. Senior Exercise Class 10:00am. Book Club w Marie Delage 10:00am. Water Coloring Class #3 w Carla Koch 10:30am. Gouveia's Vineyards-FULL 10:30am. Italian Class #4 w Lucy Minichino 11:00am. Vietnam Veteran's Memorial Wall-No Charge 11:00am. Ballroom Dancing Lessons w George Maderski-\$2 (@ Com munity Center) 11:00am. Vietnam Veteran's Memorial Wall-No Charge 11:00am. Ballroom Dancing Lessons w George Maderski-\$2 (@ Cormunity Center) 11:00am. Zumba w Cookie-\$3 12:30pm. Intermediate Piano Class #2 w Joe Guarino 12:30pm. Learn to Knit Class #1 w Carol Greco-\$10 1:00pm. Mahjong with Barb Duigan 2:00pm. Advanced Piano Class #2 w Joe Guarino 6:00pm. Hartford Yard Goats-SOLD OUT June 3rd. (FRIDAY) 9:30am. Hollandia Nursery Day Trip-No Charge 9:30am. Bible Study with Georgia Smolkis @ Community Center 9:30am. Bible Study with Georgia Smolkis @ Community Center 9:30am. Bible Study with Georgia Smolkis @ Community Center 9:30am. Bible Study with Georgia Smolkis @ Community Center 9:30am. Bible Study with Georgia Smolkis @ Community Center 9:30am. Bible Study with Georgia Smolkis @ Community Center 9:30am. Bible Study with Georgia Smolkis @ Community Center 9:30am. Dinochle with Mike & Bonnie Jones 10:00am. Scrapbooking & Card making w Edvina & Cindy-\$2 11:30am. Center Lunch-Cheeseburgers-\$7 (SCL) 1:00pm. Happy Birthday BINGO-\$2 5:30pm. Red Hatters to "Drinking Habits" @ Hopeville Church-\$22 June 4th. (SATURDAY) 9:00am. Rubber Stamp & Paper Arts Festival-\$10 9:00am. Hartford Blooms Garden Tours-SOLD OUT 7:00pm. Jersey Boys @ Palace Theater-SOLD OUT 7:00pm. Jersey Boys @ Palace Theater-SOLD OUT 7:00pm. Little Poland Festival in New Britain-FULL June 6th. (MONDAY) 9:00am. Maritime Aquarium of Norwalk-\$25 9:15am. Senior Exercise Class 9:45am. "Songbirds" choir practice 9:30am. Bridge with Linda Favale @ Chapel Hall 9:45am. "Songbirds" choir practice 9:30am. Texas Holdem' w John Salerno & Carmine Midolo-\$5 (pool room) 9:30am. Bridge with Linda Favale @ Chapel Hall 10:00am. Senior Balance Class w Brenda Martin 10:00am. Wii Bowling League w Mary Henao 10:00am. Oi Gong Class w George Hughes-\$5 12:15pm. Mat Yoga Class #2 w Shari Galvin 1:00pm. Cribbage with Don Ensero 1:15pm. POUND Class w Cookie-\$3 1:30pm. Chair Yoga Class #2 w Shari Galvin 2:00pm. Non-Drug Arthritis Pain Options Presentation-No Charge **June 7th. (TUESDAY)**9:00am. Hartford Blooms Garden Tours-SOLD OUT 9:00am. Senior Fitness Program w Susie-\$3 9:30am. colchester Mills-No Charge 9:30am. to 12:30pm. Poker Club w Allen Thibodeau 10:00am. Stained Glass Workshop w Sarah Segovia-\$10 10:00am. Stained Glass Workshop w Sarah Segovia-\$10 10:00am. Stained Glass Workshop w Sarah Segovia-\$10 12:30pm. Setback (downstairs) 1:00pm. Tarot Card/Numerology/Astrology Readings w Angela-\$25 1:00pm. Setback (upstairs) 1:00pm. Gribes Piano Class #3 w Joe Guarino 9:30am. Coffee & Conversation w State Representative Lezlye Zupkus 1:30am. Coffee & Conversation w State Representative Lezlye Zupkus 1:30am. to 1:30pm. Blood pressure screening with VNA nurse NO Corn Hole Games w Gene Bowman 1:00pm. Canasta w Wendy & Bonnie 1:00pm. Canasta w Wendy & Bonnie 1:00pm. Knitting & Crocheting group @ Community Center 1:30pm. Line Dancing Class room)

### May-June 2022

June 9th. (THURSDAY) 9:15am. Senior Exercise Class 9:30am. Michelangelo's Sistine Chapel Exhibition-\$25 10:00am. Water Coloring Class #4 w Carla Koch NO Italian Class w Lucy Minichino 11:00am. Ballroom Dancing Lessons w George Maderski-\$2 (@ Community Center) 12:30pm. Origami w Ah Moi Yip-\$5 12:30pm. Learn to Knit Class #2 w Carol Greco 11:00am. Zumba w Cookie-\$3 12:30pm. Intermediate Piano Class #3 w Joe Guarino 1:00pm. Mahjong with Barb Duigan 2:00pm. Advanced Piano Class #3 w Joe Guarino 6:45pm. Kenny Loggins @ Palace Theater-\$60 June 10th. (FRIDAY) 9:30am. Bible Study with Georgia Smolkis @ Community Center 9:30am. Pinochle with Mike & Bonnie Jones 10:00am. Scrapbooking & Card making w Edwina & Cindy-\$2 11:30am. Center Lunch-Pork Chops-\$7 12:30pm. "Diana of Love" @ Wood Memorial Library-\$20 1:00pm. BINGO-\$2 June 11th. (SATURDAY) 8:30am. Gardens by the Sea Garden Tours-SOLD OUT June 12th. (SUNDAY) 8:30am. "Pathways and Blooms" Garden Tour & Plant Sale-\$20 June 13th. (MONDAY) 9:15am. Eric Sloane Museum & Kent Iron Furnace-SOLD OUT 9:15am. Senior Exercise Class 9:30am. Photography Club w Al Thibodeau 9:15am. Senior Exercise Class 9:30am. Photography Club w Al Thibodeau 9:30am. Texas Holdem' w John Salerno & Carmine Midolo-\$5 (pool room) 9:30am. Bridge with Linda Favale @ Chapel Hall 9:30am. "Songbirds" performing @ Cheshire House 10:00am. Senior Balance Class w Brenda Martin 9:30am. Bridge with Linda Favale @ Chapel Hall
9:30am. "Songbirds" performing @ Cheshire House
10:00am. Senior Balance Class w Brenda Martin
10:00am. Qi Gong Class w George Hughes-\$5
NO Mat Yoga Class w Shari Galvin
1:00pm. Cribbage with Don Ensero
1:15pm. POUND Class w Cookie-\$3
No Chair Yoga Class w Shari Galvin
June 14th. (TUESDAY)
9:00am. Senior Fitness Program w Susie-\$3
9:30am. Grocery Shopping @ Labonne's, Stop & Shop & Big Y
9:30am. Grocery Shopping @ Labonne's, Stop & Shop & Big Y
9:30am. to 12:30pm. Poker Club with Allen Thibodeau
10:00pm. Marcuccio's Farmer's Market @ Senior Center
10:30am. Barry Manilow Tribute @ St. Clement's Castle-SOLD OUT
12:00pm. Massages w Tony (\$25/30-minutes or \$40/1 hour)
12:30pm. Setback (downstairs)
1:00pm. Card Bingo w Shirley Beale & Barb Derouin-\$2
1:00pm. Setback (downstairs)
1:00pm. Card Bingo w Shirley Beale & Barb Derouin-\$2
1:00pm. Quilting Group
June 15th. (WEDNESDAY)
9:30am. Day Trip to Knit & Pearls-No Charge
NO Beginner's Piano Class #8 w Joe Guarino
1:00am. Art Class #4 w Dory
1:00am. Mi Bowling League w Mary Henao
1:30am. Father's Day Annual Luncheon-\$25
1:30am. Father's Day Annual Luncheon-\$25
1:30am. Father's Day Annual Luncheon-\$25
1:30am. Senior Exercise Class
9:30am. Tour of Pardee Rose Garden-No Charge
1:00pm. Canasta w Wendy & Bonnie
1:00pm. Cabaster Bake @ Foster's w Linda Soto-SOLD OUT
9:30am. Cabaret @ Goodspeed Opera House-SOLD OUT
9:30am. Cabaret @ Goodspeed Opera House-SOLD OUT
1:30am. Ealior Class #5 w Lory Minichino
10:30am. Cabaret @ Goodspeed Opera House-SOLD OUT
1:00am. Water Coloring Class #5 w Carla Koch
1:30pm. Learn to Knit Class #3 w Carol Greco
1:30pm. Learn to Knit Class #3 w Caro

1:00pm. Mahjong with Barb Duigan 2:00pm. Advanced Piano Class #4 w Joe Guarino **June 17th. (FRIDAY)** 9:30am. Ruby & Calvin Fletcher African American Museum-\$10 9:30am. Bible Study with Georgia Smolkis @ Community Center 9:30am. Weight Strengthening with the Ensero's 9:30am. Pinochle with Mike & Bonnie Jones 10:00am. Scrapbooking & Card making w Edwina & Cindy-\$2 11:30am. Center Lunch-Chicken Salad Sandwiches-\$7 (SCL) 1:00pm. Pizza BINGO-\$2 **June 18th. (SATURDAY)** 7:30am. Stormville Airport Flea Market-\$5 4:45pm. BINGOMANIAI-\$25 **June 19th. (SUNDAY)** 4:45pm. BINGOMANIA!-\$25 **June 19th. (SUNDAY)** 1:15pm. Shades of Buble @ Seven Angels-\$45 **June 20th. (MONDAY)** 9:00am. Reflexology w Kim Stewart-apts. necessary (\$30/30 min./\$15/15min.) 9:15am. Senior Exercise Class 9:30am. Texas Holdem' w Carmine Midolo & John Salerno-\$5 (pool 9:30am. Senior Exercise Class
9:30am. Texas Holdem' w Carmine Midolo & John Salerno-\$5 (pool room)
9:30am. Bridge with Linda Favale @ Chapel Hall
10:00am. "Songbirds" performing @ the Village @ East Farms
10:00am. Qi Gong Class w George Hughes-\$5
10:00am. Senior Balance Class w Brenda Martin
10:00am. Will Bowling League w Mary Henao
10:30am. Pontoon Summer Cruise @ Bantam Lake-SOLD OUT
12:15pm. Mat Yoga Class #3 w Shari Galvin
100pm. CRL w Leslie Kingston-\$1
100pm. CRL w Leslie Kingston-\$1
100pm. Chu Leslie Kingston-\$1
100pm. Chu Leslie Kingston-\$1
100pm. Chu Yoga Class #3 w Shari Galvin
500pm. Jewelry Class @ Art Studio-\$18
June 21st. (TUESDAY)
9:30am. Bowling @ Lessard Lanes-\$12
9:30am. Senior Fitness Program w Susie-\$3
9:30am. Grocery Shopping @ Labonne's, Stop & Shop & Big Y
9:30am. Corcery Shopping @ Labonne's, Stop & Senior Center
10:00am. to 1:00pm. Marcuccio's Farmer's Market @ Senior Center
10:30am. Pontoon Summer Cruise @ Bantam Lake-SOLD OUT
12:00pm. Massages w Tony (\$25/30-minutes or \$40/1 hour)
12:30pm. Setback (downstairs)
1:00pm. Guilting Group
June 22nd. (WEDNESDAY)
9:30am. Elizabeth Park Rose Garden Tour-No Charge-FULL
1:30am. Corn Hole Games w Gene Bowman
1:00pm. Canasta w Wendy & Bonnie
1:00pm. Canasta w Wendy & Bonnie
1:00pm. Knitting & Crocheting group @ Community Center
1:30pm. Line Dancing Class #6 w Carla Koch
1:30am. Italian Class #6 w Lucy Minichino
1:00am. Baliroom Dancing Class \*2 (@ Community Center)
1:00am. Baliroom Dancing Class-\$2 (@ Community Center)
1:00am. Baliroom Dancing Class-\$2 (D O UT room) 10:30am. Italian Class #6 w Lucy Minichino
11:00am.Zumba w Cookie
11:00am. Ballroom Dancing Class-\$2 (@ Community Center)
12noon Hamilton @ Bushnell Theater-SOLD OUT
12:30pm. Intermediate Piano Class #5 w Joe Guarino
12:30pm. Learn to Knit Class #4 w Carol Greco
12:30pm. Origami w Ah Moi Yip-\$5
2:00pm. Advanced Piano Class #5 w Joe Guarino
June 24th. (FRIDAY)
9:15am. Tour of Ct. State Capital-No Charge
9:30am. Bible Study with Georgia Smolkis @ Community Center
9:30am. Pinochle with Mike & Bonnie Jones
10:00am. Scrapbooking & Card making w Edwina & Cindy-\$2 10:00am. Scrapbooking & Card making w Edwina & Cindy-\$2 11:30am. Center Lunch-Beef Stroganoff-\$7 (SCL) 1:00pm. BINGO-\$2

### May-June 2022

- June 25th. (SATURDAY) 9:00am. Red Hatters to White Flower Farm 7:15pm. Carole King Tribute @ Seven Angels Theater-\$45 June 26th. (SUNDAY) 8:30am. Rhinebeck Crafts Festival-SOLD OUT June 27th. (MONDAY) 9:15am. Senior Exercise Class 9:30am. Texas Holdem' w John Salerno & Carmine Midolo-\$5 (pool room) room)

- room) 9:30am. Bridge with Linda Favale @ Chapel Hall 10:00am. "Songbirds" performing @ Glendale Rehabilitation 10:00am. Ct. State Police Museum Tour w Bill McCasland-\$5 10:00am. Qi Gong Class w George Hughes-\$5 10:00am. Senior Balance Class w Brenda Martin-\$2 10:00am. Wii Bowling League w Mary Henao 12:15pm. Mat Yoga Class #4 w Shari Galvin 1:00pm.Cribbage with Don Ensero 1:15pm. Gourmet Wood Fired Pizza Demonstration w Maryann Sasso-\$5

- 35
  1:15pm. POUND Class w Cookie-\$3
  1:30pm. Chair Yoga Class #4 w Shari Galvin **June 28th. (TUESDAY)**9:00am. Senior Fitness Program w Susie-\$3
  9:30am. to 12:30pm. Poker Club with Allen Thibodeau
  10:00am to 1:00pm. Marcurcia's Farmer's Market @ \$
- 10:00am. to 1:00pm. Marcuccio's Farmer's Market @ Senior Center

- 9:30am. to 12:30pm. Poker Club with Allen Thibodeau
  10:00am. to 1:00pm. Marcuccio's Farmer's Market @ Senior Center
  10:30am. Cooking w Lori-\$5
  10:30am. Pontoon Summer Cruise @ Bantam Lake-\$27
  11:00pm. "Women of New York" Presentation with the Zuckerman's-\$5
  12:00pm. Massages w Tony (\$25/30 minutes or \$40/1 hour)
  12:30pm. Setback (downstairs)
  1:00pm. Setback (upstairs)
  1:00pm. Quilting Group
  June 29th. (WEDNESDAY)
  7:00am. A Day @ Port Jefferson-SOLD OUT
  9:30am. Grocery Shopping @ Labonne's, Stop & Shop & Big Y
  9:30am. Beginner's Piano Class #5 w Joe Guarino
  10:00am. Atr Class #4 w Dory
  10:00am. Atri Class #4 w Dory
  10:00am. Krit Class #4 w Dory
  10:00am. Kill Bowling League w Mary Henao
  10:30am. Fresh Flower Arrangement w John Cookson-No Charge
  11:30am. to 1:30pm. Blood pressure screening with VNA nurse
  1:00pm. Corn Hole Games w Gene Bowman
  1:00pm. Corn Hole Games w Gene Bowman
  1:00pm. Still Kicking It With the Big City Horns (Prospect Green Sum mer Concert Series)
  June 30th. (THURSDAY)
  9:15am. Senior Exercise Class
  9:30am. Christmas Tree Store/Cracker Barrel-No Charge
  1:00am. Gold & Silver Exchange w Don Bernier-Apts. necessary
  10:00am. Italian Class #1 w Lucy Minichino
  11:00am.Zumba w Cookie
  11:00am. Zumba w Cookie

- 11:00am.Zumba w Cookie 11:00am.Zumba w Cookie 11:00am. Ballroom Dancing Class-\$2 (@ Community Center) 11:30am. Bigelow Tea Party w Betty Johnson-\$8 12:30pm. Intermediate Piano Class #6 w Joe Guarino 12:30pm. WHIST w Gloria Guerrera-\$2 12:30pm. Learn to Knit Class #5 w Carol Greco 2:00pm. Advanced Piano Class #6 w Joe Guarino

- 2:00pm. Advanced Piano Class #6 w Joe Guarino

### BIRTHDAYS

**MAY BIRTHDAYS** Tony Barzydlo Jackie Lupone Liz Tobin Falzone **Dollvanne Martin** Kathleen Graveline Dorothea Palladino Barbara Howard Norman Boisseau Robert Monroe Karen McGrath Barbara Rowe Dorothy Olsen Donald Goudreau Peggy Taylor Edward Wilcox Eugenia Luzio Angela Roberge Susan Wiedl Liberta D'Antonio Angela Sandore Anita Gregorski Bill Lund Judy Granfield Gerri Celone Carol Cole Adrienne Johnson **Richard Ludecke** Paul Kubicza Linda Demkar Alan Walker John Garvin Dennis Quill Sue Richardson Deborah Diogostine Robert Nobitz Frank leronimo Lynn Cavanaugh` Jim Farina Barbara Porter Frank Condo Nancy Weidemeir Cheryl Mongelluzo Lynn Graveline Janice San Angelo **Delores Rado** Jo Capobianco Lee Ruev Randy Herdman Denise Conlon Judy Hinde Theodore Arotsky Nan Arotsky Gail Gray Lori Pleines **Diane Parrillo** 

111122233333444455556667778899999999990100001111111112223333344445556667778899999999991000011111111111122233334444555	Tony Marciano Blondine Morgon Carol DiCarpo Linda Sharkey Rose Forte Peter Holt Nani Bourassa Paula Guarino Judith Diamond Barbara Simard Nancy Letalien Helen Colucci David Caracaus Barbara Planker Kathy Sokolnicki Joy Peragallo Diane Gorman James Wooding Richard Palladino Maryellen Hujdic Mary Jackman Paul Demaida Gary Jordan Marie Ieronimo Donald Holley Mary Lawrence Carol Minicucci Mary Mucciacciaro Carol Diana Gail C. Ahrlich Fran Clark Anita Dunn Linda Santa Maria Pat McCarthy Sandra Aquavia Jim Scampolino Judy Zhitomi Carol Delagrange MaryEllen Lauria Cecilia Baranowski Linda Tortorelli Donna Bisaillon John Riley Christine Spak Peggy Martin Pat Spino Denyse Palinkas Marie Anctil <b>JUNE BIRTHDAYS</b> Louis Zhitomi Carol McGeever	16 16 16 16 16 16 17 17 17 17 17 17 17 17 17 17 17 17 17
	Denyse Palinkas Marie Anctil	
		51
15		1
15	Janet Baboo	1
15	Linda Angelica	1 1 2 2
15	Gertrude Lopes	1
15	Mary Jane Vagt	2
15	Rachel Rainville	2
		-

### May-June 2022

Murielle DeSouza	2
Michele Baldwin	2
John Varanelli	2
	2
Theresa Lund	2
Maria Mikeltonas	3
Ken Beson	ŝ
	5
Maria Ruta	3
Bill Flahive	4
Barbara Leblanc	4
Nancy Gubbiotti	1
	- -
Paul Lussier	5
Joyce Shaffer	5
Rosemary Julian	5
Patty Spillane	Ğ
	C C
Deborah Woods	2222333444555566666777
Richard Shokite	6
Terri Zembrzuski	6
Carol Bredice	7
	7
Patricia Lawlor	<u>/</u>
Melissa Genova	7
Joan Nardello	7
Gerald Oppenheim	7
	7
Dennis Angelica	1
Mary Texira	8
Maureen D'Averso	8
Joann Beaudoin	8
Paul Shapiro	Ř
	8 8 8 8
Maureen Pannullo	0
Paula O'Neil	8
Patricia Bathrick	8
Edward L. Jamele	10
Ginny Wurst	10
	10
Del Vierra	
Dayna Santoro	10
Arthur Lagasse	10
Pamela Caldwell	10
Dolores LaChance	11
Barbara B. Vensel	11
Maria Desaulwiers	11
Mary Fusco	11
Patricia Houle	11
Stella Passaro	12
Robert Ruey	12
Mary Sullivan	12
Karen Southard	12
Mark Petruzzi	12
Renee Poet	12
Marilyn Wetterhahn	12
Linda Soto	13
Patricia Cichowski	13
Donna Masi	13
Livia Mancini	14
James Ducham	14
Daniel Spongberg	14
Ronald Desaulniers	14
Irma Stronkowski	1/

Susan Vaccarelli 14 Elizabeth Giacomazzo 14 Lois Redline 15 Dorothy Rutherford Marilyn Marshall 15 17 Pat Minichino 17 James Bonnie 17 Barbara Dixon 17 Deborah Shalagan 17 18 Jim Lukeski Lea Maisto 18 Mary Rigali 18 Sandra Kusinski 18 Linda Barzydlo 18 Anna Drmić 18 Claudette M'Sadoques 19 Patricia Lee 19 20 John Crean 20 20 21 21 21 21 21 21 21 Michael Lenihan Jim Levine Fred Bonyai Antoinette Cronin Robert DeMaida Diane DiPietro Judith A. DiLeo Nan Arotskv  $\begin{array}{c} 21\\ 22\\ 22\\ 23\\ 25\\ 25\\ 25\\ 25\\ 25\\ 26\\ 27\\ 27\\ 28\\ 28\\ 28\end{array}$ Joan Slapikas Kathleen Morrissey Barbara Hulbert Marita Sirois Enid Batista Gendron Madeline Jamele Shirley Shaw Nancy Lou Brown Sandy Hayes Rosaura daSilva Eleanor Kearnev Jim Orsillo Pat Geary Leo Bolduc Carol Conant Kathleen Fermeglia Len Parent Suzanne Jokubaitis 28 29 29 29 29 29 Allen Thibodeau Carolvn Barrows Roseanne Scampolino Nancy Swasey William McCasland 30 Chris Heavens 30 30 Charlie Wentworth Frank Conlon 30 Fred Lucas 30 Jim Whelan 30



Irma Stronkowski

14

### **SUNSHINE LIST**

**GET WELL SOON!!** 

Ron Blanchard 37 Boothhill Ave. Unit 22 Oakville Ct 06779 Ann Genereux 11 Laura Ave. Prospect CT 06712 Mary Mucciaccia 8 Cornelius Avenue Waterbury, Ct. 06706 Giovanna Calabrese 10 Stonefield Drive Prospect, Ct. 06712 Patti Moreno 141 Butternut Ridge Road Waterbury, Ct. 06706 Lee Mancini 2 Boulder Brook Ct. #21 Prospect, Ct. 06712 Bill Bassett 52 Homestead Road Southbury, Ct. 06488 Remv Mattei 103 Ridgetop Road Wallingford, Ct. 06492 Margaret Lenkowski 109-1 Bucks Hill Road Waterbury, Ct. 06704 Carol Skowronski 117 Quarry Village Road Cheshire, Ct. 06410 Angelo Gambino 26 Lombard Drive Prospect, Ct. 06712

David Elwell 103 Lake Winnemaug Road 102 Beacon Valley Road Watertown, Ct. 06795 Harry Jancis 89 Spruce Drive Naugatuck, Ct. 06770 Dayna Santoro 62 Academy Avenue Waterbury, Ct. 06705 Armand Marchand 184 Midwood Avenue Wolcott, Ct. 06716 Terry Bainer 220Á Cook Road Prospect, Ct. 06712 Rich Hassenfeldt Autumn Lake Rehabilitation 19 Birch Lane 2817 North Main Street Waterbury, Ct. 06704 **Dolly Amadeo** 19 Ámadeo Drive Bethany, Ct. 06524 Irv Bovle 79 Melrose Avenue Waterbury, Ct. 06705 Lou Ruby 985 B Héritage Village Southbury, Ct. 06488 Marge Maisto 6 Frances Ann Drive Oakville, Ct. 06779

May-June 2022

Mary Winnie

Beacon Falls, Ct. 06403 Don Granger 24 Ash Lane Prospect, Ct. 06712 John DaSilva 6 Lilac Lane Prospect, Ct. 06712 Ginny Donnelly 15 Hillside Ave. Naugatuck, Ct. 06770 Liz Falzone 195 Lasky Road Beacon Falls, Ct. 06403 Elaine Broderick Naugatuck, Ct. 06770 Jim Wooding 333 Evening Star Drive Naugatuck, Ct. 06770 Martha Turiano Apple Rehabilitation Center 35 Bunker Hill Road Watertown, Ct. 06795 Geri McDonald 24 Pleasant Avenue Naugatuck, Ct. 06770 Maryann Lussier 75 Ćlark Hill Road Prospect, Ct. 06712

Charlie Burns Village @ East Farms 180 Scott Road Waterbury, Ct. 06705 203-575-1355 Fran Dupre 187 East Johnson Avenue Cheshire, Ct. 06410 **Bob Salerno** 34 Terrell Road Waterbury, Ct. 06708 Nancy LaMadeline Autumn Lake Rehabilitation 2817 North Main Street Waterbury, Ct. 06704 Dolly Martin 188 East Mountain Road Waterbury, Ct. 06706 Eve Smith 18 Rozum Circle Prospect, Ct. 06712 Lucylle Delage 26 Gianni Drive Wolcott, Ct. 06716 Joan Bowyer Lutheran Home of Southbury 990 Main Street North Southbury, Ct. 06488 Dee & Art Hensel 61 North Hoadley Street Naugatuck, Ct. 06770 **Cindy Cipriano** 14 Talmadge Hill Road Prospect, Čt. 06712

# **GET WELL SOON!!**

NEW MEMBERS **ANN MEACHAM HELEN GERRITY** WILLIAM GAURISH **DOROTHY ST. JACQUES ROBERT JEFFREY ROBERT ST. JACQUES JR. ANTONIETTA DICKINSON** NANCY GUBBIOTTI **DOREE JEFFREY ELAINE POLOMSKI ANGELA PARRILLO CAROL BIELLO CAROLYN HART** ANTOINETTA LANDINO JAMES SCULLY JIM LEVINE GERTRUDE LOPES CAROL ZEBROWSKI MARIAN LEVINE **BRUCE BATHNICK BRIDGET MAUREEN KATHY NELSON** PATRICIA BATHNICK **USHA MENON** TOM NELSON **O'TOOLE ROSEMARY JULIAN** DEB KLIK **ROSEMARY TOLETTI DIANE M. GAY** TERRI ZEMBRZUSKI LINDA SHARKEY LILLY VERACIERTA CARL ZIMMERMANN JUDITH RYAN JUDITH TAYLOR NANCY LUDDY **CHRISTINE DONICZ** TIM CARMODY MARILYN KROFSSIK SHIRLEY CERRITELLI NAZARE MACHADO **ENID BATISTA GENDRON** JON KROFSSIK SR. LOUISE ROGERS **CAROLYN PROTO DENNIS ANGELICA CONNIE ZARRELLA** JUDITH DIAMOND **IRENE HENRY VICKI CASE BARBARA MCHALE** LORETTA LAMBERT NANCY GARFIELD LILIANE EVITTS **DORIS CARROLL** JUDITH ONEILL **ELIZABETH ISBELL** CAROL ERLINGHEUSER **RICHARD CROCCO FRANCIS ONEILL DOLORES LAHEY** JOHANNA DUBAUSKAS ALFRED JOYELL SHIRLEY WHITE Welcome to the Prospect Senior Center

### **GERRI'S RECIPES**

### Soft Baked Chocolate Chip Cream Cheese Cookie Bars

1 pouch {17.5 Ciz.) chocolate chip Cookie mix

1/2 cup butter, softened

4 oz. cream cheese, softened

1 egg

Heat oven to 350 degrees. Spray bottom of 13x9-inch pan with cooking spray. In a large bowl,

Stir all ingredients until soft dough foms. Spread

dough evenly in pan.

Bake 20 to 24 minutes or until toothpick comes out

clean. Cool completely on cooling rack 1 hour.

Cut ifro 6 rows by 4 rows. Store in airtight container.

Makes 24 bars

### May-June 2022

### Sausage Balls

1 lb. bulk sausage or sausage removed from casings

3 cups Bisquick mix

2 cups shredded sharp Cheddar cheese

2 eggs lightly beaten

Preheat oven to 375 degrees. In a bowl, combine all ingredients. Shape into 1-inch balls and place on a rack in a shallow baking pan. Bake for 25-30 minutes or until golden brown.

### Old Bay Grilled Shrimp

1 1/2 lbs. shell-on deveined shrimp 1 Tbsp. olive oil 3tsp. Old Bay seasoning(divided) 1/4 cup chopped parsley

Heat grill on high. Toss shrimp with olive oil

and 1 1/2 tsp. Old Bay. Thread shrimp onto skewers and grill until opaque, tuning over once, 3 to 5 minutes. Remove shrimp from skewers and transfer to a large bowl Sprinkle

with parsley and remaining Old Bay. Toss to combine. Serve immediately, Makes 4 serving

### **Pudding Fruit Salad**

1 container refrigerated Vanilla pudding (4 oz.)

1/2 cup Cool Whip, thawed

1 cup seedless grapes, halved

1 cup miniature marshmallows

1 can (11 oz.) mandarin orange segments, drained

1 can (8 oz.) pineapple tidbits, drained 1 cup fresh strawberies, sliced

In medium bowl, mix pudding and Cool Whip. Gently stir in grapes, marshmallows, oranges, and pineapple. Add strawberries; toss gently to coat.

Serve immediately or store in reffigerator up to 8 hours.

Makes 9 servings.

### German Onion Pie (Zwiebelkuchen)

1 pie crust, uncooked 2 lbs. onions, sliced or chopped 1 cup sour cream 5 oz. bacon, chopped 4 eggs Paprika Salt caraway seeds (optional)

Preheat oven to 400 degrees Line a 9" deep-dish pie plate with a pie crust. Set aside. Saute onions and bacon until onions are caramelized and bacon is cooked.

Sprinkle with paprika and salt. Pour onion/ bacon mixture into pie crust. Mix sour cream and eggs together and pour over onion mixture. (If you are using caraway seeds, sprinkle some over the top.)

Bake 40 minutes. Let stand 5 minutes before slicing.

### May-June 2022

### Asparagus Sprigs In a Blanket

all-purpose flour for work surface 1 sheet puff pastry (thawed) 3 Tbsp. Dijon mustard 1/4 cup grated Pecorino cheese Thinly sliced prosciutto 40 Asparagus spears, trimmed Non-stick cooking spray

On a lightly floured surface, roll out puff pastry

into a 10" square. Brush with mustard and sprinkle with pecorino. Line with 2 to 3 large slices of prosciutto. With a sharp knife or pizza cutter, cut sheet in half, then cut halves into twenty 1/2" x 5" strips. Wrap each strip around 1 stalk of asparagus with prosciutto side facing in. Place on 1 or 2 parchment lined cookie sheets. Lightly spray wrapped spears with cooking spray. Bake at 425 degrees until golden brown, 20 to 25 minutes.

Makes about 40

.'

### **Key Lime Pie Balls**

1 8 oz. cream cheese, softened

1 cup crushed vanilla wafers (about 30 wafers)

1 cup graham cracker crumbs

2/3 cup plus % cup confectioners sugar, Divided

2 Tbsp. lime juice

2 tsp. grated lime zest

% tsp. salt

% tsp. ground cinnamon

In a large bowl, beat cream cheese, crushed wafers, cracker crumbs, 2/3 cup confectioners sugar, lime Juice and zest, salt and cinnamon until blended.

Shape into 1-inch balls; place on a parchment lined baking sheet. Refrigerate until firm, about 1 hour.

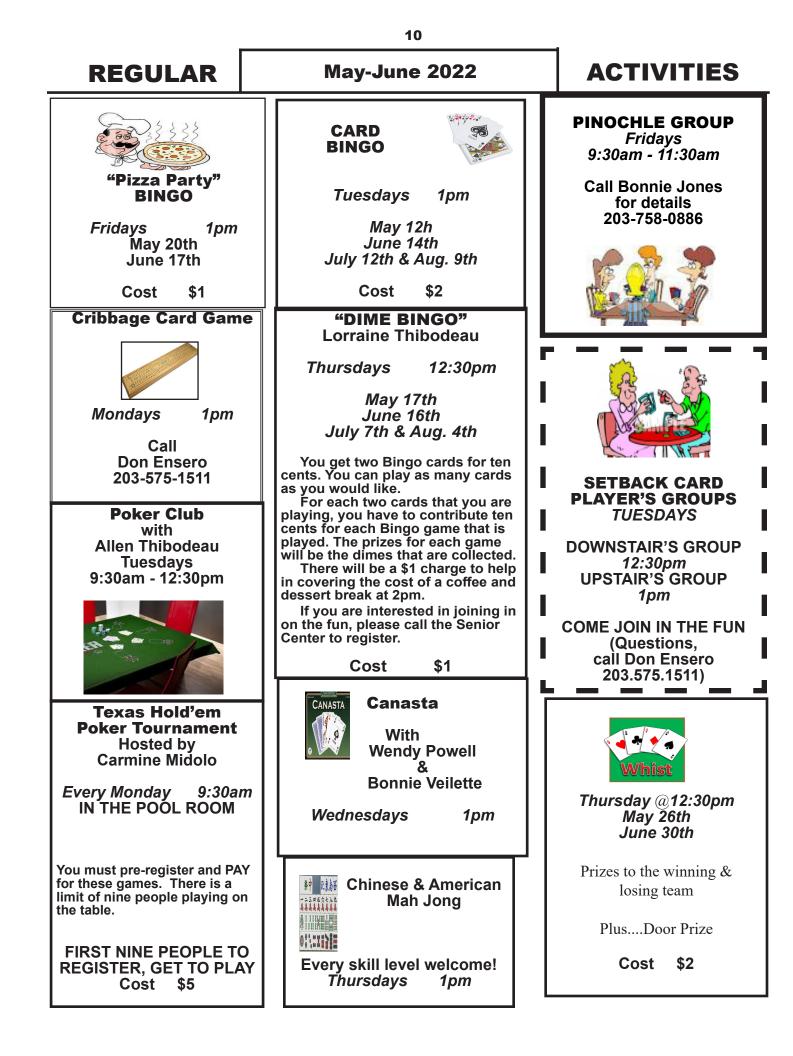
Roll balls in remaining % cup confectioners sugar. Store Cookies between pieces of parchment in an airtight container in the refrigerator.

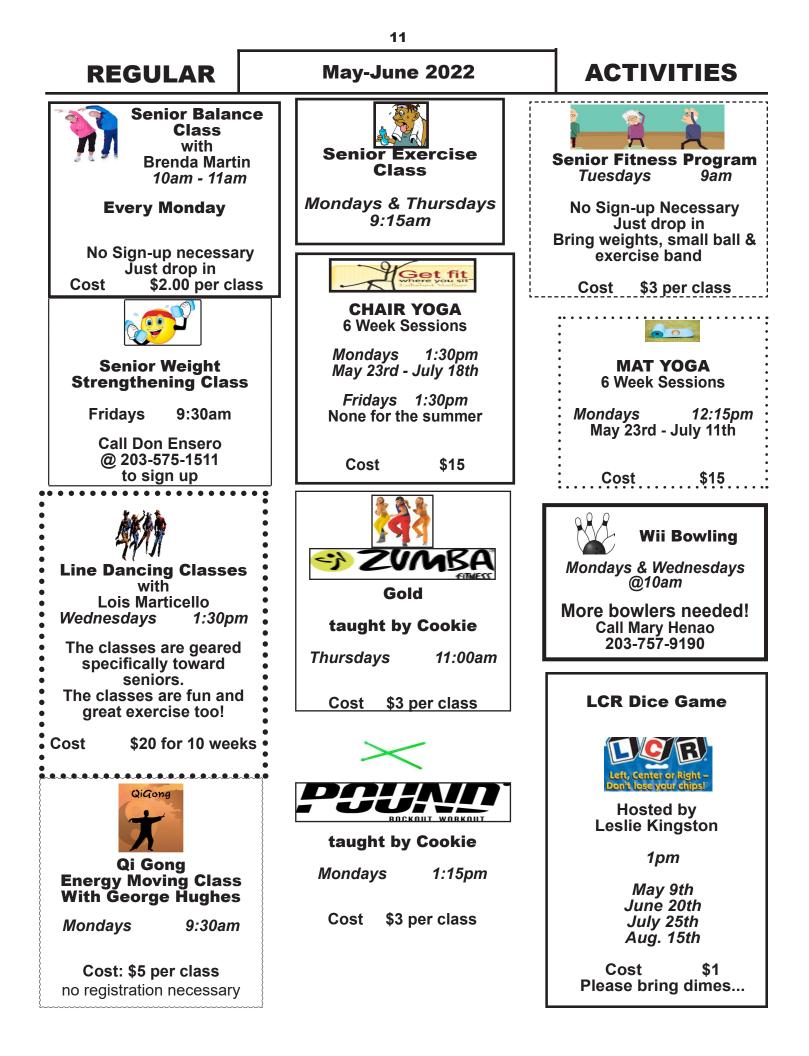
### **Custard Bread Pudding**

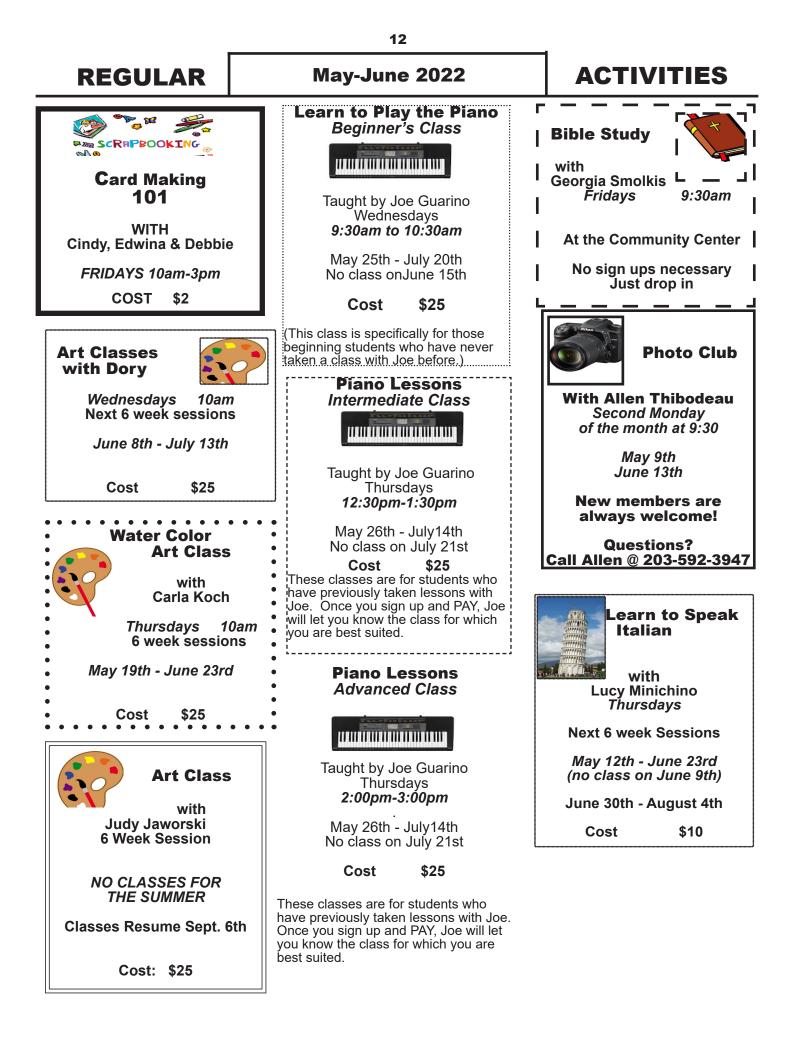
1 quart half and half 4 large eggs 1 cup sugar 1 tsp. vanilla 1/4 tsp. salt 4 slices bread 1/4 cup raisins or to taste Pinch of cinnamon

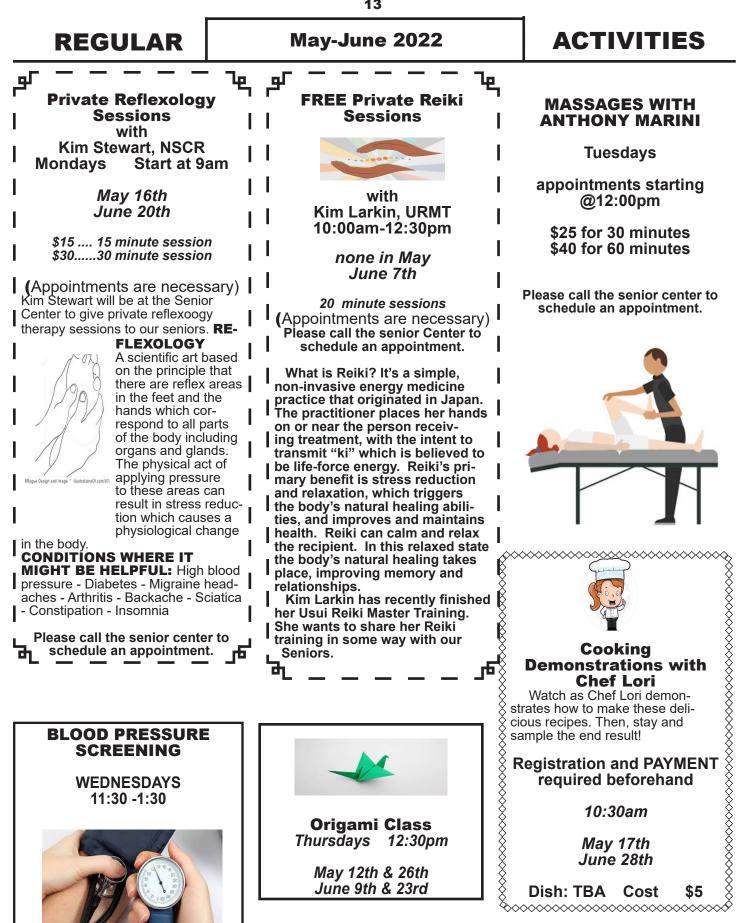
Preheat oven to 300 degrees Blend half and half, eggs, sugar, vanilla and salt in a blender until smooth. Arrange bread in a 9xl3-inch baking dish. Sprinkle with raisins and cinnamon. Pour egg mixture over bread. Place baking dish in a large roasting pan; fill roasting pan with boiling water halfway up the sides of the baking dish. Bake until set, about 1 1/2 hours. Serve warm or cold.

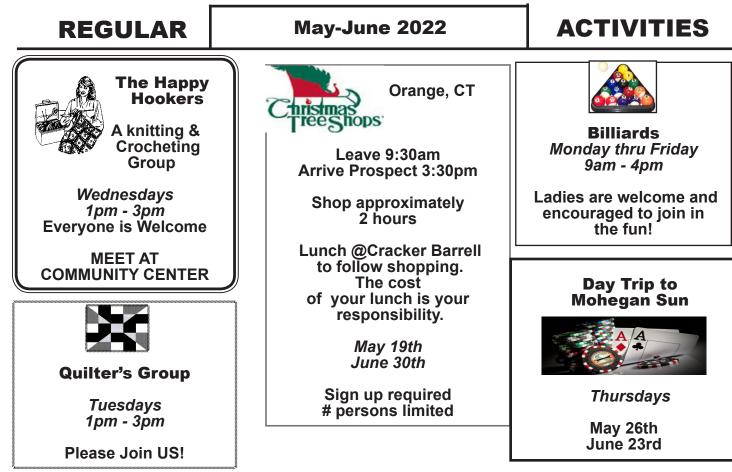
Makes 12 serving











### EVENTS THAT ARE SOLD OUT/FULL OR WHERE DEADLINES HAVE PASSED

- May 5th. New Britain Museum of American Art-SOLD OUT (Second Trip on May 12th.)
- May 8th. Let it Be @ Thomaston Opera House-SOLD OUT
- May 9th. Day Trip to Hollandia Nursery-FULL (Second Trip on June 3rd.)
- May 9th. Crainiometrix Testing-FULL
- May 10th. Nature Walk @ Fort Hill Farms-SOLD OUT
- May 11th. Hartford Yard Goats Game-SOLD OUT
- May 17th. State Capitol Tour-FULL (Second Trip on June 24th.)
- May 18th. Abbamania @ Aqua Turf-SOLD OUT
- May 18th. "David" @ Sight & Sound Theater-SOLD OUT
- May 19th. Goat Walk @ Bradley Mountain Farm-SOLD OUT
- May 21st. Bingomania-SOLD OUT
- May 26th. Cricket Hill Peony Farm Tour-FULL (Second Trip on May 27th.)
- May 29th. Elephant's Trunk Flea Market-SOLD OUT
- June 1st. Hillstead Museum Garden Tour-SOLD OUT
- June 2nd. Gouveia's Vineyards-FULL
- June 2nd. Hartford Yard Goats Game-SOLD OUT
- June 4th. Jersey Boys @ Palace Theater-SOLD OUT

- June 4th. Hartford Blooms Garden Tour-SOLD
- June 5th. Little Poland Festival-FULL
- June 7th. Hartford Blooms Garden Tour-SOLD OUT
- June 11th. Gardens by the Sea Garden Tour-SOLD OUT
- June 13th. Eric Sloane Museum-SOLD OUT
- June 14th. Barry Manilow Tribute Luncheon/ Show @ St. Clement's Castle-SOLD OUT
- June 16th. Cabaret @ Goodspeed Opera House-SOLD OUT
- June 20th. Pontoon Summer Cruise on Bantam Lake-SOLD OUT
- June 21st. Pontoon Summer Cruise on Bantam Lake-SOLD OUT
- June 22nd. Elizabeth Park Rose Garden-FULL
- June 23rd. Hamilton @ Bushnell-SOLD OUT
- June 26th. Rhinebeck Crafts Festival-SOLD OUT
- June 29th. A Day in Port Jefferson-SOLD OUT July 6th. Smokey Joe's Café @ Ivoryton Play
- house-SOLD OUT
- July 20th. Lobster Lunch-SOLD OUT
- August 6th. Blueberry Festival-FULL August 17th. Ring of Fire @ Ivoryton Playhouse-
- SOLD OUT
- September 23rd. Reza: Edge of Illusion @ Ridge field Playhouse-SOLD OUT

14

### **Professional Services**

### May-June 2022







RayLin Travel
Linda Soto
Cruise & Tour Specialist
172 Newbury St
Waterbury, Ct 06705
203-591-1407
David M. De

Super Premium Ice Cream Made On Premises Barbara Rowe 203-758-3200

"We make it fresh to give you the Best"

91 Waterbury Road

Prospect, CT 06712

(203) 464-2999

203-591-1407 203-768-2335 raylin11@sbcglobal.net

Fully Licensed & Insured



An Old Fashioned Ice Cream Parlor





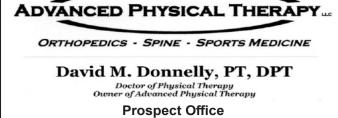


J&T Electrical Contractors L.L.C.

Commercial, Residential, Lt. Industrial, Comm. Cabling

Ct. 182837 NY. 1214 Fully Insured

Joe Longo (203) 575-1826



Prospect Office 166 Waterbury Rd. #203 Ph: (203)805-4795 Dave@physicaltherapyct.com

Tel. (203) 574-1882 FAX (203) 756-4242 www.modelgarageinc.com

Ph: (203) 879-3646

Fax: (203) 879-7191

Hours - 7:30-5:00, Mon.- Fri. Saturday by appointment

Ph: (860) 274-1773

Fax: (860) 945-6820

### Model Garage, Inc.

Complete Auto Repairing Guaranteed Used Cars Electrical & Auto Air Conditioning Service Wheel Alignment Service Emission Center

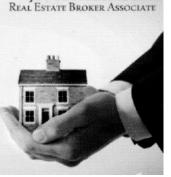
DAVID JESENSKY CARL VIARENGO 110 Thomaston Ave. Waterbury, CT 06702

JOYCE ALEGI GRI

WITKOSKI ASSOCIATES LLC 17 Maple Street Naugatuck, CT 06770 Office / Fax: (203) 729-2321

No Pressure ... Just Results!

JOYCEALEGI@YAHOO.COM CELL: (203) 217-4573 WITKOSKIREALESTATE.COM



### **Professional Services**



SENIOR CITIZENS GET \$2 OFF ON MONDAY & TUESDAY STUDENTS GET \$2 OFF HOMECOMING DANCE SPECIAL GET \$10 OFF CUT - COLOR - HIGHLIGHT



203 527 6476 (C) 50 WTBY RD. SUITE B, PROSPECT, CT 06712



### Do You or a Loved One need help at Home

Hi my name is **Jackie** I'm a private duty Personal Care Assistant I am a caring & loving Caregiver who has alot of patience I work with Alzheimer's, Dementia, TBI/ABI and Stoke Rehab Clients For the last 5 years I've assisted with Dr.'s Appts, meal prep, reminders, bathing, grooming, dressing, shopping & laundry I have CPR, Safety and Wellness, ABI, Abuse & Neglect, and Defensive Driving training

### Call me at: 860-804-7763



### MARTIN J. RUTT, D.D.S. LEONARD J. FUSCO, D.M.D. GENERAL DENTISTRY

44 CENTER STREET PROSPECT, CT. 06712

203-758-6639 OFFICE HOURS BY APPOINTMENT

Bianchini Physical Therapy, LLC 44 Waterbury Rd. Suite, 1C Prospect, CT -06712

Kimberly L. Bianchini, PT, MPT

Tel 203-758-5040 Fax 203-758-5042

**Geriatric & Neurological Rehabilitation** 

### May-June 2022

### Prospect Lions Club Collecting Eyeglasses & Hearing Aides

The Prospect Lions Club has set up a purple and yellow mailbox outside the Senior Center where you may drop off all unwanted eyeglasses and hearing aides. The box is located right outside our front entrance. The items are collected, recycled, refurbished and used for people in need.

If you have any of these items and are no longer using them, please don't throw them out. Drop them off in the "mailbox" at any time. The Center does not have to be open for you to drop them off. Thank you for helping those that are less fortunate.

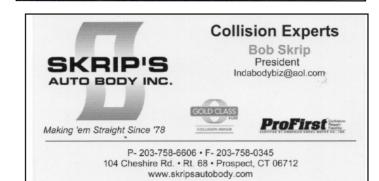


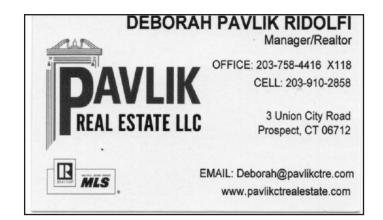
### A Unique, Nonprofit Residence for 60+ Women ALL INCLUSIVE, LOW RATES | FAMILY-LIKE ENVIRONMENT

RESPITE STAYS AT \$75/DAY, SERVICES INCLUDED

250 Columbia Blvd., Waterbury CT 06710 | www.southmayd.com

Call (203) 754-0360 for information or a tour today!









### The "Bookwormers" Prospect Senior Center Book Club Book Club Coordinator Marie Delage

### Thursday, May 5, 2022 10:00am. Thursday, June 2, 2022 10:00am. Thursday, July 7, 2022 10:00am. May Book Review-Message in a Bottle (Nicholas Sparks)

Message in a Bottle is a novel by acclaimed novelist Nicholas Sparks. In this novel, Theresa Osborne is still grieving the sudden end of her eight year marriage when she finds a bottle on the beach that contains one of the most touching love letters she has ever read. When Theresa publishes this letter and discovers others, she decides to meet the romantic author. Soon Theresa and Garrett Blake find themselves wrapped in a passionate affair that is marred only by distance and Garrett's continued devotion to his deceased wife. Message in a Bottle is a beautiful love story that deals with the difficult subjects of grief, loneliness, and surviving despite tragedy.

### June Book Review-The Masterpiece (Fiona Davis)

In this captivating novel, New York Times bestselling author Fiona Davis takes readers into the glamorous lost art school within Grand Central Terminal, where two very different women, fifty years apart, strive to make their mark on a world set against them.

For most New Yorkers, Grand Central Terminal is a crown jewel, a masterpiece of design. But for Clara Darden and Virginia Clay, it represents something quite different.

For Clara, the terminal is the stepping stone to her future. It is 1928, and Clara is teaching at the lauded Grand Central School of Art. Though not even the prestige of the school can override the public's disdain for a "woman artist," fiery Clara is single-minded in her quest to achieve every creative success—even while juggling the affections of two very different men. But she and her bohemian friends have no idea that they'll soon be blindsided by the looming Great Depression...and that even poverty and hunger will do little to prepare Clara for the greater tragedy yet to come.

By 1974, the terminal has declined almost as sharply as Virginia Clay's life. Dilapidated and dangerous, Grand Central is at the center of a fierce lawsuit: Is the oncegrand building a landmark to be preserved, or a cancer to be demolished? For Virginia, it is simply her last resort. Recently divorced, she has just accepted a job in the information booth in order to support herself and her collegeage daughter, Ruby. But when Virginia stumbles upon an abandoned art school within the terminal and discovers a striking watercolor, her eyes are opened to the elegance beneath the decay. She embarks on a quest to find the artist of the unsigned masterpiece-an impassioned chase that draws Virginia not only into the battle to save Grand Central but deep into the mystery of Clara Darden, the famed 1920s illustrator who disappeared from history in 1931.

### July Book Review-The Four Winds (Kristin Hannah) "The Bestselling Hardcover Novel of the Year" Publisher's Weekly

From the number-one bestselling author of The Nightingale and The Great Alone comes a powerful American epic about love and heroism and hope, set during the Great Depression, a time when the country was in crisis and at war with itself, when millions were out of work and even the land seemed to have turned against them.

Texas in 1921, is a time of abundance. The Great War is over, the bounty of the land is plentiful, and America is on the brink of a new and optimistic era. But for Elsa Wolcott, deemed too old to marry in a time when marriage is a woman's only option, the future seems bleak. Until the night she meets Rafe Martinelli and decides to change the direction of her life. With her reputation in ruin, there is only one respectable choice: marriage to a man she barely knows.

By 1934, the world has changed; millions are out of work and drought has devastated the Great Plains. Farmers are fighting to keep their land and their livelihoods as crops fail and water dries up and the earth cracks open. Dust storms roll relentlessly across the plains. Everything on the Martinelli farm is dying, including Elsa's tenuous marriage; each day is a desperate battle against nature and a fight to keep her children alive.

In this uncertain and perilous time, Elsa—like so many of her neighbors—must make an agonizing choice: fight for the land she loves or leave it behind and go west, to California, in search of a better life for her family.

The Four Winds is a rich, sweeping novel that stunningly brings to life the Great Depression and the people who lived through it—the harsh realities that divided us as a nation and the enduring battle between the haves and the have-nots. A testament to hope, resilience, and the strength of the human spirit to survive adversity, The Four Winds is an indelible portrait of America and the American dream, as seen through the eyes of one indomitable woman whose courage and sacrifice will come to define a generation.

Anyone who is a member of the Prospect Senior Center is encouraged to give our Book Club a try. This is a wholesome, diverse group who loves to read. We read, review and share our thoughts on the books we have read at our meetings.

The Book Club meetings are held on the first Thursday of each month at 10:00am. at the Senior Center. This group is a fun way to enjoy books and to meet new people at the same time. New members are always welcome!

Keep reading...it keeps your mind alert and well!

### Submitted by

Marie Delage

"A reader lives a thousand lives before he dies... the man who never reads lives only one." George R.R. Martin

# **Special Activities Index**

# May-June 2022

	-			_	
DATE	EVENT	PAGE	DAT	E EVENT	PAG
	am Neck Cong. Church Quilt Sh	ow 37	Jun 30	Beautiful Things-Gold & Silver Exchange	
	-Your-Own Patriotic Wreath	25	Jul 2	AMERICA'S SWEETHEARTS	
	Rocks Gourmet Cookies Truck	49	Jul 2	Elephant's Trunk Flea Market	
	S-America's Yarn Store	. 30	Jul 3	12th. Annual Robin Hood's Medieval Faire	
	ed Glass Classes with Sarah Se		Jul 5	On-Your-Own Day Trip to Block Island	
	emies: the Art World's Greatest F		Jul 6	Night Shift on the PTG	
	I Foster - Hitman Tour	66	Jul 7	Old Drake Hill Flower Bridge & Shoppes a	it FV
	Britain Museum of American Art	56	Jul 9	Charles River boat cruise	
	r Mountain Band	66 37	Jul 9	Corrie Sachs as Reba McEntire	
May 13 Annu May 14 Thom	al Mother's Day Luncheon laston Ladies Choral Club's Sprii		Jul 11	"Birds of Connecticut"	
	bect Spring Town-Wide Tag Sale	25	Jul 12	Cotton Candy Fabrics	
/lay 14 The S		67	Jul 12	Aqua Turf - Celebrate Italia	
	Revolutionists	68	Jul 12	Livingston Ripley Waterfowl Conservancy	rla
	-Your-Own Hot Chocolate Bomb	27	Jul 13 Jul 13	Hartford Yard Goats @ Dunkin Donuts Pa	
	writing Analysis: What It Reveals		Jul 13	Morgan Skelly & The Old Crows on the PT Yankee Cider Company Cheese & Cider F	
	blendš Houśe and Spring Garde	n Tour 55	Jul 17	Romeo & Juliet	anny
	ng, Mini Golf, Pizza & Lots of Fu		Jul 18	"Tick - Talk"	
/lay 18 Stain	ed Glass Classes with Sarah Seg		Jul 18	Paint Your Own Wine Glass (Beach Them	
	en Shopping Trip to Marcucio Fa	rms 31	Jul 19	Mattatuck Museum "Senior Hour" Tour	0)
	ie and the Jets	66	Jul 19	Tarot Card, Numerology & Astrological Re	
lay 21 Prosp	ect VFW Jumpstart Picnic	35	Jul 20	Mad River Blues Band on the PTG	s.age
	ay Men's Chorus - The British ar		Jul 21	Eolia Mansion & Garden Tour	
	am Shad Museum Tour	42	Jul 23	Naugatuck Railroad Scenic Train Ride	
	raft Horse Rescue Foundation To		Jul 24	Jesus Christ Superstar	
	Inspired" Quilt Shop	41	Jul 25	Garden Tours of New York City	
	orial Day Party @ the Senior Cer		Jul 26	Juke Box BINGO	_
lay 25 Nativ	Talk & Signing With… Jen Berna	69	Jul 27	Thimble Islands Cruise @ U.S.S. Chowde	
	et Hill Peony Farm Tour - second		Jul 27	Mass Connfusion on the PTG	
	ville Airport Flea Market & Antiqu		Jul 28	NE Carousel Museum & Museum of Fire H	
	K9 "Officer Mayhem" A Police K		Jul 29	Essex Steam Train & Riverboat Ride	
	-65 World's Fair	44	Aug 2	Day Trip to the Burlington Trout Hatchery	1
	ed Glass Classes with Sarah Seg		Aug 3	Lake George Luncheon Cruise	
	to Knit with Carol Greco	43	Aug 3	Southern Voice on the PTG	
	/ietnam Veterans Traveling Mem		Aug 4 Aug 5	R.J. Julia Book Sellers day trip Thee 5th Dimension	
	nont Players Dinner Theater	25		"Connecticut Birds of Prey"	
	rip to Hollandia Nursery	46		Essex Steam Train & Riverboat Ride	
	er Stamp & Paper Arts Festival	35		The Jersey Tenors Tenors @ The Aqua Tu	
	me Aquarium at Norwalk	37	Aug 10	By All Means on the PTG	
	Drug Arthritis Pain Options	57	Aug 11	Beyond Van Gogh - The Immersive Exper	
	ester Mill Fabrics	. 40	Aug 15	"Murder at the Howard Johnsons"	
	ed Glass Classes with Sarah Seg			Woman and Heart Disease	
	Card, Numerology & Astrologica		Aug 16	Aqua Turf - Joe Saimeri	
	e & Conversation With Lezlye			Broadway Musical Tour	
	nertime Tea	48 66		Raise Your Hands-Tribute to Bon Jovi - P	
	y Logins elangelo's Sistine Chapel-The Ex			Anne of Green Gables	
in 10 Diana		46		Head over Heels	
	ways and Blooms" Garden Tour			Holiday Hill Senior Outing	
	al Father's Day Lunch & Juke Bo		Aug 22	Appraisal Road Show	
	e Rose Garden Tour	54 54		On-Your-Own"A Day @ Port Jefferson"	Eve:
	in American History Museum	35		Sustainable Fashion in Victorian America	
	CGM's Chorus Presents"Bingo			Simply Swing on the PTG	
	ville Airport Flea Market & Antiqu			Tour of Grace Farms Open Air Market & Festival	
in 19 Shad		71		Juke Box BINGO	
in 20 Jewe	Iry Class (Necklace & Bracelet S	et) 25		Tree Swallow Cruise on the RiverQuest	
ın 21 Bowli	ng, Mini Golf, Pizza & Lots of Fu	n!´ 25		West Haven Veterans Museum Tour	
un 24 Tour	of the CT State Capitol & Legisla	tive Bldg 43		Stormville Airport Flea Market & Antique S	
un 25 Swee	t Seasons	71		New York City (NOSH) Food Tour	
	ecticut State Police Museum Tou			HUDSON VALLEY WINE & FOOD FEST	
	met Wood Fired Pizzas	50	Sep 11	Edwards Twins	
	en of New York	44		"Birds of CT The Good, The Bad & The I	
un 28 Ponto	oon Summer Cruise on Bantam L		Sep 13	Aqua Turf - Jimmy Mazz	- 3.7
	Vaca Freen Flower Workshon	-27			
	Vase Fresh Flower Workshop	34		"Norman Rockwell and Evolving Views on	Nave 4
lun 29 Still k	icking It with Big City Horns on F w Tea Party with Betty Johnson		Sep 14 Sep 14	"Norman Rockwell and Evolving Views on Quilted Ewe Day Trip The Piano Guy	Nave -

### **Special Activities Index**

DATE	EVENT	PAGE
	Old Deerfield Fall Craft Fair	43
	Body Mechanics	57
Sep 21	The "Big E" The Eastern States Exposition	42
	Flu & Pneumonia Shot Clinic	23
	Abbacadaba	71
Sep 25	MONARCHS, MEADOWS & MORE!	39
	NASHVILLE & GRACELAND TOUR	50
	The Jersey Tenors	71
	The Great Gatsby Chinatown & Chinese Culture Tour	69 61
	THE ADDAMS FAMILY	70
	Aqua Turf - Polka Family Band	65
Oct 12	"The Wyeths" An American Artistic Dynasty"	48
Oct 12	Oktoberfest @ Krucker's	30
Oct 20	Train & Turkey Dinner - Lake Winnipesaukee	e 52
Oct 20	42nd Street	64
Oct 22		
Oct 22	Royal Tour:Lady Gaga-Beyonce Tribute Sho	
Oct 23	Varney The Vampire	68
Nov 3	My Mother's Italian, My Father's Jewish and	
Nov 4	"New England Christmas Festival 2022"	42
	Stormville Airport Flea Market & Antique Sho Warner TheaterClue	w 23 68
	"America the Beautiful" Luncheon Show	79
	Aqua Turf - Bob Hope USO Show	65
	Old Deerfield Christmas Craft Fair	43
	Ted Vigil - Remembering John Denver	71
	Winter Wonderettes	69
	WHITE CHRISTMAS	70
	A Marine Manustaine Christiane - Trin	20

- Dec 9 A White Mountains Christmas Trip
- Dec 11 Every Christmas Story Ever Told

### **Senior Nutrition** Services Meals on Wheels

The Western CT Area Agency on Aging Senior Nutrition Program currently does not have a waitlist. This program can provide meals to eligible homebound seniors, over the age of 60, up to 5 days per week, Monday - Friday based on need.

If you feel that you or someone you know could benefit from home delivered meals, please contact the WCAAA Meals on Wheels department at 203-757-5449.

### Photography Club Photos on Display...

Our Photography Club members led by Allen Thibodeau, regularly display their photography throughout the Senior Center. Allen changes the display on a regular basis for everyone's enjoyment. When at the Senior Center, please take a little time to look over the beautiful photography that this talented group of Seniors has on display.

And, if the photography that you see inspires you and you think that you might like to investigate the group further to see what they are all about, think about attending one of their meetings. They meet on the second Monday of each month at 9:30am. Allen welcomes anyone to drop in and see what this talented and enthusiastic group is all about. All skill levels are welcome. The only requirement is that you have a love and passion for picture taking.

### **May-June 2022**

### New Haven

### Legal Assistance Association, Inc.

New Haven Legal Assistance Association, Inc. (LAA) is a nonprofit organization that was incorporated on April 7, 1964 to "secure justice for and to protect the rights of those residents of New Haven County unable to engage legal counsel." LAA was one of the first legal services programs established and the federal government used it as a model for similar programs throughout the country.

They provide high-quality legal services to individuals and groups unable to obtain legal services because of limited income, age, disability, discrimination and other barriers.

### Need Help? Call...203-946-4811

### The "Songbirds" NEED YOU!

The Prospect Senior Center "Songbirds" are a group of very enthusiastic and talented Senior Citizens . The group has been in existence for about fifteen years. They work under the musical direction of Joe Guarino. Under Joe's tutelage, they meet weekly to either practice at the Senior Center or to perform at area facilities.

The group is made up of Senior Center members who love to sing and perform. They spread their talent and cheer throughout the area by performing at nursing and rehabilitation centers in the area. Their love of music is only exceeded by their love of bringing smiles and joy to those who enjoy their performances.

They are looking for new people to replace these members who have passed away. If you are interested in joining the group, you can call Joe at 203-546-0705

### For your Convenience... Medicine Take-Back Option

When your medicines are no longer needed, they should be disposed of promptly and properly. Unused or expired prescription medications are a public safety issue, leading to potential accidental poisoning, misuse, and overdose.

Consumers and caregivers should remove expired, unwanted, or unused medicines from their home as quickly as possible to help reduce the chance that others accidentally take or intentionally misuse the medications and to help reduce drugs from entering the environment.

Flushing medications down the toilet or the sink is not necessarily a great idea. In recent studies, antidepressants have been found in the Great Lakes and in fish. Your toilet is not connected to a fifth dimensional zone or the Outer Limits. It is connected to our water system and our environment. Avoid these options. Don't add to the pollution around us. Proper disposal of unused drugs saves lives and protects the environment.

Medicine take-back options are the preferred way to safely dispose of most types of unneeded medicines. If you have any medications you no longer take and are looking for a safe, proper and convenient way to dispose of them, you may bring them to the Prospect Senior Center. We will in turn take them to our Resident State Troopers Office, right next door to the Senior Center, for proper disposal.

32

68

### <sup>23</sup> May-June 2022

### PSC "HIGHLITES" NOW AVAILABLE ON-LINE

The latest issue of our newsletter is now available online at the town of Prospect's website.

To access it on your computer or smartphone, go to the town's website: **www.townofprospect.org** Once you are there: click on "**Departments**"; then

Once you are there: click on "Departments"; then click on "Senior Center Programs"; and finally, click on "CLICK HERE for activities that are scheduled for ..."

The newsletter is readable using any Adobe Acrabat reader and can be printed out at home if you have a printer.

Each new "Highlites" will be available on this website just as soon as it is being printed out at the Senior Center. If you have computer access, you can get your copy without making a special trip to the Center saving you time and reducing the need for the Center to run off as many copies as it now does.

### PLEASE TAKE NOTE: Per Chesprocott Health District Codes....

We are not allowed to have **anyone** in the kitchen, other than employees and volunteer kitchen help. PLEASE, refrain from going in to the kitchen when you are here. We love your company and we enjoy talking to everyone, but just **not in the kitchen.** 

We appreciate your cooperation. We do not want to have our kitchen shut down because of any violations to this health code.

### Thank you!

### St. Anthony's Church Offers Communion Services to the Homebound

If you would like to receive the sacrament of Communion and are unable to attend Mass due to illness or being homebound, Communion can be brought to you by a Eucharistic Minister from St. Anthony's Church in Prospect.

Please contact the Parish Center at 203-758-4056 and visitation can be arranged.

### Prospect Senior Center Gift Certificates Available!

Looking for the perfect gift for a friend or loved one who is a member of our Senior Center? Why not give a gift certificate to the Prospect Senior Center for that special occasion or just to surprise them? Gift certificates starting at \$10.00 are now available at the Senior Center. Give us a call with the amount that you would like and it will be ready for you when you come in.

This is a quick, easy and perfect gift to share with your friends or loved ones who are members here. No shopping at crowded malls to deal with. The gift certificates can be used by the recipient towards any of our activities, trips or classes here at the Senior Center.

We are providing these as a courtesy to our members who have been inquiring to see if something like this could be made available.

Please remember that the recipient DOES HAVE TO BE A MEMBER of the Prospect Senior Center in order to use the gift certificate here.

### Stormville Airport Flea Market & Antique Show

 Saturday, May 28, 2022
 7:30am. \$5

 Saturday, June 18, 2022
 7:30am. \$5

 Saturday, September 3, 2022
 7:30am. \$5

 Saturday, November 5, 2022
 7:30am. \$5

The Stormville Airport Antique Show & Flea Market is located in the historical and scenic Hudson Valley, on a private airport. The flea market was started in 1970 with two dozen vendors. Today it is known as one of the Northeast's largest antique shows and flea markets. The success of the flea market is due to the quality merchandise, reliability and trust built between the buyers and vendors.

The flea market attracts over 600-vendors from more than eight states. Because of its great success, shoppers travel well over 100-miles, often by busload, to pursue the hunt for bargains. With an extraordinary variety of antiques and collectables, as well as a large selection of new merchandise and arts and crafts, there is sure to be something for everyone. One trip to this event and you will agree that it's worth the trip from anywhere!

We will be meeting and leaving from the Senior Center at 7:30am. We should be in Stormville by 9:00am. Once there you will be on your own to hunt for bargains until 1:00pm. There are also many food vendors there where you can eat to your heart's content. At 1:00pm. we will head for home. We should be back in Prospect by 2:30pm. Since this is an out of state destination, we will be collecting \$5 per person to help defray the cost of gas.

One piece of advice, wear comfortable shoes! There is a great deal of walking involved going from one vendor to another. Also, bring something to put all your purchases and treasures in such as a fold-up cart. A water bottle is a good idea also. We are limited to the number of people that we can bring with us. If you are interested in attending, sign up and PAY as soon as possible.

### Flu & Pneumonia Shot Clinic @ the Prospect Senior Center Sponsored by Chesprocott Health District Thursday, September 22, 2022 9:30am. to 12:30pm.

Influenza and pneumonia kills over 40,000 people each year. It is recommended that everyone be vaccinated for the seasonal influenza and every 5 to 10 years for pneumonia. The Center for Disease Control especially encourages people who are over 50-years of age and people with chronic medical conditions, such as diabetes, lung problems, cancer and cardiac patients to get the vaccinations.

Complications from influenza and pneumonia can be life threatening. The vaccine for each one of these illnesses decreases hospitalizations. People with elderly or medically compromised family members, should be vaccinated to protect their loved ones.

Chesprocott Health District will be here on Thursday, September 22, 2022 from 9:30am. to 12:30pm. to administer the High Dose Flu vaccine (65 years and older) to those interested. This clinic is open to ALL Seniors. You do not have to be from Prospect to get your shot here.

Please call the Senior Center to register if you would like to get your shot here. They would like to get an idea of how many people will be coming. Please specify which of the shots (flu or pneumonia) you will need. Also, please bring your Medicare Part B cards with you to the clinic.

### Connecticut Water Company-H2O – Help to Our Customers Hardship Assistance Program

The Connecticut Water Company understands the realities that their customers face when experiencing financial hardship. Their H2O, Help 2 Our Customers program, can help those needing financial assistance with their water bills in order to maintain uninterrupted water service.

If you are having difficulty paying your bill, please contact the Connecticut Water Company directly at 1-800-286-5700 or email customerservice@ctwater.com so that they may get in touch with you. They will work with eligible customers to identify potential available resources, payment arrangements and/or financial assistance with your bill.

While information and contact forms regarding the program appear on their website, they realize that sometimes, it is difficult to ask for help, or to become aware of available assistance programs, Therefore, they have reached out to our Senior Center to help in identifying Connecticut Water Company customers who may benefit from assistance and qualify for this program.

They have provided us with referral forms which can be filled out and submitted by us to see if you may be eligible. Eligibility is based on income at or below 200% of the Federal Poverty Level Guidelines. The program is limited to single family residential customer accounts.

You must provide proof of your monthly/yearly income when filling out this form. Everything must be done here at the Senior Center so we can refer you to them. Or, you can call or email the Connecticut Water Company at the above mentioned number/address.

Customers participating in the program will also be offered free water conservation kits, conservation education materials and leak and dye tablets to make sure they are not paying for wasted water. A customer service representative can be sent to the customer's premises to check for leaks if they need additional assistance.

If you feel that you may be income eligible for this assistance, you may call the Senior Center to fill out a referral form for the program. Remember when doing so, you must provide proof of your monthly/yearly income when applying.

### Marcucio's Farm Market Coming to the Prospect Senior Center... Every Tuesday of the month from 11:00am. to 1:00pm.

Marcucio's Market will be coming to the Prospect Senior Center every Tuesday of the month beginning the first week of June. The Farm Market sells a wonderful variety of fruits and vegetables grown here in Connecticut. Depending on availability, they will also be bringing some baked goods and honey to sell. This year, during the planting season, they will also bring vegetable plants, annuals, perennials and some hanging baskets.

The Market accepts SFMNP (Senior Farmer's Market Nutrition Program) coupons. Stop by and see all the wonderful things they have to offer!

### Connecticut Home Care Program for Elders

The State of Connecticut wants to give you an opportunity to stay home instead of going to a nursing home. That is the purpose of a home care program for persons 65-years of age and older. The program is called the Connecticut Home Care Program for Elders. To see if you qualify for any of the services from this program, please call the Western Connecticut Area Agency on Aging at 203-757-5449 for further information.

### Get Your Medicare Questions Answered!

The Western Connecticut Area Agency on Aging provides FREE UNBIASED information on Medicare, and the options that supplement Medicare.

The WCAAA can answer questions that you may have on Medicare, Medicare the Prescription Drug Benefit, Medicaid, Preventative Benefits, Care giving issues and more. The WCAAA can assist in filling out applications for different programs you may be eligible.

For more information please call the Western Connecticut Area agency on Aging at 1-800-994-9422 or 203-757-5449.

### **Scrap Material Wanted...**

Our quilting ladies are looking for any leftover scrap material that you may have hanging around from any past sewing projects. If the material is in good condition and you would like to see it go to good use, please consider donating it to the Senior Center.

Our quilters make several quilting projects each time we have a holiday party. They would use any of your donations for these projects which benefit the Senior Center and its members. The material would also be used for other projects that our quilting group works on.

used for other projects that our quilting group works on. If you have any material you would like to get rid of, please bring it to the Senior Center. We would certainly appreciate it!

### FRAUDS, SCAMS, DECEITS!

Beware of any calls where the word "Medicare" is spoken. Medicare, Social Security and the Internal Revenue Service (IRS) NEVER call you to get your personal information without first informing you by letter. Please do not become a victim of an "Imposter Scam". If someone calls and attempts to collect your personal information claiming they are from a state or federal agency ... JUST HANG UP!

### St. Jude's Ranch for Children Greeting Card Collection

St. Jude's Ranch for Children will happily take the fronts of greeting cards. The cards are repurposed into new cards. For any questions or to place an order call, 877-977-7572.

The following guidelines apply:

- 1.Send in only fronts of the cards with no handwriting on them.
- 2.Due to licensing restrictions, Disney, Hallmark and American Greeting cards cannot be used.
- 3.Smaller cards are preferred, 5X7 inches or smaller.
- 4.All themes are welcome: birthday, Christmas, just because, etc.

Mail the card fronts to:

St. Jude's Ranch for Children 100 St. Jude Street Boulder City, NV. 89005

### What does Medicare cover? Find out with the new Medicare app!

Do you ever wonder if something is covered by Medicare? There's now an app for that! The "What's Covered" app is designed to help Medicare beneficiaries directly access some of the most-used content on Medicare.gov. The free app lets traditional Medicare beneficiaries quickly see if Medicare covers a specific medical item or service. Download it from Apple's App Store or Google

### Paint/Craft & Sip Parties @ Art Party Studio 158 Waterbury Road-Unit C, Prospect, Ct.

Make-Your-Own Patriotic Wreath Monday, May 9, 2022 \$21 5:00pm.

Jewelry Class (Necklace & Bracelet Set) Monday, June 20, 2022 \$18 5:00pm.

### Paint Your Own Wine Glass (Beach Theme) Monday, July 18, 2022 \$15 5:00pm.

Art Party Studio is a new business venture in Prospect. It's the town's new paint party place! The business holds paint parties, arts & crafts, tutorials, and so much more.

We will be visiting there on Monday, May 9th. where you will be making a patriotic wreath that would be appropriate for Memorial Day or the Fourth of July.

On Monday, June 20th. we will be at the Studio again to make a beaded necklace and bracelet set.

On Monday, July 18th. we will return to paint our own wine glasses. The theme will be a "beachy" one since we will be into the summer months.

All classes start at 5:00pm. We will be meeting directly at the Studio. There will be no bus available to bring you there. The Studio is right here in town, right on Route 69. It is very easy to get to.

You may bring your own beverage to "sip" on while there for these classes. Wine is permitted. If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your place without payment.

### Piedmont Players Dinner Theater Presents... "Drinking Habits" (A Comedy Dinner Theater Play)

### **4-Course Dinner & Performance**

### Hopeville Church 160 Piedmont Street, Waterbury, Ct. Friday, June 3, 2022 \$25 6:00pm. Departing @ 5:00pm.

We will be meeting and leaving from the Senior Center at 5:00pm. This event starts at 6:00pm. Once we get there, we will be seated at reserved tables. If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your reservation without payment.

### Prospect Spring Town-Wide Tag Sale Saturday, May 14, 2022 9:00am. to 3:00pm. Departing @ 8:30am. \$5

The annual Prospect Spring Town-Wide Tag Sale will be taking place on Saturday, May 14, 2022. The tag sales throughout town will be held RAIN or SHINE. If you are a Prospect resident you can register your tag sale with the Prospect Town Hall by calling 203-758-4461. There will be lots of treasures to be found! This is a very popular and fun event in town.

We will be taking our bus to the various tag sales in town. In order to get in as many sales as possible, we will give you ten minutes at each tag sale before we move on to the next one. At 3:00pm. we will return to the Senior Center no matter if we have done all the sales or not.

We advise you to wear comfortable shoes and bring LARGE shopping bags with you to store your purchases in. We don't want your "treasures" rolling all over the place on the bus.

We will be meeting and leaving from the Prospect Senior Center at 8:30am. If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. The \$5 that you are paying will go towards the cost of gas that day.

### Bowling, Mini Golf, Pizza & Lots of Fun! @ Lessard Lanes 136 New Britain Avenue, Plainville, Ct. Tuesday, May 17, 2022 \$12 Departing @ 9:30am. Tuesday, June 21, 2022 \$12 Departing @ 9:30am.

Join us for some fun as we visit Lessard Bowling Lanes in Plainville for some bowling and pizza!

We will be meeting and leaving from the Senior Center at 9:30am. Once at the lanes you can bowl from 10:00am. until 11:30am. At this time you can enjoy a slice of pizza and a beverage. After your pizza you can enjoy a game of indoor mini golf. At 1:00pm. our mini bus will pick you up to return back to the Senior Center. We should be back in Prospect by about 1:30pm.

Included in this package is your bowling, mini golf, pizza and beverage, lane bumpers if requested and shoe rental. If you are interested in joining in on the fun, please call the Senior Center to register and PAY. We cannot hold your place without payment.



Spring has sprung! After a long, dreary winter, Prospect's "Ladies in Red," like the spring flowers, resplendent in bright colors, are turning up everywhere, in places near and far.

In March, we celebrated the wearing of the green at O'Neill's Irish Pub in Norwalk, where we enjoyed a delicious meal of authentic Irish cuisine.

We began the month of April with an enjoyable and informative tour of the Continuum Distillery in Waterbury. After the tour, we sampled their crafted cocktails and then adjourned to the nearby Hindsight Barbecue for some mouth-watering barbecue and a surprise birthday celebration for Red Hatter, Ann Spardone.

As of this writing, we expect to end the month of April with a trip to the Royal Scarlet Gadabouts "April in Paris" Gala on Friday, April 29th and another trip to the Velvet Mill Marketplace and Saltwater Farm Vineyard in Stonington on Saturday, April 30th.

On Sunday, May 15th, the "Ladies in Red" will finally have the opportunity to enjoy the famous Hunters' Brunch at the historic Griswold Inn in Essex. This trip was originally planned for Valentine's Day weekend but had to be postponed due to snow. After brunch, we'll have a little time to visit their gift shop and then make a brief stop at Essex Chocolates. The bus will depart the Senior Center at 9:30 AM.

A full roster of activities is planned for the warm and sunny months of June through August so that we may enjoy our beautiful New England summer to the fullest. We kick off the month of June on Friday, the 3rd with a return visit to the Piedmont Players Dinner Theater in Waterbury. The "Ladies in Red" have attended this event many times in the past and have always enjoyed their hilarious plays and delicious food. The cost is \$22.00, which includes the play and a family style dinner. The bus will leave the Senior Center at 5:30pm.

On Saturday, June 25th, we head to the Litchfield Hills, where we'll begin the day at White Flower Farm to shop and enjoy their gorgeous flower gardens. Afterwards, we'll travel to nearby Nodine's Smokehouse for a picnic style lunch from their deli menu and then make a stop at Thorncrest Farm Chocolates for dessert. We end the day at Sunset Meadows Vineyard, which is on the way back to Prospect. The bus leaves the Senior Center at 9:00am. Trips to two Connecticut Seacoast towns are planned for the month of July. On Saturday, July 16th, the "Ladies in Red will have the opportunity to attend the Guilford Art Center Craft Expo on the picturesque Guilford Green. This show is one of the most successful and longest running craft shows in America. It features over 170 artists and artisans of the highest caliber from all parts of the country. After browsing the show, we'll make a brief stop at Bishop Farms to purchase accompaniments for our afternoon meal, which we'll enjoy at "The Place," a unique outdoor seafood restaurant where patrons sit on tree stumps and food is cooked over an 18' long wood fire.

On Friday, July 22nd, the "Ladies in Red" will visit the city of New London for a day at Ocean Beach Park. In addition sunning and swimming, Ocean Beach offers miniature golf, nature trails, a boardwalk, a gift shop and a snack bar. After our time at the beach, we head to the nearby Captain Scott's for a seafood meal.

On Monday, August, 2nd, the "Ladies in Red" will make their annual trip to the village of Mystic. We'll start with breakfast at "Sift" bakery and end the day at Old Mystic Village. There are also tentative plans for an evening at Riverview Waterfront Barbecue along the Housatonic River in Seymour for some time in August. More details on the July and August trips will be available in the next newsletter.

Finally, I end this article with exciting news about the establishment of a "Ladies in Red" sister chapter at the Oxford Senior Center. I'll be holding an informational meeting at the Oxford Senior Center during the second week of May. Some of the "Ladies in Red" will be there to share their thoughts on being a Red Hatter with prospective members from Oxford. The first Oxford Red Hat activity will be what promises to be a very enjoyable cruise aboard the Connecticut River Museum's "Onrust" on Friday, May 20th. Current "Ladies in Red" can attend by paying the Oxford Senior Center \$10.00 dues and signing up on or after May 5th in Oxford.

Hopefully, the formation of the new Oxford chapter will provide the opportunity for more activities for the "Ladies in Red" and for the ladies of the Oxford Senior Center. I want to make it clear that the new chapter in no way supplants or replaces the "Ladies in Red," which has a long history at the Prospect Senior Center, whose support I very much appreciate. For ladies who want only to belong to the Prospect Red Hat society, nothing will change. We will continue to work with the Prospect Senior Center to plan trips and activities and to enjoy the many benefits of being a Prospect Senior Center member.

The "Ladies in Red" has just a few openings for new members this year. If you are a fun-loving female member of the Prospect Senior Center who would like to join us for fun, friendship and fantastic activities, contact me, Queen Lynn Chesinas, by phone at 203-503-7427, by email at Ichesinas2013@yahoo.com or by mail at: Lynn Chesinas, 156 Highland Ave,. Beacon Falls, CT 06403.

### Happy Spring and Summer to all... Lynn



### St. Jude's Ranch for Children Greeting Card Collection

St. Jude's Ranch for Children will happily take the fronts of greeting cards. The cards are repurposed into new cards. For any questions or to place an order call, 877-977-7572.

The following guidelines apply:

- 1.Send in only fronts of the cards with no handwriting on them.
- 2.Due to licensing restrictions, Disney, Hallmark and American Greeting cards cannot be used.

3.Smaller cards are preferred, 5X7 inches or smaller.

4.All themes are welcome: birthday, Christmas, just

because, etc.

Mail the card fronts to:

St. Jude's Ranch for Children 100 St. Jude Street Boulder City, NV. 89005

### Qi Gong-Energy Moving Demonstration Presented by George Hughes Every Monday @ 9:30am.

Qi Gong is the oldest, Chinese recorded form on the subject of health, healing and longevity. It's well kept secrets have been opened to the West by the Shoaling Monks.

The forms practiced in Qi Gong include breathing, meditation, and coordinated body posture and movement. Qi Gong is a process of moving meditation, coordinating slow-flowing movement, deep rhythmic breathing, and a calm meditative state of mind. The practice is said to rejuvenate the mind, body and soul of the practitioner as well as relieve stress and some physical ailments. It also helps to improve your outlook on life.

With roots in Chinese medicine, philosophy and martial arts, Qi Gong is traditionally viewed by the Chinese and throughout Asia as a practice to cultivate and balance qi (pronounced as "chi"), and translated as "life energy".

(pronounced as "chi"), and translated as "life energy". People practice Qi Gong throughout China and worldwide for recreation, exercise, relaxation, preventive medicine, self-healing, alternative medicine, meditation, self-cultivation and training for martial arts.

Senior member, George Hughes, has practiced Tai Chi for over 23-years. He was introduced to Qi Gong about 7-years ago. He is a certified Tang So Do instructor of this ancient but new to many, simple exercise that can be done sitting or standing.

George will be at the Prospect Senior Center every Monday at 9:30am. where he will be holding weekly classes in Qi Gong. The cost of each class with George is \$5, payable that day.

This is a fraction of the cost of what these classes usually cost. We are very appreciative to George for keeping the cost of these classes low so that more people can enjoy its' benefits. Sign up at the Senior Center and join in on the class and see what Qi Gong is all about.

### What does Medicare cover? Find out with the new Medicare app!

Do you ever wonder if something is covered by Medicare? There's now an app for that! The "What's Covered" app is designed to help Medicare beneficiaries directly access some of the most-used content on Medicare.gov.

The free app lets traditional Medicare beneficiaries quickly see if Medicare covers a specific medical item or service. Download it from Apple's App Store or Google Play for Android devices.

### Mattatuck Museum "Senior Hour" Tour 144 West Main Street, Waterbury, Ct. Tuesday, July 19, 2022 \$17 2:00pm. Departing @ 1:30pm.

The Mattatuck Museum was established as the Mattatuck Historical Society in 1877 to preserve the history of that part of Connecticut "anciently known as Mattatuck"roughly the ten town region surrounding present-day Waterbury. In the 1960's the Historical Society expanded its mission to "collect and exhibit the works of Connecticut artists". The American Association of Museum accredited the museum in 1976, one of the first in the state to meet that standard.

On Tuesday, July 19, 2022, we will enjoy a guided "Senior Hour" tour of the Museum. This one hour-long tour will allow our group the opportunity to enjoy the Museum's rich collection of art and history as the ONLY guests in the building. The tour includes a 30-minute guided tour of the Museum's special exhibitions, with time to ask the docent questions or explore the remaining gallery spaces while the Museum is still closed to the public.

### The Special Exhibitions include: Shipwrecks: Duty of Memory

An exhibition of 60-haunting photographs by photographer Stefano Benazzo of shipwrecks from locations around the globe.

### The Garden

The interdisciplinary works by the eight artists featured in The Garden address the sensory aspects of nature while embodying the artists' emotional journeys over the course of this turbulent decade.

### Mystery & Benevolence: Masonic and Odd Fellows Folk Art

An exhibition of over 100-carvings, sculptures, textiles, and regalia revealing the hidden histories of the Freemasons and the Independent Order of the Odd Fellows.

We will be meeting and leaving from the Senior Center at 1:30pm. Our tour is scheduled for 2:00pm. If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. We should be back at the Senior Center from this trip by about 4:00pm.

### Make-Your-Own Hot Chocolate Bomb With Jessica Fortier Garcia Jonday, May 16, 2022 \$5 10:30am.

Monday, May 16, 2022 \$5 10:30am. Hot chocolate bombs are spheres of chocolate filled with hot cocoa mix and a variety of other ingredients such as mini marshmallows and sprinkles. When added to hot milk, the chocolate spheres melt, releasing the cocoa mix and creating a tasty cup of hot chocolate.

This tasty trend is popular for a reason. When the chocolate spheres are dropped into warm milk, they crack open in the most mesmerizing way, releasing a flurry of hot cocoa mix, marshmallows and all the other added ingredients to create an instant cup of delicious hot cocoa.

Jessica Fortier Garcia will be at the Prospect Senior Center on Monday, May 16, 2022 at 10:30am. She will be showing all participants how to make a chocolate bomb. Afterwards, with her guidance, you will be able to make and decorate your own bomb to take home with you. These special treats make a sweet little gift to give to family and friends. Best of all, the bombs are simple and satisfying to make.

If you are interested in participating, please sign up and PAY as soon as possible. We are limited to the number of people we can take for this presentation.

### **FREE Wireless Lifeline Program**

There are several wireless phone providers in Connecticut that provide mobile phone service to incomeeligible residents as part of the government-funded Lifeline Assistance program. Lifeline is intended to help individuals experiencing financial hardship to stay connected to family members, schools and child care providers, as well as be reachable to potential employers and have a means of communicating in case of emergency. The valuable service that Lifeline provides is designed to be a bridge for those striving for self-sufficiency.

Most of these services provide customers with a free mobile phone and a free monthly allotment of minutes and text messages each month. This airtime can be used to make and receive voice calls or send text messages. Customers that require additional airtime can add money to their account by purchasing airtime with a debit or credit card online or over the phone.

You can apply for these phones by contacting any of the below mentioned providers of your choice:

Assurance Wireless Customer Service-1-888-898-4888 Life Wireless Customer Service: 1-888-543-3620 Safelink Wireless Customer Service: 1-800-Safelink (723-3546)

Access Wireless Customer Service: 1-800-464-6010



If you are having difficulty meeting your monthly expenses, maybe we can help, please call 203-758-4056. All calls are confidential. Or visit stanthonyprospect.org and follow the link to HOPE Ministry for an application.

The mission of the HOPE ministry is to carry out our gospel call to enhance the quality of life and self-sufficiency of those in our community in need of financial and social services. It will provide monetary assistance for basic living expenses, referrals, education, practical assistance and spiritual guidance to strengthen and support individuals in need of assistance by fostering independence and personal responsibility with respect, compassion and accountability.

Applicants must be actively registered parishioners or residents of Prospect.



# Owning a pet is costly... BUT NOT IF YOU PARTICIPATE IN WHISKERS SENIOR-TO-SENIOR "Forever Foster Program"

If you are a senior willing to permanently foster a senior cat (over 10) all expenses will be paid: food, veterinary care, and litter.

ASK US FOR AN APPLICATION TODAY!

Contact: Whiskers Pet Rescue @ (203) 586-1666 or WhiskersPetRescue.org

**Calling all Chess Players...** 

I have been approached about starting a Chess Club here at the Senior Center. I will gladly start one up, if there is enough interest. If you are interested, please call the Senior Center to let us know. If we get enough interest, we will give you more details in our next newsletter. Thank you.



Known as "Community CHOICES," a powerful information hub linking older adults, persons living with disabilities, and caregivers in Connecticut to the services and supports they seek. **INFORMATION IS FREE & UNBIASED!** 

### SERVICES INCLUDE

Benefits Screening Information /Assistance & Referral Follow-up Application Assistance Decision Support Options Counseling Care Transitions Long Term Care Planning

## WE CAN ALSO CONNECT WITH SERVICES SUCH AS:

Adult Day Care Disability Services Elder Abuse Prevention Employment Info and Resources Financial, Housing and Equipment assistance In-home Services Legal Services Interpreting Services Mental Health / Substance Abuse Services Transportation Nutrition and more

Contact your Community CHDICES by calling 1-800-994-9422 or 203-757-5449



Your Aging and Disability Information Source

### WEBS-America's Yarn Store & the Northampton Wools Store 75 Service Center Road, Northhampton, MA. (Annual Anniversary Sale) Wednesday, May 11, 2022 8:30am. \$6

WEBS- America's Yarn Store is located in the picturesque Pioneer Valley of western Massachusetts. A second-generation, family-owned business, WEBS has been the destination for knitters, weavers, and spinners for over 36-years. You will get lost in their 15,000-square foot warehouse. When mills close and yarns get discounted, WEBS purchases closeouts and passes on the incredible savings to the shoppers. You can wander the aisles and fill your shopping carts with amazing yarns at unbeatable prices.

We will be meeting and leaving from the Senior Center at 8:30am. We should be at our destination by 10:00am. Once at WEBS you will be free to roam the store until 12noon to look over their extensive inventory of yarns. At this time we will board our bus to make a lunch stop at Sylvester's Restaurant. It is only about five minutes away. They offer an extensive menu that is all reasonably priced.

After lunch we will visit Northampton Wools Store which is only a short distance from the restaurant. We will give you an hour in that store to look over their inventory. We plan on being back in Prospect by about 4:45pm. This always depends on traffic, however.

If you are interested in joining us, please sign up and PAY as soon as possible. The \$6 we are collecting goes towards the cost of gas for this trip since our destination is quite a distance from here. We cannot hold your seat without payment. This trip is being sponsored by our knitting and crocheting class but it is open to ALL Senior Center members.

### Oktoberfest @ Krucker's In Pomona, New York-Wednesday, October 12, 2022-\$130 12noon to 4:30pm. Departing @ 8:30am.

Enjoy a full day of entertainment, food, fun, music and dancing at Krucker's in Pomona, New York. This lovely resort features its popular Oktoberfest with great food and music...the genuine spirit of an Oktoberfest. We will be traveling on a deluxe motor coach to our

We will be traveling on a deluxe motor coach to our destination. Once you arrive at the resort you will enjoy a welcome reception featuring coffee, tea, buttermilk scones, pancakes and apple cider.

Lunch will feature barley soup, applesauce, choice of Sauerbraten with red cabbage or sliced pork loin with Sauerkraut, mashed potatoes, Brussel sprouts, carrots, apple strudel and vanilla ice cream, beer, wine and soft drinks.

There will be entertainment throughout the day with music, dancing and games to play. At the conclusion of the day (4:00pm.) and before your departure for home, Bratwurst sandwiches and cucumber salad will be served. We will be departing from the Prospect Senior Center at 8:30am. We should be back in Prospect from this trip by about 7:00pm. If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your place without payment.

The cost of this trip includes your deluxe motor coach transportation, everything mentioned beforehand at the resort, a tour director on the bus and all gratuities.

### Senior Farmers' Market Nutrition Program Coupon Booklets (SFMNP) Coming in July...

The Senior Farmers' Market Nutrition Program (SF-MNP) provides low-income seniors with coupons that can be exchanged for eligible foods (fruits, vegetables, honey, and fresh-cut herbs) at approved farmers' markets.

Eligible individuals must be over the age of 60 or be disabled and meet income eligibility. Each eligible participant receives one (1) \$18 check booklet containing six (6) three dollar (\$3) checks. SFMNP checks can be redeemed at authorized locations which include most Certified Connecticut Grown farmers' markets and select farm stands.

Booklets are set to be issued by July to our Senior Center for distribution to eligible PROSPECT residents. Each town receives an allotment of booklets for their residents. Eligible residents must go to the towns where they live for their booklets.

These coupons can also be used at Marcuccio's Farm Market that comes to the Senior Center each Tuesday from June through October from 11:00am. to 1:00pm. They will be selling a wide variety of Connecticut grown vegetables and fruits.

Eligibility Requirements to receive booklets are as follows:

Prospect residents -SINGLE- \$21,590/COUPLE, \$29,101

If you feel you are eligible please call or stop in to the Senior Center with proof of your eligibility.

Stained Glass Classes with Sarah Segovia @ the Prospect Senior Center

Wednesday, May 11, 2022 \$10 (2 classes)10:00am. & 12:30pm. Wednesday, May 18, 2022 \$10 (2 classes)10:00am. & 12:30pm. May Project: Flower

### Wednesday, June 1, 2022 \$10 (2 classes)10:00am. & 12:30pm. Tuesday, June 7, 2022 \$10 (2 classes)10:00am. & 12:30pm. June Project: Sunflower

Join us for these stained glass workshops taught by Sarah Segovia. The cost for the class is inclusive of all the materials that you will need and your lesson with Sarah. Class size is limited. Call to sign up and PAY as soon as possible. Please let us know which of the two time slots you would prefer. We cannot hold your place in the class without payment.

Please note that if you cancel the class later than the morning prior to the day of the class, you will not be eligible for a refund. Materials have to be bought by the instructor beforehand. It is unfair to her to be left paying for material for someone who cancels.

These classes with Sarah have been extremely popular in the past and fill up very fast. Sign up and PAY quickly if you are interested.

### Open Air Market & Festival @ Wadsworth Mansion 421 Wadsworth Street, Middletown, Ct. Sunday, August 28, 2022 No Charge Departing @ 9:30am.

On Sunday, August 28, 2022 an Open Air Market & Festival will be held at the Wadsworth Mansion. The historic Mansion will transform its 700-foot vista into a marketplace and festival where a variety of vendors will gather to sell their Connecticut grown or made products. One can stroll from tent to tent purchasing fresh produce, fruit, cheese, breads and prepared foods.

Local artisans such as potters, painters and jewelers have been invited to sell their work. Visitors will be encouraged to lounge on the lawn with lunch and listen to live music performed on the patio. It will be a day to discover the Wadsworth Mansion, enjoy music and art, and experience the tradition of shopping at an open-air market.

We will be departing from the Senior Center at 9:30am. The festival runs from 10:00am. to 4:00pm. Once at the Mansion you will be free to explore the market on your own until 1:30pm. At this time we will gather for our return trip back to Prospect. We should be back at the Senior Center no later than 2:30pm.

If you are interested in joining in on this delightful day, please sign up as soon as possible. We are limited to how many people we can bring with us. There is no charge for this trip.

### Connecticut State Police Museum Tour with Bill McCasland 294 Colony Street, Meriden, Ct. Monday, June 27, 2022 10:30am. \$5 Departing @ 10:00am.

The Connecticut State Police Museum & Educational Center is located in historic Meriden, Ct. The brick and limestone building that the museum is housed in was built in the roaring twenties. It has since been transformed back to most of its former glory. It was once the Meriden School for Boys and later housed the State Police Detectives. It is now located in what is known as the Mulcahy Complex.

The museum features the rich history of one of the nation's oldest State Police Agencies. There are thousands of photographs, vintage motorcycles and antique police cars, as well as the earliest uniforms, badges and weapons associated with the State Police Department on display at the facility. Within the facility is also a sobering reminder of the sacrifices made by State Troopers during the more than 100-year long history of the organization. On your tour you will learn interesting facts like the year the State Police issued Babe Ruth a ticket and how they were able to obtain Amelia Earhart's autograph.

We will be meeting and leaving from the Senior Center at 10:00am. Our guided tour, led by our very own Bill McCasland, is scheduled for 10:30am. The tour should last about one hour. There is no charge for the tour but we are taking a \$5 donation from everyone to benefit the upkeep of the museum.

After the tour we will head back to Prospect for a lunch stop at the new Hometown Restaurant here in town. **The cost of your lunch is your responsibility.** 

If you are interested in joining us for this very interesting tour, please sign up and PAY as soon as possible. We cannot hold your seat without payment.

### The Connecticut Gay Men's Chorus Presents... "Bingomania" Saturday, June 18, 2022 Departing @ 4:45pm. \$25

The Connecticut Gay Men's Chorus hosts a monthly BINGOMANIA! at the Annex Club at 554 Woodward Avenue in New Haven, just off I-95. Doors open at 6:00pm. and games begin at 7:00pm. Cash prizes are now up to \$2,500! Admission is \$25 and includes all of your game cards for the twelve regular games of BINGO. Each regular game has a cash prize of \$100 and the final regular game of the night has a cash prize of \$200. They also offer three optional Special Games. You can play a Special Game for just \$1 per sheet and each Special Game pays a 50/50 cash prize of up to \$400. You have a chance to win up to \$2,500 in Bingo cash prizes at these Bingomania games.

Soft drinks, cocktails, wine and beer are available beginning at 6:00pm. Per Connecticut State Law, no beverages of any kind are to be brought into the Annex Club for Bingomania! You can bring whatever food with you that you would like but you cannot bring in any beverage of any kind. So bring whatever "munchies" you would like to enjoy during the games and plan on buying your beverages there.

For each of these Bingomania events we will be meeting and leaving from the Senior Center at 4:45pm. Upon arriving at the venue, our Bingo packages will be waiting for us. We have made arrangements so that we do not have to wait in line for them. At 6:00pm. the doors open and our group can go right in.

This event is a hilariously unique evening of entertainment and fun. Please come with an open mind and attitude. If you are interested in joining us for any of these events, please sign up and PAY your \$25 as soon as possible. We are limited to the number of people we can bring with us. Sign up and PAY early to ensure your spot on the bus.

### Garden Shopping Trip to Marcuccio Farms & Nursery 34 Benz Street, Ansonia, Ct. Friday, May 20, 2014

**Departing @10:00am.** No Charge Join us as we visit Marcuccio Farms & Nursery in Ansonia, Ct. for all of your Spring gardening needs. Owner, John Marcuccio, is the same gentleman that comes to the Senior Center every Tuesday for the Farm Market that he runs here. If any of you have bought his veggies, you can attest to their quality.

The Farm has a large selection of beautiful flowers, annuals and perennials, hardy vegetable plants and hanging baskets. Their selection is amazing, their prices are reasonable and the quality of their plants is wonderful. We will be meeting and leaving from the Senior Center at 10:00am. Once at the nursery, we will give you an hour and a half to shop and make your purchases. John has said that he will be offering our group a Senior Discount that day on your purchases.

At 12noon we will leave the Farm and continue on to Warszawa Polish Restaurant also in Ansonia for a lunch stop. It is just a few minutes from the Farm. **The cost of your meal is your responsibility.** 

If you are interested in joining us, please sign up as soon as possible. We are limited to the number of people we can bring with us. We should be back in Prospect by about 3:00pm. There is no charge for this trip. We ask that you try and bring some cardboard boxes with you to put your plant purchases in so they will not tip over in the bus.

### HUDSON VALLEY WINE & FOOD FEST @ Dutchess County Fairgrounds-Rhinebeck, NY. Saturday, September 10, 2022 \$30 Departing @ 9:00am.

The Hudson Valley Wine and Food Fest is a celebration of the bounty of New York. This food and wine festival features hundreds of wines from Hudson Valley wineries and beyond, New York distilled spirits, craft beers and gourmet specialty foods from all over the country.

Learn more about wine at their educational seminars and brush up on your culinary skills with cooking workshops from regional celebrity chefs throughout the day. You can satisfy your hunger with delectable treats from their Gourmet Food Truck Corral. They host some of the region's best food trucks and food concessions.

At the Fest you can find everything from farm fresh cheeses & meats, salsas, BBQ sauce, mixes, baked goods, maple syrup, candy, nuts, granola, olive oils and more. It hosts some of the region's best festival vendors including over 150-wineries, gourmet specialty food vendors, fine art, and craft vendors.

Your \$30 ticket Includes admission to the Hudson Valley Wine & Food Fest, souvenir tasting glass and all the wine, beer & spirits you care to taste. Food is not included.

We will be meeting and leaving from the Prospect Senior Center at 9:00am. We should be at our destination by about 10:45am. Once there you will be free to explore the festival on your own until 2:00pm. At this time we will leave the festival and start heading back to Prospect. We expect to be back at the Senior Center by about 4:00pm.

If you are interested in attending, please sign up and PAY as soon as possible. Please specify which type of ticket you want when you register. We cannot hold your seat without payment.

### Beyond Van Gogh -The Immersive Experience @ Connecticut Convention Center 100 Columbus Blvd., Hartford, Ct. Thursday, August 11, 2022 \$45 11:00am. Departing @ 10:00am.

Beyond Van Gogh is a new truly immersive experience created by French-Canadian creative director Mathieu St-Arnaud and his team at Montreal's Normal Studio. While other shows use virtual reality or still images, this show breaks barriers by incorporating both still and moving art. Masterpieces, now freed from frames, come alive, appear, and disappear, flow across multi-surfaces, the minutia of details titillating your heightened senses. The show is projected on every surface around you, this makes you feel as though you have stepped directly into a Van Gogh painting. The show is accompanied with a beautiful score and includes many other surprises!

Beyond Van Gogh takes on the challenge of breathing new life into Van Gogh's vast body of work. Using the artist's own dreams, thoughts, and words to drive the experience as a narrative, guests move along projectionswathed walls wrapped in light and color that swirls, dances, and refocuses into flowers, cafes, and landscapes. While journeying through Beyond Van Gogh, guests witness over 300-masterpieces, including instantly recognizable classics such as "The Starry Night", "Sunflowers", and "Café Terrace at Night", now freed from their frames. Van Gogh's art comes to life by appearing and disappearing, flowing across multiple surfaces, and heightening the senses with their immense detail. Through his own words set to a symphonic score, guests come to a new appreciation of this tortured artist's stunning work. We will be meeting and leaving from the Prospect Senior Center at 10:00am. Our timed entry into the show is scheduled for 11:00am. The show itself takes about one hour to experience. After going through the show you will have an additional half an hour to visit the various displays that accompany the show.

At 12:30pm. we will board our mini bus for a lunch stop on our way home at Bella Gio Restaurant in Cheshire, Ct. **The cost of your lunch is your responsibility.** 

If you are interested in joining us, please sign up and PAY as soon as possible. We are anticipating that this trip will sell out. Sign up and PAY early! We should be back at the Senior Center from this trip by about 3:00pm.

### A White Mountains Christmas Trip With Raylin Travel December 9-11, 2022 (3-Days)

Join RayLin Travel for a wonderful getaway to the White Mountains in New Hampshire. Leaving the Chase Parkway commuter lot at 8:00am. and traveling to North Conway, New Hampshire. Rest and lunch stops on the way to our destination, will be on your own.

**Day One:** Upon arrival at the deluxe White Mountain Resort you will be greeted by their staff and then enjoy a Yuletide Welcome Reception. That evening you will be treated to an elegant dinner. Afterwards, you will adjourn to the Echo Ballroom and enjoy an evening Christmas show.

**Day Two:** Your day begins with a hearty country breakfast. You will depart after breakfast for a ride on the Conway Scenic Railroad's "Apple Cider Express" to the White Mountains Cider Company Country Store. Hot cider & donuts are included.

After lunch you will enjoy a wonderful Christmas Comedy Show in the Echo Ballroom. After an elegant dinner you will once again adjourn to the Ballroom for their traditional Christmas Entertainment Show.

**Day Three:** This morning starts with breakfast at the resort. You will then depart for an Austrian sleigh ride at Nestlenook Farms. After the sleigh ride you will head home with many pleasant memories to savor.

The cost of this trip includes:

Superior motor coach transportation 2-night deluxe accommodations

Austrian sleigh ride

Apple cider express

Five meals: 2 breakfasts, 1 lunch, 2 dinners Three different Christmas shows

Special Cocktail pricing

All room and meal taxes and gratuities Round trip baggage handling fees

All rest stops and lunch stops while traveling are on your own. Maximum of 40-people for this trip.

The resort has Finnish saunas, a game room, yearround outdoor swimming pool, a Jacuzzi and a health club.

**Trip cost per person:** Double Occupancy (\$605). Single and triple rates available on request. Payments must be made directly to Linda Soto (Raylin Travel).

This trip is non-refundable. Travel insurance is highly recommended.

Questions/Information: Call Linda Soto @ 203-591-1407

8

### Lake George Luncheon Cruise (Aboard the Lac Du Saint Sacrement) Wednesday, August 3, 2022 \$130 Departure time 7:30am.

Enjoy a two hour Luncheon Cruise aboard the Lac du Saint Sacrement, the largest cruise ship on Lake George. Our Captain will share information on the lake's geology, ecology, environment and history. While cruising, you will enjoy a lunch buffet in the elegant dining room of the vessel. While on board there will also be live entertainment for your listening and dancing pleasure.

MENU: Extensive Salad Bar, Three Hot Entrees, Carving Station, Soup, and More!

Following our cruise we will spend some time in Lake George Village, the heart of this resort area. We will be traveling on a motor coach bus for this trip. We will be meeting and leaving from the Prospect Senior Center at 7:30am. If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. We should be back at the Senior Center from this trip by about 8:00pm.

### Connecticut Gay Men's Chorus The British are Coming! @ The Katharine Hepburn Cultural Arts Center 300 Main Street, Old Saybrook, Ct. Sunday, May 22, 2022 \$35 3:00pm. Departing @ 1:30pm.

This spring, the men of the Connecticut Gay Men's Chorus will be crossing the pond to explore British hits that have topped the charts for decades. It's the best of the Brits, from David Bowie and The Who to Petula and Adele!

We will be meeting and leaving from the Prospect Senior Center at 1:30pm. The show starts at 3:00pm. Once we get back to Prospect we will be stopping at Hometown Restaurant here in town for a bite to eat. **The cost of your meal is your responsibility.** We should be back at the Senior Center by about 8:00pm.

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your spot without payment.

This group is very, very talented. They put on wonderful, entertaining shows.

### Annual Father's Day Luncheon & Juke Box Bingo @ the Senior Center Wednesday, June 15, 2022 11:30am. \$25

Join us as we celebrate Father's Day with all our great dads here at the Senior Center. On the menu will be beef roast and all the delicious fixings to go with it.

Juke Box Bingo with DJ Aaron Demarest will follow our lunch at 1:00pm. What is Juke Box Bingo? Jukebox Bingo is a brand new version of an old favorite - it's Bingo, but where traditional numbers are replaced by popular songs! Taking Bingo to the next level, Jukebox Bingo combines Bingo with Music Trivia and some nice prizes! We have had Juke Box Bingo here at the Senior Center a few times and people have loved it. In between games DJ Aaron Demarest will throw in some dancing tunes for those of you who would like to get up and do some dancing.

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your place without payment. Please remember that our holiday parties fill up very fast!

### Yankee Cider Company Cheese & Cider Pairing 23 Petticoat Lane, East Haddam, Ct. Thursday, July 14, 2022 \$25 4:00pm. Departing @ 2:45pm.

Yankee Cider Company is a family owned farm and Connecticut's original farm cidery. Today it is the largest farm cidery in Connecticut. You can savor the flavors of New England at Yankee Cider Company. Originally dating back to the 1700's, this stunning farm will give you a taste of a simpler time. Tucked inside a picturesque barn in East Haddam, their charming tap room is full of refreshing drinks. You can cozy up to the bar and enjoy the charming, rustic atmosphere in the venue. There is so much to love about Yankee Cider Co. in Connecticut.

The tap room Petticoat Lane in East Haddam, features a variety of hard ciders. They are all grown, pressed, and produced, blossom to bottle, at nearby Staehly Farm. The ciders aren't excessively sweet, so they are great to pair with many things. In addition to flights and pours of hard ciders the tap room also serves Staehly Farm wines.

On Thursday, July 14, 2022 join us as we travel to Yankee Cider Company where the talented staff of New Curds on the Block and Yankee Cider Company will host a private Cheese & Cider Pairing for our group. This interactive event will be hosted by Cheesemonger, Kate from New Curds on the Block and Kevin from the Yankee Cider Company. This fun evening out at this lovely hard cider tap room includes six Connecticut cheeses personally selected for our group by Kate.

Sample cheeses from all across Connecticut and hard ciders made with apples grown right on the farm in East Haddam. Kate and Kevin will walk our group through each of the pairings in an interactive way, discussing which flavors compare and contrast with each other. They'll also provide a Q&A as well as tips for building your own cheese boards and pairings at home.

We will be meeting and leaving from the Prospect Senior Center at 2:45pm. The Cheese & Cider Pairing is scheduled for 4:00pm. It should be about 1.5 hours in duration. Afterwards we will give you an additional hour to further explore the cidery or to make any purchases. At 6:30pm. we will be leaving there for our trip back to Prospect. We should be back at the Senior Center by about 7:30pm. If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your place without payment.

Join us as we bask in the beauty of the surrounding farmland and raise our glasses to the good life. A visit to Yankee Cider Company is the recipe for a perfect evening.

Join the talented staff of New Curds on the Block and Yankee Cider Co with an interactive cheese and cider pairing! This fun afternoon out will be held at Yankee Cider's hard cider tap room in East Haddam and will include six Connecticut cheeses selected by Cheesemonger Kate and paired with Yankee Hard Ciders selected by Kevin. Sample cheeses from all across Connecticut and hard ciders made with apples grown right on the farm in East Haddam.Kate and Kevin will walk the group through each of the pairings in an interactive way, discussing which flavors compare and contrast with each other. They'll also provide a Q&A as well as tips for building your own cheese boards and pairings at home.



News From The Pool Room



**Pool Tournament Results** 

Prospect vs. Southington Senior Center March 23rd. Southington 32/Prospect 16

Pool Tournament Sponsored by Dr. Mullen April 15th. First Place: Hubie Larrivee Second Place: Dick Cipriano Third Place: Bill Matturo Fourth Place: Art Lagasse

> Inhouse Pool Tournament April 27th. Winner: Carmine Midolo

This was an exciting tournament! There was a 4-way tie for First Place. In the end, Hubie Larrivee took home the top prize-a brand new pool stick donated by Dr. Mullen!

# <u>PICKLEBALL</u>



### **Monday-Friday**

10:00a-12:00p Drop In

12:00p-2:00p Open Play

2:00p-4:00p Advanced Play

### SIGN UP EVERYDAY AT THE FRONT OFFICE (UPSTAIRS) IN COMMUNITY CENTER

### Glass Vase Fresh Flower Arrangement Workshop with John Cookson Wednesday, June 29, 2022 No Charge 10:30am.

We likely all agree that a bouquet of fresh flowers makes a space more inviting. Whether a romantic bursting bundle or a simple low arrangement on a candlelit table, they add a touch of natural beauty. But we'd be the first to admit that how to properly arrange flowers can cause us a bit of stress. Luckily, the beautiful professional bouquets you admire at events or dinner parties are easy to recreate once you know how to arrange flowers.

John Cookson is a member of our Senior Center. He has been in the landscaping, nursery and florist industry for many years. John will be holding a workshop here at the Senior Center on Wednesday, June 29, 2022 at 10:30am. Attend this workshop to learn how to create a basic arrangement in a simple glass vase container from the expert himself. He will give you tips on how to arrange flowers and create a colorful, professional-looking bouquet.

John will show you how to add elements you can find in your very own yards such as greenery, grasses, berries, etc. to add texture and color to compliment your floral bouquet. You will learn different ways of preserving your arrangements and choosing the correct containers for the type of flowers you are working with. You will learn how to create a bouquet using a mix of complementary colors and varieties of flowers or working with one shade or variety of flower.

Bring spring inside! Join us and learn how to create an evocative, professional-looking arrangement. If you would like to attend this informative, fun-filled presentation, you must sign up in advance. There is no charge to attend this workshop due to John's generosity. But, you must still register in advance.

### A Heartfelt Thank You From Vinnie leronimo...

Dear Prospect Senior Center Members...

The extended families of Judy Hinde & Vinnie leronimo would like to thank you for the love, kindness, cards, and telephone calls they received upon Judy's death. They truly appreciated all the Senior Center members and friends who took the time to attend Judy's services at the funeral home.

Judy spoke often about the many wonderful and beautiful people she had met at the Senior Center over the years that she had been a member.

On behalf of Judy, Vinnie would like to say goodbye and to thank you for all the love and kindness you have shown her.

With much love and appreciation... Vinnie leronimo

"What was once enjoyed and deeply loved, we can never lose. For all that we love deeply, becomes a part of us forever." -Helen Keller-

### Rubber Stamp & Paper Arts Festival @ Eastern States Exposition 1305 Memorial Avenue, West Springfield, MA Saturday, June 4, 2022 \$10 10:00am. to 3:00pm. Departing @ 9:00am.

Heirloom Productions will be sponsoring a Rubber Stamp & Paper Arts Festival on Saturday, June 4, 2022 at the Eastern States Exposition in West Springfield, Massachusetts.

The event provides a wide variety of stamping, card making, scrapbooking, and other paper arts products in a festive and spacious atmosphere. Food is available at the event so there is no need to leave if you get hungry.

We will be meeting and leaving from the Prospect Senior Center at 9:00am. We should be at our destination by about 10:00am. Once there you will be free to browse and shop through the festival until 2:00pm. At this time we will board our mini bus for our trip back to Prospect. We should be back in Prospect by about 3:30pm.

If you are interested in joining us on this trip, please sign up and PAY as soon as possible. We cannot hold your seat without payment.

### Ruby & Calvin Fletcher African American History Museum 952 East Broadway Street, Stratford, Ct. Friday, June 17, 2022 \$10 Departing @ 9:30am.

The Ruby & Calvin Fletcher African American History Museum houses a collection of artifacts that reflect decades of turbulent times for African Americans in the United States during the period of slavery and the Civil Rights movement. It brings visitors up close and personal with experiences that many have only read about in history books or seen in movies.

The exhibit embraces the teachings of tolerance, diversity, unity, and educating people that there was a time when imagery played a significant role in how African Americans were perceived. The artifacts and memorabilia may seem difficult to view but they are a part of African American history that needs to be told just as much as the triumphs which were made by African American pioneers and trailblazers.

The exhibit is an opportunity to begin honest conversations regarding a rich and strong history which has historically been maligned. The "Images of America" exhibit is an experience that will leave lasting impressions and memories.

We will be meeting and leaving from the Prospect Senior Center at 9:30am. Our guided, one hour tour is scheduled for 10:30am. After the tour we will continue on for a lunch stop at Big Jim's Galley. It is just a few minutes from the Museum. **The cost of your meal is your responsibility.** 

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. We should be back in Prospect from this trip by about 3:00pm. Memorial Day Party @ the Senior Center Tuesday, May 24, 2022 11:30am. \$25 Join us as we celebrate the Memorial Day holiday with a wonderful picnic fare lunch at the Senior Center. We will be feasting on summer salads and chicken. It's a lunch, prepared by the Senior Center staff that you won't want to miss! Entertainment with the Airborne Trio will follow the lunch.

If you would like to attend, I would suggest that you sign up and PAY as soon as possible. Our holiday parties fill to capacity very quickly. We cannot hold your seat without payment.



### Eolia Mansion & Garden Tour @ Harkness Memorial State Park Thursday, July 21, 2022 \$10 11:00am. Departing @ 9:15am.

Enjoy the panoramic views of Long Island Sound from Eolia Mansion, the elegant summer mansion of the Harkness family. It is located in the Harkness Memorial State Park in Waterford, CT. It is set on over 230-seaside acres of sweeping lawns, with stately trees and spectacular, carefully manicured gardens. It is also adjacent to beaches that are protected for nesting birds.

We will be touring the Mansion and gardens on Thursday, July 21, 2022 at 11:00am. The tour is about an hour long. After the tour we will picnic on the grounds. Please bring a boxed lunch with you and a beverage. We will provide an ice chest for you to keep your drinks cold. You may also want to bring a folding chair with you for extra comfort and enjoyment. They only have picnic tables there for seating.

We will be meeting and leaving from the Senior Center at 9:15am. The trip to the Mansion is about 1.5 hours long. We will be leaving the Mansion at 2:00pm. We should be back in Prospect by about 3:30pm.

This should be a very enjoyable and relaxing day. If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment.

# UNIVERSITY OF BRIDGEPORT FONES SCHOOL OF DENTAL HYGIENE

# SENIOR SMILES PROGRAM

# PROGRAM DETAILS

Senior Smiles is a new program offered by Fones School of Dental Hygiene providing basic dental care for seniors age 65 and older.

### SERVICES COVERED

Basic services like fillings, simple extractions, dentures and partials will be provided at Fones Clinic at NO CHARGE during the grant period. Services provided at the discretion of the dentist.

### have completed hygiene care at Fones School of Dental Hygiene from September 2020 to present and must have had a

**ELIGIBILITY** 

complete series of x-rays within the last 24 months. Hygiene services are not covered under this program.

Patients age 65 and older must

### SERVICE DATES

centrix

Making Dentistry Easier.

🛆 DELTA DENTAL

Services will begin November 2021 tentatively extending through June 2022, depending on availability of funding.

# FOR MORE INFORMATION

Fones School of Dental Hygiene Clinic: (203) 576-4137 or email seniorsmilesub@bridgeport.edu





Fones School of Dental Hygiene



### Maritime Aquarium at Norwalk 10 North Water Street, Norwalk, Ct. Monday, June 6, 2022 \$25 Departing @ 9:00am.

Today we will be visiting the Maritime Aquarium in South Norwalk, Ct. The aquarium is one of Connecticut's top tourist attractions. Annual attendance averages 500,000 visitors.

The aquarium has harbor seals, river otters, sharks, jellyfish, loggerhead turtles, and hundreds of other animals living in re-creations of their natural Long Island habitats.

On exhibit are more than 2,000 marine animals and reptiles, representing in excess of 300 species. Its exhibit tanks range in size from 10 to 110,000 gallons.

The aquarium also has a display of detailed ship models with 14 in cases, as well as charts and interpretive signs. In the ship model area are signs describing the nautical origins of many popular sayings, for example "bitter end," "scuttlebutt," "let the cat out of the bag," "under the weather," and "three squares a day."

Two touch tanks feature smooth stingrays, nurse sharks, crabs, sea stars, and other coastal creatures. Throughout the year special exhibits are featured at the aquarium. There is also an Four-D Theater for your enjoyment.

We will be meeting and leaving from the Senior Center at 9:00am. We should be at the aquarium by about 10:00am. Once there you will be free to explore the aquarium on your own.

At 11:00am. you will be able to enjoy a movie in the 4-D Theater. The cost of the movie is included in the \$25 that you are paying for this trip. The theater is right in the Aquarium. You are responsible for getting yourself there on time. After the movie we will give you some additional time to further explore the aquarium and their gift shop on your own.

At 1:00pm. we will meet and leave the aquarium for a lunch stop at Donovan's which is very close by. Donovan's has been recommended to us by the aquarium staff. As an added bonus, the restaurant will give everyone a 10% discount off their lunch bill because we visited the aquarium that day.

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. We should be back in Prospect from this trip by about 4:00pm. This all depends on traffic that day, however.

### Annual Mother's Day Luncheon @ Prospect Senior Center Friday, May 13, 2022 11:30am. \$25

Join us at the Senior Center as we celebrate Mother's Day and all our very special moms at our annual holiday luncheon. The menu for the day will be a delicious pork roast lunch with all the sides to go with it. After lunch we will be entertained by DJ, Aaron Demarest of Pryme Tyme Entertainment.

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. Please remember that our holiday celebrations fill up quickly. Sign up early!

### Haddam Neck Congregational Church Annual Quilt Show

# @ Haddam Neck Congregational Church 408 Quarry Hill Road, Haddam Neck, Ct. Saturday, May 7, 2022 \$5 Departing @ 9:00am.

The Haddam Neck Congregational Church Annual Quilt Show is held at this 19th. century church overlooking the Connecticut River. There will be more than 100-quilts displayed in the church and the adjacent Meeting House. In addition to the quilts there will also be fabric and notions on sale.

We will be meeting and leaving from the Senior Center at 9:00am. We should be at our destination by 10:00am. Once there, you will be free to wander on your own through the quilt show until 12noon.

At this time we will continue on for a lunch stop at La Vita Restaurant. It is only a short distance away from the church. The cost of your lunch is your responsibility. We should be back in Prospect from this trip by about 3:30pm. If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment.

The \$5 you are paying for this trip goes towards a donation to the church.



The United States has become a place where entertainers and professional athletes are mistaken for people of importance....

I've Needed a Doctor..

I've Needed a Teacher..

I NEED farmers every day..

I Need Truck Drivers every day.

I have NEEDED an auto mechanic, a plumber, a house painter and a lot of other everyday people.

But I have NEVER, not even once, NEEDED a pro athlete, a media personality, or a Hollywood entertainer for ANYTHING!

### Second Trip Added Due to Popular Demand... On-Your-Own... "A Day @ Port Jefferson" Tuesday, August 23, 2022 \$20 Departing @ 7:00am

Join us and spend a lovely day, on-your-own in Port Jefferson. We will be meeting and leaving from the Senior Center at 7:00am. Our buses will drop you off with your pre-bought tickets for the ferry. The ferry leaves from Bridgeport at 8:30am. You will enjoy a lovely "seafaring" trip on the high-speed ferry to Port Jefferson. The trip takes about 1.5 hours.

Once you arrive at Port Jefferson you will have the rest of the day to wander, eat and explore the quaint, seaside town of Port Jefferson, on your own or with your friends. There are numerous shops and restaurants there to keep you busy for the day.

At 3:00pm. the ferry for your return trip to Bridgeport leaves from Port Jefferson. You will be responsible for getting yourself back to the ferry by 2:30pm. You should be back in Bridgeport by 4:30pm. Our bus will be waiting for you there and will bring you back to Prospect. You should be back in Prospect by about 5:00pm.

It should be a fun and exciting day! If you are interested in participating, please sign up and PAY as soon as possible. We cannot hold your seats without payment and we are limited to the number of people we can bring with us.

Calling All Wine Connoisseurs... We are looking to collect wine bottles for some glass workshops that we will be doing here, in the near future. The light blue and dark blue bottles are especially sought after. But, we will gladly take any and all colors of bottles. Just drop off any empty bottles at the front desk.

Thank you!

### Elephant's Trunk Flea Market 490 Danbury Road, New Milford, Ct. Saturday, July 2, 2022\$3 (Admission) Departing @ 8:00am.

When the Elephant's Trunk Country Flea Market opened in 1979, a handful of sellers set out goods to sell in a front yard. More than three decades later, the Sunday flea market fills a 55-acre field and calls itself New England's largest weekly flea market.

The flea market is the setting for the TV show "Flea Market Flip". It is hosted by Lara Spencer, one of Good Morning America's anchorwomen.

We will be meeting and leaving from the Senior Center today at 8:00am. for our trip to the flea market. Once at the flea market you will be free to wander, browse and shop on your own until 12noon. There are food vendors at the flea market in case you get hungry. At 12noon we will meet again for our return trip back to Prospect. We should be back in Prospect by about 1:00pm.

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment.

### Connecticut Draft Horse Rescue Foundation Tour Chestnut Hill Road, East Hampton, Ct. Monday, May 23, 2022 \$15 Departing @ 10:30am.

The Connecticut Draft Horse Rescue is a non-profit organization located in East Hampton, Ct. The organization is dedicated to saving the lives of neglected or abused draft horses as well as draft horses headed to slaughter. Draft Horses are the largest of the horse breeds. They are also referred to as a draught horse or a heavy horse. Draft Horses are large. They can weigh 1,600 pounds or more and stand at least 16 hands high from the ground to its withers (one hand equals 4 inches). They are known for their quiet and calm temperament and their sweet personalities. They have a muscular build and have been bred for tasks such as haulage, forestry and agricultural work. For pleasure they are used for driving, trail riding, parades and showing. They are often called Gentle Giants and are considered the "Muscle-Men of the Horse World."

Retired draft horses, once their work careers are over, are often injured and thin. Consequently, large numbers of these horses go to slaughter. At this vulnerable stage in the life of a draft horse, many will be lost if an advocate doesn't step forward. CDHR believes in the potential of these horses. They step up and provide a safe haven, skilled hands, loving care, and a future of hope and a brighter tomorrow for these gentle giants. They are an all-volunteer organization, operating on the donations given through the generosity of compassionate and caring people.

To date, the organization has been able to give over 100-draft horses a second chance at life, saving them through intercepts, auctions, as well as providing a home for horses whose owners can no longer provide care for them. They are the alternative to auctions and slaughter. Rescuing horses is exhausting, both physically and emotionally. Knowing that they cannot save them all and having to choose which horses to save is the hardest part of the organization's mission. However, the rewards that come with rescue outweigh the heartache. Watching a horse that was severely underweight come back from the brink of death or seeing a horse that is so scared and untrusting learn to trust again...there is no feeling like it. This is why they do what they do.

Join us for a day trip on Monday, May 23, 2022 to the Connecticut Draft Horse Rescue. Come meet Thomas, Marshmellow, Spencer, Oliver, Bob (the draft mule), Gretchen, Ben, Coal, Hank, Duchess, Callie, Baby, Mani, Gulliver, Willow and Kai!

We will be meeting and leaving from the Prospect Senior Center at 10:30am. Our first stop will be for lunch at the Dublin Restaurant in East Hampton, Ct. It is about 10-minutes away from the Draft Horse Rescue location. **The cost of your lunch is your responsibility.** 

After lunch we will continue on for our guided tour of the Connecticut Draft Horse Rescue facility. It is scheduled for 1:30pm. The tour should last about an hour. We should be back at the Prospect Senior Center by about 4:00pm.

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat on this trip without payment. The \$15 that you are paying for this trip goes towards a donation for the upkeep and care of these "Gentle Giants".

### Livingston Ripley Waterfowl Conservancy Guided Tour 55 Duck Pond Road, -Litchfield, Ct. Tuesday, July 12, 2022 \$10 Departing @ 9:30am.

S. Dillon Ripley began building a collection of waterfowl in Litchfield, Connecticut when he was a teenager in the 1920's. After earning a PhD in Biology, he became a professor of Ornithology at Yale University and served as Director of Yale's Peabody Museum of Natural History. In 1964, Dillon became the Secretary of the Smithsonian Institution, leading the Institution through its period of greatest growth and expansion.

Over his lifetime, Dillon authored numerous articles, fifteen books, and received honors and awards, including the Presidential Medal of Freedom in 1985. As an avid aviculturist, Dillon Ripley is credited with being the first person to successfully propagate many threatened and endangered species in captivity, such as the Red-breasted goose, Nene goose, Emperor goose, and Laysan teal.

Dillon and his wife, Mary Livingston Ripley, an entomologist, were partners in most activities and recognized the potential for their waterfowl collection and preserve to become a valuable conservation resource. In 1985, they donated much of their land to a non-profit foundation dedicated to waterfowl conservation, research, and education. Dillon and Mary's three daughters, in concert with the LRWC Board of Directors, continue to develop and expand their parents' original vision.

Today the Livingston Ripley Waterfowl Sanctuary in Litchfield, Ct. spans roughly 150-acres and includes a 16acre network of fenced aviaries, ponds, and barns. The Exotic Bird and Nature Center houses one of the largest and most diverse collections of waterfowl in North America. They maintain a flock of 70-species totaling over 450birds! Their mission is to conserve waterfowl and wetlands through research, education, and conservation action.

The Conservancy's waterfowl is housed in a variety of enclosures that are tailored to the specific needs of each species. Ducks and smaller species of geese are maintained in netted aviaries to prevent avian predation, while large geese, cranes, and swans are maintained in an extensive network of open enclosures.

In addition to flock enclosures, a dozen propagation enclosures are utilized to isolate breeding pairs of birds to ensure paternity and encourage nesting. A quarantine facility and additional research enclosures are maintained outside the main facility. The extensive infrastructure of fencing, natural and man-made pools, breeding pens, and buildings, make the Conservancy's aviary a unique setting to house, breed, and study waterfowl species from around the world. They house a breeding facility focused on maintaining genetic diversity of rare and endangered species. They educate visitors of all ages on the importance of wildlife conservation through hands-on experiences with their waterfowl, their wetlands habitat, and their conservation programs.

We will be visiting the Conservancy on Tuesday, July 12, 2022 for a guided tour of the facility at 10:30am. The tour will be about 1hour long. There are benches and bathrooms available at the Conservancy for your convenience and comfort.

After the tour we will board our mini bus for a lunch stop at Rozzi's Restaurant in Thomaston, Ct. It is only a few minutes away from the Conservancy. **The cost of your lunch is your responsibility.**  We will be meeting and leaving from the Prospect Senior Center at 9:30am. If you are interested in joining in on this trip, please sign up and PAY as soon as possible. We cannot hold your seat without payment. The cost of this trip will go towards your guided tour and to help in supporting the Conservancy. We should be back from this trip by about 3:00pm. This is a very popular trip. Sign up and PAY early, if you are interested.

### MONARCHS, MEADOWS & MORE! EVENT @ THE CATHERINE VIOLET HUBBARD ANIMAL SANCTUARY 3 OLD FARM ROAD, NEWTOWN, CT. Sunday, September 25, 2022 No Charge 12noon to 2:30pm. Departing @ 11:00am.

When Jenny Hubbard lost her six-year-old daughter Catherine in the shooting at Sandy Hook Elementary School on December 14, 2012, she was confronted with a grief and loss no parent should ever face. And yet, in the depths of her pain, she sought to inspire and founded the Catherine Violet Hubbard (CVH) Animal Sanctuary in her daughter's memory. This is a place of healing for humans, animals and the environment. She created a place to fulfill one little girl's dream of kindness and compassion for all.

The CVH Animal Sanctuary is nestled in the very heart of Newtown. It is spread over 34-acres of pristine farmland, breathtaking woodlands and rolling meadows. Visitors are welcome to explore the extensive hiking and equestrian trails, savor the lush butterfly gardens or have a quiet picnic at the pavilion. Here, you can enjoy the tranquility of this special place, the land that embodies the beauty, optimism and purity of all that lies ahead.

The sanctuary will be all aflutter on Sunday, September 25, 2022 for their– MONARCHS, MEADOWS & MORE! event. Join us as we explore the wonders of butterflies, bees, birds and pollinators, the plants that sustain them, and how to protect these incredible creatures. Come to the sanctuary to enjoy a one-of-a-kind pollinator party and a chance to marvel at the natural environment all around us. Meet the experts and experience the amazing line up of activities including:

•Monarch Butterfly tagging with Sandy Schill

•Meadow net sweeping and insect discovery with Ento mologist, Dr. Rayda Krell

 "The birds that call the sanctuary home" with Ken Elkins of Audubon Center Bent of the River

 Drawing pollinator flowers with artist, Kim Hossler
 Backyard Beekeeping with Peter Ferreira, sanctuary apia rist and owner of Ferreira Homestead & Apiary

•"Catherine's Craft Corner" – paint your very own monarch yard marker, or butterfly and praying mantis masks

•Native Pollinator plants for sale

We will be meeting and leaving from the Prospect Senior Center at 11:00am. Once there, you will be able to explore the various exhibits at the event. At 2:00pm. we will leave the event and board our bus for a quick lunch stop at Blue Colony Diner. It is close by. **The cost of your meal is your responsibility.** 

If you are interested in joining us, please sign up as soon as possible. We are limited to the number of people we can bring with us.

### Meet K9 "Officer Mayhem" A Police K9 Demonstration @ Prospect Senior Center Tuesday, May 31, 2022-No Charge-10:30am.

Come meet K9 "Officer Mayhem" at the Prospect Senior Center on Tuesday, May 31, 2022 at 10:30am. "Officer Mayhem" is the 4-year old German Sheppard Police dog acquired a few years back by the Prospect Police Department. He will be here with his handler, Prospect Officer Tory Marsden. Officer Marsden is a 20-year veteran of the State Police Department. This is his second working K9. Previously, he had a K9 during his career with the Connecticut State Police. That K9 Officer earned several awards.

K9 "Officer Mayhem" is everything his handler wanted and asked for, specifically for the tasks anticipated in the Town of Prospect. K9 "Officer Mayhem" along with Officer Marsden completed the Connecticut State Police K9 program. It consisted of 15-weeks of training, combining and building on a number of skill sets. At the conclusion of the program, the K9 team was tested and had to pass standards for all of the skill sets they learned in the program.

"Officer Mayhem" is trained in area, building and article searches for suspects and narcotics. A dog's nose is estimated to be anywhere from 100 to 1,000,000 times stronger than the human nose. "Officer Mayhem" can smell the scent of marijuana, heroin, methamphetamine, and cocaine in such things as buildings, vehicles, open areas, luggage, and packages. His "alert," in itself, may be considered sufficient probable cause for a search warrant to be obtained.

Because he is trained to detect human scents, his nose can also be used for locating criminal suspects. He can search buildings and open areas and track suspects that have fled an area. He searches simply by trying to locate any human scent in that area. He can search a building or area faster, with less manpower and more safely and accurately than an officer.

He is also able to locate evidence that a suspect may have discarded. He does this by, again, searching for human scent. When a person handles a gun, knife, wallet or any other object and discards it, that person's scent remains on the object for a period of time. "Officer Mayhem" may find this evidence when called to search an area after a suspect has been located.

This will be a unique opportunity to watch "Officer Mayhem" in action along with his handler, Officer Marsden. They will demonstrate some of the amazing skills of the K9 officer such as narcotics detection, handler protection, criminal apprehensions and article searches. Officer Marsden will talk about the extensive training a canine and his handler must complete. He will give you an inside look into the daily life of a working Police K9 and share some stories and experiences he has had working with his K9 partner.

If you are interested in participating in this fascinating presentation, please sign up by calling the Senior Center.

### Colchester Mill Fabrics 120 Lebanon Ave.-Colchester, Ct. Tuesday, June 7, 2022 Departing @ 9:30am.

Colchester Mill Fabrics in Colchester, Ct. is the largest full line independent fabric store in southern New England. They stock a huge selection of quilting fabrics, books, patterns, notions and batting. Their home decorating department features solids and prints for all your home decor needs. They carry fashion fabrics as well as all those hard to find items. Wools, fleeces, flannels, rubber sheeting, vinyls and bridal satins are only a few of the different fabrics that they have on hand. They stock craft supplies as well as beads and beading supplies. They also carry yarns, patterns, books and needles for all your knitting/crocheting projects.

We will be meeting and leaving from the Senior Center at 9:30am. We should be at our destination by about 10:30am. Once there you will be free to browse and shop on your own until 12:30pm.

At this time we will board our bus once more for a lunch stop at Family Pizza. It is just a few minutes away from the Mill. The restaurant has been recommended to us by the staff at the Mill. I was told that the food there is very good, the prices are reasonable and they have a nice variety of food on their menu.

If you are interested in joining us, please sign up as soon as possible. We are limited to the number of people we can bring with us.

### Cotton Candy Fabrics 457 Federal Road-Brookfield, Ct. Tuesday, July 12, 2022 Departing @ 9:30am.

Cotton Candy Fabrics is a full-service community quilt shop in Brookfield, Ct. Beyond thousands of bolts of designer quilting cotton, they also carry a selection of batiks, flannels, knits and canvas. They have sewing patterns and kits, and many notions including Aurifil thread. They sell and service Handi Quilter longarm machines, make custom quilts, quilted gifts and finish quilts for customers. The shop offers a variety of sewing and quilting classes. Their classrooms are outfitted with state of the art technology, sewing machines and dedicated cutting and ironing stations. They have design walls, a private rest room and a refreshment station for the convenience of their customers.

We will be visiting the shop on Tuesday, July 12, 2022. We will be meeting and leaving from the Prospect Senior Center at 9:30am. Once at the shop you will be free to shop, browse and make any purchases that you might like to make.

At 1:00pm. we will leave the shop for a lunch stop at Panera Bread. It is close to the shop. **The cost of your meal is your responsibility.** 

We should be back at the Senior Center by about 3:30pm. If you are interested in joining us on this trip, please sign up as soon as possible. We are limited to the number of people we can bring with us.

### "Sew Inspired" Quilt Shop 8 Wilcox Street, Simsbury, Ct. Tuesday, May 24, 2022 Departing @ 9:30am.

"Sew Inspired" Quilt Shop in Simsbury, Ct. is a full service quilt shop offering the industry's latest fabrics, books, patterns and quilting notions, along with classes for all skill levels.

Their talented staff members consist of a varied group of traditionalists, contemporary (art) quilters, appliqué artists and machine quilters who contribute a wealth of knowledge and skills to the "Sew Inspired" team. No matter your skill level, they are committed to providing you with the products and services that will inspire your creativity and enhance your quilting experience.

We will be meeting and leaving from the Senior Center at 9:30am. We should be at our destination by about 10:30am. We will give you until 12:30pm. to shop and browse through the shop. At this time we will continue on for a lunch stop at Joe's Pizza. **The cost of your lunch is your responsibility.** 

If you are interested in joining us for this day trip, please sign up right away. We are limited to the number of people we can bring with us.

### Quilted Ewe Day Trip 37 Greenwoods Road, New Hartford, Ct. Wednesday, September 14, 2022 Departing @ 9:30am.

Welcome to the Quilted Ewe "Where Fabric and Fiber Flock" Northwest Connecticut's premium quilt shop!

If you are looking for one place for all of your sewing needs – the Quilted Ewe is your place. They stock a huge variety of sewing supplies. They are your one stop quilt shop!

Your source for: fabrics, fibers, yarns, soaps, sewing & felting supplies, hand crafted items from needle felted ornaments to quilts & more! Classes are available on quilting, needle felting, basket making and more.

We will be meeting and leaving from the Senior Center at 9:30am. Once at the shop, you will have until 12noon to wander, browse and make any purchases. At this time we will be leave the shop for a lunch stop at the New Hartford Diner. **The cost of your lunch is your responsibility.** 

We should be back in Prospect from this trip by about 3:00pm. If you are interested in joining us, please call the Senior Center to register. We are limited to the number of people we can bring with us.

> I see people around my age mountain climbing, I feel good getting my leg through my underwear with out losing my balance

### FAMILY TREE OF VINCENT VAN GOGH

His dizzy aunt	Verti Gogh
The brother who ate prunes	Gotta Gogh
The brother who worked at a convenience stor	
The grandfather from Yugoslavia	
His magician uncle	
His Mexican cousin	A Mee Gogh
The Mexican cousin's American half-brother	Gring Gogh
The nephew who drove a stage coach	Wells-far Gogh
The constipated uncle	
The ballroom dancing aunt	Tang Gogh
The bird lover uncle	
An aunt who taught positive thinking	Way-to-Gogh
The little bouncy nephew	
A sister who loved disco	
The brother with low back pain	Lum Bay Gogh

And his niece who travels the country in an RV --- Winnie Bay Gogh

I saw you smiling . . .. there ya Gogh

### Thimble Islands Cruise & Lunch @ U.S.S. Chowder Pot II Wednesday, July 27, 2022 9:30am. \$50 (all-inclusive)

Join us for a fun day at the Branford shoreline as we take a narrated cruise of the Thimble Islands. These are a group of small islands in Long Island Sound. They are located in and around the harbor of Stony Creek in the southeast corner of Branford, Connecticut. The islands are all privately owned. About 85 homes, mostly from the Victorian era, complete with gingerbread trimmings, widow walks and tasteful gazebos decorate the tiny islets. On the 45-minute boat ride you will hear many stories, legends and history about the islands.

Our cruise will be on the 44-foot, Sea Mist. The vessel was designed for sightseeing and private cruises with large removable windows and comfortable seating. The Sea Mist can carry 49-passengers. There are two decks. We will be on the lower deck. It is equipped with speakers for listening to the live narrated tour. There is a cash bar on board where you can purchase refreshments both alcoholic and non-alcoholic.

We will be meeting and leaving from the Prospect Se nior Center at 9:30am. We should be at our destination by 10:30am. We will begin boarding for the cruise at 11:00am. Our 45-minute cruise departs at 11:15am. and returns by 12noon.

After the cruise we will continue on to the U.S.S. Chowder Pot II Restaurant which is also in Branford. Our lunch reservations are for 12:15pm. We will be lunching on a pre-selected menu. **Please make your choice of lunch entrée when signing up.** You will have a choice of Baked Stuffed Shrimp, English cut, slow roasted Prime Rib (10oz.) or Baked Stuffed Breast of Chicken. Your entrees come with a potato, vegetable and hot rolls with a honey glaze. The lunch also includes salad, dessert (apple crisp), soft drinks, iced tea, coffee and hot tea

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. The cost of this trip includes your cruise, lunch and gratuity for both the restaurant and cruise staff. We are using the Senior mini bus to get there so you do not pay for transportation.

### 36th. Annual "New England Christmas Festival 2022" @ Earth Expo Center @ Mohegan Sun Casino Friday, November 4, 2022 \$15 Departing @ 8:30am.

Amazing Artisans from all over the country have been enticed out of their studios to gather for the best Christmas shopping experience in one memorable destination. Artisan Promotions is excited to again be producing "The New England Christmas Festival 2022" at the Mohegan Sun Casino on Friday, November 4, 2022. The Festival now in its 36th. year will once again kick off the holidays showcasing 300 pop-up boutiques with handcrafted items in every price range.

From the country's premier artisans, the Festival is the one-stop solution to the Christmas shopping conundrum. You will find aisles chock full of specialty foods, seasonal décor, distinctive home accessories, fashion, fine jewelry, adorable kids' clothing, photography and much more.

We will be leaving from the Prospect Senior Center at 8:30am. We should be at the festival by 10:00am. We will give you until 2:30pm. to do your shopping and browsing at the festival. You may also want to grab something to eat at the casino while you are there.

At 2:30pm. we will meet at a designated spot to board our mini bus for the return trip back to Prospect. We should be back at the Center by about 4:00pm. If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment.

This is being advertised early in our newsletter this year because it was a sell-out event last year for us. We had a huge waiting list of people who were on the waiting list wanting to go. If you are interested in attending, don't wait. Sign up and PAY early.

### The "Big E" The Eastern States Exposition Wednesday, September 21, 2022 Departing @ 8:00am. \$15

The "Big E", also known as The Eastern States Exposition, is billed as "New England's Great State Fair". The "Big E" serves as the state fair for all six of the New England states: Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island and Vermont. Each of the New England states is prominently represented at the fair. The "Big E" is the sixth largest agricultural fair in the country and the largest in New England.

There are a huge number of attractions at the fair including livestock, animals, food, exhibits, vendors, crafts, concerts, entertainment, amusement park rides, demonstrations, Avenue of the States, hobby shows, camping & outdoor shows, sportsman shows, horse shows, and much, much more.

We will be going to the Big E this year on Wednesday, September 21, 2022. We will be meeting and leaving from the Senior Center at 8:00am. In order to keep prices down, we are using our mini buses for transportation. We should be at the fair by about 9:30am. Once there, you will be free to explore the fair until 4:00pm. At this time, we will meet at a designated area, board our bus and head back to Prospect. We should be back in Prospect by about 5:30pm. (depending on traffic, of course).

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. Be warned, this trip usually fills up quickly. Don't wait too long to sign up or you may be disappointed.

### Haddam Shad Museum Tour 212 Saybrook Road, Higganum, Ct. Sunday, May 22, 2022 \$5 Departing @10:30am.

From the mid 1700's through the turn of the 20th century, shad fishing was a thriving industry along the Connecticut River. Today, relics such as the Haddam Shad Museum exist to preserve history and regale visitors with the storied past of a beloved fish.

Though it's a little off the beaten path, this nugget of maritime history is worth the detour. In 1999, Joseph Zaientz—a former dentist and current shad enthusiast transformed what was once "Maynard's Shad Shack" into a museum of the same subject matter.

The Haddam Shad Museum refers to itself as "the only museum in the United States dedicated to the preservation of shad fishing history in the Connecticut River Valley." Inside, the American shad swims through the currents of United States history, including the legend of a miraculous surge at Valley Forge that fed George Washington's soldiers. (Though this story is well-known enough that it led to the shad's nickname of "the founding fish," there are no official records of shad reaching the area at the time.

Bill Maynard, who ran the now-defunct Maynard's Shad Shack, was a local fisherman in the 1930's and 1940's. His knives, used to debone the fish, as well as his old cash register, are proudly displayed at the museum. You'll even find a fish sculpture carved using the museum director's broken dental tools, made by one of his patients.

Though the industry's heyday has come to an end, each spring, shad journey from the Atlantic Ocean to spawn in New England's rivers. The "shad run" remains celebrated, and in Connecticut—where the American shad is the official state fish—the towns of Windsor, Essex, and Saybrook even host annual festivals. During this season (April to early July), and this season alone, the Haddam Shad Museum opens to the public.

We will be meeting and leaving from the Prospect Senior Center at 10:30am. Our first stop will be for lunch at Deb's Restaurant in Higganum. It is just down the street from the Shad Museum. **The cost of your meal is your responsibility.** After lunch we will continue on to the Museum for a scheduled tour at 1:30pm.

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your place without payment. We should be back in Prospect by about 4:00pm.

### Coffee & Conversation With... State Representative Lezlye Zupkus Wednesday, June 8, 2022 10:30am.

Please join State Representative Lezlye Zupkus at the Prospect Senior Center at 10:30am. on Wednesday, June 8, 2022. Lezlye is a Republican member of the Connecticut House of Representatives. She represents the 89th District, serving portions of Bethany, Cheshire and all of Prospect.

She will host a coffee and conversation event here. She will be discussing the recently concluded 2022 legislative session. Bring any questions or concerns you may have about our state government or any other issues that are of concern to you.

Representative Zupkus looks forward to connecting with her constituents and listening to your concerns. Please call to register your name for this event. You can be from another district to attend this event.

Old Deerfield Fall Craft Fair Memorial Hall Museum 8 Memorial Street, Deerfield, Massachusetts Sunday, September 18, 2022 \$15 Departing @ 8:30am.

### Old Deerfield Christmas Craft Fair @ Eastern States Exposition Young Building 1305 Memorial Ave., West Springfield, MA Saturday, November 19, 2022 \$15 Departing @ 8:30am.

The Old Deerfield Craft Fairs have been among the highest ranked shows in Massachusetts and New England by Sunshine Artist Magazine, for 25-years. The magazine is a major publication of the arts and crafts movement in the United States.

The cost for each of these trips is \$15. This covers admission into the Craft Fairs and also helps to cover some of the fuel cost for the trip.

We will be meeting and leaving from the Senior Center at 8:30am. for each of the trips. Once at the fairs you will be free to shop, browse and eat on your own until 2:00pm. At this time we will leave for our return trip back to Prospect.

We should be back in Prospect by about 3:30pm. for each of these trips. If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. These trips always sell out.

### Second trip added due to popular demand... Tour of the Connecticut State Capitol & Legislative Building Friday, June 24, 2022 No Charge Departing @ 9:15am.

Join us as we tour the beautiful, Connecticut State Capitol building in Hartford. The building was opened in 1878. It stands in the picturesque setting of Bushnell Park. Designed by Richard M. Upjohn, a cathedral architect, this High Victorian Gothic style state house was designated a Registered National Historic Landmark in 1971.

On Friday, June 24, 2022 we will be going there for a guided tour of the Capitol and the Legislative Building. During this 1-hour free tour, you will view items important to Connecticut's history. These include statues of Connecticut State Hero, Nathan Hale and Civil War Governor William Buckingham, and the "Genius of Connecticut".

You will visit the Hall of Flags, where flags carried into battle by Connecticut soldiers are displayed. You will learn about the Legislative process while viewing the legislative chambers. You will observe the proceedings of the General Assembly from the public galleries, if the House and Senate are in session. You will also tour the modern legislative office building, where public hearings and legislative committee meetings are held.

The tour starts in the Legislative Building and then proceeds to the Capitol building via an indoor, underground walkway that connects the two buildings. It is the equivalent of two football fields.

After the tour we will board our bus for a return trip back to Prospect. We will be stopping at Hometown Restaurant here in town for some lunch. **The cost of your meal is your responsibility.** 

We will be meeting and leaving from the Prospect Senior Center at 9:45am. Our tour is scheduled for 10:30am. If you are interested in joining us, please sign up as soon as possible. We are limited to the number of people we can bring with us. We should be back at the Senior Center by about 1:30pm.

### Learn to Knit With Carol Greco Next Session: Thursday, June 2nd.-June 30, 2022 \$10 (five week session) 12:30pm. to 2:30pm.

Join Carol Greco for the next session of her Learn to Knit series that she has been teaching here at the Senior Center.

In this session you will be learning how to enhance knitted fabrics by adding horizontal and vertical edgings. Knitters will be introduced to a variety of decorative effects and techniques including ruffles, lace, tassels, pompoms, fringe, i-cords, embroidery and appliqué. Demonstration and practice includes use of selvedge stitches to pick up stitches and sew seams. All supplies will be provided. Beginners are welcome and encouraged to attend. If you have any questions as to whether or not you would be a good fit for this class, you may call Carol at 203-419-5396 and discuss it with her.

If you are interested in joining in on this class with Carol, please sign up and PAY as soon as possible. Carol is limiting the class to 6 people so that she may give everyone the attention they need. Both men and women are encouraged to participate.



Emily Mohrmann of Middlebury celebrated her birthday at the Prospect Senior Center this past April. Emily turned 104 on April 19th. She has been a member of the Prospect Senior Center for over 25-years. Emily still lives independently, on her own and is at the Senior Center every week. She is officially the oldest member of the Senior Center!

### **Handwriting Analysis:** What Your Handwriting Reveals with David DeWitt **@ The Prospect Senior Center** Monday, May 16, 2022 2:00pm \$5 David DeWitt is a professional Graphologist and a

certified Graphoanalyst, who shows how you can get a grasp of the fundamental rules of handwriting analysis and find out about yourself and others. Since his early years in the U.S. Army, he has been lecturing publicly on handwriting analysis to organizations, clubs, schools and colleges.

He has written a book on the subject titled, "Handwriting Analysis: Discover Your Own Vocational/Career Potential". It offers a new perspective not found in conventional books on Graphology. It is a basic and easy book to understand and read. It links handwriting analysis with professional satisfaction and instructs you in the analysis of your own handwriting.

On Monday, May 16, 2022 at 2:00pm. David will be the Senior Center to host a talk-"Handwriting Analysis: at What Your Handwriting Reveals". Every day you interact with people around you...your class mates, friends, your co-workers, teachers, etc. Wouldn't you like to know what people around you are really like by learning a new tool called handwriting analysis?

Your handwriting is a mirror of yourself and is a product of your mental capacity. Like a photograph, at a specific moment, your handwriting will reveal more about you than you may think. No matter how you are taught to write at school, your handwriting will eventually take on your own personal style and become a unique guide to your personality and character.

If you are interested in joining in on this fascinating presentation, please sign up and PAY as soon as possible. If there is enough interest, David has agreed to come back to the Senior Center and hold a course where he will teach the art of Handwriting Analysis. If there is interest, details will be included in a future newsletter. Stay tuned!

### **R.J. Julia Booksellers Day Trip** (Sponsored by the PSC Book Club) 768 Boston Post Road-Madison, Ct. Thursday, August 4, 2022 **No Charge** Departing @ 9:00am.

R.J. Julia Booksellers in Madison, Ct. opened 20years ago as an independent bookstore whose mission was, and is, to be a place where words matter and where writers meet readers. The store hosts more than 200 events a year. Authors from all over the country visit the store to inspire, educate, and entertain. A knowledgeable staff, opinionated book selections with shelf talker tags, help book lovers find books that are just right for them, making this a perfect attraction for readers and writers alike

This trip is being sponsored by the Prospect Senior Center Book Club but it is also open to all Senior Center members. We will be meeting and leaving from the Senior Center at 9:00am. We should be at our destination by about 10:00am. Once we arrive at the book store you will have until 12noon to wander on your own and discover the many literary selections they have available there.

At 12noon we will board our mini bus once more for a lunch stop at Lenny & Joe's. The cost of your lunch is your responsibility. We should be back in Prospect by about 3:00pm. We are limited to the number of people we can bring with us.

### **Presentations by Art & Susan Zuckerman**

# 1964-65 World's Fair

**Tuesday, May 31, 2022-\$5-1:00pm.** The 1964-65 World's Fair held in Flushing Meadow, Queens was the brainchild of Robert Moses, but was also the testing ground of ideas for Walt Disney to use in Disneyland and in his newest planned creation, Disney World. The fair was the place where countries, states and industries came together on one site to show off the best things they had to offer. The exhibits ranged from a ride into the future, to a look back at our past, to a boat ride around the world led by children. It was a place where you could view Michaelangelo's Pieta and a scale model miniature of New York Čity, and then sample foods from all over the nation and the world. Through narration, pictures, audio and video, this presentation will bring you back to that time to enjoy memories or to create new ones.

### Women of New York Tuesday, June 28, 2022-\$5-1:00pm.

New York has always been the home to many fabulous and influential women in history, politics, business, culture and the arts. In this presentation you will hear about "the" woman who owned her own brokerage firm, ran her own newspaper, was the first woman to address Congress, and ran for President in 1872! You will also learn about the double life of an entertainer who was also a war hero and a symbol of the Civil Rights movement, the fascinating life of the richest woman in New York, the special party held in Gramercy Park hosted by an American aristocrat, and many more interesting stories.

Susan and Art Zuckerman will be presenting these programs here at the Senior Center. Between the two of them they have an extensive background as licensed tour guides, radio talk show hosts, authors, college professors, historians, lecturers and world travelers. They are residents of New York City and offer over 90-tours there.

They currently host a weekly radio show, "Z Travel and Leisure" that reaches 5 to 6 million people. They co-wrote and released their first book, "It Happened in New York City" in January of 2010. Their second book, "STRANGE NEW YORK" is currently in the works. They have been featured on the History Channel - "Cities of the Underworld – Chinatown, New York City" and the Travel Channel - "The Secrets of Central Park".

If you are interested in participating in these presentations, please sign and PAY as soon as possible. We cannot hold your place without payment.

### Charles Riverboat Cruise Cheesecake Factory July 9, 2022

Join Linda Soto on an exciting, narrated sightseeing cruise on the legendary Charles River. Your captain and crew will both entertain and educate while pointing out the historic and cultural sights of Boston Harbor and Cambridge. Begin your day with a plated lunch at the Cheesecake Factory with a slice of their cheesecake – Yum, lots of choices to pick from.

### **Highlights:**

Deluxe Motorcoach Escorted by RayLin Travel Lunch at the Cheesecake Factory Narrated sightseeing cruise

Departure time: From the senior center 7:30am, Return 6:30pm

Price per person: \$125.00

Contact Linda Soto @ RayLin Travel @ 203-591-1407 for more information.



### Second Trip Added Due to Demand... Cricket Hill Peony Farm Tour 670 Walnut Hill Road, Thomaston, Ct. Friday, May 27, 2022 No Charge 9:45am.

Cricket Hill Garden is a specialty plant nursery located in Thomaston, Ct. They grow rare and unusual peonies as well as perennial landscape edibles. They are a small family business dedicated to producing the highest quality plants in an environmentally sustainable manner.

2022 will mark their 33rd. year of growing peonies at their gardens. Their venture started out as just a few plants and a few friends. Their expanding collection of 400+ named cultivars of peonies bloom in May to mid-June. Tree peonies begin to bloom the third week of May and continue on through early June. They are followed by herbaceous peonies and the intersectional (itoh) peonies, taking you into the third week of June.

On Friday, May 27, 2022, we will be visiting the nursery for a guided tour of the farm by owner, Dan Furman. We will be meeting and leaving from the Senior Center at 9:45am. Our tour is scheduled for 10:30am. After the tour we will give you some additional time to revisit any section of the garden that may interest you or to do some plant shopping.

At 12noon we will board our bus once more and continue on for a lunch stop at Rozzi's Restaurant in Thomaston. It is only about 10-minutes away from the gardens. The cost of your lunch is your responsibility. We should be back in Prospect by about 2:30pm.

If you are interested in joining us, please sign up as soon as possible. We are limited to the number of people we can accommodate. Since you are going to be in an outdoor, garden setting, please make sure to dress comfortably and to wear comfortable outdoor shoes.

### "Pathways and Blooms" Garden Tour & Plant Sale Sponsored by The Wood Memorial Library & Museum 83 Main Street, South Windsor, Ct. Sunday, June 12, 2022 \$20 Departing @ 8:30am.

**Departing @ 8:30am.** Wood Memorial Library & Museum is a vibrant cultural center where music, history, art and nature come alive. This treasure is situated on South Windsor's old Main Street, first an Indian trail, then a busy colonial thoroughfare, today a quiet reminder of Connecticut's heritage lined with beautiful historic homes of every era.

The library will be sponsoring a "Pathways and Blooms" Garden Tour & Plant Sale on Sunday, June 12, 2022. Come celebrate South Windsor by touring seven unique gardens and the Dzen Tree Farm. Three gardens are located right on historic Main Street, as well as the plant and craft sale. The event is co-sponsored with the Down to Earth Garden Club.

We will be meeting and leaving from the Senior Center at 8:30am. Once we get to Windsor, we will get our garden tour maps and begin by touring the Main Street locations and visiting the plant and craft sale also on Main Street. We will then get on our bus to tour the remaining sights.

After the last stop of the tour we will continue on to the Union Street Tavern for lunch. The restaurant is also in Windsor. We have dined here before and have been very happy with their food and service. **The cost of your lunch is your responsibility.** 

After lunch we will head back to Prospect. We should be back in Prospect by about 3:30pm. If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment.

### Hartford Yard Goats @ Dunkin Donuts Park, Hartford, Ct. vs. Harrisburg Senators (Washington Nationals Affiliate) Wednesday, July 13, 2022 7:05pm. \$15 Departing @ 6:00pm

Dunkin Donuts Park is a 6,000-seat baseball facility in downtown Hartford, Ct. It opened in 2017. We have attended games here for the last several years and they have become a popular and fun destination for our Seniors.

We will be visiting the park for three different Yard Goats games. All of the games start at 7:05pm. The cost for your ticket for each of the games is \$20. We will be sitting in the Field Box section of the park.

We will be meeting and leaving from the Senior Center at 6:00pm. We will be traveling to Dunkin Donuts Park in our mini bus. If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment.

Directly after each of the games is over, we will return to the Senior Center.

### "Diana of Love"-Performance & Lecture @ The Wood Memorial Library & Museum 783 Main Street, South Windsor, Ct. Friday, June 10, 2022 \$20 2:00pm. to 3:30pm. Departing @ 12:30pm.

Wood Memorial Library & Museum is a vibrant cultural center where music, history, art and nature come alive. This treasure is situated on South Windsor's old Main Street, first an Indian trail, then a busy colonial thoroughfare, today a quiet reminder of Connecticut's heritage lined with beautiful historic homes of every era.

Join us as we travel to the Library for their presentation, "Diana of Love". Twenty-five years after Princess Diana's tragic passing, this new, immersive, living history experience, follows the icon's life behind the scrutinized pages of worldwide headlines, pulling back the curtain to reveal a woman who gave so much to so many, while concealing her own mental health struggles.

Researched, written, produced, and performed by artistic director, J. Kalaora, "Diana of LOVE" showcases Lady Diana Spencer as not only a nurturer, mother, humanitarian, philanthropist, activist, and LGBTQIA+ Ally (before anyone had the courage to publicly ally with HIV+/AIDS victims), it draws attention to how she also personified the pillars of: compassion, duty, hope, and beauty.

Despite all of her internal unrest, Diana was a force for LOVE: for the LGBTQIA+ Community. Join with us to celebrate this international icon and her enduring impact on the LGBTQIA+ Community and beyond.

We will be meeting and leaving from the Senior Center at 12:30pm. The presentation is scheduled for 2:00pm. and runs until 3:30pm. If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. We should be back in Prospect from this event by about 4:30pm.

### On-Your-Own Day Trip to Block Island Tuesday, July 5, 2022 \$59 Departing @ 6:45am.

Today you will be traveling to Block Island in Rhode Island. You will be traveling on the ferry going out of New London. The ferry departs at 8:30am.

We will be meeting and leaving from the Senior Center at 6:45am. Once we get to the ferry we will give you your tickets so you may board the ferry. The ferry arrives at Block Island at 10:05am. Once on the island you will be free to shop, eat, relax and discover the island on your own.

The ferry leaves Block Island for your return trip back to New London at 4:45pm. You will be responsible for getting yourself back to the ferry by 4:30pm. The ferry arrives back in New London at about 6:10pm. Our mini bus will be there waiting to bring you back to Prospect. You should be back in Prospect by about 7:30pm.

If you are interested in participating, please sign up and PAY as soon as possible. We cannot hold your place without payment. We are limited to the number of people we can bring with us. Sign up and pay early, if you wish to participate.

The cost of this trip is for the ferry ride back and forth to Block Island. Since we are using the Senior Center mini bus, there is no cost to you for that. **All other expenses are your responsibility.** 

### Second trip added due to popular demand... Day Trip to Hollandia Nursery 103 Old Hawleyville Road, Bethel, Ct. Friday, June 3, 2022 No Charge Departing @ 9:30am.

Over the years, Hollandia Nursery has gained a reputation as Connecticut's premiere garden center, with hundreds of thousands of plants, first-class display gardens, and annual community events. Today the nursery is proud to have over 20-acres dedicated to growing and selling Connecticut's finest plants. They have 3-acres of breathtaking gardens that serve not only as proving grounds for the plants that they grow and recommend but also as a terrific inspirational venue where you can get ideas for your own garden, or see exactly how a particular shrub or tree will mature.

Hollandia's team of experienced experts is always on hand to help their customers. Just bring your questions, ideas, or problems in and find any one of their helpful staff. As longtime veterans of the soil - real garden "gurus" - they will gladly assist you with your needs. Everyone at Hollandia loves to see things grow. This enthusiasm means that they offer only the best: superior plants, lawn care products, weed and pest control products, tools, mulch, fertilizers, and gift shop items.

We will be meeting and leaving from the Prospect Senior Center at 9:30am. We will stop first at the Nursery and Farm on Old Hawleyville Road. We will give you about 1.5 hours there.

This is a very busy time of the year for them so they probably will not be able to give us a tour of the facility. However, John Cookson, who puts on our Sick Plant Clinics here at the Senior Center, will be with us on this trip. He is very familiar with the Nursery. He has offered to give us a very casual walk through of the facility.

At 12noon we will board our bus and continue on to their Gift, Garden & Home Store. It is just down the street from the Nursery. We will give you some additional time there. At about 12:45pm. we will again board our bus for a lunch stop at Blue Colony Diner. It is only a few minutes away.

If you are interested in joining us, please sign up as soon as possible. We are limited to the number of people we can bring with us. We should be back at the Senior Center from this trip by about 3:30pm.

The owners of the Nursery have offered to give us 10% off on any purchases you make with them that day both at the Nursery and at the Gift, Garden & Home Store.



### NEED A NEW COVID VACCINATION CARD OR **ACCESS TO YOUR IMMUNIZATION RECORDS?**

### **CT-WiZ** is Here to Help!

he Connecticut Department of Public Health Immunization Program has created a secure website called the CT WiZ Immunization Information System. This database maintains immunization records for those vaccinated in Connecticut.



Immunization Information System

Through this site, individuals can access their full immunization record and/or their COVID-19 vaccine record either as hard copy or in a digital format which can be stored on a phone or as a QR code, also known as a SMART Health Card. Those organizations or venues that utilize the SMART Health Card app, such as an airport, can scan the QR code and verify your COVID-19 vaccination record. As required by Connecticut law, all information on this site is confidential.

### THIS FREE SERVICE BENEFITS:

- Parent(s)/child's legal guardian who require access to immunization records needed for childcare, school or camp and
- Individuals who need access to their immunization records for college, employment and travel or,
- Anyone who was vaccinated in CT and has lost their COVID-19 Vaccination card
- Healthcare providers who need access to their patient's immunization record even if the patient has moved away from Connecticut or their doctor retires.

### TO OBTAIN YOUR IMMUNIZATION RECORDS

- Go to the secure CT WiZ public portal, https://portal.ct.gov/DPH/Immunizations/CT-WiZ-Access-My-Immunization-Record or.
- 0 Call the State Immunization Program at 860.509.7929 during business hours Monday-Friday, 8:30 AM - 4:30 PM and they will mail you a copy.

Submitted by: Amanda Halle, WCAAA Staff

9

Source: https://portal.ct.gov/DPH/Immunizations/CT-WiZ-Access-My-Immunization-Record

### WCAAA Insider | www.wcaaa.org | 203-757-5449

"Authentic Downeast Lobster Bake" **@ Foster's in Maine** Thursday, June 16, 2022 \$125

**Departing @ 7:00am.** We will be meeting and leaving from the Senior Center at 7:00am. We will be traveling on a coach bus to our destination. There will be a breakfast/rest stop (on your own) on the way to our destination.

Our first stop will be to Foster's Lobster Bake in York, Maine. Be ready to feast on plenty of delicious food! The menu includes: New England Clam Chowder, Cultivated Mussels & Maine Clams, Fresh Lobster or BBQ chicken, Sweet Corn-on-the-Cob, Roasted Red Potatoes and Onions and Blueberry Crumb Cake. Your feast is steamed over a roaring wood fire-The Downeast Way! Foster's also provides live musical entertainment during your luncheon stay and a gift shop is also on the premises, if you are interested.

After lunch you will spend some time at Stonewall Kitchen. This establishment is the creator of high-quality, specialty food products. Their product line ranges from jams and jellies to grill sauces and mustards. It is a very interesting place to browse and shop.

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. When signing up, please note whether you will be having the LOBSTER or the BBQ CHICKEN that day for lunch. We should be back in Prospect from this trip by about 9:00pm. **Payments will be made directly to Linda Soto** (Raylin Travel). Please mail checks to 172 Newbury Street-Water-

bury, Ct. 06705

### 47

### Art Talk ( 3-Part Series) Presented by Jane O'Neil @ Litchfield Community Center 421 Bantam Rd. Litchfield,Ct.

Jane O'Neil is an independent scholar and holds a master's degree in Art History from Boston University and a master's degree in Art in Education from Harvard University.

Jane is a New Hampshire native and has worked at some of the state's most esteemed cultural institutions, including the League of New Hampshire Craftsmen, where she served as Executive Director, and the Currier Museum of Art, where she held the role of Senior Educator.

Jane has also taught at the college level for more than a decade, most recently at Southern New Hampshire University. Jane owns the company, Culturally Curious which delivers art appreciation programs to audiences all over New England and beyond.

Jane will be presenting three separate art lectures at the Litchfield Community Center. We will be meeting and leaving from the Prospect Senior Center at 2:00pm. If you are interested in attending any or all of the presentations, please sign up as soon as possible. We are limited to the number of people we can bring with us. We should be back at the Senior Center from these presentations by about 5:30pm.

### "Frenemies: the Art World's Greatest Rivalries" Wednesday, May 11, 2022 No Charge 3:00pm. Departing @ 2:00pm.

In this series you will earn about rivalries between da Vinci and Michelangelo, Constable and Turner and Matisse. This program will examine the ways some of the world's greatest artists challenged and competed with each other for commissions, sales and status. Learn about rivalries between da Vinci and Michelangelo, Constable and Turner and Matisse and Picasso and decide who history has treated most kindly.

### "Norman Rockwell and Evolving Views on Rave" Nodnosday, Sontombor 14, 2022 – No Charg

Wednesday, September 14, 2022 No Charge 3:00pm. Departing @ 2:00pm.

In this presentation you will learn about Norman Rockwell, the artist who helped define American culture. Rockwell, who painted during the Civil Rights era, is heralded for depicting and defining American life. He often captured bittersweet images of people experiencing universal and relatable feelings of being left out or left behind. Yet, as an artist working in the 20th. century, his works are curiously devoid of America's rich cultural and racial diversity. Toward the end of his career, Rockwell painted several poignant works about race in America that can be seen as an extension of his earlier sense of the power of inclusion and exclusion.

### "The Wyeths" An American Artistic Dynasty" Wednesday, October 12, 2022 No Charge 3:00pm. Departing @ 2:00pm.

**3:00pm. Departing @ 2:00pm.** In this presentation you will explore the style of painting and illustration established by N.C. Wyeth in the early 1900's and his children, primarily Andrew Wyeth, and his grandson Jamie Wyeth. The Wyeth family of artists is known for their somber realism and subtle storytelling. This program will explore the style of painting and illustration established by N.C. Wyeth in the early 1900's and passed on and re-interpreted by his children, primarily Andrew Wyeth, and his grandson Jamie Wyeth. Learn more about their favorite subjects, their influences and their enduring impact in the art world.

This series of art presentations is being sponsored by the Litchfield Community Center. The presentations are being made possible with the generous support of the Jackie Mott Charitable Trust.

### Summertime Tea @ Prospect Senior Center Presented by Rita Parisi Wednesday, June 8, 2022-\$15-1:00pm.

Summertime and the living was easy for many at the turn of the last century. The beaches offered amusements for both the rich and the poor alike. People enjoyed dancing, vaudeville shows, bandstand concerts, the latest rides and other entertainments.

Join "Mrs. Gordon" (Rita Parisi) as she gives you a firsthand account of what it was like to spend a day at the beach in 1908.She will be visiting the Senior Center on Wednesday, June 8, 2022 at 1:00pm. for a Summertime Tea.

Rita Parisi, founded her own production company in 2002 in order to create original theatrical presentations that entertain and inspire her audiences. Her unique shows highlight her passion for storytelling, theatre, history, costuming, and literature. The love for her work is evident in every performance. Her shows are entertaining, informative and not the usual fare that you might expect. She has toured all over New England, New Jersey, and New York and Florida.

Before "Mrs. Gordon's" presentation you will enjoy some light, tea party snacks prepared by our Senior Center kitchen staff. Bring your own tea cup that day to make the affair a little extra fancy. This promises to be a very informative, interesting and delicious afternoon.

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment.

### AMERICA'S SWEETHEARTS From Broadway to Big-Band in Three-Part Harmony! @ The Legacy Theatre 128 Thimble Island Road, Branford, Ct. Saturday, July 2, 2022 \$60 8:00pm. Departing @ 6:30pm.

America loved the swinging sounds of female closeharmony groups even before The Andrews Sisters hit the airwaves with "Bei Mir Bist du Schön" in 1937. Each of the women who comprise AMERICA'S SWEETHEARTS' roster are not only well-versed in what it means to sing as a group, but they are stunning soloists as well.

The audience will hear those great vintage songs with fresh ears when AMERICA'S SWEETHEARTS take the stage. These New York City-based ladies have performed across the USA at iconic spaces honoring our veterans (the Intrepid Air and Space Museum, the WASP Museum), as well as large theatres and intimate cabaret venues. Their shows get crowds tapping their feet to hits like "Boogie Woogie Bugle Boy" as they celebrate history through their crystal-clear harmonies and colorful costumes.

In their vibrant, time-honored new show, this spectacular trio tackles classics like "Hold Tight - Hold Tight," "Happy Days Are Here Again," "Lullaby of Broadway," and "The Shoop Shoop Song (It's In His Kiss)." AMERICA'S SWEETHEARTS charms audiences of all ages while navigating their way through a variety of trios, duets, and solo features... all with a slice of old fashioned fun!

We will be meeting and leaving from the Prospect Senior Center at 6:30pm. We should be back in Prospect by about 10:30am. If you are interested in joining us, please sign up and PAY as soon as possible.

### Old Drake Hill Flower Bridge-"Colors of the Rainbow" Old Bridge Road, Simsbury, Ct. and

### The Shoppes at Farmington Valley 110 Albany Turnpike, Canton, Ct. Thursday, July 7, 2022 \$5 Departing @ 9:30am.

Connecticut has quite a reputation for the natural beauty found at our beaches, forests, and parks. There are jaw-dropping waterfalls and spectacular sunsets to be discovered at many locations. But, tucked away in the northern part of our state, there is a stunning flower bridge that will take your breath away.

The Old Drake Hill Flower Bridge is located at 1 Old Bridge Road in Simsbury, Connecticut. It is an example of 19th century metal-truss bridge construction. Originally designed and built in 1892, it spans 183 feet and carries a 12-foot roadway suspended 18 feet over the beautiful Farmington River.

Constructed in 1892 as a one-way crossing for vehicles, it was replaced by a more modern two-lane bridge to the north in 1992. The bridge was kept as a pedestrian and bicycle crossing and prior to 1996, it was just a pretty cool historic bridge.

In the mid 90s, groups began to create community gardens on and around the bridge. The bridge became transformed into an enchanting pathway across the river. It currently has 62-flower boxes and 32-hanging baskets. For locals it has become a popular spot for graduation photos, proposals, and even small weddings.

Volunteers maintain this floral paradise each year. The bridge has been closed for the last two years because of renovations and then because of the pandemic. It is once more open once and it is better than ever!

We will be meeting and leaving from the Prospect Senior Center at 9:30am. Our first stop will be at The Shoppes at Farmington Valley in Canton, Ct. Once there you will be free to browse, shop and eat on your own at the many shops there. There are a number of eateries there to choose from.

At 1:30pm. we will meet back at our mini bus. We will then continue on to the Drake Hill Flower Bridge. It is a short distance away. We will give you some time to walk the bridge and admire the hanging baskets and flower boxes. One of the volunteers who helps take care of the bridge will meet us there to give us a brief over view of the bridge's history.

The \$5 charge for this trip will go as a donation for the upkeep of the Drake Hill Flower Bridge. If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. We should be back in Prospect by about 4:00pm.

### Directory of stores at The Shoppes at Farmington Valley in Canton:

110 Grill, AG Design, American Eagle, American Flatbread, Angel Tip Nail Salon, Barnes & Noble, Barre3, Batchy Brew, Ben & Jerry's, Body Fit, Brighton Collectibles, Chico's, Chipolte, Claire's, Cost Cutters, Cyclebar, Dick's Sporting Goods, Driphouse, Emerald City Smoothie, Footbeats, Francesca's Collections, Golf Lounge, Green Tangarine Spa & Salon, Harvey & Lewis, J.Jill, J.Crew, Jefferson Fry Company, Kindred & Crew, Kohl's, LOFT, Massage Envy, Michael Jewelers, Old Navy, Next Gen Smarty Pants, Panera Bread, The Paper Store, Sephora, ShopRite, Sleep Number, Snip-Its, Talbots, TMobile. Valley Kids Company, White House Black Market, Woof Gang Bakery & Grooming

### Third trip added due to popular demand... Pontoon Summer Cruise on Bantam Lake 16 Palmer Road, Morris, Ct. Tuesday, June 28, 2022 \$27

**11:30am. to 1:00pm. Departing @ 10:30am.** Nestled in the Litchfield foothills, Bantam Lake is Connecticut's largest natural lake. The lake is surrounded by homes, summer camps and two public beaches. It is home to the oldest water skiing club in the country, and even has a great campground with direct waterfront access. With 947-acres, there is plenty of room to explore and relax.

Join us on Tuesday, June 28, 2022 from 11:30am. to 1:00pm. as we cruise the lake on a 10-passenger pontoon. This is a great way to get on the lake and enjoy the beautiful summer scenery surrounding the lake.

The luxurious pontoon has a highly qualified crew and Captain. The vessel features plenty of room, blue tooth audio, and you can even have the option of an aqua swimming mat that is pulled by the pontoon for a more exhilarating experience!

You may bring a lunch or snacks to enjoy while you are out on the water. Unfortunately, no alcohol is allowed on the boat due to insurance regulations. Or, you may want to wait wait until after we get back from our pontoon cruise. We will be stopping at Poppy's Ice Cream Shoppe in Morris. There you can enjoy an ice cream treat, hot dogs, burgers and sandwiches, if you wish. **The cost of what you get is your responsibility.** 

If you are interested in attending with us, sign up and PAY as soon as possible. We are limited to the 10-person capacity that the pontoon can accommodate. We should be back in Prospect from this trip by about 3:30pm.

### Moon Rocks Gourmet Cookies Truck & A Medicare Simplified Conversation Presented by the "Medicare Maven"- Jessalyn Pito

**Tuesday, May 10, 2022 1:30pm.** No Charge Join Jessalyn Pito, Independent Insurance Broker, on Tuesday, May 10, 2022 at 1:30 for "Cookies and Conversation". She will be holding a Medicare discussion presentation. She can answer all of your questions whether you are aging in at 65 or if you are of any other age and stressed out over Medicare issues. Whatever the case, Jessalyn will be happy to help you out as much as possible. She will guide you through a step by step approach to help un-complicate Medicare for you.

For joining in on the conversation, you will be treated to free cookies from the Moon Rock Gourmet Cookies Truck that will be parked outside the Senior Center! Sugar Free cookie options will be available. The Gourmet Cookie Truck will be bringing a wide selection of their amazing cookies with them for you to enjoy.

What are Moon Rocks Gourmet Cookies? Simply they're the best cookies on the face of the Earth! Moon Rocks Gourmet Cookies have a very distinctive texture. They are a delightful surprise to the senses. They are not overly sweet and are artfully packed with 100% all natural gourmet flavors. Moon Rocks Gourmet Cookies are made with the finest quality ingredients and each one is hand formed.

If you are interested in joining in on this presentation by Jessalyn Pito and the "sweet treats" that follow, please call the Senior Center to register.

### Bigelow Tea Party with Betty Johnson @ Prospect Senior Center Thursday, June 30, 2022 11:30am. \$8

Bigelow Tea was founded by Ruth Campbell Bigelow in 1945. The only tea available at that time was black tea. Ruth found an old colonial tea recipe whose ingredients included black tea, orange rind and sweet spice. She spent weeks perfecting the blend in her kitchen. The tea was an instant success garnering rave reviews from folks who had sampled the brew at a social event. A friend later told Ruth that her tea caused nothing but constant comments. Today "Constant Comment" is still the number one selling flavored black tea in the country.

Betty Johnson, today's speaker, has been associated with Bigelow Tea located in Fairfield, Ct. for the last 23years. The first 12-years she was the Customer Service Manager as well as their speaking representative throughout the State. Now, since retiring, she exclusively does tea presentations for the company. She will be presenting a very informative and delightful program here at the Senior Center about the history and health benefits of drinking tea.

Being a serious tea drinker, Betty enjoys the opportunity to spread the word about this healthy, delicious drink and meeting with the many diversified groups that she speaks to. Her medical background also gives her an added advantage when she speaks about the health benefits of drinking tea.

Join us on Thursday, June 30, 2022 at 11:30am. when we will be hosting a Tea Party here at the Senior Center with Betty. You will enjoy a delightful Chef's Salad lunch prepared by the Senior Center staff. At 1:00pm. Betty will be presenting her program. Dessert and tea will be served after her presentation. In order to attend, please make sure that you bring your own tea cup that day. Betty will also be bringing "goodie bags", courtesy of Bigelow Tea, to give to attendees at the end of her presentation.

Each time we have hosted this event here, it has always been very popular. Betty's program on teas is very informative and fun! If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. We are limited to the number of people we can accommodate.

### Juke Box BINGO Hosted by DJ Aaron Demarest Tuesday, July 26, 2022 \$3 1:00pm. to 3:00pm. Tuesday, August 30, 2022 \$3 1:00pm. to 3:00pm.

DJ, Aaron Demarest will be at the Prospect Senior Center to host "Juke Box BINGO on Tuesday, July 26th. and August 30th. The games will run from 1:00pm. to 3:00pm. We will have a short break in between for coffee and dessert. Cost for this event is \$3.00.

The concept is easy. Aaron will be playing music which is geared to the age of our Seniors. You listen to the music, find the song on your Bingo cards that are provided for you and, if the song is on your card, mark it off. Hopefully, you will get enough songs marked off on your card to call BINGO! With the \$3 cover charge you will get two Bingo cards to play with. Additional cards may be purchased, if you would like. Coffee, dessert and BINGO prizes will be provided by the Senior Center.

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. Join us so you don't miss out on all the fun!

### Cooking Demonstration With Chef Maryann Sasso Gourmet Wood Fired Pizzas Monday, June 27, 2022 \$5 1:30pm. Departing @ 1:15pm.

Are you looking to learn the art of making wood fired, gourmet pizzas? Chef Maryann Sasso is our versatile chef "extraordinaire" who enjoys cooking and teaching her cooking skills to our members. She will be demonstrating how to make gourmet pizzas from scratch. This presentation will be held at Chef Sasso's home where she has an outdoor, wood burning pizza oven.

Participants will learn the time-honored technique of mixing, kneading, and stretching dough. You will learn how to proof and shape pizza dough to perfection before adding your gourmet toppings. After the presentation you will get to sit back and enjoy a slice of pizza!

Chef Sasso brings her professional culinary experience to this fun, hands-on presentation. If you are interested in participating, you must sign up and PAY as soon as possible. Space is limited.

We will be meeting and leaving from the Prospect Senior Center at 1:15

pm. We will drive everyone over to Chef Sasso's house in Prospect, on our mini bus. Due to parking limitations at her home, we cannot have you driving over there separately in your own cars. Once the presentation is over, the bus will return to bring you back to the Senior Center.

Don't hesitate to register for this fun and yummy presentation! It is guaranteed to fill up quickly. Chef Sasso's cooking presentations have a huge following here.

### NASHVILLE & GRACELAND TOUR Sponsored by Linda Soto of Raylin Travel & Tours September 25 – October 2, 2022

Join Linda Soto of Raylin Travel & Tours for a tour of Nashville, Tennessee. While Music is often the center of Nashville's nightlife and entertainment, you will also be visiting a number of other locations.

You will enjoy a show and a backstage tour of the Grand Ole Opry. You will visit places like the Music Hall of Fame and stop by the Grand Ole Opry Hotel. You will take in some honkytonks on Broadway and enjoy dinner onboard the General Jackson River Show Boat. Dinner at the Paula Deans Family Restaurant is also scheduled for this trip.

After a great time in Nashville, you will board a motor coach and continue on to Graceland, Tennessee. There you will visit the home of Elvis Presley, the King of Rock n' Roll. You will have a V.I.P. tour of his home, tour Sun Studios and dine at the Rock & Roll Diner with entertainment. Who knows, you might even have an Elvis sighting while there! Dinner and entertainment at BB Kings Café is also on the itinerary.

After leaving Graceland, you will board the motor coach to the last destination of this trip, the 911 Memorial in Somerset, PA. You will overnight there and then tour the Memorial.

Come join the fun. Space is limited. Reserve you spot now. Cost is \$1788 per person based on double occupancy. Call Linda Soto (203-591-1407) for more information and for a day-by-day itinerary. Checks should be made out to Raylin Travel and sent directly to Linda at: 172 Newbury Street, Waterbury, Ct. 06705

51

Does your mom or dad have memory loss?

### Families Coping Together with Alzheimer's Disease Study (FACT-AD)

If you are **at least 18 years old**, and you **have a parent that is at least 55 years old and has early stage dementia**, you and your parent may be eligible to participate in a *free* and *confidential* study to understand your experience coping with dementia together. Participation involves one 2-hour interview session and one 2-hour interactive session with you and your parent completing tasks together now and one year later. Interview and interaction sessions can be completed over the phone, by mail, or on the computer. **Compensation up to \$600 for completing all sessions**.

To learn more or to see if you are eligible to participate, please contact Kathleen Williams at (203) 641-5373 or email her at kathleen.williams@yale.edu

HIC #200024219



### Tree Swallow Cruise on the RiverQuest @ Connecticut River Museum 67 Main Street, Essex, Ct. Wednesday, August 31, 2022 \$48 6:00pm.-8:00pm. Departing @ 4:30am.

Join us aboard the RiverQuest on Wednesday, August 31, 2022 for a relaxing 2-hour cruise on the Connecticut River to view the Tree Swallows. The River Quest is an extremely safe, quiet, intimate 64'-vessel, certified to carry 65-passengers. The vessel has a large covered cabin area and a "moveable" canopy that can cover the entire stem on a rainy or very hot sunny day. The cabin area is outfitted with large windows and there is a large open deck. Everyone gets optimal "up close and personal" viewing. There is also a restroom on board.

We will cruise a special spot on the Connecticut River where 100's of thousands of Tree Swallows gather. After spending the day miles away, the swallows return each night to sleep in the reeds. They gather at sunset and perform aerial ballets forming an amazing display of art, coordination and cooperation.

We will spend two plus hours on the water aboard RiverQuest. The cruise is primarily about the Tree Swallows, however, it is also about the journey. There is so much to see while cruising along the river. Many birds are migrating through the area at this time. There have been a record number of Bald Eagles and Great Egrets spotted in past years. On board Naturalist(s), will educate you on the Tree Swallow phenomenon and all the other wildlife we see. On the return cruise home, there is time to chat with others and experience the river at twilight, blending into night.

Complimentary coffee and tea will be available on board during the cruise. But, you may also bring goodies on board to munch on and drink. Alcoholic beverages are permitted. Don't forget your camera! This is a small group experience that is unique each sailing. The captain and crew promise a great evening for all to enjoy the Tree Swallow show and this special time on the pristine Connecticut River.

We will be meeting and leaving from the Senior Center at 4:30pm. The cruise begins at 6:00pm. and ends about 8:00pm. We should be back at the Senior Center by about 9:30pm. If you are interested in joining in on this fun expedition, please sign up and PAY as soon as possible. We cannot hold your spot without payment.

### Tour of Grace Farms 365 Lukes Wood Road, New Canaan, Ct. Thursday, August 25, 2022 \$10 Departing at 9:30am.

Grace Farms is an 80-acre public space in New Canaan, Ct. The land was once earmarked to become a 10-lot subdivision. It is owned and operated by Grace Farms Foundation which supports initiatives in the areas of nature, arts, justice, community, and faith, and encourages participation locally and globally.

The Foundation set out to create a building nestled into the existing habitat that would enable visitors to experience nature, encounter the arts, pursue justice, foster community, and explore faith.

The River building, opened in 2015, was designed by the Pritzker Prize-winning, Japanese architecture firm SA-NAA. The structure is a part of the landscape but does not draw attention to itself. Under the continuous roof are five transparent glass-enclosed volumes that can host a variety of activities and events, while maintaining a constant sense of the surrounding environment. The porous design of Grace Farms and the River building was meant to inspire and break down barriers between people. Natural light flows through more than 200 floor-toceiling glass panels in the River building, generating 360degree views of the landscape in the changing seasons.

The undulating pathways under a curvilinear roof follow the flow and elevation of the land. The River building has been honored nationally and internationally with numerous prestigious design awards. The structure creates a warm invitation to pause and reflect, while encouraging engagement with each other.

We will be visiting Grace Farms on Thursday, August 25, 2022. While there you will be able to view permanent art installations by Beatriz Milhazes, Teresita Fernández, Thomas Demand, and Olafur Eliasson. You can see Temporal Shift, a site-responsive sculpture from artist Alyson Shotz.

You can observe an immersive installation, Peace Forest, inspired by nature. This interactive experience highlights how the landscape, architecture, and people at Grace Farms are part of the Foundation's mission. Pedestals made with ethically sourced steel and wood repurposed from the site, gently sway when touched. They feature text, objects, and archival photos.

You can walk through the Community Garden, tended by Master Gardner Lauren Elliott, and in season, visit the apiary to see the produce grown at Grace Farms and its Italian honey bees.

You can even walk around Cattail Pond and through the restored native meadows along a one-mile loop with 10 different habitats and breathtaking views.

We will be meeting and leaving from the Senior Center at 9:30am. Once there we will enjoy a tour of the Farms and all it offers. At 1:00pm. we will leave and continue on for lunch at the New Canaan Diner. The cost of your meal is your responsibility. We should be back in Prospect by about 4:00pm.

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment.

### Train & Turkey Dinner Along Lake Winnipesaukee, NH. Sponsored by Linda Soto/Raylin Travel Thursday, October 20, 2022 \$144 Departing @ 7:00am.

Enjoy a 2-hour train ride aboard the Winnipesaukee Scenic Railroad featuring beautiful lakeside scenery. Enjoy a turkey dinner catered by Hart's Turkey Farm served on the train.

- This tour package includes:
  - Deluxe motor coach transportation to and from the Prospect Senior Center
  - 2-hour ride on the Winnipesaukee Scenic Rail road from Meredith, NH.
  - Turkey dinner served on board catered by Hart's Turkey Farm
  - Shopping at Mill Falls Marketplace
  - New Hampshire Liquor Store stop

This trip is non-refundable and will be held rain or shine. Arrival back at the Prospect Senior Center should be about 8:30pm.

Call Linda Soto at 203-591-1407 for more information or any questions you may have. Payments should be made directly to Linda Soto (Raylin Travel). Please mail checks to: 172 Newbury Street, Waterbury, Ct. 06705

### New England Carousel Museum & Museum of Fire History Tour 95 Riverside Avenue, Bristol, Ct. Thursday, July 28, 2022 \$7 Departing @ 9:45am.

Recapture the wonder of childhood as you stroll through exhibits that represent the finest pieces of antique carousel art in existence. If you loved riding the carousel when you were a youngster, then you will definitely love visiting the New England Carousel Museum. The Museum is located in Bristol, Ct. and is housed in a 33,000 square foot restored hosiery factory.

This magnificent, unique museum houses antique, wooden carousel pieces, a new working carousel and a carousel restoration work shop. It boasts one of the country's most extensive collections of antique carousels.

In addition to the Carousel Museum, visitors to the building will also enjoy the Museum of Fire History and the Museum of Greek Culture, the Glo Sessions Art Gallery, their changing fine art gallery, a gift shop and a ride on their working carousel.

We will be meeting and leaving from the Senior Center at 9:45am. Our tour is scheduled for 10:30am. It will be about an hour long. After the tour we will be stopping for lunch at Parkside Café. It has been highly recommended to us by the Museum staff. The cost of your lunch is your responsibility.

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. We should be back from this trip by about 2:00pm.

### Hidden Treasures Antique Appraisal Road Show Appraisals by Richard Blaschke Dick's Antiques of Bristol, Ct. Monday, August 22, 2022 2:00pm. to 4:00pm. Cost: \$5.00 per appraisal item or 3 items for \$10 Cost to just watch: \$3

Everyone has that piece they wonder about. Maybe it came from your grandmother, maybe it was found at an estate sale, maybe it was found in the trash. Wherever it came from, you always wonder: What is it? What's it worth?

Richard Blaschke from Dick's Antiques in Bristol, Ct. is a 62-year veteran of the antique business. He will answer your questions about your piece(s) at this Antique Appraisal Show here at the Prospect Senior Center.

Bring that special piece in that you are curious about for Richard's appraisal. Or, you can come and simply enjoy this fun and entertaining version of the "Antiques Road Show" and see what everyone else's items are worth. He will do a discussion of as many objects as possible within our time frame. You never know what kind of old "stuff" people will bring in. Richard may break some hearts or maybe make you a millionaire!

We have held this event here before and have been surprised at some of the interesting items that people brought in to be appraised and what they were worth. You must register and PAY to have your item(s) appraised. If you are planning to just come and listen in on the appraisals, the charge is \$3 per person. You must register and PAY ahead also, if you just plan on watching.

### Michelangelo's Sistine Chapel-The Exhibition @ Hartford Convention Center 100 Columbus Blvd., Hartford, Ct. Thursday, June 9, 2022 \$25 10:30am. Departing @ 9:30am.

Michelangelo's Sistine Chapel: The Exhibition showcases the awe and wonder of arguably one of mankind's greatest artistic achievements, while allowing its visitors to experience this art from an Up-Close, Life-Sized, and Never-Before-Seen perspective.

With special expertise and care, the ceiling paintings from the Sistine Chapel have been reproduced in a truly unique way using licensed high definition photos. Brought to life using a special printing technique that emulates the look and feel of the original paintings, visitors are given a chance to engage with the artwork in ways that were never before possible: seeing every detail, every brushstroke, and every color of the artist's 34-frescoes. Each image is accompanied by informative signage, and audio guides are available to rent for an even more in-depth experience.

This globally successful exhibition is an innovative and unique interpretation of Michelangelo's timeless masterpiece. Whether visitors have already been to the Sistine Chapel or not, everyone can admire the artwork up close, at their own pace, and with the ability to capture photographic memories of this iconic work.

While visitors to the Vatican Museums in Rome can marvel at these frescoes only from afar, "Michelangelo's Sistine Chapel: The Exhibition" now offers the opportunity to observe these masterpieces close up, in the form of reproductions. The exhibition takes us up onto the scaffolding during restoration for a new perspective. After centuries of use, the paintings in the Chapel had become covered in such a thick layer of dust and soot, and as a result of this deterioration the brilliance of the original luminous colors had all but disappeared. It was not until the comprehensive restoration work carried out in the 1980s and 1990s that the true richness of color in the wall and ceiling frescoes could once more be observed. The exhibition illustrates the restoration and allows us to view the monumental paintings from a distance of only 4-meters, as opposed to the usual 20-meters. "Michelangelo's Sistine Chapel" thus brings an entirely new perspective to this work by Michelangelo and acts as a form of art in its own right

We will be meeting and leaving from the Prospect Senior Center at 9:30am. Our timed entry into the exhibit is for 10:30am. The walk through exhibit takes about 90minutes. At 12noon we will board our bus for our return trip back to Prospect.

Once we get into Prospect we will be stopping at Hometown Restaurant, here in town, for some lunch. **The cost of your lunch is your responsibility.** 

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your place without payment. We should be back at the Senior Center from this trip by about 2:00pm.

### The Vietnam Veterans Traveling Memorial Wall Bartlem Park-520 S. Main Street, Cheshire, Ct. Thursday, June 2, 2022 No Charge Departing @ 11:00am.

The Vietnam Veterans Traveling Memorial Wall is located in Washington D.C. The wall was created in 1996 by the Vietnam Veterans Memorial Fund for the purpose of being able to travel to all communities in the United States. Like the original wall, it is a chevron shape. It honors service members of the US Armed Forces who fought in the Vietnam War. The Memorial Wall is made up of two 246foot long, black granite walls, etched with the names of the service members across its 140-panels. The memorial allows for residents to make rubbings of individual names on the wall of those they lost in the war.

Most of us know that traveling doesn't get any easier as we age, and it's about a 5 to 6 hour trip to the Washington D.C. area from Connecticut. It's not easy to travel 300-miles to pay your respects. For those who lost a loved one in the Vietnam War here in Connecticut, a young lady from Cheshire has just made it easier for them and others to pay their respects.

Fourteen years ago, Cheshire played host to The Vietnam Traveling Memorial Wall. For a few days in November of 2007, residents from all over the state came to pay respects to those who lost their lives in the Vietnam War, and some were able to make a rubbing of the name of a loved one whom they had lost.

Now, one Cheshire resident is bringing the wall back, in hopes of introducing a new generation to the history of the war. Hayley Falk, 18 year-old founder of the local veterans-focused group, "Because of The Brave", is responsible for coordinating the wall's return. She is excited to bring the experience back to her hometown.

"Each day, I hope to remind everyone of the service and sacrifice of those who have gone before us to preserve our way of life, our freedom," Falk said. "With The Traveling Vietnam Memorial Wall coming to town, it is a time for us as citizens of this great nation to honor every name on the Wall along with the Gold Star Families."

The Traveling Vietnam Memorial Wall, which is also referred to as "The Wall That Heals," is owned and operated by members of the Vietnam and All Veterans Brevard (VVB), in Brevard County Florida, who say that their Memorial "Stands as a reminder of the great sacrifices made during the Vietnam War. It was made for the purpose of helping heal and rekindle friendships, and to allow people the opportunity to visit loved ones who otherwise may not be able to make the trip to Washington D.C."

The BVV, "Because of the Brave", Inc., the Town of Cheshire, Ct., and The Hometown Foundation of Bozzuto's Inc. have partnered up to bring the Vietnam Traveling Memorial Wall to Cheshire's Bartlem Park.

It is Hayley Falk's hope that the wall's return to Cheshire will not only teach the newer generations about the Vietnam War, but also help them make a real-life connection to something that they might have only learned about through books or documentaries.

"Kids my age forget why it's important to remember our veterans and why we need to remember the events that happened in the past," Falk said. "Having the wall back will make an impact on a lot of people."

This is an excellent opportunity for those who cannot make the long trip to our Nation's Capital to honor, thank, and pay tribute to the men and women who made the ultimate sacrifice defending our freedom. We will be meeting and leaving from the Prospect Senior Center at 11:00am. Once at Bartlem Park we will give you about an hour's time to look at the Wall. We will then board our mini bus again for a quick ice cream stop at Sweet Claude's Ice Cream Shop. It is just a few minutes away. The cost of your ice cream treat is your responsibility.

If you are interested in joining us, you must sign up beforehand. We are limited to the number of people we can bring with us. We should be back in Prospect by about 2:00pm.

### Pardee Rose Garden Tour 180 Park Road, Hamden, Ct. Thursday, June 16, 2022 No Charge Departing @ 9:30am.

Pardee Rose Garden, Greenhouse and Center are located in Hamden, Connecticut. It is part of the New Haven Parks Department extensive East Rock Park. The land was originally a farm. The Rose Garden, established in 1922, is 2-acres in size. It was a gift from William S. Pardee in memory of his mother, Nancy English Pardee.

Pardee left an endowment to the New Haven Parks Commission to support the garden. The Parks Commission handles the endowment, which now totals several million dollars, enough to cover the costs of the operation of the Garden.

The Rose Garden features one of Connecticut's finest displays of roses. There are about 1,500 roses in the garden that make up dozens of different varieties. The Garden also contains an array of flowers from early spring until mid fall. They bloom each year with the seeds of dozens of types of flowers grown in their greenhouse.

The centerpiece of the gardens is the "wedding cake" — a round brick patio-like structure that sits among the gardens, making the perfect backdrop for wedding photos. There are a lot of weddings done at this location during the Spring and Summer. Almost every weekend there are one or more weddings being performed there. Many people also go there for wedding photos. There is a small fee to use the spot.

In the greenhouses there is a large group of volunteers that helps to grow all the plants and tend to the Rose Garden. The greenhouse is open to the public. On Tuesday's and Thursday's workers sell flowers to the public. Many of the flowers grown here are used for beautification efforts in New Haven.

We will be visiting the Gardens on Thursday, June 16, 2022. Our very own, John Cookson, who puts on our Sick Plant Clinics and other flower and plant workshops here at the Senior Center, will be with us on this trip. He has offered to be our "guide" through the Garden and greenhouses.

We will leave from the Senior Center at 9:30am. We should be there by about 10:00am. This is the time the Gardens and greenhouses open up. You will have until 12noon to wander the gardens and to do some plant shopping in their greenhouses.

At 12noon we will board our bus and continue on to lunch at Barbara's Restaurant. It is about 10-minutes away from the Garden. **The cost of your lunch is your responsibility.** 

If you are interested in joining us. Please sign up as soon as possible. We are limited to the number of people we can bring with us. We should be back in Prospect from this trip by about 2:30pm.

### Colorblends House and Spring Garden Tour 893 Clinton Avenue, Bridgeport, Ct. Saturday, May 16, 2022 No Charge Departing at 9:15am.

Nearly 25,000 tulips, daffodils and other spring-bulb flowers burst into bloom each year at the Colorblends House & Spring Garden in Bridgeport, Ct. Colorblends is an American flower bulb wholesaler.

The spring garden at Colorblends is designed as both a destination and an educational experience. The garden is collaboration between Colorblends and Dutch designer Jacqueline van der Kloet, one of the most exciting bulb designers working today.

The gardens are designed to show what is possible with bulbs. Whether you want to brighten your front walk, backyard or vegetable garden, whether you want to plant 200 bulbs or 2000, the Colorblends spring garden will show you how to create a great spring display. The plantings exhibit the range of choices in spring-flowering bulbs and give you ideas on where to plant in your own gardens.

Flower blooming is dependent on the weather, of course. But, daffodils usually begin to bloom toward the end of March. Tulips start around the middle of April. Exact timing varies depending on winter and spring weather.

During our visit you should be able to see thousands of blooming daffodil and tulips in the gardens. Walking paths meander through the flower-infused half acre, which sits in the heart of Bridgeport's Stratfield Historic District. The garden also shows how you can attract birds, bees and other wildlife to your yard.

The propertý inclúdes Colorblends House, a springyellow 1903 Colonial Revival mansion with white pillars, porches and a towering front portico. The house was built in 1903 for Albert S. Wells, general superintendent of the Bridgeport Malleable Iron Company.

We will be visiting Colorblends House on Saturday, May 7, 2022. We will meet and leave from the Senior Center at 9:15am. Once at Colorblends, we will give you until 12:30pm. to wander through the gardens and the house on the property. You will also be able to purchase bulbs and flowers at that time if you wish to.

At 12:30pm. we will board our mini bus for our return trip back to the Senior Center. Once we are back in Prospect, we will stop at Hometown Restaurant for a bite to eat. The cost of your meal is your responsibility. We should be back at the Senior Center by about 3:00pm.

If you are interested in joining us, please sign up and as soon as possible. We are limited to the number of people we can bring with us that day.

### Beautiful Things-Gold & Silver Exchange Thursday, June 30, 2022 10:00am. to 1:00pm.

Do you have old, unused or broken gold & silver jewelry pieces? If you are no longer using these items, why not turn them into extra cash for yourself? Get everything together that you no longer use and bring them to the Senior Center. Don Bernier of "Beautiful Things" Gold & Silver will be at the Senior Center. He will meet with you privately and speak to you about how much cash you can get for your items. This gentleman comes very highly recommended to us. He services a number of Senior Centers.

Don pays top dollar for your old gold & silver jewelry pieces. If you can use a little extra cash, stop in and see him. Bring in all forms of gold or silver jewelry, flatware, men and ladies pocket watches, tea sets and coins (silver dollars, half dollars, quarters and dimes pre-1964). Don will pay you well above jeweler's prices and you will be paid cash on the spot.

The Senior Center will benefit also! Don has agreed to give the Senior Center 10% of the total paid out at the end of the day. Call the Senior Center to register.

### Thomaston Ladies Choral Club's Annual Spring Concert @ St. Peter's Trinity Church 160 Main Street-Thomaston, Ct. Saturday, May 14, 2022 \$10 7:00pm. Departing @ 6:00pm.

The Thomaston Ladies Choral Club will be celebrating Spring with a performance on Saturday, May 14, 2020 at 7:00pm. The performance will be held at St. Peter's Trinity Church in Thomaston, Ct. Admission for the concert is \$10. A reception and raffle will follow the concert.

Marjorie Maisto, Dorothea Palladino, Carol Conant and Peg Taylor are members of our Senior Center and participate in our "Songbirds" choir. They are also members of the Thomaston Ladies Choral Group. The group always puts on a beautiful Christmas and Spring Concert each year.

Join us in supporting our fellow Senior Center members, Marge, Dorothea, Carole and Peg and the very talented Thomaston Ladies Choral Club. We will be meeting and leaving from the Prospect Senior Center at 6:00pm. If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your place on our bus without payment.



### "Birds of Connecticut" (Three Part Series) Monday, July 11, 2022 \$3 2:00pm. Presented by Jeff Cianciolo (Presentation #1)

The first presentation in this three part series will start with a one hour Power Point presentation. You will learn amazing facts about our very own "Birds of Connecticut". Some facts you will know already. Other facts, about the birds that are right here in our backyards, you will not know about.

You will learn how to ID birds and understand their eating habits, migratory patterns and family life. The presentation will end with some open discussion with Jeff. He will try to answer any questions you may have. He will be bringing a hands-on, interactive display with him that you can look through at the end of the presentation.

### "Connecticut Birds of Prey" Monday, August 8, 2022 \$3 2:00pm. Presented by Jeff Cianciolo (Presentation #2)

The second presentation in this series will also start with a one hour Power Point presentation. This presentation gives you a more in depth and detailed look at this genus, Birds of Prey of Connecticut and how to ID them. You will learn why Connecticut is the perfect habitat for these raptors, why they are thriving here and what they are eating. You will learn some incredible facts about these "Carnivores of the Air".

The presentation will end with some open discussion with Jeff. He will try to answer any questions you may have. He will again be bringing a hands-on, interactive display with him that you can look through at the end of the presentation.

### "Birds of Connecticut... The Good, The Bad & The Ugly" Monday, September 12, 2022 \$3 2:00pm. Presented by Jeff Cianciolo (Presentation #3)

The third presentation in this series will also start with a one hour Power Point presentation. You will get a detailed, informative and colorful look at some good birds, some bad birds and a few ugly ones "to boot".

Highlights of this presentation include details about several Connecticut species and their peculiar, incredible and fantastical behaviors.

Again, the presentation will end with some open discussion with Jeff. He will try to answer any questions you may have. Again, he will be bringing a hands-on, interactive display that you can look through at the end of the presentation.

Amazingly, all the birds discussed in the three presentations, live and thrive right here in our great state. You will learn all about them by participating in these presentations. You will see unique photos and videos of Connecticut Birds and learn a ton of cool facts about each featured bird. This series is very informative and extremely entertaining!

Jeff Cianciolo is a local Naturalist and Bird Enthusiast that specializes in Wildlife & Birds. In his presentations he speaks about a number of birds local to Connecticut. He shares audio of their calls, and brings related materials with him such as bird nests for attendees to see up close.

### Second Trip Scheduled Due to Demand... New Britain Museum of American Art 56 Lexington Street-New Britain, Ct. Featuring:

### The Poetry of Nature: Hudson River School Landscapes from the New York Historical Society Thursday, May 12, 2022 \$15 10:00am. Departing @ 9:15am.

On Thursday, May 12, 2022, we will be visiting the New Britain Museum of American Art (NBMAA). The Museum was founded in 1903. It is the first museum in the country dedicated to American art.

We have a guided tour scheduled for 10:00am. The tour will concentrate on the Museum's current exhibition, The Poetry of Nature: Hudson River School Landscapes from the New York Historical Society. The exhibit is a stunning array of over 40-paintings created between 1818 and 1886, The Poetry of Natureillustrates America's scenic splendor as seen through the eyes of over 25-leading Hudson River School artists. Artists including Thomas Cole, Asher B. Durand, John F. Kensett, Albert Bierstadt, as well as lesser-known, but important artists, Josephine Walters, Christopher Pearse Cranch, and Louisa Davis Minot, among others.

The exhibit at the NBMAA includes the addition of works by Robert S. Duncanson, the first Black artist of the Hudson River School to gain international acclaim. Drawn from the collection of the New York Historical Society, the exhibition explores the exchange of influence among this group of artists, their favored sketching grounds, and the legacy of Hudson River School painting today.

The Hudson River School rose to eminence in New York during the first half of the nineteenth century. The growing number of crowded industrial cities in the East gave rise to an appreciation for pictures of the landscape untouched by man. This closely-knit group of artists, together with like-minded poets and writers, forged a self-consciously "American" landscape vision and literary voice. Both were grounded in the exploration of the natural world as a rouse for spiritual renewal and as an expression of cultural and national identity. The Hudson River and the varied scenery along its banks provided the subjects for many of their landscape paintings.

We will be meeting and leaving from the Prospect Senior Center at 9:15am. Once at the Museum we will enjoy an hour long guided tour of the Hudson River School exhibit. After the guided tour we will give you an additional hour to visit the rest of the Museum on your own.

At 12noon we will board our mini bus for a lunch stop at Hometown Restaurant here in Prospect. **The cost of your meal is your responsibility.** 

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. We should be back at the Senior Center from this trip by about 3:00pm.

As of right now, consistent with CDC and Connecticut State Department of Health recommendations, all Museum visitors must wear a face mask regardless of vaccination status and out of respect to all those around you. If these guidelines change before our visit, we will let you know.

### Health Series Presentations Beacon Brook Rehabilitation 89 Weid Drive, Naugatuck, Ct.

### Non-Drug Arthritis Pain Options Presented by Suzanne Crean Monday, June 6, 2022 No Charge 2:00pm.

Did you know there are over 100-different types of arthritis that millions of people experience? While the elderly are among the most common demographic to develop arthritis due to age, it is also possible for people to develop arthritis much earlier.

A common treatment for arthritis is medication, usually for pain manageability. However, they can also cause some unfavorable side effects, and in some cases they can be habit-forming.

Drugs and pain medication are just one of several options available to manage arthritis pain. Depending on the extent of joint damage and the level of pain, drug-free pain management therapies can be highly effective.

Suzanne Crean will be here to discuss different drug free, arthritis pain options including exercise and an assortment of braces and meditations. She will also be discussing various modalities including ultrasound, diathermy and electrical stimulation that can be incorporated into a treatment plan for arthritis.

### Woman and Heart Disease Presented by Suzanne Crean Monday, August 15, 2022 No Charge 2:00pm.

Heart disease may be considered by some to be more of a problem for men. However, it's the most common cause of death for of women in the United States. But, it is often overshadowed by breast cancer and other diseases. Because women's heart attack symptoms can differ from men's, women might be diagnosed less often with heart disease than are men. Many women may not know what to look for.

For many years the medical community presumed that heart disease should be treated the same way in woman as it was treated in men. This has been proven to not be the case.

Suzann Crean will be here to discuss all of these subjects and more related to women and heart disease.

### Body Mechanics Presented by Suzanne Crean Monday, September 19, 2022 No Charge 2:00pm.

Proper body mechanics is using the right posture and muscles for everyday activities. Using proper body mechanics for everyday activities allows you to function at optimal levels while successfully avoiding injury, fatigue, and strained muscles.

Do you need a refresher about how to implement proper body mechanics? Look no further than this presentation with Suzanne.

Suzanne Crean will be describing principles of body mechanics that help prevent injury. She will focus on the safest positions for sleeping, sitting and standing to maintain good joint health. She will taylor the talk to include particular interests of the group including gardening, cooking, driving, etc.

If you are interested in any or all of these presentations, please call the Senior Center to register.

### Lunch on the Essex Steam Train & Riverboat Ride 1 Railroad Avenue-Essex, Ct. Friday, July 29, 2022 \$60 Departing @ 9:30am Monday, August 8, 2022 \$60 Departing @ 9:30am.

All aboard the only steam train and riverboat connection in the country! Our 4-hour, narrated journey begins at the historic 1892 Essex Station. We will be meandering through the countryside aboard vintage rail cars pulled by an authentic steam locomotive. Once we reach Deep River Landing, we will be escorted onto the Becky Thatcher Riverboat for a 1.5 hour cruise along the Connecticut River-bursting with lush scenery and historic attractions, such as Gillette Castle and Goodspeed Opera House.

We will be meeting and leaving from the Senior Center at 9:30am. We begin boarding the train at Essex Station at 11:00am. Once you get on the train you will have a nice salad waiting for you to start off your lunch. At 11:30am., once everyone is on board, the train begins its' journey. Your entrée will come out shortly after the train starts moving. At Deep River Landing, your dessert will be served after which time we will transfer on to the Becky Thatcher Riverboat for our 1.5 cruise on the water. Once the cruise is over we will transfer back again on to the train and head back to the station. We should be back at the station by about 3:00pm. and back to Prospect by about 4:30pm.

The cost for this trip is \$60. **This includes transportation to Essex, your train and riverboat ride, your lunch and applicable taxes.** Alcoholic beverages are not included. A cash bar will be available if you are interested in buying a drink.

You have a choice of Eggplant Parmesan, Beef Tips or Baked Chicken for your lunch entrée. Also included in the meal will be a green salad, vegetable, starch, roll and dessert. **PLEASE MAKE YOUR LUNCH SELECTION WHEN SIGNING UP.** 

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment.

### 12th. Annual Robin Hood's Medieval Faire @ Harwinton Fair Grounds Sunday, July 3, 2022 \$15 Departing @ 9:30am.

The 12th annual Robin Hood's Medieval Faire is an enchanted recreation of an old-world spring festival as one might have been in the days of yore. Watch jousting knights, armored combat, and circus-style performers from around the country. Grab a turkey leg or an ice-cold craft brew, and then explore the massive artisan marketplace filled with fantastic gift treasures. Test your skill at archery and other games of skill.

All of Sherwood Forest is a stage with stage performances in six locations throughout the village. Costumes are encouraged but not required. Come as you are or as you wish to be.

We will be meeting and leaving from the Senior Center at 9:30am. Once at the Faire you will be free to wander on your own until 1:30pm. At this time we will board our bus for our return trip back to Prospect. We should be back at the Senior Center by about 2:30pm.

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your place without payment.

### Tarot Card, Numerology & Astrological Readings With Angela Marie -Intuitive Astrologer, Tarot Reader & Numerologist Tuesday, June 7, 2022 \$25 1:00pm. Tuesday, July 19, 2022 \$25 1:00pm.

Angela Marie is an Astrologer in Connecticut. She considers herself a life guide. Her journey in Metaphysics started at the age of 15 when she began her studies in Astrology & Numerology. Her 27-years of experience and intuitive approach to Astrology, Numerology and Tarot reading paired with her passion for helping others understand life's paths are some of the many reasons she has become one of the most trusted and sought after Astrologers in Connecticut.

Angela's home office is at Body Energy Center in Prospect. She also maintains several residencies at The Ruby Tree in Woodbury, New Insights Boutique in Sandy Hook and The Red Barn in Durham. Angela is a member of the Holistic Community Professionals and is a part of many of the Holistic, Metaphysical, & Paranormal fairs and festivals in Connecticut.

One of Angela's specialties is tarot reading. For many of us, a "Tarot card reading" means a woman in flowing robes, leaning over a small table in a candlelit room, foretelling impending doom. But that's not really what Tarot cards are about.

Tarot reading is a way to answer people's questions or counsel them on their concerns using a divination tool called tarot cards. You can learn more about your current situation or even life path— past, present, and future from a reading. Like hypnotherapy and psychic readings, it can uncover new information and empower people towards a path of healing.

Angela also does Astrology and Numerology readings. Numerology is an ancient study that draws meaning from different numbers, number combinations, letters, and symbols in your life. These numbers can help Angela tap into the underlying patterns of the universe and reveal new truths about who you are.

Astrology is the theory that the specific positions of the stars and how the planets move about the solar system impact human beings' lives, events, and behavior. While it's likely that you already know what your sign is, learning the essential attributes is vital if you want to strengthen your sense of self-awareness. Not only will you know how to live your best life, but you'll also gain valuable insight on how to live harmoniously with others also.

Angela will use a graphic map of the sky at the time and location of your birth for your astrological reading. You have to provide her with the date, place, and time of your birth so she can prepare your birth chart.

Tarot, Numerology and Astrological readings are a deeply personal experience. Everyone's reading is different from the next. At Angela's readings she will make the most of your time so that she can accurately decipher the hidden meanings to your life. People have said that they have felt at ease, centered, and focused after their reading with Angela. When your session with her comes to an end, you can move forward knowing that you have guidance on your path of personal growth, opportunity, and peace of mind. Angela will help you to select the correct method (Tarot, Numerology, Astrology) to use to get the most accurate and genuine reading possible. Depending on what area of your life you would like to focus on, she will help you to select what will be the best fit for the type of reading you need. Whatever method you chose, Angela will give you the information you need to help you to get the most out of your life. Her job is to guide you through your thoughts, emotions, and leave you with the guidance you so desperately are looking for to begin a positive change in your life.

Angela will be here for private readings on Tuesday, June 7th. and July 19th. at 1:00pm. These are private sessions that will be 15-minutes in duration. Each 15-minute session will cost \$25. If you are interested in scheduling a reading, please register and PAY for your session at the Senior Center. Your spot cannot be held without payment. Appointments are necessary.

### West Haven Veterans Museum Tour 30 Hood Terrace, West Haven, Ct. Thursday, September 1, 2022 \$10 Departing @ 10:00am.

The mission of the West Haven Veterans Museum is to honor the men and women who served our State and Country during times of conflict and natural disasters. Their goal is to obtain and preserve artifacts which provide a snapshot of what life was like for these Patriots from Connecticut.

Their staff is dedicated to providing education and resources to the future generations as to how our fighting men and women lived and survived while serving our country. As a non-profit organization, they take great pride in the fact that the museum is run by retired Veterans that have served their country proudly. By sharing their unique experiences, Veterans provide visitors a diverse perspective which can be applicable to current real life situations.

The Museum's collections include weaponry, uniforms, field gear and equipment used to support the troops from the American Revolution to the present. Weapons are demilled or non-firing replicas. The center's library contains more than 1,000 books. The books are available for those interested in military history or those involved in research of various conflicts and military related history. Some documents are rare firsthand manuscripts written by the men who served in the Revolutionary War, Civil War, Spanish-American War, Mexican Border War, World War I and World War II and current conflicts. They also have a wide range of uniforms and gear from various periods in history on display.

We will be visiting the Museum on Thursday, September 1, 2022. We will be meeting and leaving from the Prospect Senior Center at 10:00am. Our hour long tour is scheduled for 10:30am. After the tour we will be stopping for lunch at Turk's Seafood Restaurant. **The cost of your meal is your responsibility.** 

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. The cost of this trip will be used entirely as a donation for the upkeep of the Museum. We should be back from this trip by about 2:30pm.

### Making It Last: Sustainable Fashion in Victorian America Exhibit @ The Lockwood-Mathews Mansion-Norwalk Wednesday, August 24, 2022 \$10 Departing @ 9:30am.

Situated on the Norwalk River in Norwalk is the Lockwood-Mathews Mansion on West Avenue. This 62-room architectural attraction is touted as one of the earliest and finest surviving Second Empire-style country houses in the United States. Many areas of the home are restored according to photographs from the 1900's. A visit to the mansion is a great thing to do for people who are enamored with fine architecture.

The Lockwood-Mathews Mansion Museum will explore the recycling philosophy of the 19th. century, as well as the dangerous practices used to create the magnificent gowns worn by high society, with a new costume exhibition titled, Making It Last: Sustainable Fashion in Victorian America.

The exhibition will discuss Victorian-era clothing care and fashionable materials, drawing comparisons to today's companies that support sustainability, while also highlighting some of the 19th. century's hazardous practices, including the use of chemicals and metals such as arsenic and mercury in the manufacturing of popular textiles, faux flowers, and statement hats.

The exhibition will be curated by Lynne Zacek Bassett, an independent scholar specializing in New England's historic costume and textiles.

We will be meeting and leaving from the Senior Center at 9:30am. We should be at our destination by about 10:30am. Once at the Mansion we will enjoy a one hour guided tour of the exhibit and mansion. After the tour we will give you some additional time to browse through their gift shop.

At 12noon we will board our bus again for a lunch stop at Sedona Taphouse. We have lunched here before on previous visits and have enjoyed the food and the service. The restaurant is just a few minutes away from the Mansion. **The cost of your meal will be your responsibility.** 

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. We are limited to the number of people we can bring with us.

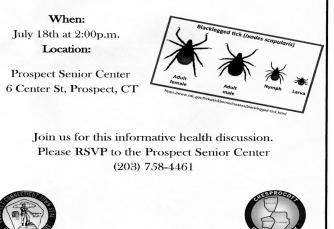


## Get the Facts about ticks!

Do you know the best methods to protect yourself from ticks? Do you know what the symptoms of Lyme Disease are? Do you know the proper techniques to remove a tick if one has bit you?

### "Tick Talk"

Presented by the Chesprocott Health District



### Book Talk & Signing With... Prospect Author, Jen Bernardini-"We All Fall Down" Wednesday, May 25, 2022-No Charge-10:30am.

Author, Jen Bernardini, lives in Prospect, Connecticut with her two boys, husband, and basset hound. She has a Master's Degree in Criminal Justice. When she is not writing she likes to draw and paint.

Jen was at the Senior Center in December of last year to discuss her first published novel, "Mirror in the Attic". At that time, Jen was already working on a second novel, "We All Fall Down". Since then the book has been published and we have invited her back to acquaint us with her new book.

Jen will be at the Senior Center on Wednesday, May 25, 2022 at 10:30am. We invite you to come meet this fascinating and talented Prospect author. Books will be available to buy that day for \$15, if you are inter**ested**.

"We All Fall Down" tells the tale of the super virus, Hg34. The virus has scorched the earth of many of its inhabitants. Those unlucky enough to still be wandering the streets must fight for their survival.

Choice becomes an illusion and the fate of millions rests uneasily in the palm of President Virginia Hill's hands when she runs for, and wins, the presidential election. Civilization is crushed into dust when the President does the unthinkable and poisons her people.

Libby and her six-year-old son team up with brothers Lincoln and Gideon, one a drug dealer with conspiracy theories on the brain and the other an ex-con. They struggle to survive as they search for answers: answers as to what happened and what to do next.

If you are interested in attending this presentation, please call the Senior Center to register. There is no charge for this program.

### **2022 HOLIDA** ENIOR OUTING Holiday Hill Monday, August 22, 2022 9 am – 4 pm **Rain or Shine** 9:00 - 12:00 (UNLIMITED) Assorted Donuts, Fresh Bagels, Muffins & Danish 12:00 - 2:00 (UNLIMITED) New England Clam Chowder and Oyster Crackers Assorted Fresh Cheeses and Snack Crackers Bingo Fresh Vegetable Crudités with Dip Bocce Dancing and 12:00- 3:00 fun with our Cherrystone Clams on the Half Shell Horseshoes DJ 11:30 - 3:30 (UNLIMITED) **Heated Pools Chilled Relish Tray**

Freshly Baked Breads & Rolls **Grilled Hummel Hot Dogs & Sauerkraut** Grilled 1/4 lb. Hamburgers, Cheeseburgers **Tomatoes & Onions** Pickles, Relishes, Mustard and Ketchup **Baked Chicken Italian Sausage with Onions & Peppers Red Bliss Potatoes** New England Baked Beans & Cole Slaw Summer Squash **Green Garden Salad Three Cheese Baked Penne** Corn on the Cob with Butter **Chilled Watermelon Wedges Decorated Sheetcake Apple Pie, Cherry Pie** 

Dancing and fun with our DJ Raffle Prizes

AVAILABLE ALL DAY Pepsi, Orange, Sierra Mist, Diet Pepsi, Root Beer, Gatorade, Lemonade, Iced Tea, Fruit Punch, Coffee, Tea, Milk, Ice Water, Potato Chips, Goldfish Crackers and Pretzels Budweiser Beer on tap

Free

arking

### All Inclusive Price - \$40.00 per Guest

<u>To purchase tickets;</u> Make check payable to Holiday Hill Mail it to our main office: Holiday Hill, P. O. Box 338, Cheshire, CT 06410 Or Call 800-533-0029 by 8/9/21 to purchase tickets with Visa, MasterCard or Amex Tickets will be mailed upon receipt of payment <u>Non- refundable</u>

> Senior Citizens Only No admittance to Holiday Hill before 9:00 a.m. For more Information call 800-533-0029

60

### Garden Tours of New York City With Art & Susan Zuckerman Monday, July 25, 2022 \$82 Departing @ 8:00am. \$82

Not all of New York City is a concrete jungle. There is a lot of green space throughout the City, some of which are highly visible and others that remain hidden from view. Visit some of the finest gardens in New York City with Art & Susan Zuckerman as your tour guides. During this tour you will experience everything from the secrets of Central Park to the charming gardens of the East Village. You will hear anecdotes and stories about the building of these

oases and the people associated with them. We will travel from Winston Churchill Park to the gar-dens atop Rockefeller Center to the medieval gardens of the Cloisters. Visit the little known, Conservancy Gardens of Central Park, The Highline, America's only elevated park, the little known community gardens of the Upper West Side, the East Village Oases Gardens and many more

Lunch will be on your own at the Winter Garden Food Court across from the World Trade Center. It is a great place to have lunch. The building complex is beautiful and the food court offers a great selection of food choices at New York City reasonable prices. There is plentiful seating with striking views of the Hudson River/New York Harbor area. The Winter Garden is visited by hundreds of thousands of visitors each year.

This tour has been adapted for Seniors. There is some walking but it is minimal.

some walking but it is minimal. Broadway Musical Tour With Art & Susan Zuckerman Tuesday, August 16, 2022 \$95 Departing @ 8:00am. Travel throughout New York City with Art & Susan Zuckerman as your guides. You will be joined on the bus by an Actors Equity performer/singer. They will "sing their way" through the various neighborhoods you will be their way" through the various neighborhoods you will be traveling through. Hear highlights from such great Broad-way musicals as "Phantom of the Opera", "My Fair Lady", "Funny Girl", "Cats", and others, performed personally for you by your singing, on-board entertainer.

See where the stars lived, lusted, loved and performed! You will, hear anecdotes and humorous quips about such people as: Barbra Streisand, Andrew Lloyd Webber, Judy Garland, Liza Minelli, Julie Andrews, and many more. Along the way, you will visually tour New York City sites that relate to the musicals and the people who starred in them. You will visit such neighborhoods as Greenwich Village, Harlem, Central Park West and the Broadway Theater district.

You will be given plenty of time to eat (on your own) in Little Italy. Join us for this day of Broadway entertainment and fun without paying the high prices of the theaters. New York City (NOSH) Food Tour With Art & Susan Zuckerman Thursday Settember 9, 2022

## Thursday, September 8, 2022 \$115 (all-inclusive) Departing @ 8 Departing @ 8:00am.

Art and Susan Zuckerman are licensed tour guides. They host a radio show called "Z Travel and Leisure" which focuses on New York City, travel and cultural topics. They have also appeared on the History Channel, Travel Channel, BBC, ITV London, French TV, German TV, the Japanese Animal Planet and many local cable shows Additionally, they have written a book and are the official guides for the Italian-American Museum. They have done extensive work with corporate and international groups and instruct teachers on New York City history and culture.

They offer an extensive variety of tours of New York City. They have a passion for New York City and want visitors to experience all that New York has to offer, no matter what your interests.

On Thursday, September 8, 2022 we will be participat-ing in a New York City (Nosh) Food Tour with the Zucker-man's. "Nosh" is eating in New York City English. Everyone loves to eat! With immigrants from around the globe, New York City can take you around the world just within its' five boroughs. The Zuckerman's will take you on a food tour that will delight your taste buds.

### Itinerary:

Stop #1: Arthur Avenue Market-Bronx-demonstration & food samplings

Stop #2: Harlem Soul Food Stop Stop #3: Chinatown-Manhattan–Dim Sum sampling expe rience

Stop #4 Lower East-Nostalgic old time candy store where you can purchase candy, nuts and dried fruits that

will bring back some childhood memories for you. Stop #5: East Village-Manhattan–Italian pastries and

drinks (cappuccino, espresso, etc.) En route to our stops on the itinerary various New York City foods will be served on the bus including: Soul Food, Knishes, Smoked fish, bagels and a few surprises, if time permits.

During the tour you will get a full narrative of the City as you travel from one "noshing" location to the next. You will hear about NYC history, anecdotes and trivia as you travel.

This tour is more than just eating! You will learn about the neighborhoods that you will be traveling through. You will hear about Harlem, Little Italy, Chinatown, the Lower East Side, and much more. Video in short segments, photographs and multimedia illustrations will also enhance your tour.

Art & Susan do stress, however, that they are not re-sponsible for any weight gained on this "experience". Alka Seltzer will be provided and naps will be allowed, though you won't want to miss a minute of this fabulous tour. And,

# they promise you won't come back hungry! Visit a Foreign Country in New York City... Chinatown & Chinese Culture Tour Thursday, October 6, 2022 \$99 Departing @ 8:00am.

With Art & Susan Zuckerman as your tour guides, participants on this tour will enter a "foreign country" which is rich in history, culture, the arts and foods. The focus will be the historical evolution of the neighborhood from a swamp to a Chinese bachelor society with forty men to every woman; to a thriving ever-expanding ethnic community

with the largest Chinese population in the country. You will learn "the truth" about gang wars, opium dens, illegal sweatshops, human smuggling and the Chinese matia. You will examine unique Chinese funeral customs and superstitions, visit a Buddhist temple and experience Joss houses. You will view displays of art and sculpture representing various Chinese traditions and superstitions. You will visit the most unusual food market in America, if you dare!

Chinese people have always been great bargainers and shoppers. You will learn their bargaining skills and, of course, use them to shop!

Finally, you will savor a variety of delicious foods during a wonderful "dim sum" luncheon. You will learn to understand the saying, "Americans eat to live and the Chinese live to eat"

The Zuckerman's have done a number of presentations here and we have gotten rave reviews from participants. I am sure the same will be said for their tours. We will be meeting and leaving from the Prospect Senior Center at 8:00am for the tours. We should be back here by about 6:00pm. If you are interested in joining us for any or all of these tours, please sign up and PAY as soon as possible. We cannot hold your place without payment. We anticipate that they will be very popular!

### Fidelco Guide Dog Association "Octoberfest" 103 Vision Way, Bloomfield, Ct. \$10 Saturday, October 22, 2022 Departing @ 9:30am.

Every seven minutes in our country someone becomes blind or visually impaired. These people are not statistics. They are our children, parents, friends, neighbors, co-workers and employees. For some, the cause is genetics. For others it's disease, accident or war. For most, it is an irreversible change. According to a recent study, 30-million Americans suffer from vision loss. That number is expected to dramatically increase in the next ten years, largely as a result of the aging Baby Boomer generation.

The Fidelco Guide Dog Association provides the highest quality German Shepherd Guide Dogs to clients who are blind or are visually impaired. The Fidelco dog was created from Bavarian stock. It is an outstanding and exclusive product of selective breeding from strong working lines and has evolved to be truly a breed within a breed. The dogs possess characteristics of the ideal working guide: intelligence, temperament, stamina and stability.

The dogs are responsible for their client's safety at all times. This formidable task requires the Association to have an uncompromising focus on the quality of the breed, which is a hallmark of the Fidelco breed.

It takes the Association two full years and \$45,000 to train and produce each guide dog. Fidelco gives these life-changing canine partners to its blind clients at no cost. Fidelco also provides 24/7 lifetime service to clients with annual follow up visits.

Join us on Saturday, October 22, 2022 as we travel to the Fidelco campus in Bloomfield, Ct. for their Octoberfest. This is an annual fundraiser for the organization. This is a day of family fun including food, puppies, guide dog demos, blindfold walks, and more! You will get a chance to see first-hand some of the cutest puppies around.

We will be meeting and leaving from the Prospect Senior Center at 9:30am. The event starts at 10:00am. Once at the event you will be free to wander and explore the festival on your own. At 1:00pm. we will meet back at our mini bus for our trip back to Prospect. We should be back at the Senior Center by about 1:30pm.

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment.

### WANTED: KEYBOARDS FOR OUR PIANO CLASSES

We are in need of keyboards, in good working condition for our piano classes here at the Senior Center. The classes are taught by Senior member, Joe Guarino. They have become very popular. If anyone has a keyboard in good working condition that they would like to donate to the Senior Center, we would truly appreciate them. Our future Mozart and Beethoven protégées would also be very grateful!

### Day Trip to the Burlington Trout Hatchery 34 Beldan Road, Burlington, Ct. Tuesday, August 2, 2022 No Charge 11:00am. Departing @ 10:00am.

The Burlington Trout Hatchery was established in 1923. It is run by the Department of Environmental Protection of the State of Connecticut. Its annual production is from 80,000 to 90,000 pounds of 9 to 12 inch brown and rainbow trout. Forty-five thousand brook trout in the 6 to 8 inch class are also raised annually for stocking in smaller streams. They also raise brown trout and sockeye salmon for distribution into area streams and suitable lakes in Connecticut.

During our guided 45-minute tour you will see the hatchery house which contains the incubation area where eggs are held at a constant temperature until hatching. You will also experience the nursery, breeder and rearing pools, trout ponds and the production ponds.

We will be meeting and leaving from the Senior Center at 10:00am. Our guided tour is scheduled for 11:00am. The tour runs about an hour. After the tour we will board our buses for a lunch stop at Countryside Restaurant which is just a short distance away from the hatchery. This restaurant has been recommended to us by the fish hatchery staff. We are told the food is very good, plentiful and reasonably priced. **The cost of your lunch is your responsibility.** We should be back in Prospect by about 2:30pm.

If you are interested in joining us for this day trip, please sign up as soon as possible. We are limited to the number of people we can bring with us.

### 2022 Summer Concerts on the Prospect Town Green

DATE	GROUP
June 29	Still Kicking It with Big City Horns
July 6	Night Shift
July 13	Morgan Skelly & The Old Crows
July 20	Mad River Blues Band
July 27	Mass Connfusion
Aug 3	Southern Voice
Aug 10	By All Means
Aug 17	Raise Your Hands-Tribute to Bon Jovi
Aug 24	Simply Swing

All concerts are held outdoors on the Prospect Town Green. Bring your own lawn chair.

In case of inclement weather, concerts will be held at the Prospect Community Center.

All concerts are on Wednesdays and are free of charge.

All ages are welcome.

All concerts begin at 7:00pm.

62



### Judith M. Hinde Worked at Wallace Silversmiths

WALLINGFORD – Judith M. Hinde, 79, died at home on Friday, April 8, 2022.

Judith was born in Meriden, May 15, 1942, a daughter of the late Arthur Hinde and Helen (Lussier) Hinde, and had worked at Wallace Silversmiths for 25 years.

She is survived by two sisters-

in-law; a brother-in-law; 10 nieces and nephews; and her loving companion of 20 years, Vincent leronimo of Waterbury, with whom she shared most of her free time. She also enjoyed telling jokes while calling bingo at the Prospect Senior Center.

Judy never stopped talking about how she loved the parties, adventures and travels of the leronimo family and spending time with Vincent.

She was predeceased by her brothers, Richard and Francis Hinde, and her sisters, Donna Pond and Lois LaBonia.

Her family received relatives and friends in The Wallingford Funeral Home, 809 North Main St. Ext., on Friday, April 15, from 3 to 5 p.m. A funeral service was at the funeral home at 4:45 p.m. Interment will be private.

In lieu of flowers, gifts in her memory may be sent to the: Prospect Senior Center, 6 Center St., Prospect, CT 06712. wallingfordfh.com



### John E. Croce National Guardsman, meat cutter, enjoyed traveling

NAUGATUCK – John Edward Croce, 78, of Naugatuck, died Monday, March 28, 2022, at Cheshire House Nursing and Rehabilitation Center in Waterbury after a long illness.

John was born in Waterbury Dec. 1, 1943, son of the late John and Lucy DiLeo Croce. He and his family moved to Naugatuck in 1955. He was a graduate of Naugatuck High School, and became a meat cutter at Pat's IGA in Wolcott until his retirement.

He was a veteran of the United States National Guard. John en-

joyed attending theatrical productions on Broadway and at the Bushnell, Shubert and Palace theaters in Connecticut, as well as travel with his longtime partner Kathleen Gillen.

He also enjoyed restaurant dining, whether it was a French restaurant for special occasions, the Oyster Bar at Grand Central Terminal, eating a lobster at a picnic table on Cape Cod, or a good hot dog at a local stand.

He loved his trips to the Deep South and Midwest. He was an automobile enthusiast so his personal favorites were the Studebaker Museum in South Bend, and Graceland in Memphis.

John was a great and caring father to his only son, John D. Croce. They enjoyed weekly trips to the Wolf's Den campground in East Haddam together during his son's early years. John taught his son the necessity of hard work and humility, and always supported his son in whatever he wished to accomplish.

### **Obituaries**

He was a member of the YMCA and participated in its exercise programs. He belonged to the Prospect Senior Center and enjoyed their trips and parties.

In addition to Kathleen and his son, John is survived by his brother Raymon Croce and his wife Kathy Croce, of Naugatuck; and several nieces, nephews and cousins. He was predeceased by his brother Michael Croce.

A graveside service was on April 11, 2022, at 10 a.m. at St. James Cemetery in Naugatuck. There were no calling hours.

Arrangements entrusted to the Naugatuck Valley Memorial/Fitzgerald-Zembruski Funeral Home, 240 N. Main St., Naugatuck, CT 06770. To send an online condolence, please visit NaugatuckValleyMemorial.com.



### John P. Dowling Lifelong Naugatuck resident

NAUGATUCK – John P. Dowling, 72, passed away on Thursday, April 7, 2022.

John was born April 24, 1949, in Waterbury, the son of the late William and Josephine (Nash) Dowling. He was a lifelong Naugatuck resident and worked as a social worker for many years for the State of Connecticut.

John was a huge UConn

women's basketball fan, and an avid fisherman. He also dabbled in horse racing. He was enthralled with Irish history and would often tell us what books we should read or what shows we should watch, so we would stay informed about Ireland. But first and foremost, he loved family and family get-togethers.

His gifts were always unique. He was not much into wrapping and would just bring them in the bags they came in. He loved and cared for all his nephews and nieces and would talk about them to anyone who would listen. Without a doubt, John was their favorite uncle. He was one of the most sincere and generous individuals you could ever meet. We truly miss him.

John is survived by his sister, Nancy Rosa and her husband, Mike; his brothers, William Dowling and William's companion, Linda Underwood, and Kevin Dowling and his wife, Margaret; and his much-loved nieces and nephews, Robin Logie, Sharon Colangelo, Robert Colangelo, Brian Colangelo, Michael Rosa, David Rosa, Sam Dowling, Maris LePage, Christopher Dowling, Matthew Dowling, Lisa Funderburk and Donna Demarest. In addition to his parents, he was predeceased by his brothers, David and James Dowling, and his sister, Joan Colangelo.

A Mass of Christian Burial was at 11 a.m. on Wednesday, April 13, 2022, at St. Francis of Assisi Church, 318 Church St., Naugatuck. Burial will be at the convenience of the family. There are no calling hours. The Alderson-Ford Funeral Home of Naugatuck is assisting with arrangements.

In lieu of flowers, memorial contributions may be made to the Shriner's Hospital for Children, 516 Carew St., Springfield, MA 01104-2396.

For online condolences, or to share a photo or a story, please visit fordfh.com.



### REMEMBER: SIGN UP AND PAY ASAP NO SEATS HELD W/O PAYMENT



Sunday, May 22, 2022 \$35 3:00pm. Departing @ 1:30pm.

This spring, the men of the Connecticut Gay Men's Chorus will be crossing the pond to explore British hits that have topped the charts for decades. It's the best of the Brits, from David Bowie and The Who to Petula and Adele!

We will be meeting and leaving from the Prospect Senior Center at 1:30pm. The show starts at 3:00pm. Once we get back to Prospect we will be stopping at Hometown Restaurant here in town for a bite to eat. We should be back at the Senior Center by about 8:00pm.

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your spot without payment.

This group is very, very talented. They put on wonderful, entertaining shows.

# JORGENSEN

CENTER FOR THE PERFORMING ARTS

@ UCONN Storrs Campus

The Piano Guy

Friday, September 16, 2022 \$65 8:00pm. Departing @ 4:00pm.

After two show-stopping engagements on the Jorgensen stage, international musical superstars and internet sensation, The Piano Guys, return with their innovative mash-ups of classical and pop music performed on piano and cello.

Since their serendipitous start in a Southern Utah piano shop, The Piano Guys have proven to be a powerhouse group without limits.

Ărriving as a musical phenomenon seemingly overnight, the quartet of Jon Schmidt, Steven Sharp, Paul Anderson and Alan Beek have delivered bold compositions that transcend boundaries of style and genre, a boundlessness that has since translated into a massively successful career.

Their 2020 album release "10" was a celebration of The Piano Guys' 10-year anniversary. The album included their most popular hits from the past 10-years as well as brand new arrangements.

We will be meeting and leaving from the Prospect Senior Center at 4:00pm. Our first stop will be at Willington's Pizza Restaurant for a bite to eat before the show. The cost of your meal is your responsibility. After eating, we will then proceed to the show which starts at 8:00pm. We should be back in Prospect by about 10:30am.



### Anne of Green Gables Thursday, August 18, 2022 \$65 2:00pm. Departing @ 10:30am.

Anne Shirley just arrived on Prince Edward Island and she's already making waves. Adopted by siblings Marilla and Matthew Cuthbert, Anne is feisty, smart and eager to find her own place in the world. But is the world ready for her? Fall in love with the spirited redhead of the classic novel, now re-imagined as a vibrant folk-rock musical for all generations. With bold choreography, witty humor and a revolutionary spirit, this is Green Gables as you've never seen it before!

### 42nd. Street Thursday, October 20, 2022 \$65 2:00pm. Departing @ 10:30am.

42nd Street – the big, bright tap dancing extravaganza – is coming to Goodspeed in a fresh, newly imagined production. This love letter to Broadway is the ultimate show biz fairy tale of the chorus kid who becomes an overnight star. A 1930's backstage musical packed with plenty of pizazz, it will set your heart pounding with its rhythmically tapping feet and a hit parade of songs, including "Lullaby of Broadway," "We're In The Money," "Shuffle Off To Buffalo," and of course, "42nd Street." It's tap dance heaven!

Our first stop will be at La Vita Gustosa Restaurant for lunch. The restaurant is located directly across the street from the Goodspeed Opera House. **The cost of your lunch is your responsibility.** Directly after lunch we will walk across the street to the theater for each of these shows. Most shows are about 2.5 hours in duration. We should be back at the Senior Center between 5:30pm. and 6:00pm.

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. We are limited to the number of people we can bring with us.

64

THEATER



### REMEMBER: SIGN UP AND PAY ASAP NO SEATS HELD W/O PAYMENT



556 Mulberry Street-Plantsville, Ct.

### **2022 Senior Entertainment Events**

### Celebrate Italia!! Tuesday, July 12, 2022 \$47 11:00am.-3:00pm. Departing @ 10:30am.

The Sam Vinci Band has been an Italian-American staple at numerous Italian festivals throughout Connecticut. Sam and his band know how and what to play to please a crowd. Special Appearance by: Aaron Caruso. Aaron's operatic voice brings his Italian songs to life. Menu: Meatballs & Sausage/ Chicken Parmesan.

### The Jersey Tenors Tenor Wednesday, August 10, 2022 \$86 11:00am.-3:00pm. Departing @ 10:30am.

What can be better than having the music of Frankie Valli and the Four Seasons live? Experience the music of four guys from New Jersey recording the finest music of its generation. The show consists of four young, hot, Broadway veterans recreating the music and stories of the era. Choreography, staging and melodious harmony will create a memorable afternoon for you. 'Sherry, Big Girls Don't Cry, Candy Girl, Walk Like a Man' are some of the songs that we love and will hear this afternoon. Join us as we go back to a wonderful time! Menu: Garden Salad, Pasta, Chicken Parmesan and

Broiled Scrod with Crumb Topping, Vegetable, Potato, Rolls, Dessert, Beverage. Enjoy coffee & donuts upon your arrival.

### Richie Mitnick Presents Tom Jones & Englebert-The Way it Used to Be Starring: Joe Saimeri Tuesday, August 16, 2022 \$47 11:00am.-3:00pm. Departing @ 10:30am.

Sit back, close your eyes and be transported to great moments in musical history. From "Delilah" to "Release Me", you'll enjoy every second of this powerful tribute to these unforgettable entertainers. Accompanying Joe will be musical director Richie Mitnick along with some surprise guest artists as well. Menu: Marinated Flank Steak/ Chicken Marsala

### Jimmy Mazz Pays Tribute to Bobby Darin and Connie Francis! Tuesday, September 13, 2022 \$47 11:00am.-3:00pm. Departing @ 10:30am.

Jimmy Mazz pays tribute to Bobby Darin as only he can. Combined with the stunning voice of Connie Francis, they make a dynamic duo. Come relive their magic with us. Menu: Roast Beef/ Chicken Francais. **There is no dancing at this event.** 

### Polka! Polka! with The Polka Family Band! Tuesday, October 11, 2022 \$47 11:00am.-3:00pm. Departing @ 10:30am.

Back by Popular Demand! This Band will keep everyone smiling and dancing the entire day! Menu: Lemon Chicken/ Pork Schnitzel.

### Bob Hope USO Show Tuesday, November 15, 2022 \$47 11:00am.-3:00pm. Departing @ 10:30am.

Bill Johnson's performance brings Bob Hope's humor and entertainment alive. He may have a few surprise guests as well!. Menu: Roast Beef/ Pan Seared Salmon. **There is no dancing at this event.** 

Family style, complimentary coffee and donuts served upon arrival. Complimentary glass of beer or wine and complimentary door prizes are included in all of these Senior Events at the Aqua Turf Club

*If you are interested in joining us for any of these events, please sign up and PAY as soon as possible. We cannot hold your seat without payment.* 

### REMEMBER: SIGN UP AND PAY ASAP NO SEATS HELD W/O PAYMENT



66

THEATER

### David Foster-Hitman Tour (Rescheduled) Thursday, May 12, 2022 \$65 8:00pm.-Departing @ 7:00pm.

### Kenny Logins Thursday, June 9, 2022 \$60 7:30pm. Departing @ 6:45pm

For all of these shows we will be in orchestra seats. If you are interested in attending any of these performances, please sign up and PAY as soon as possible. We cannot hold your place without payment. Remember, we have to pay for our theater tickets about two months ahead of the scheduled show date. So, if you are interested in joining us you cannot wait too long to sign up and pay.



Hopeville Church 160 Piedmont Street Waterbury, Ct.

### **Piedmont Players Dinner Theater**

"Drinking Habits" A Comedy Dinner Theater Play 4-Course Dinner & Performance Friday, June 3, 2022 \$22 6:00pm. Departing @ 5:00pm.

We will be meeting and leaving from the Senior Center at 5:00pm. This event starts at 6:00pm. Once we get there, we will be seated at reserved tables

*If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your reservation without payment.* 



140 Cook Hill Road-Cheshire, CT **Bennie and the Jets** The Premier Elton John Tribute Band

Friday, May 20, 2022 \$40 7:30pm. Departing @ 6:30pm.

### **Edmond Town Hall Theater**

45 Main Street, Newtown, CT

### Sugar Mountain Band: The Ultimate Tribute to Neil Young Friday, May 13, 2022 \$28 7:00pm. to 11:00pm. Departing 6:00pm.

**Departing 6:00pm.** Sugar Mountain brings together an ensemble of veteran musicians from the New Jersey music scene who faithfully replicates the songs of one of our era's most prolific and beloved singer/songwriters, Neil Young.

Neil Young's career spans an amazing five plus decades, from the seminal country rock sounds of Buffalo Springfield and super group Crosby, Stills, Nash and Young to garage band Crazy Horse and countless genre bending solo releases, spanning everything from folk, country, electronic and hard rock to rockabilly.

Sugar Mountain brings to life the Neil Young concert experience, covering all of the best known songs, hits and deep cuts that are sure to thrill all, from the most ardent of fans to the casual Neil listener.

Bee& wine and concessions will be available for sale at the concert.

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment.

Mask-wearing at the theater is optional for those who are vaccinated. Those who are unvaccinated must wear masks.

THEATER

67

### REMEMBER: SIGN UP AND PAY ASAP NO SEATS HELD W/O PAYMENT



Non-profit 501 (c) (3)

Ridgefield Playhouse 80 East Ridge Road Ridgefield, CT

### The Sixties Show Saturday, May 14, 2022 \$52

### 8:00pm. Departing @ 6:30pm.

A Show About Being in The 1960's, Based Around the Greatest 1960's Musical Re-Creation Concert...Ever. The Sixties Show is from NYC and is The Greatest 1960's Musical Re-Creation Show on Earth. The band

features former band members of The Who, Bob Dylan, and NBC TV's Saturday Night Live band.

This popular theater show is a cross generational crowd pleaser and has been selling out every theater and performing arts center that the show plays at. The band is widely celebrated and known for re-creating spot on, note for note re-creations of the hits, B-sides and deep album cuts from the greatest songs of the 1960's. In addition to the concert experience, the show is full multi -media Broadway type production that is powerfully dramatized by a combination of time travel special effects, narration, 60's archival audio and newsreel footage and a light show. This seen to be believed bigger-than-life, Broadway theaterstyled show is nothing less than awe-inspiring. The Sixties Show is a high energy trip back in time that reminds the audience how uniquely inspirational, entertaining, and historically significant the music and events of the 1960's was and continues to be.

All of the music is performed live, backing tracks or prerecorded music of any kind. The band uses a state-of-theart sound system but, only plays authentic 1960's period vintage and re issue vintage gear and instrumentation just like original artist's and original recordings. This combined with genuine 1960's mod costumes that the band wears only add to the meticulous detail and authenticity of this popular and powerful theater show.

The members of The Sixties Show were hand-picked to perform and record with Sir Paul McCartney, The Beach Boys, Brian Wilson, The Bee Gees, Mick Jagger, Bruce Springsteen and other legends and individually have performed at the most renown venues in the world such a Madison Square Garden, The Hollywood Bowl, Wembley Stadium, The Grand Rex in Paris, The Budokan in Tokyo and others.

### The 5th. Dimension (RESCHEDULED) Friday, August 5, 2022 \$65 8:00pm. Departing @ 6:30pm.

With more than 20 million records sold worldwide, 22 Top 40 Hits, five #1 hits and 6 Grammy Awards, the legendary 5th Dimension, led by original member and lead vocalist, Florence LaRue, continues to delight sold out audiences with their amazing harmonies, immaculate showmanship, and exciting energy wherever they perform. Their classic songs include: "Up, Up, and Away," "One Less Bell to Answer," "Last Night I Didn't Get to Sleep At All," "Wedding Bell Blues," "Stoned Soul Picnic," and the iconic "Aquarius/Let the Sun Shine In." Congratulations to Jim & Lorraine Thibodeau on their 50th. Wedding Anniversary...



"There is no more lovely, friendly, and charming relationship, communion or company than a good marriage." - Martin Luther

Congratulations to Senior Members, Jim & Lorraine Thibodeau from Naugatuck. The couple will be celebrating their 50th. Wedding Anniversary on May 19, 2022. The pair has been together since they were high school sweethearts. They were married at St. Mary's Church in Naugatuck. They have three children (girls) and five grandchildren.

Jim graduated in 1964 from the Waterbury school system. He served honorably in Vietnam. He performed rescue and pick up missions. He was also a gunner.

Lorraine graduated in 1965 from Naugatuck High School. She became a hairdresser and later went on to get a degree in "Hospitality".

They come to the Senior Center often for card games, cribbage, lunches, knitting and Bingo, among other things. Lorraine is one of the callers for our regular Friday Bingo and for our monthly Dime Bingo games.

Congratulations to this lovely couple. Very few reach this monumental milestone!





### @ Clockwork Repertory Theater 133 Main Street, Oakville, Ct.

### THE REVOLUTIONISTS Sunday, May 15, 2022 \$18 3:00pm. Departing @ 2:00pm.

Four beautiful, badass women lose their heads in this irreverent, girl-powered comedy set during the French Revolution's Reign of Terror. Playwright Olympe de Gouges, assassin Charlotte Corday, former queen (and fan of ribbons) Marie Antoinette, and Haitian rebel Marianne Angelle hang out, murder Marat, and try to beat back the extremist insanity in 1793 Paris. This grand and dream-tweaked comedy is about violence and legacy, art and activism, feminism and terrorism, compatriots and chosen sisters, and how we actually go about changing the world. It's a true story or total fiction or a play about a play? Or a raucous resurrection...

### ROMEO & JULIET Sunday, July 17, 2022 \$18 3:00pm. Departing @ 2:00pm.

An age-old vendetta between two powerful families erupts into bloodshed. A group of masked Montagues risk further conflict by gate crashing a Capulet party. A young lovesick Romeo Montague falls instantly in love with Juliet Capulet, who is due to marry her father's choice, the County Paris. With the help of Juliet's nurse, the women arrange for the couple to marry the next day. But, Romeo's attempt to halt a street fight leads to the death of Juliet's own cousin, Tybalt, for which Romeo is banished.

### HEAD OVER HEELS Sunday, August 21, 2022 \$18 3:00pm. Departing @ 2:00pm.

HEAD OVER HEELS is the bold new musical comedy from the visionaries that rocked Broadway with Hedwig and the Angry Inch, Avenue Q and Spring Awakening. This laugh-out-loud love story is set to the music of the iconic 1980's all-female rock band The Go-Go's, including the hit songs, "We Got the Beat," "Our Lips Are Sealed," "Vacation," Belinda Carlisle's "Heaven is a Place on Earth" and "Mad About You."

A hilarious, exuberant celebration of love, HEAD OVER HEELS follows the escapades of a royal family on an outrageous journey to save their beloved kingdom from extinction—only to discover the key to their realm's survival lies within each of their own hearts.

### VARNEY THE VAMPIRE Sunday, October 23, 2022 \$18 3:00pm. Departing @ 2:00pm.

This wild and clever spoof is based on a melodramatic novel attributed to Thomas Prest, the creator of Sweeney Todd. In 1900 weary vampire Sir Francis Varney shows up at an inn in Italy. He plans to visit a haunted grotto and ask forgiveness from a lost love whose ghost is doomed to roam the landscape wearing a thin veil over her face. Varney forgets his mission and proceeds to snarl and snap at everyone in sight, especially an English damsel. Varney is shot, stabbed with a wooden stake and hanged. Still he survives!

### EVERY CHRISTMAS STORY EVER TOLD Sunday, December 11, 2022 \$18 3:00pm. Departing @ 2:00pm.

Instead of performing Charles Dickens' beloved holiday classic for the umpteenth time, three actors decide to perform every Christmas story ever told -- plus Christmas traditions from around the world, seasonal icons from ancient times to topical pop-culture, and every carol ever sung. A madcap romp through the holiday season!



### Clue Sunday, November 6, 2022-\$30 2:00pm. Departing @ 1:00pm.

The Warner Theatre will present the production of CLUE on Sunday, November 6, 2022 at 2:00pm. If you loved the movie, are an aficionado of the board game, or if you just enjoy the unfurling of a great whodunit - you'll kill to be among the first to see the official stage adaptation of this pop culture favorite!

Based on the iconic 1985 Paramount movie which was inspired by the classic Hasbro board game, CLUE is a hilarious farce-meets-murder mystery. This live staging tells the shocking tale of six mysterious guests who attend an unusual dinner party hosted by Mr. Boddy, where murder and blackmail are both on the menu. When their host turns up dead, they all become suspects and together they must solve the mystery before the police arrive. Led by Wadsworth – the butler, Miss Scarlett, Professor Plum, Mrs. White, Mr. Green, Mrs. Peacock and Colonel Mustard race to find the killer as the body count stacks up. A zany evening of slapstick slamming doors and some of the funniest one-liners in movie history. CLUE will leave both cult-fans and newcomers in stitches as they try to figure out...WHO did it, WHERE, and with WHAT!

"CLUE is an athletic, uproarious 90-minute sprint." - The Philadelphia Inquirer. "This new incarnation on the stage is smart, funny and a visual treat to behold...Go. Laugh. Enjoy the privilege of seeing the first round of a new play that's sure to become a staple in American theater." -Bucks Local News

We will be meeting and leaving from the Senior Center at 1:00pm. for this show. If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. You must show proper ID and your vaccination card to enter the theater.

68

THEATER



### REMEMBER: SIGN UP AND PAY ASAP <u>NO SEATS HELD W/O PAYMENT</u>



103 Main Street Ivoryton, CT

### Native Gardens Wednesday, May 25, 2022 \$45 2:00pm Departing @ 11:00am.

What divides us and what do we share? A love of gardening, maybe? It is said that fences make for good neighbors but in this case, it just makes things worse. Frank Butley's symmetrical rows of pruned shrubs or Tania Del Valle's unruly, organic native garden? Which will win when gardens and cultures clash, turning friendly neighbors into feuding enemies in this hilarious new comedy of good intentions and bad manners.

### The Great Gatsby Wednesday, October 5, 2022 \$45 2:00pm Departing @ 11:00am.

Jay Gatsby, a self-made millionaire, passionately pursues the elusive Daisy Buchanan. Nick Carraway, a young newcomer to Long Island, is drawn into their world of obsession, greed and danger. A beautifully crafted interpretation of the 1925 novel which defined the Jazz Age, Simon Levy's play captures the breathtaking glamour and decadent excess of the 1920s.

### Winter Wonderettes Wednesday, November 30, 2022 \$45 2:00pm Departing @ 11:00am.

The Wonderettes are back! This seasonal celebration finds the girls entertaining at the annual Harper's Hardware Holiday Party. When Santa turns up missing, the girls use their talent and ingenuity to save the holiday party. Featuring '60s versions of holiday classics such as "Santa Claus Is Comin' to Town," "Jingle Bell Rock," and "Winter Wonderland," the result is, of course, marvelous! This energetic and glittering holiday package is guaranteed to delight audiences of all ages.

Before the shows we will be stopping at the Blue Hound Restaurant for a bite to eat. The restaurant is across the street from the theater. The cost of your meal is your responsibility. We will continue on to the shows after our meals.

These shows begin at 2:00pm. and end about 4:00pm. We should be back at the Senior Center by about 5:00pm.

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment.



### Newport Playhouse Spectacular Lobsterfest Matinee!

Monday, August 15, 2022 \$145 Departing @ 8:00am.

Lunch, Fabulous Show & Great Cabaret!

### "Murder at the Howard Johnsons"

Is all fair in love? Even murder? That's the question posed by this light and funny suspense comedy about a love triangle in a Howard Johnson Motor Inn. The play presents a love triangle involving a woman, her lover, and her husband in three scenes.

In the first scene, the wife and her lover plot to murder the husband. In the second scene, the wife and her husband are plotting to murder the lover. The third scene has the husband and the lover plotting to murder the wife, but this attempt, like the others, fails....

### Tour Highlights:

RT Motor coach Transportation, Fabulous Comedy Show, After-Theatre Cabaret, Magnificent Lobsterfest Buffet, escorted by Linda Soto of Raylin Travel

"We always have an abundance of food because we cook more than we need so our customers will always have a plentiful buffet."

### Sample Menu:

1 ¼ boiled lobster, Peel & Eat Shrimp, Mussels in Wine & Herbs, Fresh Corn on the Cob, Roasted Chicken, Roasted Potatoes, Tomato Salad, Tuna Salad, BBQ Chicken, Glazed Sweet Potatoes, Ham, Baked Beans, Watermelon, Strawberry Shortcake, Pudding, Jello, Coffee & Tea

### Return Approximately-7:00pm

Payments must be made directly to Linda Soto (Raylin Travel). Please mail checks to 172 Newbury Street-Waterbury, Ct. 06705

70 THEATER

\$20

### REMEMBER: SIGN UP AND PAY ASAP NO SEATS HELD W/O PAYMENT



JESUS CHRIST SUPERSTAR Sunday, July 24, 2022

**2:00pm. Departing @ 1:00pm.** This rock opera is set against the backdrop of an extraordinary and universally-known series of events but seen, unusually, through the eyes of Judas Iscariot. Loosely based on the Gospels of Matthew, Mark, Luke and John, Superstar follows the last week of Jesus Christ's life. The story, told entirely through song, explores the personal relationships and struggles between Jesus, Judas, Mary Magdalene, his disciples, his followers and the Roman Empire.

### THE ADDAMS FAMILY Sunday, October 9, 2022 \$20 2:00pm Departing @ 1:00pm.

Wednesday Addams, the ultimate princess of darkness, has grown up and fallen in love with a sweet, smart young man from a respectable family– a man her parents have never met. And if that wasn't upsetting enough, Wednesday confides in her father and begs him not to tell her mother. Now, Gomez Addams must do something he's never done before– keep a secret from his beloved wife, Morticia. Everything will change for the whole family on the fateful night they host a dinner for Wednesday's "normal" boyfriend and his parents.

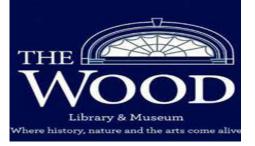
### WHITE CHRISTMAS Sunday, December 4, 2022 \$20 2:00pm. Departing @ 1:00pm.

Veterans Bob Wallace and Phil Davis have a successful song-and-dance act after World War II. With romance in mind, the two follow a duo of beautiful singing sisters en route to their Christmas show at a Vermont lodge, which just happens to be owned by Bob and Phil's former army commander. With a dazzling score featuring well-known standards including "Blue Skies," "I Love A Piano," "How Deep Is the Ocean" and the perennial title song, White Christmas is an uplifting musical worthy of year-round productions.

Charlie discovers that when you change your mind about someone, you can change your whole world.

If you are interested in attending any of these shows, please sign up and PAY as soon as possible. We cannot hold your seats without payment.

For the safety of all persons in attendance at the Thomaston Opera House, proof of vaccination or a negative COVID test for all eligible persons will be required upon entering the facilities. People with a documented medical or religious exception will be required to provide proof their exemption. Accepted forms of COVID test include a negative antigen test taken within 12 hours of the performance start time or a negative PCR test taken within 72 hours of the performance. Photo images of vaccination cards, COVID tests, or exemption letters will be accepted at the door. Masks are required for all patrons to be worn as they enter and move about the facility. Adults may remove their masks once they have reached their seats.



783 Main Street-South Windsor, Ct.

### "Diana of Love" Performance & Lecture Friday, June 10th \$20

**2:00pm. Departing @ 12:30pm.** Wood Memorial Library & Museum is a vibrant cultural center where music, history, art and nature come alive. This treasure is situated on South Windsor's old Main Street, first an Indian trail, then a busy colonial thoroughfare, today a quiet reminder of Connecticut's heritage lined with beautiful historic homes of every era.

Join us as we travel to the Library for their presentation, "Diana of Love". Twenty-five years after Princess Diana's tragic passing, this new, immersive, living history experience, follows the icon's life behind the scrutinized pages of worldwide headlines, pulling back the curtain to reveal a woman who gave so much to so many, while concealing her own mental health struggles.

Researched, written, produced, and performed by artistic director, J. Kalaora, "Diana of LOVE" showcases Lady Diana Spencer as not only a nurturer, mother, humanitarian, philanthropist, activist, and LGBTQIA+ Ally (before anyone had the courage to publicly ally with HIV+/AIDS victims), it draws attention to how she also personified the pillars of: compassion, duty, hope, and beauty.

Despite all of her internal unrest, Diana was a force for LOVE: for the LGBTQIA+ Community. Join with us to celebrate this international icon and her enduring impact on the LGBTQIA+ Community and beyond.

The presentation is scheduled to run until 3:30pm. If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. We should be back in Prospect from this event by about 4:30pm.



Waterbury, Ct.

### Shades of Buble

Sunday, June 19, 2022 \$45 2:00pm. Departing @ 1:15pm. A three-man tribute to Michael Buble, brings the swinging standards and pop hits of Michael Buble to the stage in an unforgettable high-energy concert event. Sweet Seasons

Saturday, June 25, 2022 \$45 8:00pm. Departing @ 7:15pm. Sweet Seasons is a tribute to the legendary Carole King. There have been few singers/songwriters that have been as prolific and impactful as Carole King.

### Corrie Sachs as Reba McEntire

A Musical Tribute to Reba McEntire Saturday, July 9, 2022 \$45 8:00pm. Departing @ 7:15pm.

### Yesterday And Today:

The Interactive Beatles Experience Saturday, August 27, 2022 \$45 8:00pm. Departing @ 7:15pm. Billy McGuigan is back with his Beatles Tribute Show. Yesterday and Today: The Interactive Beatles Experience is the nation's most innovative and unique show

utilizing the works of the Beatles.

### Edward Twins

Sunday, September 11, 2022 \$45 2:00pm. Departing @ 1:15pm. The Edward Twins are the #1 impersonation act in the world. Their vocals and looks will amaze you. You will think you are seeing and hearing the real super stars right before your very eyes-from Barbra Streisand, Sonny and Cher, Andrea Bocelli, Bette Midler, Johnny Mathis, Perry Como, Ray Charles, Stevie Wonder, Neil Diamond, and more, all in one show!

### Abbacadabra:

The Ultimate Abba Tribute

Sunday, September 25, 2022 \$45 2:00pm. Departing @ 1:15pm. The Magic of Abbacadabra promises to continue the momentum by performing the group's greatest hits in full ABBA fashion and flair. You won't be able to sit still in your seats as songs like S.O.S., Super Trooper and Dancing Queen, Take a Chance on Me and Voulez Vous are being performed. Fernando and Chiquitita

are re-created with such precision you'll swear you were listening to the originals themselves.

### The Jersey Tenors

Saturday, October 1, 2022 \$45 8:00pm. Departing @ 7:15pm. The Jersey Tenors is the newest Opera/Rock Mash-up sensation that creates an explosive blend of the most iconic Opera classics alongside such Rock 'N Roll industry greats as Queen, Journey, Elton John, and Billy Joel to name but a few. But, they are also "Jersey Proud" and do not forget where they came from as theyhighlight some of Jersey's finest like Frankie Valli and The Four Seasons, Sinatra, Bon Jovi, Bruce Springsteen, Kool and The Gang, and even Whitney Houston (Jersey Girl)!

### The Royal Tour Lady Gaga-Beyonce Tribute Show

Saturday, October 22, 2022 \$45 8:00pm. Departing @ 7:15pm. This incredible tribute to superstars Lady Gaga and Beyoncé will have you singing along to all your favorite hits. From their debut albums to current chart topping songs (perhaps a duet or two), these powerhouse vocalists bring all of the charisma and artistry the pop starsre known for. This show is backed by a band of young talented musicians, accomplished dancers and a wardrobe fit for a Queen – and a Lady!

### My Mother's Italian, My Father's Jewish & I'm in Therapy

Thursday, November 3, 20 \$45 2:00pm. Departing @ 1:15pm. Prepare to laugh, prepare to cry, prepare to join Steve Solomon in his new, updated and funnier than ever version of My Mother's Italian, My Father's Jewish & I'm in Therapy. More than 20 wacky characters are brought to life by Steve's talent with accents, dialects and hilarious story-telling in this side splitting one-man show. We'll meet the whole gang including the Italian/Jewish family, Steve's X, their therapists, the kids, the grandkids, the TSA... you get the picture.

### Ted Vigil

Remembering John Denver

Saturday, November 19, 2022 \$45 8:00pm. Departing @ 7:15pm. "Watching Ted Vigil perform, you might be convinced that John Denver never died! His look and sound are scary!" - Philadelphia Inquirer. "It was like working with John Denver again. I've worked with every John Denver tribute and "none" of them have the look and the voice Ted has. He's uncanny!" - Steve Weisberg, John Denver's guitar player.

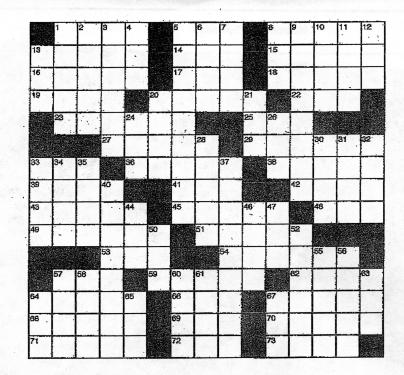
*If you are interested in attending any of these shows with us, please sign up and PAY as soon as pos-sible. We cannot hold your seat without payment* 

THEATER

### REMEMBER: SIGN UP AND PAY ASAP NO SEATS HELD W/O PAYMENT

### **GERRI'S PUZZLES**

### May-June 2022



72

### ACROSS

- 1 Knocks (2 wds.)
- 5 Expression of surprise
- 8 British princess
- graph machine 13
- 14 Newsman Rather
- 15 Natural occurrence
- 16 Glasses
- 17 Projection
- 18 Mathematical sigh
- 19 Bass horn
- 20 Spring flower
- 22 Discs
- 23 Black and white bears
- 25 Halloween mo.
- 27 Passes through a sieve
- 29 Winds together
- 33 Madagascar franc (abbr.)
- 36 Bite
- 38 Atop (2 wds.)
- 39 Pour
- 41 Volume (abbr.)

- 42 Merry 43 Eved
- 45 Black
- 48 Deli order
- 49 Surroundings
- 51. Blaspheme
- 53 Gross national
- product (abbr.)
- 54 Expensive fur
- 57 Morse code "T"
- 59 Splinter of glass
- Unconsciousness 62
- 64 Plant starts
- 66 French "yes"
- Pound 67
- 68 Fable writer 69 Pot
- 70 Bird homes
- 71
- Old (US flag) 72 Scrap
- 73 Elm

- DOWN
  - 1 Shred (2 wds.)
  - 2 Very tiny animal
  - 3 Walnut's cousins
- 4 Distress call
- 5 Having to do with changing
- 6 Pull
- 7 Opposed
- 8 Female (abr.)
- 9 Kicking out
- 10 Rip 11 African antelope
- A Small World... 12 13 Mountain Standard Time
- 20 27th U.S. president
- 21 Drug
- 24 Disrespect
- 26 Cash with order (abbr.)
- 28 Stuck up people
- 30 Prod
- 31 Fee
- 32 Lovers quarrel
- "To:'s" partner 33

- 34 Wise Man .
- 35 Fish breathing slits
- Glaring 37
- 40 Next door resident
- 44 Fox hole
- 46 Smart person
- 47 Sweet potato
- 50 Delivery service
- 52 More prosperous
- 55 North Germanic
- 56 Display emotions
- 57 Fight
- 58 Ditto
- 60 Part of a day
- 61 Manner
- 63 Abdominal muscles (abbr.)
- 64 Container

- - **65 Snoop**
  - 67 Explosive

### **GERRI'S PUZZLES**

### May-June 2022

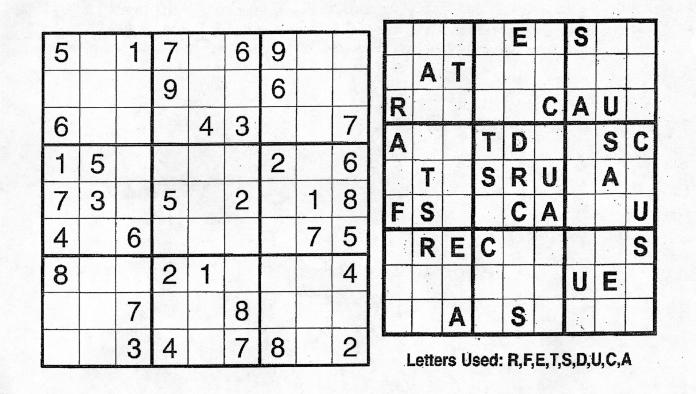
# AUTO RACES

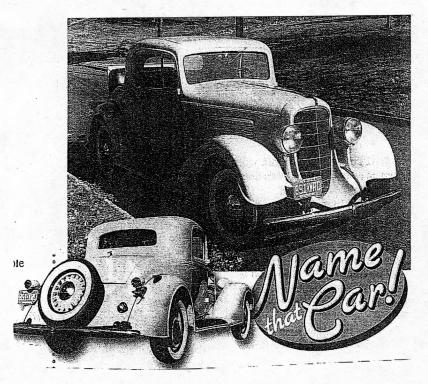
"Start your pencils..." Don't race through this one; proceed with caution; and if you do make a mistake, you can burn rubber erasing it!

• • • •			You a	are k	ookir	ng fo	rat	- 13-le	tter j	ohra	se.	•		
S	E	A	T	B				P	0	S		À	G	Lane
S	s	P	A		Р	2	Т	S			S	N	R	Laps
	•	F		N		S	Н	R		p	1	R	A	Mechanic
T.	T.									Participan			c	Oil spill
U	B	A	C		. H	A				C			-	Pace car
0	H	A	R	A	U	T	<b>.</b>	A		· <b>L</b> .			E	Pits
	E		N	T	·U	S	•	R	Ľ	Ņ	E		C	
.1	. I.	R	ο	K	L	T	A	Y	A	С	W	R	A	Pole
P	M	A	S		E.	L		H	K	<b>.</b>	S	P	P	Post
S		C	ο	T	U.	D	c	0	N	F	R	D	E	Rally
S	· T	K	T	M	- 0	E	- <b>T</b>	N	N	U	A	N	N	Seat belt
P	P	s	R	E	M	С	E	U	Ŵ	E	E	А	G	Skid
E	E	0	ĸ	R	M·	Ŕ	ĸ	E	R	L	G	R	I	Speed
E		E	L	ſ	D.	L	R	Y	D	Ň		G	N	Spin-out
D	Han		A	E	D	.c	E	N	A	L.	S	G	E	Start
Asphalt			1	Cre	w			]	Fue	1			Stock	
Auto				Eng	şin	e	Gear					·	Time	
Banked				Finish				••••••(	Gra	md	Tires			
turns				-	Formula				; J	Hel	me	Track		
Caution					r	aci	ng	g Indy						Winner

### **GERRI'S PUZZLES**

### May-June 2022





### CLUES;

In this model year, the automaker brought a completely restyled and modernized series of vehicles to the marketplace. The maker advertised this year's models as "style leaders" and featured what journalists called "beaver-tail rears". After producing experimental gasoline-powered cars in 1897, this company first sold cars to the public in 1901 despite a fire that destroyed its Detroit factory months before. The financially strapped General Works company, named after a Ransom, was purchased by General Motors in 1908.

74

### **ANSWERS TO GERRI'S PUZZLES**

A

P

E

S

K

A

₩

Y S

H

R E

P

S

Y

E

### S E A E D P O 5 1 2 6 9 3 8 7 4 3 7 5 2 4 9 8 6 1 2 3 1 7 6 9 4 5 8 1 5 8 2 6 3 7 4 9 7 3 5 2 4 8 9 6 1 Ð 1 5 2 6 8 9 3 7 4 5 2 7 3 8 6 1 9 4 ш G 2 7 5 3 8 1 9 4 6 3 2 9 4 5 8 1 7 6 C Œ E G OGRE S A Ŀ N P G the state 0 RE A E P U A R T H A D G R P 0 R MS EL E N attanta EVER E T E 1L A AUTICA AMI N D E N R P G T ST RE MO D NONFAT DESPO C N T 1 A G R E Q ARGE X R E P Ľ С A P E N R G T A 0 GORE TAG W A S L TEN OREA A MA N G R E O A P Ś C RC HE SLEE 0 S V E R N G AGAR O A P Έ E N BAN.G EXOR C S 1 T 0 P G T E R N The state A D EAD LARD OS D 1 A T A P RO L N Ē T R 0 C AD M A N E G

**Name That Car Answer** 

**1933 Oldsmobile Sport Coupe** 

75

### **May-June 2022**

# Healthy Habits to Try To Better Your Health

There are many ways to pursue a healthy lifestyle that can keep you feeling good throughout the ups and downs of the year. These are some creative habits that can help you feel better and achieve a healthy weight. These habits may not be the best for everyone – work with your health care team to come up with goals and small steps you can start putting into practice now.

### EATING

**Time your portions:** Follow a structured meal pattern while being mindful of serving sizes. Starting the day with a big breakfast may be beneficial – a study published in the journal *Obesity* found that people who ate a big breakfast, average lunch, and small dinner lost more weight and had lower blood glucose levels than those who ate a small breakfast, average lunch and large dinner.

### Hit the Brakes

Eat mindfully by taking your time and savoring each bite. Pay attention to the appearance, smell, and taste of your food so you can enjoy eating without overindulging. Bonus points if you eat dinner at least two hours before bedtime and skip after-dinner snacks – both were linked to reduced risk of obesity. Alcoholic beverages can sabotage your goals. Overweight or obese people who abstained from alcohol completely loose more weight than those who drink any amount. Alcohol can leave you dehydrated and feeling lethargic. Try a tasty mocktail instead when you want to unwind. Consider adding a few slices of fruit and some fresh herbs to sparkling water for a refreshing alternative.

### Pulse It Up

People who eat a serving a day (around ¾ of a cup) of foods such as beans, peas, chickpeas, and lentils can have modest weight loss, even without any other changes to their eating plans. These foods are high in protein and fiber, which enhance satiety and can encourage lower overall calorie intake. Also, adding leeks, onions, garlic, asparagus, whole wheat, spinach, beans, bananas, oats and soybeans will aid in maintaining a healthy diet.

# JOKES

May-June 2022

# JOKES

# Positive proof of global warming





My doctor told me that jogging could add years to my life.

He was right, I feel ten years older already.

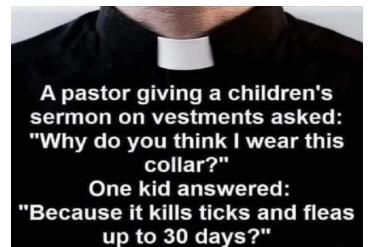
ook n into it.net



With my ailing memory, I'm thinking of changing my password to "incorrect" That way, when I log in with the wrong password, the computer will tell me.. "Your password is incorrect"



# LOCATION, LOCTION, LOCATION!



77

# JOKES

### May-June 2022

### George Carlin Words of Wisdom

"Think of how stupid the average person is, and realize half of them are stupider than that."

-Have you ever noticed that anybody driving slower than you is an idiot, and anyone going faster than you is a maniac?"

-"A house is just a place to keep your stuff while you go out and get more stuff."

-"Some people have no idea what they're doing, and a lot of them are really good at it."

-"Never argue with an idiot. They will only bring you down to their level and beat you with experience."

-"Ever wonder about those people who spend \$2 apiece on those little bottles of Evian water? Try spelling Evian backward."

-"Never underestimate the power of stupid people in large groups."

-"When you're born into this world, you're given a ticket to the freak show. If you're born in America you get a front row seat."

-"War is rich old men protecting their property by sending middle class and lower class men off to die."

-"I was thinking about how people seem to read the Bible a lot more as they get older, and then it dawned on me they're cramming for their final exam."

-"Téll people there's an invisible man in the sky who created the universe, and the vast majority will believe you. Tell them the paint is wet, and they have to touch it to be sure."

-"Isn't making a smoking section in a restaurant like making a peeing section in a swimming pool?"

-"If four out of five people suffer from diarrhea ... does that mean that one enjoys it?"

-"If the black box flight recorder is never damaged during a plane crash, why isn't the whole airplane made out of that stuff?"

-"I had no shoes, and I felt sorry for myself until I met a man who had no feet. I took his shoes. Now I feel better." -"A good motto to live by: 'Always try not to get killed."

# Doctors are protesting and no one knows why.





# That moment you realize you're now the middle child



First off I am ok, I was a little shaken up this morning as I was robbed at the gas station. After my hands stopped trembling I managed to call the police. They were quick to respond and calmed me down. My money is all gone. The police asked me if knew who did it. I said yes... It was pump number 4.

# JOKES