

Prospect Senior Center



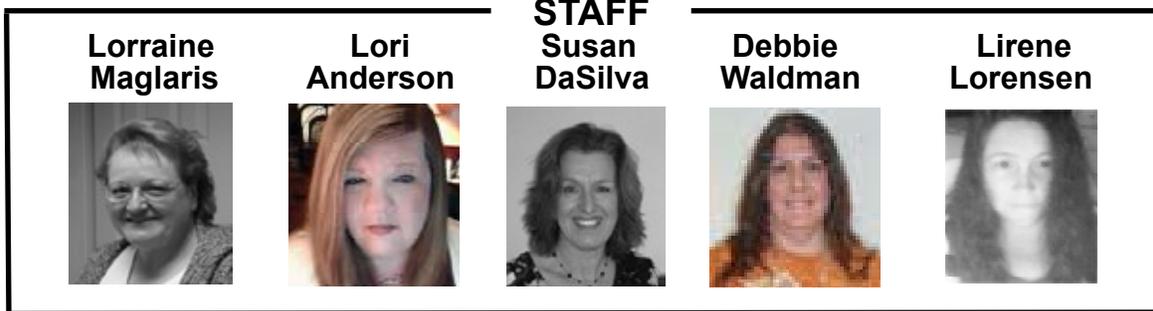
6 Center Street
Prospect, CT 06712

(203) 758-5300
(203) 758-3837 Fax

Nov. - Dec. 2016
Highlites

Lucy Smegielski
Director - Editor

Municipal Agent - Town of
Prospect



From the Director

The Thanksgiving and Christmas holidays are once again just around the corner. As we celebrate these two joyous times of the year, we would like wish all of our members a very happy holiday season. We appreciate your kindness and support as we work diligently to make our Senior Center a place where you make new friends, rekindle old friendships, find hospitality, have enjoyable moments and make lasting and joyous memories.

We wish you...

The Gift of Love to renew your spirits,
The Gift of Peace to feed your soul,
The Gift of happiness to warm your heart,
The Gift of friends to make your life beautiful,
The Gift of good health to sustain you every day,
The Gift of Faith to guide you in times of turmoil,
And, the Gift of family to give meaning to your life.
May all these Gifts be yours now and always.

We wish you a happy holiday season...
Your friends at the Prospect Senior Center,
Lucy, Lorraine, Susan, Lori, Debbie & Lirene

Day-by-Day Schedule

November-December, 2016 Issue

November 1st. (TUESDAY)

9:00am. Senior Fitness Class-\$3
 9:30am. Poker Club with Alan Thibodeau & Terri Charette
 10:00am. Art Class #2 with Judy Jaworski
 11:00am. Ballroom Dancing Lessons with Jorge-\$2
 11:30am. Lunch @ BARC
 NO Center Lunch
 12:30pm. Bocce League with Terri Charette & Gene Bowman
 12:30pm. Setback (downstairs)
 1:00pm. Setback (upstairs)
 1:00pm. Quilting Class
 1:00pm. Smile-A-While Show Group rehearsal @ Senior Center
 2:00pm. FREE Massages with Tony Marini (apts. necessary)

November 2nd. (WEDNESDAY)

9:00am. Irish Immigration/Mother Teresa Exhibit @ KOC-SOLD OUT
 9:30am. Grocery shopping @ Stop & Shop
 NO Tai Chi Class with Barb Santasiero
 10:00am. Wii Bowling League with Mary Henao
 NO Center Lunch
 11:30am. EFT Tapping Session with Stacey Altomari-\$2
 11:30am. to 1:30pm. Blood pressure screening with VNA nurse
 1:00pm. Knitting/Crocheting Class with Aline Waldmann
 1:00pm. Wii Bowling League with Mary Henao
 1:30pm. Line Dancing Class with Lois Marticello-\$2

November 3rd. (THURSDAY)

9:30am. Grocery shopping @ Oliver's Supermarket
 9:00am. Senior Fitness Class-\$3
 9:15am. Senior Exercise Class
 NO Calligraphy Class with Jann Lamb
 10:00am. Reiki Therapy Sessions-\$20 (30-minute session)
 10:00am. Water Coloring Class #6 with Carla Koch
 NO Zumba with Lara Fordavi-\$3
 10:30am. Book Club to Gouveia's Winery
 11:30am. Lori's Center Lunch-Pot Roast-\$3 (ENL)
 1:00pm. Mah Jong with Barb Duigan
 1:00pm. Wii Golf League with Don Ensero

November 4th. (FRIDAY)

9:30am. Weight Strengthening with Don & Betty Ensero
 9:30am. Pinochle with Terri Charette
 9:30am. Bible Study with Georgia Smolkis
 10:00am. Scrapbooking & Card Making with Edwina & Cindy
 11:30am. Center Lunch-Meat Lasagna-\$7
 12:30pm. IPAD Training Classes with Aline Waldmann-FREE
 1:00pm. "Happy Birthday" BINGO-\$1

November 5th. (SATURDAY)

7:30am. Stormville Flea Market-\$5
 9:00am. Austin House/Wadsworth Tour & Lunch-\$45
 NO Computer Class with Lori Anderson

November 6th. (SUNDAY)

11:30am. UCONN Women's Basketball Game vs. PACE @ XL Center-SOLD OUT
 1:00pm. Festival of Tables @ Greek Orthodox Church-\$30 - No bus
 2:00pm. Loose Ends @ Phoenix Theater-DEADLINE PASSED

November 7th. (MONDAY)

9:15am. Senior Exercise Class
 9:30am. Grocery shopping @ Stop & Shop
 9:30am. "Songbirds" rehearsal (here)
 9:30am. Prospect Bridge Club with Linda Favale
 10:00am. Medicare Open Enrollment Options with Elena Scofield
 10:00am. Senior Balance Class with Brenda Martin-\$2
 10:00am. Wii Bowling League with Mary Henao
 1:00pm. Dance Social with Boogie Boys-\$9
 1:00pm. Cribbage with Don Ensero
 1:30pm. Chair Yoga Class #5 with Andrea Sutton

November 8th. (TUESDAY)

9:00am. Senior Fitness Class-\$3
 9:30am. to 12:30pm. Poker with Alan Thibodeau & Terri Charette
 9:30am. Shopping @ Boscov's Department Store
 10:00am. Art Class #3 with Judy Jaworski-FULL

11:00am. to 12noon-Ballroom Dancing Lessons with Jorge-\$2

NO Center Lunch

12:00noon Bocce League Luncheon

12:30pm. Setback (downstairs)

12:30pm. Fascia's Chocolate Tour-\$16

1:00pm. Setback (upstairs)

1:00pm. Quilting Group

5:00pm. Red Hats to Verdi Restaurant

November 9th. (WEDNESDAY)

8:30am. Wii Bowling Tournament @ Bristol Senior Center

NO Wii Bowling League @ Prospect Senior Center today

9:30am. Grocery shopping @ Oliver's

9:30am. Pool Tournament with Shooters

10:00am. Tai Chi Class #7 w Barb Santasiero

10:00am. FREE Bra Fittings with Joy Koch

10:00am. Silo Cooking School Tour & Lunch-\$48

10:00am. Medicare Open Enrollment Presentation with Traci O'Brien

NO Afternoon Wii Bowling League with Mary Henao @ the PSC

10:00am. Writer's Workshop w Judy Boynton

NO Center Lunch

11:30am. to 1:30pm. Blood Pressure Screening with VNA nurse

1:00pm. Knitting & Crocheting with Aline Waldmann

1:30pm. Line Dancing with Lois Marticello

1:30pm. "Living With a Dead Man" Presentation with Marianne Bette

November 10th. (THURSDAY)

8:30am. Day Trip to Mohegan Sun Casino

NO Grocery shopping @ Oliver's Supermarket

9:00am. Senior Fitness Class-\$3

9:15am. Senior Exercise Class

9:30am. American Museum of Tort Law-\$5

10:00am. Calligraphy Class with Jann Lamb

10:00am. Water coloring Class #1 with Carla Koch (\$25-6 wk session)

10:00am. Medicare Open Enrollment Assistance with Jim Dunn

10:00am. Zumba with Lara Fordavi-\$3

11:30am. Lori's Center Lunch-Hamburgers-\$3 (ENL)

12:30am. Origami with Ah Moi Yip-\$5

1:00pm. Mah Jong with Barb Duigan

1:00pm. Wii Golf League with Don Ensero

1:00pm. Texas Hold Em' with Josh Lidsky-\$5

November 11th. (FRIDAY)

Senior Center CLOSED - Veteran's Day

5:00pm. Veteran + BBQ=Dog Tags Dinner-\$15

November 12th. (SATURDAY)

10:00am. to 12noon Computer Class #1 with Lori Anderson

6:30pm. Radio Daze @ Rotella School-\$10

November 13th. (SUNDAY)

8:30am. Tour of B.F. Clydes Cider Mill-\$5

1:00pm. "Godspell" @ Naugatuck Teen Theater-\$10

November 14th. (MONDAY)

9:15am. Senior Exercise Class

9:30am. Prospect Bridge Club with Linda Favale

9:30am. "Songbirds" performing @ Meridian Manor

10:00am. Senior Balance Class with Brenda Martin-\$2

10:00am. Wii Bowling League with Mary Henao

10:00am. Five Wishes Presentation with Joyce Buselli-No Charge

10:30am. Salute to American Veterans @ Aqua Turf-DEADLINE PASSED

11:30am. Lori's Center Lunch-Philly Cheese steak grinder-\$3-(ENL)

1:00pm. Cribbage with Don Ensero

1:00pm. CRL with Mary Henao-\$1

1:30pm. Senior Chair Yoga Class #6 with Andrea Sutton

November 15th. (TUESDAY)

9:00am. Senior Fitness Class-\$3

9:00am. FREE Hearing Screenings with And-How-Hearing

9:30am. Tanger Shopping Outlets-No Charge

9:30am. Grocery Shopping @ Stop & Shop

9:30am. to 12:30pm. Poker w Allen Thibodeau & Terri Charette

10:00am. Art Class #4 with Judy Jaworski

NO Ballroom Dancing Classes w/ Jorge

Day-by-Day Schedule

November-December, 2016 Issue

11:00am. Anne Nyberg Presentation on Katherine Hepburn
 NO Center Lunch
 12:30pm. Setback (downstairs)
 1:00pm. Setback (upstairs)
 1:00pm. Quilting Group
 2:00pm. FREE Massages with Tony Marini-apts. necessary
DEADLINE to buy Thanksgiving Portuguese Sweet Breads
November 16th. (WEDNESDAY)
 NO Grocery shopping @ Stop & Shop
 NO Wii Bowling League with Mary Henao
 NO Tai Chi Class with Barb Santasiero
 9:30am. Pool Tournament @ Bristol Senior Center
 11:30am. Thanksgiving Day Luncheon @ Senior Center-SOLD OUT
 11:30am. to 1:30pm. Blood Pressure Screening with VNA nurse
 NO Afternoon Wii Bowling League with Mary Henao
 NO Knitting & Crocheting with Aline Waldmann
 NO Line Dancing with Lois Marticello-\$2
November 17th. (THURSDAY)
 9:30am. Grocery shopping @ Oliver's Supermarket
 9:00am. Senior Fitness Class-\$3
 9:15am. Senior Exercise Class
 10:00am. Zumba with Lara Fordavi-\$3
 10:00am. Water Coloring Class #2 w Carla Koch (\$25/6-week session)
 10:00am. Calligraphy with Jann Lamb
 10:30am. Chasing Rainbows @ Goodspeed Opera House-Deadline Passed
 11:00am. FREE Lunch & Learn sponsored by Regal Care
 Topic: Assisted Living vs. Short Term Care
 12noon Watermark FREE Chef Tasting Luncheon
 12:30pm. Origami with Ah Moi Yip-\$5
 12:30pm. Dime Bingo with Linda Peterit-\$2
 1:00pm. Wii Golf League with Don Ensero
 1:00pm. Mahjong with Barb Duigan
November 18th. (FRIDAY)
 9:30am. Weight Strengthening with Don & Betty Ensero
 9:30am. Pinochle with Terri Charette
 9:30am. Bible Study with Georgia Smolkis
 10:00am. Ann's Place Festival of Trees-\$5
 10:00am. Scrapbooking & Card Making with Edwina & Cindy
 11:00am. to 12noon FREE Glucose/Blood Pressure Testing courtesy of
 Cheshire Rehabilitation
 11:30am. Center Lunch-Chicken Salad Grinders-\$7-(SCL)
 12:30pm. IPAD Training Classes with Aline Waldmann-FREE
 1:00pm. Pizza BINGO-\$1
 6:30pm. "Wonder Boy" @ Elim Park-DEADLINE PASSED
November 19th. (SATURDAY)
 8:30am. Old Deerfield Christmas Sampler Craft Fair-\$10
 10:00am. Computer Class #2 with Lori Anderson
November 20th. (SUNDAY)
 9:00am. UBS Parade Spectacular-\$3
 11:30am. American in Paris @ Bushnell-Deadline Passed
November 21st. (MONDAY)
 9:00am. Jerry Springer Show Taping-No Charge
 9:00am. Reflexology with Kim Stewart (apts. necessary-see pricing)
 9:15am. Senior Exercise Class
 9:30am. "Songbirds" performing @ Cheshire House
 9:30am. Bridge Club with Linda Favale
 10:00am. Senior Balance Class with Brenda Martin-\$2
 10:00am. Wii Bowling League with Mary Henao
 1:00pm. Dance Social with Vinnie Carr-\$9
 No Center Lunch
 1:00pm. Cribbage with Don Ensero
November 22nd. (TUESDAY)
 8:30am. Tanger Outlets @ Foxwoods Resort Casino-\$3
 9:00am. Senior Fitness Class-\$3
 9:30am. Poker Club with Alan Thibodeau & Terri Charette
 10:00am. Thanksgiving Buffet @ Taste of Kaynor-\$TBA
 10:00am. Art Class #5 with Judy Jaworski
 11:00am. to 12noon Ballroom Dancing Classes with Jorge-\$2
 12noon Lori's Center Lunch-Hamburgers-\$3 (ENL)

11:30am. "Journey of the Caregiver" Presentation-No Charge
 12:30pm. Setback (downstairs)
 1:00pm. Setback (upstairs)
 1:00pm. Quilting Group
 2:00pm. FREE Massages with Tony Marini-apts. necessary
November 23rd. (WEDNESDAY)
 9:30am. Grocery shopping @ Stop & Shop
 9:30am. In House Pool Tournament
 9:30am. Christmas Tree Store/Cracker Barrel-No Charge
 10:00am. Tai Chi Class #8 with Barb Santasiero
 10:00am. Wii Bowling @ Senior Center today
 10:30am. Lunch @ Amalfi's Restaurant (Waterbury)-\$6
 NO Center Lunch
 11:30am. to 1:30pm. Blood Pressure Screening with VNA Nurse
 1:00pm. Knitting/Crocheting with Aline Waldmann
 1:00pm. Wii Bowling League with Mary Henao
 1:30pm. Line Dancing with Lois Marticello-\$2
November 24th. (THURSDAY)
 Center CLOSED - Thanksgiving Holiday
November 25th. (FRIDAY)
 Center CLOSED-Thanksgiving Holiday
 9:30am. "A Sparkling Holiday" @ Osborne Homestead Museum-\$5
 2:30pm. "Fantasy of Lights CT" @ Lighthouse Point-\$5
November 26th. (SATURDAY)
 10:00am. Computer Class #3 with Lori Anderson
 1:00pm. The Happy Elf @ Thomaston Opera House-\$22
November 27th. (SUNDAY)
 9:30am. Southwind Alpaca Farm New England Holiday Tour - Free
November 28th. (MONDAY)
 9:15am. Senior Exercise Program
 9:30am. "Songbirds" performing @ Village @ East Farms
 9:30am. Bridge Club with Linda Favale
 10:00am. Senior Balance Class with Brenda Martin-\$2
 10:00am. Wii Bowling League with Mary Henao
 11:30am. Lori's Center Lunch-Baked Chicken-\$3 (ENL)
 NO Cribbage
 12:30pm. WHIST with Tom Petrillo, Dolly Martin & Betty Lukeski-\$2
 1:00pm. Lori's Jewelry Class-Project/Price TBA
 1:30pm. Chair Yoga Class #1-\$15 (6-week session)
 1:00pm. "Life is Now" Presentation with Sarah Hamilton-\$3
DEADLINE to buy PSC Christmas Party tickets for the ARIA
November 29th. (TUESDAY)
 9:00am. Senior Fitness Class-\$3
 9:30am. Poker with Alan Thibodeau & Terri Charette
 10:00am. Art Class # 5 with Judy Jaworski
 10:00am. Presentation by Joe Corona (Prospect Memorial)
 11:30am. Lori's Center Lunch-Veal Parmesan-\$3 (ENL)
 12:30pm. Setback (Downstairs)
 1:00pm. Setback (Upstairs)
 1:00pm. Card Bingo with Betty Lukeski-\$2
 1:00pm. Quilting Group
 2:00pm. FREE Massages with Tony Marini-apts. necessary
 5:00pm. UCONN Women's Basketball Game vs. Chattanooga @ XL
 Center-SOLD OUT
November 30th. (WEDNESDAY)
 9:00am. Cheshire Garden Club Holiday Luncheon & Boutique-\$40
 9:30am. Grocery shopping @ Stop & Shop
 9:30am. Pool Tournament here vs. Vernon Senior Center
 10:00am. Writer's Workshop with Judy Boynton-No Charge
 10:00am. Tai Chi Class #1 with Barb Santasiero
 10:00am. Wii Bowling League with Mary Henao
 10:00am. Taste of Kaynor Lunch
 No Center Lunch
 11:30am. to 1:30pm. Blood Pressure Screening with VNA nurse
 1:00pm. Wii Bowling League with Mary Henao
 1:00pm. Knitting/Crocheting Class with Aline Waldmann
 1:00pm. Lori's Cooking Class-\$5-Frattata
 1:30pm. Line Dancing with Lois Marticello-\$2
 6:30pm. "Wicked" @ Xfinity Theater-\$75

Day-by-Day Schedule

November-December, 2016 Issue

December 1st. (THURSDAY)

9:30am. Grocery shopping @ Oliver's Supermarket
 9:00am. Senior Fitness Program-\$3
 9:15am. Senior Exercise Class
 10:00am. Bright Lights Holiday Day Trip
 NO Calligraphy Class with Jann Lamb
 10:00am. Reiki Therapy Sessions-\$20 (30-min. session)
 10:00am. Water Coloring Class #3 with Carla Koch
 10:00am. Zumba with Lara Fordavi-\$3
 10:30am. Book Club Meeting @ Senior Center
 11:30am. Lori's Center Lunch-Menu:TBA-\$3 (ENL)
 12:30pm. Origami with Ah Moi Yip-\$5
 1:00pm. Mah Jong with Barb Duigan
 1:00pm. Wii Golf League with Don Ensero
 1:00pm. Christmas Cupcake Decorating Workshop-N/C

December 2nd. (FRIDAY)

9:30am. Weight Strengthening with Don & Betty Ensero
 9:30am. Pinochle with Terri Charette
 9:30am. Bible Study with Georgia Smolkis
 10:00am. Scrapbooking & Card Making with Edwina & Cindy-\$2
 11:30am. Center Lunch-Chicken Parmesan-\$7
 1:00pm. "Happy Birthday" BINGO-\$1

December 3rd. (SATURDAY)

10:00am. to 12noon Computer Class #6 with Lori Anderson
 10:30am. Holiday Open House @ Governor's Mansion/Lunch @ Vito's-\$25

December 4th. (SUNDAY)

10:00am. UCONN Women's Basketball Game @ Mohegan Sun Casino vs. Texas
 2:00pm. Mrs. Bob Cratchit's Christmas @ Phoenix Theater-\$16
 2:00pm. Thomaston Ladies Choral @ Thomaston Opera House (NO transportation available)

December 5th. (MONDAY)

9:00am. Hillstead Museum Christmas Tour-\$14
 9:15am. Senior Exercise Class
 9:30am. "Songbirds" rehearsal (here)
 9:30am. Prospect Bridge Club with Linda Favale
 10:00am. Commission on Aging Meeting
 10:00am. Senior Balance Class with Brenda Martin-\$2
 10:00am. Wii Bowling League with Mary Henao
 11:30am. Lori's Center Lunch-Menu:TBA-\$3 (ENL)
 1:00pm. Cribbage with Don Ensero
 1:30pm. Chair Yoga Class #2 with Andrea Sutton

December 6th. (TUESDAY)

12noon to 4:00pm. Prospect Senior Center Christmas Party @ The ARIA Banquet Hall - Center CLOSED

December 7th. (WEDNESDAY)

8:00am. Raylin Travel Group Lancaster, PA. trip
 9:15am. Crèches of Central Europe @ KOC-\$5
 9:30am. Pool tournament @ Bristol Senior Center
 10:00am. Wii Bowling League with Mary Henao
 9:30am. Grocery shopping @ Stop & Shop
 10:00am. Tai Chi Class #4 w Barb Santasiero
 10:00am. Lunch @ Taste of Kaynor
 NO Center Lunch
 1:00pm. Afternoon Wii Bowling League with Mary Henao
 11:30am. EFT Tapping Sessions with Stacey-\$2
 11:30am. to 1:30pm. Blood Pressure Screening with VNA nurse
 1:00pm. Wii Bowling League with Mary Henao
 1:00pm. Knitting & Crocheting with Aline Waldmann
 1:30pm. Line Dancing with Lois Marticello

December 8th. (THURSDAY)

NO Grocery shopping @ Oliver's Supermarket
 9:00am. Senior Fitness Program-\$3
 9:15am. Senior Exercise Class
 10:00am. Calligraphy Class with Jann Lamb
 10:00am. Water coloring Class #4 with Carla Koch
 10:00am. Zumba with Lara Fordavi-\$3

10:00am. Festival of Trees & Traditions @ Wadsworth/Vito's-\$35
 10:30am. Jimmy Sturr Christmas Show @ Aqua Turf-SOLD OUT
 11:30am. Lori's Center Lunch-Menu:TBA-\$3 (ENL)
 12noon Juniper's/Gingerbread Christmas Village
 1:00pm. Mah Jong with Barb Duigan
 1:00pm. Wii Golf League with Don Ensero
 1:00pm. Texas Hold Em' with Josh Lidsky-\$5
 1:00pm. Laugh Out Loud Wellness Workshop w Carolyn Finch-\$5

December 9th. (FRIDAY)

9:30am. Grocery shopping @ Oliver's Supermarket
 9:30am. Weight Strengthening with Don & Betty Ensero
 9:30am. Pinochle with Terri Charette
 9:30am. Bible Study with Georgia Smolkis
 1:00am. Scrapbooking & Card Making with Edwina & Cindy-\$2
 11:30am. Lori's Center Lunch-Meatloaf-\$7-(SCL)
 1:00pm. BINGO-\$1

December 10th. (SATURDAY)

10:00am. to 12noon Computer Class #1 with Lori Anderson
 1:00pm. Kinky Boots @ Palace Theater-SOLD OUT
 6:30pm. Vinnie Ingala @ John Lyman Center-\$35

December 11th. (SUNDAY)

12:30pm. Nutcracker @ Warner Theater-\$42

December 12th. (MONDAY)

8:30am. AARP Driver Safety Course
 9:15am. Senior Exercise Class
 9:30am. Clinton Outlets-\$3
 9:30am. Prospect Bridge Club with Linda Favale
 9:30am. "Songbirds" performing @ Regal Care
 10:00am. Senior Balance Class with Brenda Martin-\$2
 10:00am. Wii Bowling League with Mary Henao
 NO Center Lunch
 1:00pm. Cribbage with Don Ensero
 1:00pm. Dance Social w Boogie Boys-\$9
 1:30pm. Senior Chair Yoga Class #3 with Andrea Sutton

December 13th. (TUESDAY)

9:00am. Senior Fitness Program-\$3
 9:30am. to 12:30pm. Poker w Allen Thibodeau & Terri Charette
 NO Art Class with Judy Jaworski
 10:30am. Jimmy Mazz @ Aqua Turf-SOLD OUT
 11:00am. to 12noon Ballroom Dancing Classes w Jorge-\$2
 11:30am. Lunch @ BARC
 12noon Lori's Center Lunch-\$3-Menu:TBA (ENL)
 12:30pm. Setback (downstairs)
 1:00pm. Setback (upstairs)
 1:00pm. Quilting Group

2:00pm. FREE Massages with Tony Marini-pts. necessary

December 14th. (WEDNESDAY)

9:30am. Grocery shopping @ Stop & Shop
 9:30am. Christmas Tree Store/Cracker Barrel
 10:00am. Bowling League Christmas Party with Mary Henao
 10:00am. Tai Chi Class #5 with Barb Santasiero
 10:00am. Writer's Workshop with Judy Boynton-No charge
 11:30am. to 1:30pm. Blood Pressure Screening with VNA nurse
 NO Center Lunch
 1:00pm. Knitting & Crocheting with Aline Waldmann
 1:30pm. Line Dancing with Lois Marticello-\$2
 5:00pm. Red Hats Dinner & Holiday Light Tour

December 15th. (THURSDAY)

9:30am. Grocery shopping @ Oliver's Supermarket
 9:00am. Senior Fitness Program-\$3
 9:15am. Senior Exercise Class
 10:00am. Zumba with Lara Fordavi-\$3
 10:00am. Water Coloring Class #5 w Carla Koch
 10:00am. Calligraphy with Jann Lamb
 11:00am. FREE Lunch & Learn sponsored by Regal Care-Topic: Slips & Falls
 12noon Watermark FREE Chef Tasting Luncheon
 12:30pm. Origami with Ah Moi Yip-\$5
 12:30pm. Dime Bingo with Linda Peterit-\$2

Day-by-Day Schedule

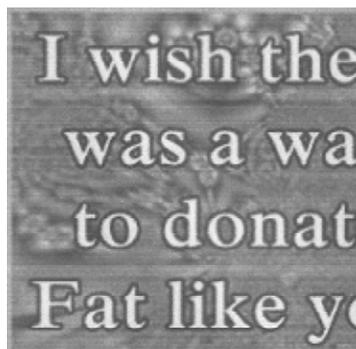
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1:00pm. Wii Golf League with Don Ensero
 1:00pm. Mah Jong with Barb Duigan
 6:00pm. FREE Traveler's Chorale Winter Concert @ Bushnell
December 16th. (FRIDAY)
 9:30am. Weight Strengthening with Don & Betty Ensero
 9:30am. Pinochle with Terri Charette
 9:30am. Bible Study with Georgia Smolkis
 10:00am. Scrapbooking & Card Making with Edwina & Cindy-\$2
 11:30am. Center Lunch-Macaroni & Cheese/Fried Chicken-\$7-(SCL)
 1:00pm. Pizza BINGO-\$1
December 17th. (SATURDAY)
 10:00am. Computer Class #2 with Lori Anderson
 6:00pm. Motown @ Warner Theater-\$50
 6:30pm. Tony Kenny's Christmastime @ Elim Park-SOLD OUT
December 18th. (SUNDAY)
 1:30pm. Trans-Siberian Orchestra @ XL Center-\$70
 12:30pm. Christmas Carol @ Center Stage-\$25
 4:00pm. Naugatuck Community College Free Christmas Concert (NO transportation available)
December 19th. (MONDAY)
 9:00am. Reflexology with Kim Stewart (apts. necessary-see pricing)
 9:15am. Senior Exercise Class
 9:30am. Promenade Shops @ Evergreen Walk
 9:30am. "Songbirds" performing @ Glendale
 9:30am. Bridge Club with Linda Favale
 10:00am. Senior Balance Class with Brenda Martin-\$2
 10:00am. Wii Bowling League with Mary Henao
 1:00pm. Dance Social with Vinnie Carr-\$9
 No Center Lunch
 1:00pm. Cribbage with Don Ensero
 1:30pm. Chair Yoga Class #4
 5:00pm. UCONN Women's Basketball vs. Ohio State @ XL Center-SOLD OUT
December 20th. (TUESDAY)
 9:00am. FREE Hearing Screenings with And-How-Hearing
 9:00am. Senior Fitness Program-\$3
 9:30am. Poker Club with Alan Thibodeau & Terri Charette
 NO Art Class with Judy Jaworski
 11:00am. to 12noon Ballroom Dancing Classes with Jorge-\$2
 12noon Lori's Center Lunch-Menu:TBA-\$3 (ENL)
 12:30pm. Setback (downstairs)
 1:00pm. Setback (upstairs)
 1:00pm. Quilting Group
 1:00pm. Card Bingo with Betty Lukeski-\$2
December 21st. (WEDNESDAY)
 9:30am. Grocery shopping @ Stop & Shop
 9:30am. Shopping @ Boscov's Department Store
 10:00am. Tai Chi Class #6 with Barb Santasiero
 10:00am. Wii Bowling league with Mary Henao
 10:30am. FREE Lunch @ Highland Rehabilitation
 NO Center Lunch
 11:30am. to 1:30pm. Blood Pressure Screening with VNA Nurse
 1:00pm. Knitting/Crocheting with Aline Waldmann
 1:00pm. Wii Bowling League with Mary Henao
 1:30pm. Line Dancing with Lois Marticello-\$2
December 22nd. (Thursday)
 9:00am. Senior Fitness Program-\$3
 9:15am. Senior Exercise Class
 9:30am. Grocery shopping @ Oliver's Supermarket
 9:30am. Holiday Splendor @ the Mansion-\$8
 10:00am. Calligraphy Class with Jann Lamb
 10:00am. Water coloring Class #6 with Carla Koch
 10:00am. Zumba with Lara Fordavi-\$2
 11:30am. Lori's Center Lunch-\$3-Menu:TBA
 1:00pm. Mah Jong with Barb Duigan
 1:00pm. Wii Golf with Don Ensero
 1:00pm. Jeopardy with Josh Lidsky-\$5

December 23rd. (FRIDAY)
December 24th. (SATURDAY)
December 25th. (SUNDAY)
December 26th. (MONDAY)
 Center CLOSED for the holiday. Merry Christmas!
December 27th. (TUESDAY)
 9:00am. Senior Fitness Program-\$3
 9:30am. Poker with Alan Thibodeau & Terri Charette
 9:30am. Grocery shopping @ Oliver's Supermarket
 NO Art Class with Judy Jaworski
 11:00am. to 12noon Ballroom Dancing Class with Jorge-\$2
 12noon Lori's Center Lunch-Menu:TBA-\$3 (ENL)
 12:30pm. Setback (Downstairs)
 1:00pm. Setback (Upstairs)
 1:00pm. CRL with Mary Henao-\$1
 1:00pm. Quilting Group
December 28th. (WEDNESDAY)
 8:30am. Wii Bowling Tournament @ Bristol Senior Center
 9:30am. Grocery shopping @ Stop & Shop
 10:00am. Writer's Workshop with Judy Boynton-No Charge
 10:00am. Tai Chi Class #7 with Barb Santasiero
 NO Wii Bowling League with Mary Henao @ Senior Center
 11:30am. Lunch @ Amalfi's Restaurant-\$6
 No Center Lunch
 11:30am. to 1:30pm. Blood Pressure Screening with VNA nurse
 NO afternoon Wii Bowling League with Mary Henao @ Senior Center
 1:00pm. Knitting/Crocheting Class with Aline Waldmann
 1:00pm. Lori's Cooking Class-\$5-Menu:TBA
 1:30pm. Line Dancing with Lois Marticello-\$2
December 29th. (THURSDAY)
 8:30am. Mohegan Sun Casino
 No Grocery shopping @ Oliver's Supermarket
 9:00am. Senior Fitness Program-\$3
 9:15am. Senior Exercise Class
 9:30am. White Silo Farm Winery Tour/Tasting/Lunch-\$30
 10:00am. Calligraphy with Jann Lamb
 10:00am. Water Coloring Class #1 with Carla Koch
 (\$25 for 6-week session)
 10:00am. Zumba with Lara Fordavi-\$2
 11:30am. Lori's Center Lunch-\$3-Menu:TBA
 1:00pm. Mah Jong with Barb Duigan
 1:00pm. Wii Golf with Don Ensero
December 30th. (FRIDAY)
 Center CLOSED for New Years Holiday

PLEASE NOTE:

SCL applies to lunches made at the Senior Center by the staff
 ENL applies to catered meals from the Elderly Nutrition Program



BIRTHDAYS**November-December, 2016 Issue**

Happy Birthday to All
From The Senior Center Staff and Members
We Wish You Many More

NOVEMBER

Joseph C. Zinko	1	Robert Weber	13
Maureen W Riley	1	Donald Ciampi	14
Irene Schmidt	1	Mary M. Oliveira	14
Janette Collette	1	John Bellemare	15
AJ Perrotti	1	Jeanne Brett	15
Virginia Guglielmo	1	Robin Mach	15
Walt Biercevicz	1	George Decker	16
Robin Shea	2	Rita Liem	16
Louise Sweatt	2	Ann Demsky	16
Geraldine Paolillo	2	James Agli	17
Armond Landry	2	Henrietta Evangelista	17
Lidia Rinaldi	3	Phyllis Dambrauskas	17
Diane Devine	3	Irena Pilat	17
Louise Tigano	3	Frank Fratea	18
Daisy Decker	3	Carole Hunihan	18
Cindy Powell	3	Joyce Chapman	18
Hank LaRose	3	Marcel St Germain Sr.	19
Antonia Creaven	3	Renee Londner	19
Mario D'Antonio	4	John Szyndlar	20
Helen Faber	4	Donald Reilly	20
Lynda L. Mellette	5	James Elsea	20
Richard Normand	5	Edmond St. Martin	20
Lynn Anderson	5	Richard Jabenville	20
Joe D'Amelio	5	Maria Tadich	20
Carole Terracino	5	John W Terry	21
Joseph Kazlauskas	5	Sharon Duncan	21
Connie Dilger	6	Mary Beltramello	21
Frances Makauskas	6	Margaret Pekrul	21
Raymond Fontaine	6	Ron Dominique	21
Philip Lampron	6	Chris Owens	22
Erwin Divivier	7	Fred Coughlan	22
Marcie Owens	7	John Harris	23
William Ladley	7	Joyce R. Fabro	23
Carol Henderson	7	Pat Ladley	23
Ann Genereux	8	Rose Geary	24
Cecile Davino	8	Karen Carlson Blaha	24
Patty Kubicza	8	Mike Sabia	25
Joanne Spongberg	8	David SanAngelo	25
Joe Krayski	9	Antonette Maguire	25
Evelyn Kiley	9	Lois Carroll	25
Richard Aguzzi	9	Mary Griffin	26
Jack Ring	9	Frances Flynn	26
Lydia Kiermont	9	Joanne Sconziano	26
Robert Duncan	9	Cynthia Johnson	26
Joanne Spino	9	Aldea Santoro	27
James Stemm	10	Diane DeFazio	27
Lene Hanscom	10	John A. Marinaro Jr.	27
Ralph Diers	10	Alice Parys	27
Ruth Gorman	10	Edward Pronovost	28
Anthony Grosso	11	Sandra Pekrul	28
Jean Lecours	11	Cheryl Watt	28
Marie Orsillo	11	Mary Harkey	29
Joe Labutis	12	Terrence Dominy	30
Denise Bluick	12	Faith Keaveney	30
Pat Prestipino	12	Leo Thibodeau	30
Fred Losee	12	Marjorie Williams	30
Edward Cocchiola	12	Joyce Evon	30
Iris Smith	12	MaryEllen Kindelan	30
Sally Ann Murray	13	Ron Friedman	30
Carol Fontaine	13		

DECEMBER

Dee Fusco	1	Carol Paiva	16
Jack Croce	1	Mary Rita Phelan	16
Barbara Nierenburg	1	Pamela Meier	16
Aurel Plouffe	1	Paul Doherty	16
Lorraine Goddard	2	Anne Ippolito	17
Marion R Colella	2	Al Dickman	17
Patricia Smegielski	2	Eleanor Petruzzi	17
Timothy Baker	2	Toni Cavagnuolo	17
Michael Puma	2	Hugo Jannetty	18
Charlotte Crockett	2	Marianne Lussier	18
Cassie Murphy	2	Theresa C. Graveline	18
Claudette DeCilla	3	Dianne Bedard	18
Dave Bethancourt	3	Mary Lou Rogers	18
Patricia Scollan	3	Dick Cipriano	19
Charlene Carriero	4	Agnes Russell	19
Barbara Welton	4	Irene Eimutis	19
Sharon Trainor	4	Betty Schebell	19
Robert Pryor	5	Dolores Amadeo	19
Angela Vanasse	5	Geri McDonald	20
Helen Gizzi	5	Marilyn Bonyai	20
Leonard Merola	5	Carole Mastrantoino	20
Catherine Gannon	5	Dianne Mongillo	21
Claire Pronovost	6	Dom Carasone	21
Marlene Wentworth	6	Barbara Koonitski	21
Dorothy Gallagher	6	Joseph Saucier	21
Pat Coventry	7	Catherine Antonelli	21
Grace Caligan	7	Carol Turonis	22
Josephine Pugliese	8	John Dunn	22
Patrick Brellis	8	Aldo Calabrese	22
Carol Ellis	8	Evelyn Carrah	23
Ruth Yachtis	9	Joyce Szejman	23
Peg Losee	9	Patricia Ford	23
Robert Vensel	9	Armand Marchand	23
Carolyn Holley	9	Althea Reid	23
John P. Creaven	9	Michael Sconziano	23
Peg Pryor	10	Marguerite Lagasse	24
Ron Beloin	10	Normand Cool	24
Irene Riccuito	10	Noella Poudrier	24
Carol Kovaly	10	Madeleine Hiscox	24
Serafina Torselli	10	Carmella Destefano	24
John Brieve	10	Christina Gowlis	24
Aruna Raghu	10	Frani Kowalski	25
Joseph Therrien	10	Carol Morrison	25
Barbara McDonough	10	Carol Martino	25
Joe Kennelly	10	Kay Larosa	26
Bonita Miclette	11	Kathleen Prenez	26
Diane Hagan	11	Joan A. Valletta	26
Frances Rosa	11	Rosemary Briglia	27
Phyllis Bruce	11	Holly Dorso	27
Edie Sletner	11	Carol A. Cirillo	27
Lucia Ricci	11	Mary Davis	27
Pam Monahan	11	Bonnie Frank	27
Nancy Sullivan	12	Evelyn Brothers	27
Donna Cleary	12	Elaine Longo	27
Abby Martin	12	Lorraine Thibodeau	28
Bob Black	12	Martha I. Pond	28
Asela Harris	12	Margo Korytko	28
Diann Ensero	12	Louis Rinaldi	28
Robert Knapp	13	Jeannine Mallane	29
Lucille Delage	13	Pat Scaniffe	29
Michael Jones	13	Grace Klobedanz	29
Arlene Morin	13	Hope Vitko	29
Robert Talerico	13	Ronald Plante	29
Barbara Menturweck	14	Madelyn Novick	29
Jeannette Elsea	14	Judy Jaworski	30
Lisa Colucci	14	Debbie Steeves	30
Dan Gizzi	14	Linda Champeau	30
Joan Perugini	16	Marylou Roof	30
Robert Orsini	16	Jim Miele	30

SUNSHINE LIST**November-December, 2016 Issue****GET WELL SOON!!!**

Joann Truelove
757 Prospect Road
Waterbury, Ct. 06706

Barb Schaefer
74 Round Tree Drive
Naugatuck, Ct. 06770

Betty Sturges
East Farms #249
180 Scott Road
Waterbury, Ct. 06705

Helen Myjak
605 Woodin Street
Hamden, Ct. 06514

John Creaven
12 Spindle Hill Road
Unit #1A
Wolcott, Ct. 06716

Lynn Anderson
3 Gay Ridge Road #101
Waterbury, Ct. 06705

Georgianne Romano
74 Valley View Road
Thomaston, Ct. 06787

Janet Baboo
168 Tarbell
Oakville, Ct. 06779

David Sletner
192 Quinn Street
Naugatuck, Ct. 06770

Lydia Kiermont
14 Hartley Drive
Waterbury, Ct. 06705

Nick Cappiello
92 Sycamore Drive
Prospect, Ct. 06712

Jean Emmons
281 King Street
Bristol, Ct. 06010

Ray Somma
62 Mountain View Drive
Waterbury, Ct. 06706

Earl Lovell
109 Sunburst Road
Naugatuck, Ct. 06770

Bill Luschenat
16 Merriman Lane
Prospect, Ct. 06712

Dave Sletner
192 Quinn Street
Naugatuck, Ct. 06770

Janet Rinaldi
154 Summit Road
Prospect, Ct. 06712

Claire Verrastrò
107 West Ridge Drive
Waterbury, Ct. 06708

Dee Fusco
154 Scott Road
Prospect, Ct. 06712

Bea Garbarino
235 Park Avenue
Naugatuck, Ct. 06770

Eve Smith
18 Rozum Circle
Prospect, Ct. 06712

Marie Colangelo
210 Forestridge Road
Waterbury, Ct. 06708

Ken Lawton
1 Abraham Boulevard
Room 240-2 South
West Hartford, Ct. 06107

Lenore Gerardi
52 Gail Drive
Waterbury, Ct. 06704

Rita Fried
29 Chandler Drive
Prospect, Ct. 06712

Pat Martini
24 Meadow Lane
Prospect, Ct. 06712

Phyllis Lynch
28 Sherwood Drive
Prospect, Ct. 06712

Terry Kiesel
52 Union City Road
Prospect, Ct. 06712

Patty Smegielski
49 Kenilworth Street
Waterbury, Ct. 06710

Dolly Martin
188 East Mountain Road
Waterbury, Ct. 06706

**EVENTS THAT ARE SOLD OUT/FULL OR
EVENTS WHERE DEADLINES HAVE
PASSED**

**November 3rd. Book Club Trip to Gouveia's
Winery-SOLD OUT**

**November 14th. Salute to American Veterans @
Aqua Turf-DEADLINE PASSED**

**November 15th. Shopping @ Tanger Outlets-FULL
November 17th. Chasing Rainbows @ Goodspeed
Opera House-DEADLINE PASSED**

**November 18th. Wonder Boy @ Elim Park-
DEADLINE PASSED**

**November 20th. American in Paris @ Bushnell-
DEADLINE PASSED**

**November 30th. Wicked @ Xfinity Theater-SOLD
OUT**

**December 10th. Kinky Boots @ Palace Theater-
SOLD OUT**

**December 13th. Jimmy Mazz Holiday Show @
Aqua Turf-SOLD OUT**

**December 15th. Traveler's FREE Winter Concert
@ Bushnell-FULL**

**December 17th. Tony Kenny's Christmastime in
Ireland @ Elim Park-SOLD OUT**

NEW MEMBERS

GAIL GRAY
MARCIA BLINSTRUBAS
MELINDA MUCKA
JAN MULLALY
ARMOND LANDRY
MARY ANN LANDRY
CLAIRE ARDRY
JACK MARTINS
GERALD MARTIN
DIANA MARTIN
SANDRA QUIELLO
DONALD CARR
LINDA THORNBERG
GRACE LISOWSKI
FRANK LISOWSKI
DEBORAH YACHTIS
LORRAINE SCHMALTZ
MARY LOU ROGERS

RICHARD ROGERS
RONALD WIESNIAK
ANN O'DEA
BARBARA PLACE
DONNA BROWN
ESTHER VILELA
JOANNE DAVELUY
CATHERINE ANTONELLI
JOSEPH ANTONELLI
LUISA BARILE
FRANCES BLACK
HELEN BILODEAU
CAROL HENDERSON
ELEANOR WEBER
ROBERTA ARONHEIM
CYNTHIA JOHNSON
JOANNE SPINO
ROBERT SPINO

*Welcome to the Prospect Senior Center***Membership Dues for 2017...**

Just a reminder that **membership dues for 2017 are now due and payable.** They will be collected at the Senior Center through the end of January. If by the end of January we do not receive your dues, we will then drop you from our membership. If you are interested in continuing your participation here, please stop in to the Senior Center to pay for them. You can also send a check made out to the Prospect Senior Center (PSC) to:

Prospect Senior Center
6 Center Street
Prospect, Ct. 06712

Dues remain the same - \$6 for Prospect residents and \$12 for out-of-town residents. Thank you.

GET WELL SOON!!!

Dutch Oven Casserole

1 medium onion
 1 lb. hamburger meat
 1 pkg. taco seasoning
 1 can sweet corn
 1 can black olives, sliced
 1 box corn bread mix

Dice onion and brown with a small amount of butter. Add hamburger; break up and brown. Drain, then add taco seasoning with just enough water to mix with meat and onion. Place meat mixture in baking dish. Drain corn and place over mixture, and add sliced olives over corn. Mix corn bread according to package directions and spread over top. Bake at 350 degrees until corn bread is done.

makes 6 servings

Cranberry Chicken for Two

1/2 cup cranberry juice
 2 Tbsp. soy sauce
 2 Tbsp. Worcestershire sauce
 2 garlic cloves, minced
 2 bone-in chicken breast halves

Hot cooked rice, optional

In a resealable plastic bag, combine the first four ingredients. Add chicken and turn to coat. Seal bag and refrigerate 8 hours or overnight. Place chicken and marinade in a small ungreased baking pan. Bake, uncovered, at 350 degrees for 1 hour or until meat juices run clear. Serve over rice, if desired.

makes 2 servings

Garlic Bread

1/4 cup margarine, softened
 1/4 cup grated Parmesan cheese
 2 cloves garlic, pressed
 1/4 tsp. dried marjoram
 1/4 tsp. dried oregano
 1 (16 oz.) loaf French bread, cut into 16 slices

Combine first 5 ingredients; stir well. Spread mixture evenly between bread slices. Reassemble loaf, and wrap in heavy-duty foil; place on a baking sheet.

Bake at 350 degrees for 20 minutes. Open foil, and bake 5 additional minutes or until crisp and golden. Serve immediately.

Makes 16 slices

Cherry Cheesecake Dump Cake

1 can (21 oz.) cherry pie filling
 1 can (14 1/2 oz.) tart cherries in water, drained
 4 ounces cream cheese, cut into small pieces
 1 package (15 oz) yellow cake mix
 1/2 cup (1 stick) butter, cut into thin slices

Preheat oven to 350 degrees. Spray 13 x 9-inch pan with nonstick cooking spray.

Spread cherry pie filling and cherries in prepared pan. Scatter cream cheese pieces over cherries. Top with DRY cake mix spreading evenly. Top with butter in a single layer, covering cake mix as much as possible.

Bake 45 to 50 minutes or until toothpick comes out clean. Cool at least 15 minutes before serving.

Makes 12 to 16 servings

Pork Chops with Cranberries

2 cups fresh cranberries
 3/4 cup sugar
 6 thick pork chops
 2 Tbsp. olive oil
 1/4 cup water
 1/4 cup chicken broth
 1 tsp. salt
 1/4 tsp. cayenne pepper
 1 Tbsp. chopped cilantro

Combine cranberries with sugar. Brown pork chops in the olive oil for 5 minutes. Add 1/4 cup water and chicken broth; simmer for 20 minutes. Add cranberries, salt, and cayenne pepper. Simmer 10 minutes or until chops are done. Sprinkle with cilantro.

Makes 6 servings

Swiss Cheese Chicken

2 lbs. boneless, skinless chicken breasts
 1 jar marinated artichokes, halved
 1 jar mushrooms
 6 slices Swiss cheese
 1 can cream of chicken soup
 1 can chicken broth
 1 pkg. stuffing mix
 1 stick melted butter

Preheat oven to 350 degrees. Coat a 9 x 13-in pan with cooking spray. Arrange chicken in pan. Top with artichokes and mushrooms. Layer with cheese. Combine soup with broth. Pour over chicken. Top with stuffing mix. Drizzle with butter. Cover pan with foil. Bake for 45 mins. or until chicken is cooked through. Uncover pan for last 5 mins of cooking.

Makes 6 servings

Cranberry Orange Relish

2 oranges
 2 bags fresh cranberries
 1 1/4 cups sugar
 1/4 tsp. salt

Slice the oranges in half and squeeze to extract juice. Set juice aside. Cut 4 long strips orange zest from 1 of the oranges. In a saucepan, combine zest, cranberries, sugar and salt. Bring to a boil over high heat, stirring. Reduce heat and simmer for 20 minutes or until very thick.

Stir in orange juice.

Serve chilled

Sweet Pumpkin Whip - Low Carb

1 pkg. instant sugar-free cheesecake pudding mix
 1 cup fat-free milk
 1/2 15 oz. can solid pumpkin (not pumpkin pie filling)
 1 tsp. ground cinnamon
 1/4 tsp. ground nutmeg
 1/2 of 8 oz. container sugar-free Cool Whip

Combine pudding mix and milk in a medium bowl; whisk until well blended. Stir in pumpkin, cinnamon, and nutmeg. Add Cool Whip and mix thoroughly. Serve immediately or cover with plastic wrap and refrigerate for up to 2 days.

Makes 6 servings

REGULAR

Nov-Dec., 2016 Issue

ACTIVITIES

BONUS MONTHLY BINGO!
Sponsored by
Grand Care Companions - Naugatuck

The last Friday of each month, Roberta (Bobbi) Kulas, the Care Coordinator for Grand Care Companions of Naugatuck, will be at the Senior Center to donate some prizes for our regular Friday Bingo games. She will be donating four, \$5 gift cards from area businesses, for Bingo prizes that day. She will be coming the last Friday of each month to do this for us. As usual you will still be charged the regular \$1 charge for your coffee and dessert.

Please remember that you do have to call the Senior Center ahead of time to register.

Sept. 30th & Oct. 28th

Texas Hold'em
\$5 Poker Tournament \$5
Hosted by Josh Lidsy
Thursday, Nov. 10th
1:00pm to 3:00pm
Thursday, Dec. 8th
1:00pm to 3:00pm

You must pre-register and PAY for these games. There is a limit of nine people playing on the table.

FIRST NINE PEOPLE TO REGISTER AND PAY, GET TO PLAY.

"Taste of Kaynor" Lunches
DATES FOR NEXT 2 MONTHS:

Wed. Nov. 2nd
Tuesday, November 22nd
(Thanksgiving Buffet-
Departing @ 9:30am.)
Wednesday, November 30th
Wednesday, December 7th

All lunches departing @ 10:00am other than the Thanksgiving Buffet
Join us as we lunch at Kaynor Technical School Culinary Arts Department's "Taste of Kaynor" Restaurant. It came highly recommended to us by member, Alan Thibodeau. We tried going there at the end of last's years school year and everyone raved about it and wanted to go back again once school resumed this year in the fall. Everyone said the meals were outstanding!

They have a wide selection of meals to choose from and most are priced from \$4 to \$7. You can't beat the price.

We will be meeting and leaving from the Senior Center at 10:00am. If you are interested in attending with our group, please sign up as soon as possible. We are limited to the number of people we are allowed to bring with us. For security purposes at the school, we have to let them know a week ahead of time who will be coming. So, don't wait until the last minute to sign up because we probably won't be able to take you.

We will come back to the Senior Center directly after lunch. The cost of your meal is your responsibility.



Senior Dance Social
at the



Prospect Senior Center

Monday, November 7th
Featuring Boogie Boys

Monday, November 21st
Featuring Vinnie Carr

Monday, December 12th
Featuring Boogie Boys

Monday, December 19th
Featuring Vinnie Carr

1:00pm to 3:00pm
COST: \$9

Limited to 80 people
Registration required
(203-758-5300)

If you register but cannot attend, please call ASAP so that others who are on the waiting list

CAN attend.



Lori's Jewelry Class



Monday Nov. 28th
1:00pm
Project: Three-Piece Amethyst Set
Cost \$12

No class in December

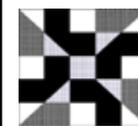
Cooking Demonstrations with Chef Lori - \$5



Watch as Chef Lori demonstrates how to make these delicious recipes. Then, stay and sample the end result!

Registration and PAYMENT required beforehand.

Wed. Nov. 30th at 12 noon
Egg Frittata - \$5
Wed. Dec. 28th at 12 noon
Dish & price: TBA



Quilter's Group
Every Tuesday
1:00pm



Chinese & American Mah Jong

Every level welcome!
Every Thursday at 1:00pm.



REGULAR

Nov-Dec., 2016 Issue

ACTIVITIES



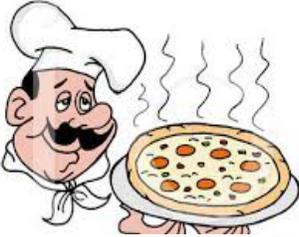
Senior Exercise Classes
Every Monday & Thursday
9:15 AM



Senior Weight Strengthening Classes
Every Friday
9:30 AM



PINOCHLE GROUP
Every Friday
9:30am. to 11:30am.
Call Terri Charette
for details
@ [203-758-3447](tel:203-758-3447)



"Pizza Party" BINGO
Friday, Nov. 18th & Friday, Dec. 16th



Wii Golf
Every Thursday at 1:00 pm
Call Don Ensero at 203-575-1511 if you are interested



SETBACK CARD PLAYER'S GROUPS EVERY TUESDAY
DOWNSTAIR'S GROUP 12:30pm
UPSTAIR'S GROUP 1:00pm
COME JOIN IN THE FUN



CARD BINGO
On Tuesday
Nov. 29th & Dec. 20th
@ 1:00 pm Cost: \$2.00



Wii Bowling
Every Monday at 10:00 am,
Wednesday at 10:00 am or
Wednesday at 1:00 pm
Call Mary Henao at 203-757-9190 if you are interested



Origami Class
Thursday at 12:30 pm
Nov. 10th & 17th
Dec. 1st & 15th



AARP Driver Safety Course
Prospect Senior Center
2016/2017 schedule:
December 12th (2016)
February 6th, April 3rd
June 5th, August 7th
October 2nd, December 4th



The Happy Hookers
A knitting & Crocheting Group
Led by Aline Waldman
Every Wednesday
1:00pm to 3:00pm
Everyone is Welcome




WHIST CARD GAME
Monday, Nov. 28th
Game Starts at 12:30pm
Price: \$3





All classes are held on Mondays and run from 8:30am to 1:30pm at the Senior Center. Cost is \$15 for AARP members and \$20 for non-AARP members. You must pay ahead of time for the class and provide us with your AARP number if you are a member. The Senior Center provides a complimentary lunch for all participants. Class size is limited. Register early. Please make checks out to AARP.

Check Your Blood Pressure



Every Wednesday 11:30am to 1:30pm

REGULAR

Nov-Dec., 2016 Issue

ACTIVITIES

**Wednesday, Nov. 23rd &
Wednesday, Dec. 14th**
Leave 9:30am
Arrive Prospect 3:30pm



Orange, CT
Shop approximately
2 hours

Sign up required
persons limited

Lunch @
Cracker Barrell
to follow shopping



**Acrylic Art
Class with
Judy Jaworski**

Every Tuesday 10:00am
Next available session
begins:
Jan. 10th



**Water Color Art
Class with
Carla Koch**

Every Thursday 10:00am
Next available session
begins:
Nov. 10th
\$25 for a 6-week
session



**Senior Balance
Class
with Brenda Martin**
Every Monday
10:00am. to
11:00am.
\$2.00

Chair Yoga



New 6 Week Monday
Session Starts
November 28th @1:30pm
\$15



**Writer's
Workshop
with Judy
Boynton**

Workshop 10:00 am
Nov. 9th & 30th
Dec. 14th & 28th



**Senior
Fitness
Program**

Every Tuesday
& Thursday
@ 9:00am

Cost: \$3 per class
No Sign-up necessary
Just drop in



**Free
Computer
Lessons
with**

Lori Anderson
6 Week Course
Next class begins
November 12th
Saturdays 10am - noon



**Tai Chi
Session
with Barbara
Santasiero**

8 week session
starts on Nov. 30th
\$25



**Now at
Senior
Center**

Every Thursday
10:00 am
\$3 per class
taught by Lara Fordavi



**LCR
Dice
Game**

Hosted by Mary Henao
Monday, Nov. 14th &
Tuesday, Dec. 27th @
1:00 pm
Price: \$1
Please bring dimes.

**Poker Club
with Allen Thibodeau**



Every Tuesday
9:30am. to 12:30pm

REGULAR

Nov-Dec., 2016 Issue

ACTIVITIES

Cribbage Card Game

**Every Monday
@ 1:00 pm**

**Except for
Nov. 28th**

**Call Don Ensero
203-575-1511
for further
information**



Calligraphy

**Classes with Jann
Lamb**

**Thursdays
@ 10:30 AM**

**No class first
Thursday
of each month**

NO CHARGE

**Some supplies
provided by
Jann Lamb**

Bible Study

With

Georgia Smolkis

Every Friday at 9:30am

No sign ups necessary

Just drop in



**Billiards
Monday
thru Friday
9:00am to
4:00pm**

**Ladies are welcome and
encouraged to join in the fun!**



**Line Dancing
Classes
with Lois
Marticello**

**Every Wednesday
@1:30pm**

**Cost \$20 for 10 classes
The classes are geared
specifically toward
seniors. The classes
are fun and they're
great exercise too!**



**Blood
Pressure,
Glucose
Testing
& Hand
Massages**

**Sponsored by
Cheshire House
Rehabilitation Center**

**Next session:
Friday, November 18th
11:00am to 12 noon**

**No appointments
necessary.**

Walk-ins are welcome.

**“DIME BINGO”
with Linda Petereit
Thursday, Nov. 17th &
Dec.15th
12:30pm to 3:00pm
\$1**

You get two Bingo cards for ten cents. You can play as many cards as you would like.

For each two cards that you are playing you have to contribute ten cents for each Bingo game that is played. The prize for each game will be the dimes that are collected.

There will be a \$1 charge to help in covering the cost of a coffee and dessert break at 2:00pm.

If you are interested in joining in on the fun, please call the Senior Center to register.



**Lunch
@ BARC Cafe
(Bristol Adult
Resource
Center)**

AND

**Quick Stop
Shopping
@ the Dollar
Tree Store in
Bristol**



**Tuesday, November 1st
& Tuesday, Dec.13th
11:30 am**

**Sign-ups are necessary
Phone: 203-758-5300**



**Day Trip
to the
Mohegan Sun
Casino**

**Thursday, Nov. 10th &
Thursday, Dec. 29th**



**FREE
Monthly
Lunch
with**

*Chef
Tara*

**Highland Rehabilitation
Center in Cheshire**

No lunch in November

**Wed. Dec.21st
(Bus available from PSC
at 11:00am. Call PSC to
register.),**

Special Activities Index (cont'd) November-December, 2016 Issue

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Oct. 5	Jimmy Osmond & The Moon River Band	50	Dec. 12	Holiday Winter Wishes @ Aqua Turf	52

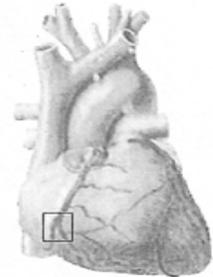
What You Need to Know About Cholesterol

What is cholesterol?

- Cholesterol is a waxy substance. Your liver makes cholesterol. It is also in certain foods like meat, eggs, dairy products, and cheese. Your body needs some cholesterol, but your liver makes all that you need. Too much cholesterol in the body builds up in the arteries. This causes "hardening of the arteries" and can narrow the opening in your arteries. This narrowing means that less blood can get through an artery. If an artery in your heart becomes too narrow, you can have a heart attack. If an artery in the brain becomes too narrow, you can have a stroke.



Blockage in right coronary artery



Types of cholesterol

- There are two types of cholesterol. Low-density (LDL) is known as the "bad" cholesterol. Too much LDL can lead to heart disease. High-density (HDL) is known as the "good" cholesterol. HDL gives some protection against heart disease.

What determines your cholesterol level?

- What you can't change
 - Your genes. High cholesterol levels can run in families.
- What you can change-
 - Your lifestyle – the foods you eat, how active you are.
 - Being overweight or obese is linked to higher cholesterol levels and higher levels of "bad" cholesterol.
 - Eating foods high in saturated and trans fats can increase your cholesterol levels.

Professional Services

November-December, 2016 Issue



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Private Reflexology Sessions with Kim Stewart, NSCR
Monday, Nov.21st starting @ 9:00am
Monday, Dec.19th starting @ 9:00am
(Appointments are necessary)

Kim Stewart will be at the Senior Center to give private reflexology therapy sessions to our seniors. The cost will be \$15 for a 15 minute session and \$30 for a 30 minute session. **Appointments are necessary and begin at 9 am. Please call the senior Center to schedule an appointment.**



REFLEXOLOGY
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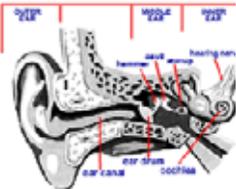
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November-December, 2016 Issue



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Connecticut Home Care Program for Elders

The State of Connecticut wants to give you an opportunity to stay home instead of going to a nursing home. That is the purpose of a home care program for persons 65-years of age and older. The program is called the Connecticut Home Care Program for Elders. To see if you qualify for any of the services from this program, please call the Western Connecticut Area Agency on Aging at 203-757-5449 for further information.



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Professional Services

November-December, 2016 Issue

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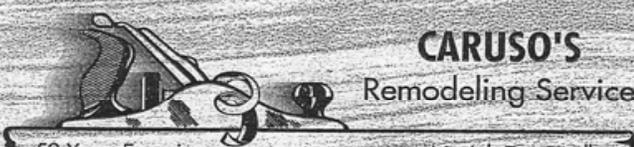


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November-December, 2016 Issue



**The "Bookwormers"
Prospect Senior Center
Book Club
Book Club Coordinator
Marie Delage**

November & December Meetings:

**Thursday, November 3, 2016 - 10:00am
Thursday, December 1, 2016 - 10:00am**

For our November 3, 2016 meeting we will be traveling to Gouveia's Vineyards in Wallingford, Ct. There, we will be reviewing our November book selection. Book Club members are encouraged to bring an appetizer with them to share with our entire group. You can bring whatever food and as much food as you would like into the vineyard. You cannot, however, bring ANY type of drinks with you. This includes water. There is wine, soda and water for sale there.

This 140-acre property is Connecticut Wine Festival People's Choice Award for Connecticut's Favorite Winery. The owner, Joe Gouveia, was featured on the August 2007 cover of Connecticut Magazine.

It is a truly bucolic masterpiece that awaits you just outside the windows of the entire winery. You can enjoy spectacular views from either inside or outside the winery. From its high vantage point you are able to see the growing grape vines, the changing leaves, the grazing horses in neighboring fields or the magic of the winter landscape sprawling before you. From the front of the building you can look over rolling hills covered in vines and a pond with an inviting dock. It is a beautiful setting for our monthly meeting!

We will be meeting and leaving from the Senior Center at 10:30am. We should be at the vineyard by about 11:00am. The Senior Center mini bus will return to pick us up from the vineyard at 3:00pm. We should be back in Prospect by about 3:30pm. There is no charge for this trip, courtesy of the Senior Center.

At the winery we will be discussing the book "Mrs. Poe" by Lynn Cullen. Copies of the book are available at the Prospect Public Library.

If you are interested in joining us, please sign up at the Senior Center as soon as possible. We are limited to the number of people the Senior Center mini bus can accommodate. If there is an overflow of Book Club members interested in attending, they can always drive themselves and follow the bus to the vineyard. But, you still have to register with the Senior Center beforehand so that they can give the vineyard a head count for our group. Our December book selection will be "Red Bird Christmas" by Fannie Flagg. Copies of this book are also available at the Prospect Public Library. Selections for January and February have still not been chosen. Once they have been selected you may call the Prospect Public Library (203-758-3001) where the titles will be listed. Some of our Book Club members have been recommending "Woman of God" by James Patterson. We will take your input at our November and December meetings and make our decision at that time.

We encourage everyone who is a Prospect Senior Center member to come join the Book Club at the Senior Center. This is a very interesting and welcoming bunch. New members are always welcome. The meetings are always interesting with some very lively discussions. And, we also do some very interesting field trips and host some

interesting presentations. Stop in and see for yourself what this group is all about. Remember, reading keeps our aging minds active and alert.

If you have any questions or suggestions for the group you may contact Marie Delage at 203-758-5685.

Marie Delage

LADIES



IN RED

**LADIES IN RED HIGHLIGHTS
NOVEMBER - DECEMBER 2016**

Saturday, September 17, 2016 The Ladies in Red enjoyed playing mini golf at Hidden Valley Mini Golf & had a nice lunch after at Kizl's Family Restaurant. The weather was perfect and a fun time was had by all.

UPCOMING EVENTS

Tuesday, November 8, 2016 The Ladies in Red will be attending Ladies Night at the Verdi Restaurant located at Western Hills Golf course in Waterbury on Tuesday, November 8th. The Ladies in Red attended Ladies Night at Verdi back in April and loved it so much they asked to go back there again. Dinner includes choice of appetizer, entrée, dessert and free mimosa. Price \$26.00, includes tax & tip. First 14 to sign up and pay get a seat on the bus.

Wednesday, December 14, 2016 The Ladies in Red will be attending Ladies Night at East Street Eatery at Farmington Hills Golf Course in Wolcott. Dinner includes choice of appetizer, entrée, dessert and free mimosa or glass of house wine. After dinner we will ride around looking at Christmas lights. We'll go back to Frisbie Circle in Wolcott, as we do every year to view their phenomenal lights and we'll also go through Hubbard Park. (Please bring a non-perishable food item to donate for the food bank bins at Frisbie Circle.) Price \$25.00 includes tax & tip. First 14 to sign up and pay get a seat on the bus.

WINTER WEATHER POLICY

In case of inclement weather this winter season, please tune in to your local television or radio stations for cancellation or delayed opening announcements. You can get storm information on TV Channels 3 & 8 and on WTIC 1080 radio.

We follow the Prospect school district (Region 16) policy. If schools are closed for our district, the Senior Center is also closed and there is no bus service available through the Senior Center that day. When Region 16 calls for a delay in school opening, the Senior Center will still be open as usual at 9:00am. Classes and programs for that day will be held at the discretion of the instructor. Please call the Center ahead of time to see if your class or program will be held. Senior Center bus service will operate as usual on these days.

Sports Page

November-December, 2016 Issue



News From The Bocce Court



Fall 2016 Bocce League Team Results

Bocce League Team Play ended on Tue. November 1st

Results for the Fall Season were as follows:

3-Way Tie for FIRST PLACE:

Team #1: Dick & Cindy Cipriano,
George & Arlene Fraser
Team #3: Manny & Maria Silva,
Joe Mazzamauro, Eleanor Romano
Team #7: Terri Charette, Gene Bowman,
John Raven, Alan Thibodeau

Team Tournament Luncheon will be held on
Tuesday, November 8, 2016 - 12noon

Many thanks to Terri Charette and Gene Bowman who ran a very successful and fun league this fall for everyone's enjoyment. A total of 40 people participated. Everyone is now looking forward to starting up again in the Spring!

Many thanks, Terri & Gene. Great, great job!



Wii Bowling News



Wii Bowling Tournament Results
Prospect Senior Center vs. Torrington Senior Center
October 18, 2016 @ Prospect Senior Center

Torrington: 5,820

Prospect: 5,653

Top Four Bowlers for Prospect:

Jan Pilat-290

Ed Kearney-279

Elsa Colina-269

Mary Henao-269

Congratulations to Jan Pilat who made an AWESOME spare on a 7/10 split. You don't see that happening too often! Congratulations, Jan!



News From The Pool Room



Pool Tournament Results

Prospect In-House Tournament
September 28, 2016

First Place: John Strang
Second Place: George Fraser
Third Place: Dick Cipriano

Prospect In-House Tournament
October 12, 2016

First Place: Paul Lussier
Second Place: George Fraser
Third Place: Dick Cipriano

Prospect vs. Wallingford @ Prospect Senior Center
October 19, 2016

Prospect-31/Wallingford-25

Prospect vs. Bristol @ Prospect Senior Center
October 26, 2016

Bristol-29/Prospect-25



Together, we can save a life

Home Fire Preparedness Campaign Reducing fire deaths one home at a time

At no cost to you, we would like to share some simple steps you can take at home that will help you protect your family against fire. In addition, the Red Cross will install FREE smoke alarms within your home. Visits generally last 20 minutes and can be scheduled at your convenience.

During your home visit, you will receive:

- Installed smoke alarms if needed
- Guidance in the development of a Family Disaster Plan
- Valuable emergency preparedness tips and information

All demonstration and installation services will be performed by Red Cross-trained volunteers and/or licensed/insured professionals.

To schedule your visit, register at
www.redcross.org/ct/schedule-a-visit or call
1-877-287-3327 and choose option 1.

The first testicular guard, the "Cup," was used in Hockey in 1874 and the first helmet was used in 1974.

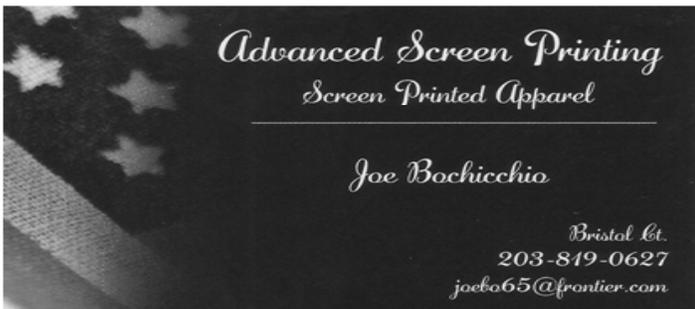
That means it only took 100 years for men to realize that their brain is also important.

Ladies.....Quit Laughing.

November-December, 2016 Issue

Assistance & Referrals...

Trained CHOICES representative, Jim Dunn from the Western Connecticut Area Agency on Aging, is available to assist you with Medicare, Supplemental Insurance, Medicare Part D and state assistance programs either at the Senior Center or at their Waterbury office. Appointments are required by calling 203-757-5449



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"Smile-A-While" Show Group Looking for Participants

Our "Smile-A-While" show group has resumed their performances and practices. Joy Koch, their musical director, is now raring to get started with her enthusiastic group.

The group performs musical numbers, comedy sketches and dance routines in their variety show. They perform free of charge at various rehabilitation facilities and assisted living complexes in the area. The group has received rave reviews wherever they have performed. If you are interested in joining the group, please call Barb Morine at 203-729-7872. The only thing required is a fun loving personality and a desire to bring smiles to those less fortunate. You do, however, have to be a member of the Prospect Senior Center to participate. This is a great group of guys and gals that have a terrific time performing together. Consider joining the group!

American Mahjong Group Looking for New Players Every Thursday @ 1:00pm.

Mahjong is a game that originated in China. It is commonly played by four players. The game is widely played throughout Eastern and South Eastern Asia. It has also developed a following in Western countries. Similar to the Western card game rummy, mahjong is a game of skill, strategy and calculation and involves a degree of chance.

Barb Duigan who coordinates the American Mahjong group here at the Senior Center is looking for more people who may be interested in learning the game and joining the group. If you are interested, please call Barb at 203-758-4546.



Re-cycling



New Partnership with NEAT Center
The WCAAA and the NEAT Center are now partnering on re-cycling of gently used durable medical equipment.

Consumers can:

- Donate gently used durable medical equipment (walkers, wheelchairs, bath chairs, etc.)
- Purchase quality refurbished equipment for less than half of new!

NEAT will pick-up larger items at your home, like hospital beds, powerchairs, etc. for free. Please call Charlene at 203-757-5449 to make an appointment and for information.

No items will be accepted without an appointment.
NO WALK-INS, PLEASE!

Scrap Material Wanted...

Our quilting ladies are looking for any leftover scrap material that you may have hanging around from any past sewing projects. If the material is in good condition and you would like to see it go to good use, please consider donating it to the Senior Center. Carole Butler makes us several quilting projects each time we have a holiday party. She would use any of your donations for these projects which benefit the Senior Center and its members. The material would also be used for projects that our quilting group works on.

If you have any material you would like to get rid of, please bring it to the Senior Center. We would certainly appreciate it!

The "Songbirds" NEED YOU!

The Prospect Senior Center "Songbirds" are a group of very enthusiastic and talented Senior Citizens. The group has been in existence for about fifteen years. They work under the musical direction of Joan Bowyer. Under Joan's tutelage, they meet weekly to either practice at the Senior Center or to perform at area facilities.

The group is made up of 12 members who love to sing and perform. They spread their talent and cheer throughout the area by performing at nursing and rehabilitation centers in the area. Their love of music is only exceeded by their love of bringing smiles and joy to those who enjoy their performances.

The group is looking for new people to replace those members who have passed away recently or who can no longer participate because of health issues. If you are interested in joining the group, you can call Joan at 203-577-6528.

November-December, 2016 Issue

Scrapbooking & Cardmaking 101 with Cindy & Edwina Every Friday 10:00am to 3:00pm \$2

A scrapbook is simply a decorated photo album that also preserves the stories behind the pictures (called journaling). Scrapbooking can also hold memorabilia (tickets, certificates, letters, etc.). You might want to make a family scrapbook album as well as smaller theme albums for vacations, home improvements or a baby's first year. Some scrapbooks are created for each individual family member.

By using acid-free and lignin-free papers and adhesives, photos can be preserved beautifully and safely. The papers and accessories that are available now to scrap bookers give lots of creative options for doing more than just filing photos in an album. Scrapbooking is a creative hobby!

It's really all about getting those photos out of their shoeboxes and down from the attic and into albums where they can be seen and shared with others. Best of all, no experience or expertise is required—it's as simple as cutting and gluing and having the proper people to guide you through the process.

Are you looking at those big boxes filled with photos, wondering how you will ever get around to all of them?

Where do you start?

If scrapbooking seems like a monumental task for you, don't worry. It really isn't when you have the proper guidance. Join Cindy Powell and Edwina Tracy at the Senior Center on Friday, March 11, 2016 from 10:00am. to 3:00pm. Bring some of your old photos with you. These two lovely ladies have volunteered to hold scrapbooking classes here for our Senior members. They have been scrapbooking themselves for many, many years and are quite good at it. They would like to share their craft with others and will be holding these classes a few times a month—every month, free of charge, for our members!

To start, all you have to do is bring in your photos. Cindy and Edwina have very generously offered to bring in a lot of their huge inventory of supplies to share with you as you get started. Grab your photos, sign up ahead of time and give these classes a try! The girls will also be guiding you in scrapbooking techniques to make cards also.

Since the classes run for several hours, you can bring a bag lunch with you or, if there is a lunch at the Center that day, you can register with Lori to stay for lunch. Lunches are at 11:30am and are usually \$3. You can go back to your class right after you finish your lunch.

I would like to thank both Cindy and Edwina for being so generous of their time, expertise and supplies. This is a very nice gesture on their part to offer these classes to our members free of charge. We appreciate their very generous offer.

If you are interested in participating in the class, please call the Senior Center to register. Join in on all the fun and create something that will be appreciated for a long time!

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2016 UCONN Women's Basketball Game Packages For XL Center (\$140 for 7-Games)

The NCAA Women's Basketball 2016-2017 game schedule has not been released yet. The schedule usually gets publicized at the end of September. But, as in previous years, the packages for the games will first go on sale to all previous season ticket holders. Since the Senior Center has been season ticket holders for many years now, we were able to buy our season tickets a head of time. However, I still cannot tell you what games you will be seeing, the dates of the games or even where we will be sitting.

Season tickets for the XL Center are \$140 for 7 games. There are a few packages remaining if anyone is interested in attending with us. We will be going to the games in our Senior Center mini bus. Once the schedules come out in September for the games at the XL Center, we will notify those people who bought packages to the games. At this time we will also let you know the departure times from the Senior Center for each of the games.

If you are interested, please stop by the Senior Center, sign up and PAY. Like I said, there are only a few packages still available.



New IRS Scam Coming Through the Mail

SCAM ALERT: We're hearing of a new twist to the IRS imposter scam: it's now coming through the US Postal Service.

How it Works:

- You receive an official-looking letter from the IRS saying you owe taxes related to the Affordable Care Act. The notice is labeled CP2000 for tax year 2015. The letter instructs payment be sent to the "IRS" care of an Austin, Texas post office box.

What You Should Know:

- If the IRS issues a notice under CP2000, it's when income or payment information doesn't match the information reported on your tax return. A legitimate notice will provide a number for you to call and a way to resolve the issue. Also, payments wouldn't be to "IRS" but rather to the U.S. Department of the Treasury.

What You Should Do:

- If you get a notice like this but doubt its integrity, contact the IRS at 1-800-366-4484.
- This same scam runs through email. If you get an IRS notice by email, delete it immediately; IRS will not reach out to you by email, nor will they call demanding payment.
- Report it to the Federal Trade Commission's complaint center.

AARP Fraud Watch Network

November-December, 2016 Issue

Energy Assistance Program for 2016-2017

For those of you who are interested, it is time again to reapply/apply for Energy Assistance for this coming winter season. You have to reapply/apply every year and show the necessary financial information pertaining to this year, 2015. You CANNOT use financial information from previous years. Following is what is needed to reapply/apply:

INCOME DOCUMENTATION:

Your MONTHLY Social Security Benefits: Acceptable documentation would be a monthly bank statement from sometime this year showing your MONTHLY social security direct deposit. Or you can also get a letter from the bank on their letterhead stating what your monthly deposit is. If you have your check mailed to you, please make a copy of it before you cash it. Or you can obtain from the Social Security office a statement showing what your benefits are.

Retirement/Pensions/Annuities: Acceptable documentation would be again, a copy of your MONTHLY bank statement from sometime this year showing the MONTHLY pension deposit. Also acceptable would be a copy of the pension check itself or again a letter from the payer of the check on their letterhead showing the amount of your pension check.

Veteran's Benefits: Acceptable documentation would be a V.A. award letter for your Veteran's Benefits (including pension), a copy of the check, or a monthly bank statement from this year showing the MONTHLY direct deposit of this check.

Public Assistance: Documentation showing benefits received from any of the following-TANF, SAGA, State Supp., etc.

Employment Wages: Your last 4 consecutive weekly pay stubs, two consecutive bi-weekly or semi-monthly pay stubs OR, if these are not available, you may bring a statement from your employer or from their payroll department on company letterhead payroll department, stating your gross wages for the last 4 consecutive weeks. Pay stubs will only be accepted if they state your name and/or Social Security number.

Unemployment Wages: Acceptable documentation would be form W-1107 that should be completed by your local Unemployment Office.

Worker's Compensation/Disability Insurance: Acceptable documentation would be a Workman's Compensation statement showing benefits and period covered.

Dividend/Interest: Acceptable documentation would be dividends and interest statements for the most recently completed period (if more than \$10.00 per month).

Rental Income: Acceptable documentation would be rental stubs for rental income, your tenants lease, and photo copies of rental checks for the last four weeks received by you from your tenants and deposited in your bank account. (Copies of these checks can be gotten from your bank.)

Child Support/Alimony: Acceptable documentation would be a divorce decree or Family Relations

Court letter stating the amount of alimony and/or child support, or a letter from Family Relations Court or your attorney if alimony and/or child support is not being paid. (Copies of checks are NOT acceptable.)

Self-Employment: Acceptable documentation would be a notarized Self-Employment Worksheet for the last six calendar months. A current 1040 IRS form including all relevant Schedules, (C, D, E, SE, K, etc.)

Contributions from Friends/Relatives: Signed statements from friends/relatives who are contributing to your household's support.

Strike Funds/Union Benefits: Acceptable documentation would be signed statements on union letterhead.

Zero Income: If you presently do not receive any income, you must complete a Zero Income form that will be provided upon request.

VERIFICATION OF AGE OR DISABILITY:

If you or some member of your family is 60 years or over, you must provide verification that identifies your/their date of birth. If you or someone in your family has a disability that cannot be verified by sight, you must have the provided medical certificate signed and stamped by a physician verifying the disability.

DOCUMENTATION OF RENT PAYMENT:

Acceptable documentation would be your lease, a copy of a check or a current rent receipt. If you live in a mobile home park and rent the land your home is on, you must also show this through the before mentioned items. You must provide the name, address and phone number of your landlord, rental agent or rental company.

ASSET VERIFICATION:

You must provide statements from EVERY institution that you or any household member(s) have an account with. Liquid assets include savings and checking accounts, bonds, stocks/shares, CDs, IRAs. Asset limitations for a homeowner are \$10,000 and \$7,000 for renters. Even if your liquid assets are slightly higher than these guidelines, you may still be eligible for fuel assistance. The amount that you are over will be applied towards your income. You must provide copies of your most current monthly bank statements, in their entirety, for all accounts that you hold.

You must provide a CL&P/Gas bill from sometime this year to verify your address. The amount of the bill is not taken into consideration. This is solely to verify your address. The bill must be in the applicant or household members' name.

You must provide us with the name of the vendor (oil/wood/propane) that you use for heating. Your account number and the vendors' address are also necessary. If you heat with gas or electricity a current utility bill is needed.

For every household member, you must provide their names, birth dates, social security numbers, and their relationship to you. You must let us know their race, sex, age, student status, education, marital status, whether or not they have health insurance, receive WIC/food stamps, are a Veteran or are disabled.

If you are applying for the FIRST time, you must let us know whether you own your home or not. If you do own your home, we need to know whether or not you have a mortgage. You must let us know with whom you have the mortgage with and the amount of your mortgage.

If you live in the mobile home park in town, we need rent verification for the land your home is situated on. Once you have all this information together, you may call the New Opportunities Energy Assistance appointment line to set up an appointment to fill out the necessary paperwork. You may apply anytime throughout the winter heating season. However, the earlier you apply the better.

If you are home bound you may call New Opportunities in Waterbury (203-756-8151) to ask that the application be sent to you in the mail or you may request that someone come to your home to help you in filling it out. If you have any questions you may call New Opportunities in Waterbury at the before mentioned telephone number.

November-December, 2016 Issue

- Podiatric Surgery
- Foot Disease
- Children's Foot Disorders
- Sports Medicine



DR. McHUGH AND ASSOC., P.C.
DR. DAVID S. MULLEN
 Podiatrist

464 Wolcott Rd.
 Wolcott, CT 06716
 Ph: (203) 879-3646
 Fax: (203) 879-7191

51 Depot St.
 Watertown, CT 06795
 Ph: (860) 274-1773
 Fax: (860) 945-6820

IRELAND A LITTLE DIFFERENT

April 28 - May 5, 2017 - 8 days from Hartford
2099.00 Per Person Double-Occupancy

Visit Dublin; Belfast and the 5th century settlement of Monasterboice; The Giants Causeway formed over 60 million years ago and the scenic coast of Antrim; Walled City of Derry and into Ballyboffey and Donegal Bay and the Slieve League Cliffs and on to Belleek where we will have a chance to shop! Continuing on to Drumcliff- the burial home of William Butler Yeats and then into Galway with scenic tour of Connemara Marble Factory and Celtic Crystal. Truly the best of Northern Ireland and the Republic.

Includes:

- R/T Non Stop Flights from Bradley
- Full Breakfast Daily
- Three Dinners
- Visit Titanic Giants Causeway Experience
- Glenveagh Castle
- Slieve League Cliffs
- Belleek Pottery

VIKING RIVER CRUISES RHINE GETAWAY

October 5- 13, 2017

Come Cruise the Rhine River from Amsterdam to Basel aboard the Viking EIR

Visit: Amsterdam with its beautiful canals; Kinderdijk and its historic Windmills; Cologne's Gothic Cathedral; the Heidelberg Castle; Alsatian Treats in Strasbourg and Clock Making in the Black Forest area of Breisach.

All meals during cruise, wine with dinner, shore excursions, port taxes* and fuel surcharges*
AIR IS ADDITIONAL -CALL FOR OUR SPECIAL GROUP RATES. SPECIAL GROUP PRICES STATEROOM RATES START AT:

CATEGORY D \$3424.00* CATEGORY C \$ 3624.00*
GROUP RATES REFLECT TWO FOR ONE CRUISE SPECIAL AND ARE PER PERSON BASED ON TWO PEOPLE SHARING A STATEROOM.

******* DEPOSIT IS: \$500.00 PER PERSON. FINAL PAYMENT DUE JUNE 28, 2017. OTHER CABINS AVAILABLE - CALL FOR RATES**

Space is limited CALL TODAY!



SYNNOTT TRAVEL
452 MERIDEN ROAD,
WATERBURY, CT 06705
203-575-1010 1-877-237-9666

WARNING!!

The Treasury Department has a message for taxpayers, especially Seniors, getting calls from the IRS demanding immediate payment: **HANG UP!**

Those aggressive, threatening phone calls are coming from phone scammers. And, they are successful. They have cost more than 5,000 victims more than \$26.5 million dollars since October 2013. About 900,000 scammer contacts were reported during that period.

The callers fraudulently claim to be IRS officials and demand that taxpayers immediately send them payment. They often have some personal information about the person they're calling and threaten criminal charges unless immediate payment is made.

This scam has proven to be the largest of its kind. It is critical that all taxpayers continue to be very wary of unsolicited telephone calls and e-mails from individuals claiming to be IRS and Treasury employees.

The agency has responded with public service announcements reminding people that the IRS sends letters rather than calling taxpayers.

If someone unexpectedly calls you claiming to be from the IRS and uses threatening language if you do not pay immediately, that is a sign that it is not the IRS calling, and it is your cue to hang up.

The agency recommends taxpayers that are contacted by phone scammers fill out an IRS impersonation scam form on the Treasury inspector general website-www.treasurytigta.gov or call Treasury officials at 800-366-4484.

Recently, we have been informed, a Prospect resident and Senior Center member received one of these very threatening phone calls. Her caller ID showed that the number calling was 206-984-0585. She answered and was threatened and treated very rudely. She knew enough to sense that it was a scam and HUNG UP! She reported the incident to the Police and to us so that we could warn other Seniors.

Do not let yourself be threatened or intimidated into handing over some of your hard earned money. **HANG UP** and report the incident to your local Police Department and the IRS phone number or website that was previously mentioned.

This is happening in your neighborhood.
Be careful!

PSC "HIGHLIGHTS" NOW AVAILABLE ON-LINE

The latest issue of our newsletter is now available on-line at the town of Prospect's website.

To access it on your computer or smartphone, go to the town's website: www.townofprospect.org

Once you are there: click on "**Town Services**"; then click on "**Senior Center**"; then click on "**Programs**"; and finally, click on "**Click here to download a copy of this month's activities.**"

The newsletter is readable using any Adobe Acrobat reader and can be printed out at home if you have a printer.

Each new "Highlites" will be available on this website just as soon as it is being printed out at the Senior Center. If you have computer access, you can get your copy without making a special trip to the Center saving you time and reducing the need for the Center to run off as many copies as it now does.

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FREE Access Wireless Lifeline Program

Access Wireless provides mobile phone service to income-eligible residents as part of the government-funded Lifeline Assistance program. Lifeline is intended to help individuals experiencing financial hardship to stay connected to family members, schools and child care providers, as well as be reachable to potential employers and have a means of communicating in case of emergency. The valuable service that Lifeline provides is designed to be a bridge for those striving for self-sufficiency.

Access Wireless provides customers with a free mobile phone and a free monthly allotment of minutes/text messages each month. This airtime can be used to make and receive voice calls or send text messages. Customers that require additional airtime can add money to their account by purchasing airtime with a debit or credit card online, over the phone or on their Access Wireless phone.

You can apply for Access Wireless service in one of the following ways:

>Call 1-888-900-5899 to begin the enrollment process over the phone with the help of a Customer Care representative.

>You can download the Access Wireless Lifeline application for the state in which you live and return a completed application via US mail or via fax along with copies of your supporting documentation.

Southwind Alpaca Farm & Yarn Shoppe New England Holiday Tour Sunday, November 27, 2016 Departing @ 9:30am.

Jim and Penny Mullen own, manage and care for over 50 alpacas at their farm in Watertown, Ct. It is one of the largest alpaca farms in Connecticut. They show their animals throughout the country including at the "Big E" Eastern States Exposition each year. The genetic pool of blue ribbon show winners in their breed is very impressive.

They also sell a variety of alpaca yarn at their farm throughout the year. With over 15 natural, un-dyed colors and over 70 dyed colors available, you are sure to find the yarn you are looking for at Southwind Farms. Their yarn is ideal for any knitting project.

We will be meeting and leaving from the Senior Center at 9:30am. Our tour is scheduled for 10:00am. After the tour we will give you ample time to look through their yarns in case you are interested in buying some or browse through the many handmade items they have for sale there.

At 12noon we will board our bus again for a lunch stop at AJ's Restaurant in Goshen, Ct. We have dined here before and have been very happy with the food and service. **The cost of your lunch is your responsibility.**

If you are interested in joining us, please sign up as soon as possible. We are limited to the number of people we can bring with us.

Craft Fair Naugatuck Elks Lodge #967 & Emblem Club #160 758 Rubber Avenue, Naugatuck Sunday, November 20 10 am to 3pm

\$25 per table • Vendors needed
Please contact Kim Best at 203•217•1805 or
Debbie Lockhart at 203•558•8986

Medicare Savings Program Puts Money in Your Pocket!

The State of Connecticut offers a Medicare Savings Program to the elderly and the disabled. There are three different levels to the program. The three programs are referred to as the QMB, SLMB and ALMB programs. All of these programs pays for your Medicare premium that automatically comes out of your monthly Social Security check. If you fall within the income guidelines of the QMB program, your payment of the Medicare Part A and Part B monthly premiums will be paid for by the State of Connecticut as well as payment of co-insurance and deductible amounts for services covered under both Medicare Parts A and B.

If you have Medicare, you are paying \$104 each month for your Part B coverage (doctor bills, lab tests, x-rays, etc.) This premium is automatically deducted from your Social Security check each month so you may not even realize you are paying for it. This is the premium that the State of Connecticut will pay for if your monthly income falls within the guidelines for any of these three programs (QMB, SLMB, ALMB). If you apply and meet the qualifications, your Social Security check will increase by \$104 each month. To see if you are eligible, you must complete a very simple application form and meet the income guidelines set by the State of Connecticut. Income considered includes: pension, Social Security, rental income, Supplemental Security Income (SSI), wages, disability benefits, worker's compensation, interest, dividends, alimony and child support.

Each of these three savings plans has their own income guidelines. As of March 15, 2015 the income guidelines have gone up for all three of these programs. Generally, if your monthly income is at or below \$2,088.90 for a single person or \$2,816.85 for a couple, you may qualify for the QMB Savings Program. If your monthly income is at or below \$2,286.90 for a single person or \$3,083.85 for a couple, you may be eligible for the SLMB Program. If your monthly income is at or below \$2,435.40 for a single person or \$3,284.10 for a couple, you may be eligible for the ALMB Savings Program.

The good news is that this money never has to be repaid back to the State of Connecticut upon your death. If you are eligible, it is all free and clear money. These are three great programs that were designed to help the elderly and the disabled. Who couldn't use an additional \$104 monthly in their Social Security checks! And, this amount that is being deducted monthly from your Social Security check will probably be going up in the years to come!

Add up your monthly income. If you are within any of these before mentioned income guidelines, stop in at the Senior Center and pick up the application form. Once again, the application form is very easy to fill out and self explanatory. The program does not take into consideration the amount of assets you may have such as checking and savings accounts, CD's, IRA'S, stocks, bonds, etc. And once again, upon your death the money WILL NOT be recouped from your estate. Apply today if you feel there is a chance that you may be eligible. The application process takes about 6 to 8 weeks.

Stop & Shop Weekly Circular...

Would you like to receive the Stop & Shop weekly circular in the mail for free? Simply call the Stop & Shop headquarters at 1-800-767-7772 (ext. 3) then press 1. They will take down your information and send it to you in the mail, free of charge.

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2016 Medicare Open Enrollment Assistance @ Prospect Senior Center Thursday, November 10, 2016 10:00am.

Medicare Open Enrollment runs from October 15, 2016 to December 7, 2016. During this annual enrollment period you can make changes to various aspects of your coverage. You can switch from Original Medicare to Medicare Advantage, or vice versa. You can also switch from one Medicare Advantage plan to another, or from one Medicare Part D (prescription drug) plan to another. And, if you didn't enroll in a Medicare Part D plan when you were first eligible, you can also do so during this general open enrollment period, although a late enrollment penalty may apply.

Jim Dunn from the Western Connecticut Area Agency on Aging will be at the Prospect Senior Center on the following dates: October 12th. and 27th. and November 10th. He will be here each day starting at 10:00am. He will be here to assist Medicare recipients who would like to review their Prescription Drug or Medicare Advantage plans. It is recommended that Medicare recipients review the various plans available annually to assure that they are getting the most cost effective plans for their needs. Jim Dunn is a Certified CHOICES (Medicare) counselor. He will review your current plan and do a plan comparison based on your current medications as well as other considerations. Therefore, you are asked to please bring a current list of your medications and dosages with you to your appointment with him.

Each appointment will take approximately 45-minutes. These are one-on-one appointments and the information shared is confidential. Appointments are necessary. You may schedule an appointment with Jim by calling the Prospect Senior Center at 203-758-5300.

VETERAN + BBQ = DOG TAGS Veteran's Day Fundraiser to Benefit Puppies Behind Bars (aka DOG TAGS) Friday, November 11th \$15 Departing @ 5:00pm

A fundraiser for Puppies Behind Bars (aka Dog Tags) will be held on Friday, November 11, 2016 at the Congregational Church in Naugatuck. This lip smacking event is being coordinated with Luau Boys to provide a down home BBQ meal including pulled pork, cornbread, coleslaw and baked beans. Entertainment will also be offered that night. ALL of the proceeds from this event go to Puppies Behind Bars.

Puppies Behind Bars trains prison inmates to raise service dogs for wounded war veterans and explosive-detection canines for law enforcement. The puppies live in prison with their puppy-raisers from the age of 8-weeks to 24-months. As the puppies mature into well-loved, well-behaved dogs, their raisers learn what it means to contribute to society rather than take from it.

We will be meeting and leaving from the Senior Center at 5:00pm. We ask that you be at the Senior Center a few minutes beforehand. We will stay at the event until about 7:30pm. so that you have ample time to eat and enjoy the entertainment. We should be back in Prospect by about 8:00pm.

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment.

Medicare Open Enrollment Options Presentations @ Prospect Senior Center

Monday, November 7, 2016 10:00am.
**(Elena Scofield
Independent Insurance Consultant
Scofield Insurance Consulting)**

Wednesday, November 9, 2016 10:00am.
**(Traci O'Brien
Anthem Blue Cross and Blue Shield
Medicare Representative)**

Medicare Open Enrollment runs from October 15, 2016 to December 7, 2016. During this annual enrollment period you can make changes to various aspects of your coverage. You can switch from Original Medicare to Medicare Advantage, or vice versa. You can also switch from one Medicare Advantage plan to another, or from one Medicare Part D (prescription drug) plan to another. And, if you didn't enroll in a Medicare Part D plan when you were first eligible, you can also do so during this general open enrollment period, although a late enrollment penalty may apply.

Elena Scofield is an independent insurance consultant with Scofield Insurance Consulting, Inc. She will be at the Prospect Senior Center on Monday, October 17, 2016 and Monday, November 7, 2016. She will be here at 10:00am. to present United Healthcare Medicare plans for 2017. United Healthcare Medicare Advantage offers three different plans that include medical, prescriptions, and value-added benefits such as vision, hearing and Silver Sneakers, all starting at a low monthly premium. United Medicare Advantage also offers a dental rider with a low monthly premium.

Elena has 20-years of Medicare and healthcare experience. She can try to help you find the right Medicare plan that fits your specific health needs.

Traci O'Brien is the local Anthem Blue Cross and Blue Shield Medicare representative. She has helped many Connecticut residents make an informed decision about their health care coverage that makes the most sense for their individual needs and circumstances-even if it means joining a competitors health plan. She also helps to educate and advise you on all of the different types of Medicare assistance programs available to you.

If you are interested in attending any of these presentations, please call the Senior Center at 203-758-5300 to register.

YOU ARE CORDIALLY INVITED TO ATTEND WATERBURY EMBLEM CLUB'S PINK RIBBON TEA

Sponsored by Bigelow Tea



**Guest Speakers
Lunch - Raffles - Games
Sunday - November 6, 2016
12 noon @ Waterbury Elks
Lodge
\$20.00**



Please join us for a celebration of life

**For tickets call:
Linda Galvin 203-758-5158
Margaret Simpson 203-592-8121
Mary Clifford 203-592-0172**

November-December, 2016 Issue

Travel Group Sponsored Events 2016 Schedule

**St. Paul's Boys Choir @ Sacred Heart Church
Springfield, MA**

Lunch @ Log Cabin Meeting House

Monday, November 14, 2016 10:00am \$55

Package Includes:

- >Full course luncheon at the Log Cabin Meeting House served @ 12noon
- >Roundtrip transportation to and from the event on our mini bus
- >Afternoon Boy's Choir Concert @ Sacred Heart Church (about 15-minutes away from the Log Cabin)
- >Meal Taxes & Gratuities

**Jimmy Sturr Christmas Show @ The Aqua Turf
Thursday, December 8, 2016 10:30am \$57**

Package Includes:

- >Transportation to and from the event on our mini bus
- >Family Style Lunch @ the Aqua Turf
Menu: Salad/Penne & Sauce/Turkey w Stuffing/
Baked Scrod/Vegetable/Potato/Dessert
- >Matinee Show with Jimmy Sturr & his Orchestra
- >The Four Aces (Special Guests)
- >The Polka Today Dancers
- >The Jimmy Sturr Singers
- >Meal Taxes & Gratuities

If you are interested in joining us for any of these events, please sign up and PAY as soon as possible. We cannot hold your seat without payment. Many of these events we have done in the past and they have sold out because they are so popular. Just a word of warning!

Prospect Lions Club Collecting

Eyeglasses & Hearing Aides

The Prospect Lions Club has set up a purple and yellow mailbox outside the Senior Center where you may drop off all unwanted eyeglasses and hearing aides. The box is located right outside our front entrance. The items are collected, recycled, refurbished and used for people in need.

If you have any of these items and are no longer using them, please don't throw them out. Drop them off in the "mailbox" at any time. The Center does not have to be open for you to drop them off. Thank you for helping those that are less fortunate.

Thanksgiving Portuguese Sweet Bread Sale

Once again this year, Senior Center member Fran Branco of the Portuguese Club in Naugatuck, will be taking orders for the very popular and delicious Portuguese sweet bread for the Thanksgiving holiday. We will be accepting orders for the breads through November 15, 2016. Large breads are \$7 and small breads are \$6. All orders must be paid for when ordering. The breads are guaranteed to be here prior to Thanksgiving.

If you are interested in ordering, stop in before the deadline to order and PAY for your sweet bread. No order will be placed without payment.

Kittery Premium Outlets- "America's Main Street for Shopping" 375 US Route 1, Kittery, Maine Tuesday, November 1, 2016 \$45 Departing @ 6:30am.

Kittery Premium Outlets are located in Kittery, Maine. This famed outlet shopping district has about 120 outlet stores. It is often referred to as "America's Main Street of Shopping" because the outlet stores go from one end of Main Street to the other. The stores offer savings of 25% to 65% off every day.

We will be meeting and leaving from the Prospect Senior Center at 6:30am. We will be traveling on a coach bus. It is about a 3.5 hour drive to the outlets. We will have a stop along the way up to our destination. Once there, you will be free to shop, browse and have lunch on your own until 2:30pm. There is a Burger King, McDonald's, Starbucks, The Lobster Pot and the Weather Vane Seafood Restaurant located along Main Street from which to pick from for your lunch.

At 2:30pm. we will board our bus for our return trip back to Prospect. We should be back in Prospect by about 6:30pm. If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment.

Directory of Stores:

Adidas, Aeropostale, Aldo Shoes, American Eagle Outfitters, Ann Taylor, Bag N Baggage, Banana Republic, Barbour, Bass, Bose, Brookstone, Brooks Brothers, Calvin Klein, Champion, Chico's, Christopher & Banks, Clarks Bostonian, Cole, Company Store, Cosmetics Company Store, Go, Calendars, Games & Toys, Haan, Columbia, Crocs, Dressbarn, DXL Destination, Easy Spirit, Ecco, Eddie Bauer, Famous Footwear, Gap, Hanna Andersson, Hanes, New Balance, J. Crew, J. Jill, Jockey, Johnston & Murphy, Kittery Trading Post, Lane Bryant, Levi's, Loft, Lucky Brand Jeans, Luggage Loft, lululemon athletic, Motherhood Maternity, Movado, Naturalizer, Nautica, Nike, Old Navy, Orvis, Pac Sun, Perfumania, Polo Ralph Lauren, Reebok, Rue 21, Saucony, Sports Stop, Sun Glass Hut, Talbots, The Maine Collection, Tommy Hilfiger, Toys R Us, Tumi, Under Armour, Uniform Destination, Van Hausen, Wilsons, Leather, Zumiez,



November-December, 2016 Issue

CIPRIANO

Mr. and Mrs. Richard Cipriano of Prospect recently celebrated their 60th wedding anniversary with a party at Mirabile's Restaurant in Prospect. Mr. and Mrs. Cipriano were married Sept. 29, 1956, at St. Anthony Church in Prospect. They have five children; Richard Cipriano Jr. of Tarpon Springs, Fla; Licia Jamele of Prospect; Lara Panasci of Waterbury; Pamela Mourgues of Torrington; and the late Sandra Calca; 12 grandchildren and eight great grandchildren.



Mrs. Cipriano is the former Cynthia Pelkey .

GROSSO

Mr. and Mrs. Anthony M. Grosso of Waterbury celebrated their 75th wedding anniversary with a blessing of their marriage at Our Lady of Mount Carmel Church in Waterbury, followed by a family party at Verdi Restaurant at Western Hills in Waterbury. Mr. and Mrs. Grosso were married June 21, 1941, at St. Anne Church in Waterbury. They have five children; Patrick Grosso of Hampstead, N.C.; Robert Grosso, James Grosso and Joyce Orso of Waterbury and Barbara Fountain of Cheshire, eight grandchildren and two great grandchildren.



Mrs. Grosso is the former Irene La Bonte.

FREE Bra Fittings with Joy Koch Wednesday, November 9, 2016 10:00am.

Consumer studies have shown that more than 80% of women surveyed thought that they were wearing the correct size bra. However, more than 70% of these women were actually wearing the incorrect bra size. Also, about 80% of these women said they are uncomfortable in their bras. They report that their straps slip off their shoulders, the wires pinch or bind them, or the band rides up in the back.

When a bra does not fit properly, it can mean more than just discomfort. A woman wearing the wrong bra can suffer from poor posture, shoulder strain, as well as pinching and binding. Additionally her clothes will not fit or look as good on her as they could with the right bra.

The benefits of a well-fitted bra are many:

- >A good fit means good posture
- >A good fit means no more pinching
- >A good fit makes a woman appear 5-10 pounds thinner
- >A good fit builds self-esteem. You will look and feel better than you have in a long time.

Fifteen minutes is all it takes to be professionally fit, but the results can last a lifetime. Join Joy Koch at the Senior Center for a private and individual bra fitting. She will also have a number of bras that you might be interested in purchasing from her. You are not obligated to buy a bra. You will still receive a free bra fitting, even without purchasing a new bra.

Joy will also be bringing a variety of undergarments that help support you perfectly. She specializes in the Firma Energywear line. These undergarments fit you like a second skin. They help to improve your circulation, reduce cellulite, reduce muscle fatigue and improve body thermoregulation.

This product is a breakthrough in fabric technology. It helps you look and feel great whenever or wherever you wear it. It actually helps to increase blood circulation and cellular metabolism while you are wearing the garments.

The special fabric in these garments has biocrystals woven into the threads that also help to reduce the appearance of cellulite over time. In studies, participants who wore Firma clothing for at least 6-hours per day for 30-days, lost between 2-5 inches! Everyone, including diabetics, will benefit from increased circulation, reduced muscle fatigue, and better regulated body temperature.

Please call the Senior Center to register. Individual appointments will be scheduled every half hour to insure that you get personal attention.

Ann Nyberg @ The Prospect Senior Center Tuesday, November 15, 2016 11:00am.



Ann Nyberg is WTNH-TV's longest serving Anchor/Reporter in the station's history. Ann anchors the 6 and 10 o'clock nightly newscasts. She has interviewed leading news makers and entertainers such as Peter Jennings, Walter Cronkite,

Barbara Walters, Ann Margaret, Don Imus, Michael Bolton, Art Carney, Julie Andrews and many more.

She has been a visionary in the industry. She started Network Connecticut in 2011 as a means of connecting the state on multiple levels. She is also the founder of the Toy Closet Program at Yale-New Haven Hospital. Now, she can also add author to her resume.

Ann will be at the Prospect Senior Center on Tuesday, November 15, 2016 at 11:00am. She will be discussing her second book, "Remembering Katharine Hepburn". The book was recently released in October. Nyberg, a founding member of the Katharine Hepburn Center for the Arts in Old Saybrook, compiled tales, pictures and quotes from the late, great actress herself, her friends, fans, family and neighbors into an 85-page book that gives new insight into Hepburn and her life in her shoreline home in Fenwick, Connecticut.

The book is a sweet, inspiring, and captivating look at a woman who was an inspiration for many and whose legacy and stories should be shared with a new generation of fans. Nyberg, delves into the long, extraordinary life of Katharine Hepburn through the personal stories of those whose lives she influenced in even the tiniest way. From tales from her beloved Fenwick in Connecticut to stories about her days in Hollywood to adventures with "Aunt Kat", Nyberg interviews the people who knew Kate and cared for her-her friends, her fans, her family, and her neighbors-as they recount endearing tales about her life.

In conjunction with the Prospect Public Library, Ann will be at the Prospect Senior Center for a discussion about her book and a book signing to follow. Copies of her book will be on sale that day if you would like to purchase a copy.

If you are interested in attending, please call the Senior Center at 203-758-5300 to register. Space is limited. Register early.

November-December, 2016 Issue

Marianne Bette - Author Presentation "Living With a Dead Man"

Wed., November 9th 1:30pm FREE

As a physician, Marianne Bette recognized that the man sitting next to her was having a seizure, most likely caused by a tumor in his brain. "Living With a Dead Man," published by Emerald Lake Books of Connecticut, details her husband's fight with lung cancer. The cancer proved to be untreatable through surgery, radiation and chemotherapy. Bette's book chronicles the momentous decisions, big and small that had to be made.

As a wife, she was terrified of what medical tests would find. And as a mother, she dreaded having to explain to her two young daughters that their Dad had a terrible illness.

In "Living With a Dead Man: A Story of Love," Bette tells the story - from three perspectives - of the year spent coping with a dreadful diagnosis and its effect on her family. "Those three parts of my brain gave me very different views of the situation," Bette said. "And sometimes they got in big arguments with each other."

Bette, a family physician who was born in Southbury and returned there with her family in 2000, published her frank, sensible and humor-filled memoir this year.

Marianne Bette will be at the Prospect Senior Center on Wednesday, November 9, 2016 at 1:30pm. to discuss her book. Her book will be on sale that day for those who may be interested in purchasing a copy.

If you are interested in attending, please register by calling the Prospect Senior Center at 203-758-5300.

EFT Tapping Therapy Sessions Presented by Stacey Altomari EFT Practitioner/Coach

Wednesday, November 2, 2016 11:30am \$2
Wednesday, December 7, 2016 11:30am \$2
Wednesday, January 4, 2017 11:30am \$2
Wednesday, February 1, 2017 11:30am \$2

The Emotional Freedom Technique (EFT - also known as "Tapping Therapy") was created by Gary Craig and works like emotional acupressure to quickly, gently and easily release the negative emotions and beliefs that are at the root of many of our problems and pain.

EFT is a combination of Ancient Chinese Acupressure and Modern Psychology. It is often referred to as a form of acupuncture without the needles. It is also a wonderful way for beginners to learn meditation.

EFT is a simple act of tapping on meridian points on your body. It is something that you can learn to do yourself and use at will whenever you feel it is necessary. EFT opens the meridians to allow more efficient healing of the body while removing the emotions attached to it. It has been around for thousands of years and anyone can do this technique, anywhere. It has been found that when people remove the negative emotions attached to illness, pain, anxiety, etc. they feel better and in many cases that which was bothering them is but a distant memory. Stacey Altomari is an EFT Practitioner/Coach. She will be here at the Senior Center for an EFT Tapping session on the first Wednesday of every month. Stacey has been performing EFT therapy at many local Senior Centers including Woodbury, Wolcott, Middlebury and Waterbury. She has gotten a great response from the Senior Community because she feels this age group is looking for alternative ways to feel better. This is a very easy technique to learn and do. It can be done in front of the TV or even in your car. Stacey's husband has even done EFT on an airplane to help with his fear of flying.

If you are interested in participating in any of these sessions, please sign up and PAY beforehand. We cannot hold your spot without payment.

FREE Chef Demonstration & Tasting Luncheon @ Watermark at East Hill

611 East Hill Road, Southbury, Ct.

Thursday, November 17th 12:30pm to 1:30pm

Thursday, December 15th 12:30pm to 1:30pm

Departing @ 12noon (both days)

The Watermark at East Hill in Southbury, Ct. is a Life Care community that offers independent Living, Assisted Living, Memory Care and Rehabilitation & Skilled Nursing on a 55-acre campus overlooking the stunning Pomperaug River Valley and just a short drive from historic Southbury.

They offer spacious one-bedroom models and two-bedroom suites that have all been recently renovated from top to bottom. Meals are enjoyed restaurant-style in their formal dining room. The facility covers many aspects of wellness. You can indulge in a full-service beauty salon and spa. You can enjoy the Renew Wellness Center which offers nutritional and preventive care. The Vitality Fitness Center offers an indoor pool and a Gallery Café.

At Watermark, they realize that challenging our minds has enormous benefits at any age. Therefore, they offer an ongoing course schedule of mind-expanding and body-toning classes through their Watermark University.

On Thursday, November 17th. and Thursday, December 15th. we will be traveling to the Watermark for a Chef Demonstration and Tasting Luncheon. Dining Services Director, Jim Bain will transform their own high quality, freshly prepared, gourmet menu items into tasty, nutritionally balanced, one and two-bite hors d'oeuvres. This complimentary lunch will feature selections such as Chef Salad Bites, Beef Wellington Turnovers and Panko breadcrumb crusted Tilapia Rounds, all intended to be eaten by hand. Main courses are invitingly plated with additional fresh julienne vegetables, savory dipping sauces and condiments, transforming the traditional meal into healthful, mouth watering, easy to eat finger foods.

We will be meeting and leaving from the Senior Center at 12noon. The Demonstration & Tasting is scheduled to run from 12:30pm. to 1:30pm. Afterwards we will be enjoying a short tour of the Watermark facility. We should be back in Prospect between 2:30pm. and 3:00pm. If you are interested in joining us, please sign up as soon as possible. We are limited to the number of people we can bring with us.

Karen Ciriello Has Moved...

Karen Ciriello, a very dear friend to many at the Prospect Senior Center, recently moved to South Carolina. She wrote to let all her friends here at the Senior Center know that she arrived safely and weathered the recent hurricane that hit that area just fine.

Karen arrived at her new home just in time for a neighborhood party. She met many nice people there and is fitting right in to her new home. She wants everyone to know that she misses all her friends here but she is having a great time at her new location. She has joined a number of new clubs and has participated in many events already in her new community. She sends out a "hello" to all her many friends here at the Prospect Senior Center.

We wish her the very best in her new home. She will always hold a special place in our hearts.

If you would like to keep in touch with Karen, her address is:

Karen Ciriello
115 Sea Lavender Lane
Summerville, SC. 29486

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**The Austin House
A National Historic Landmark
& Tour of the Wadsworth Atheneum
Saturday, November 5th \$45
Departing @ 9:00am.**

The Austin House in Hartford, Ct. is a National Historic Landmark. It is the largest object in the Wadsworth Atheneum's collection and is the former West End home of the legendary and innovative A. Everett "Chick" Austin, Jr. "Chick" was the director of the Wadsworth Atheneum from 1927 to 1944.

Located two miles from the Wadsworth in Hartford's West End, the home was modeled on a grand 16th. century villa near Venice, which "Chick" and his wife Helen Goodwin Austin had seen in their wedding trip in 1929. The house is 86-feet wide and mere 18-feet deep. Inside, the first floor is decorated in the 18th.-century Rococo style, with silk-covered walls, gilded and painted furniture, and a spectacular Bavarian alcove. A few steps lead from the entry hall down to the living room in one direction, and the dining in the other. Upstairs, Helen Austin's dressing room proclaims a radically modern aesthetic. Featuring a black linoleum floor, walls of different colors, chromium light fixtures, and tubular steel furniture, it is one of the first International Style interiors in America.

In the 1930's the Austin House was a gathering place for leaders of the international art world, where Austin and Helen entertained guests including Salvador Dali, Alexander Calder, Gertrude Stein, George Balanchine, Le Corbusier, Cecil Beaton, Martha Graham, Agnes de Mille and Virginia Thomson.

To protect the carpeting and floor of the home, you will be provided with flexible shoe covers, or you may remove your shoes at the front door.

We will be meeting and leaving from the Senior Center at 9:00am. Our guided tour of the home is scheduled for 10:00am. The tour should last about an hour.

After the house tour we will continue on to the Wadsworth Atheneum where we will be having lunch at their café. **The cost of your lunch (with tax & gratuity) is included in the cost of this trip.** At the café, you will enjoy a buffet of assorted sandwiches and wraps, chips, garden salad, veggie platter, seasonal entrée, Chef's choice of dessert and unlimited beverage service including coffee and tea.

After lunch at 12:30pm. we will go on a guided general tour of the museum. This tour should also last about one hour. At the end of the tour we will give you an additional 30-minutes to visit the museum's gift shop. At 2:00pm. we will leave for our return trip back to Prospect. We should be back at the Senior Center by about 3:00pm.

The cost of this trip covers your tours of the Austin House and the Wadsworth Atheneum. If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. We are limited to the number of people we can bring with us.

**Five Wishes Presentation
@ The Prospect Senior Center
Sponsored by Joyce Buselli from
VITAS Hospice Care**

Monday, November 14, 2016 10:00am

There are many things in life that are out of our hands. The Five Wishes document which will be discussed at this presentation, gives you a way to control something very important-how you are treated if you get seriously ill. It is an easy-to-complete form that lets you say exactly what you want. Once it is filled out and properly signed it is valid under the laws of most states.

Five Wishes is the first living will that talks about your personal, emotional and spiritual needs as well as your medical wishes. It lets you choose the person you want to make health care decisions for you if you are not able to make them for yourself. Five Wishes lets you say exactly how you wish to be treated if you get seriously ill. It was written with the help of The American Bar Association's Commission on Law and Aging, and the nation's leading experts in end-of-life care. It's also easy to use. All you have to do is check a box, circle a direction, or write a few sentences.

Joyce Buselli is a Home Care Liaison for VITAS Innovative Hospice Care. She will be discussing this very important document at this presentation. Long before the end of your life, it is very important that you make your wishes known. Joyce will help you in deciding for yourself, discussing your end-of-life wishes and documenting these choices so that it is clear for all to see. The Five Wishes documents will be available, free of charge, to everyone attending that day.

If you are interested in attending this very important and informative presentation, please call the Prospect Senior Center at 203-758-5300.

**Judy LaMadeline
Featured Artist of the Month
@ Prospect Public Library**

If you appreciate the serenity of a beachscape or a floral still life, the exhilaration of a stormy coastline or the majesty of snow covered mountains, you won't want to miss the paintings of local artist and Prospect Senior Center member, Judy LaMadeline, which will be on display in the Community Room of the Prospect Public Library during the month of November.

Judy grew up in Prospect, then married and moved to California when she was 21-years old. She enjoyed life in California and raised her three children in Burbank and Glendale. Once her children were all in high school, Judy took her first art class at a local library. Though she had never painted before, she found painting to be an activity that helped her relax and "keep her sanity". Judy spent 50-years in California often returning to Prospect and Cheshire to visit relatives and friends over the years. Last January, she made the decision to relocate back to Prospect permanently and is now enjoying New England life, despite the challenge of adjusting to our harsh winters.

Over the years, Judy has painted with many mediums, but her favorites are watercolors and oils. She is currently taking classes at the Prospect Senior Center and learning to work with acrylics, which is a new medium for her.

Judy's favorite subjects to paint are landscapes and flowers rather than people and animals. One of her most enjoyable activities is painting watercolor greeting cards and gift cards for all occasions. Judy's family members and friends are always delighted to receive her cards on their birthdays, special occasions and holidays since they are original works of art suitable for framing.

Judy's paintings will be on display in the Community Room of the Library throughout the month of November for all to enjoy. Many pieces will be available for purchase and make wonderful gifts.

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Cheshire Garden Club Holiday Luncheon & Boutique

@ Aqua Turf, Plantsville
Wednesday, November 30th \$40 9:30am
Departing @ 9:00am.

Speaker: Tina Calcagni - "Joys of the Holiday Season"
Luncheon Entrees:

Baked Scrod, Chicken Parmesan, Pasta Primavera,
or New York Strip Sirloin

(Please make your choice of entrée when signing up)
Shop for holiday arrangements, raffles, gifts & goodies,
odds & ends

Deadline to sign up is November 18, 2016.

Departing from the Prospect Senior Center on our mini
bus @ 9:00am.



**FREE Lunch & Learn with
Regal Care of Prospect
@ the Prospect Senior Center**

Thursday, November 17, 2016 - 11:00am
TOPIC: Assisted Living vs. Short Term Care
Presented by Veronica Rinaldi
of The Village @ East Farms

Thursday, December 15, 2016 - 11:00am
TOPIC: "Slips & Falls"
Presented by Kayla Simon
from PCA Homemaking Companion

A FREE lunch will be provided for all participants in
the presentation, courtesy of Regal Care of Prospect

**Fascia's Chocolate Tour
Tuesday, November 8, 2016
12:30pm. \$16.00**

Fascia's Chocolates was started in 1964. They are a
small family owned business. They are now located in
their new facility at 44 Chase River Road in Waterbury.
We will be taking part in a tour there on Tuesday, No-
vember 8, 2016. Our tour is scheduled for 1:00pm. The
tour lasts about an hour. It begins with a twenty minute
presentation of how chocolate is made, and then contin-
ues on to a tour of the factory. A chocolate tasting is
also included.

As an added bonus, you will also have a chance to
make your own chocolate pizza after the tour. You will
then be able to take home your finished product. This
makes for a very interesting and delicious day. If you are
interested in attending, please sign up and PAY as soon
as possible. We cannot hold your reservation without
payment. We should be back in Prospect by about
4:00pm.

COMEDIANS-IN-CHIEF

My esteem in this country has gone up substantially. It
is very nice now that when people wave at me, they use
all their fingers. JIMMY CARTER

Mothers all want their sons to grow up to be president,
but they don't want them to become politicians in the
process. JOHN F. KENNEDY

No matter how much cats fight, there always seem to
be plenty of kittens. ABRAHAM LINCOLN (attributed)



SENIOR CARE®

Have you heard about

Senior Care of Middlebury?



**Read All
About It!!!**

If you are caring for an elderly or disabled loved one and
need help managing your many responsibilities, OR, if
you are an adult who needs greater access to health care
and social services, companionship, fun activities, trans-
portation (to and from the center and to medical appoint-
ments), hot meals and snacks ...

Senior Care of Middlebury can help!

Our adult day health center also provides Outpatient
Rehabilitation, Pharmacy Services, Podiatry, Consulta-
tion with a Dietician, Laboratory Services and Optician
Services. ** Financial assistance is available. **

For More Information, Please Call (203) 598-7642



News From The Crib... More Cribbage Players Needed!

At this time our Cribbage card playing group meets ev-
ery Monday from 1:00pm. to 3:00pm. The players in the
group would like to start a league in the very near future.
In order to form the league, they need four additional
players and two additional subs.

If anyone is interested in joining in on the league and
all the fun, please contact Don Ensero at 203-575-1511
or just sign up at the Senior Center. This is a very easy
game to learn and one that the players are more than
happy to teach you, if you are interested in joining the
league.

The group that meets now on Monday's is a very fun,
compatible group that has a great time playing together.
Join in on all the fun they are having each week. Join the
group!

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**Fleeing Famine:
The Irish Immigration to North America
& Mother Teresa: Saint of the Streets Display
@ Knights of Columbus Museum
One State Street, New Haven, Ct.
Wednesday, November 2nd \$5
Departing @ 9:00am.**

A new display at the Knights of Columbus Museum in New Haven, Connecticut, Mother Teresa: Saint of the Streets, honors the efforts and the example she provided to people around the world. Mother Teresa will be universally recognized as a saint in canonization ceremonies at the Vatican on September 2, 2017.

Also on exhibit at the museum is the display Fleeing Famine: The Irish Immigration to North America. From 1845 to 1860, more than 1.5 million Irish immigrants sailed across the Atlantic Ocean to the United States and Canada. In the cramped quarters below the decks of the "coffin" ships, the journey was filled with the hardship of inclement weather and the peril of disease. But, in spite of their uncertain future, the travelers faced these adversities in hopes of finding a better way of life in North America.

There is no cost for the tour but we are collecting \$5 from everyone that we bring with us as a donation to the museum. We have traveled to the museum several times in the past and have always enjoyed the many informative and diversified displays and tours that they offer. Your donation will help the museum continue to offer these programs to the public.

We will be meeting and leaving from the Senior Center at 9:00am. Our guided tour of the two displays is scheduled for 10:00am. The tour should last until about 11:00am. After the tour we will board our bus and continue on to Abate's Restaurant for lunch. **The cost of your lunch is your responsibility.** We should be back in Prospect by about 3:00pm.

If you are interested in joining us, please sign up and PAY as soon as possible. We are limited to the number of people we can bring with us.

**The Valley Chordsmen Barbershop Chorus
presents their 69th show @ Rotella School
440 Pierpont Road, Waterbury, Ct.**

**Radio "Daze"-
"An Old Time Radio Hour-Live in the Studio"
Saturday, November 12th 7:30pm \$10
Departing @ 6:30pm.**

Featuring The Alley Cats from Yale University & The GQ Girls Quartet

Leaving from the Prospect Senior Center @ 6:30pm.
You must register and PAY for your tickets ahead of time. We cannot hold your seat without payment.

**Mini Holiday
Greek Food Festival**



**Saturday, November 19, 2016
11am - 7pm**

Do you LOVE the food at the May Greek Festival?
Come for lunch, Come back for dinner!

Offering: Gyro, Chicken, Moussaka, Pastitsio, Spanakopita, Tiropita, Greek Salad, Greek Bean Soup and more!



Pastries available for the Holidays:
Baklava, Diples, Finikia, Rice Pudding,
and other Greek goodies



Sponsored by:
The Ladies Philoptochos Society
Holy Trinity Greek Orthodox Church
937 Chase Parkway, Waterbury, CT
(203) 754-5189



OPA!



**Reiki Therapy Sessions
Thursday, November 3, 2016
Thursday, December 1, 2016
Thursday, January 5, 2017
Thursday, February 2, 2017
30-minute appointments start at 10:00am.
(\$20)**

What is Reiki? It's a simple, non-invasive energy medicine practice that originated in Japan. The practitioner places her hands on or near the person receiving treatment, with the intent to transmit "ki" which is believed to be life-force energy. Reiki's primary benefit is stress reduction and relaxation, which triggers the body's natural healing abilities, and improves and maintains health. Thirty minutes of Reiki can calm and relax the recipient. In this relaxed state the body's natural healing takes place, improving memory and relationships.

If you are interested in scheduling an appointment, please call the Senior Center to register. Payment must be made beforehand.

**"Life is Now" Lecture
Presented by Sarah Hamilton
Certified Life Coach**

Monday, November 28th 1:00pm \$3

Sarah Hamilton is a Certified Life Coach. She specializes in heart-centered communication by helping her clients transform their lives by transforming their thoughts. She focuses on helping people, many of whom have been diagnosed with life altering illnesses, by focusing them on living in the moment. Throughout this process, many make sustainable changes in their lives as well as their health and recovery. Sarah helps you to clarify your thoughts and create empowering new ones.

Sarah will be here on Monday, November 28, 2016 at 1:00pm. to help you connect with her and to talk about how she can support you in creating a life where you THRIVE rather than SURVIVE. If you are interested in attending this fascinating presentation, please sign up and PAY for the lecture as soon as possible. We cannot hold your seat without payment.

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Jerry Springer Show Taping

**@ Rich Forum-307 Atlantic Street, Stamford, Ct.
Monday, November 21st 9:00am NO CHARGE**

Be a part of the audience as we travel to Stamford, Ct. for the taping of two episodes of the Jerry Springer Show. The show is in its' 26th season.

We will be meeting and leaving from the Senior Center at 9:00am. Our arrival time has been scheduled for 10:45am. The taping should last about 3 hours since they will be taping two episodes that day. We should be leaving the studio at about 1:45pm.

At the taping you must present a valid government identification card with proof of age. Your ID must have a photo and have your name and birth date on it. Acceptable forms of identification include: State issued driver's license, State ID, Military ID, or passport.

Video cameras, large bags, backpacks, sharp metal objects, firearms, wallet chains, mace or any other bottles that contain fluid are not allowed at the studio. No recording devices of any kind are permitted. Pictures may only be taken after the show.

The dress code is strictly enforced. Dress your best! You're going to be on TV! Please do not wear t-shirts, jerseys, sweatshirts, sweatpants, sports attire, tank tops, all white outfits, costumes, sunglasses, hats or any other clothing that would be inappropriate for a studio audience. The show's producers expect everyone to dress appropriately in business, casual attire. Solid jewel toned colors (blues, reds, greens, etc.) look best on camera.

Before the show, you will also have to go through a metal detector. This is for your safety. All audience members will be screened by security and have to go through a metal detector.

There is a soda and vending machine located in the audience holding room for the convenience of the audience. The machines use small change. There are water fountains as well.

We will be meeting and leaving from the Senior Center at 9:00am. We should be at the studios by 10:00am. We should be done with the two tapings by about 1:45pm. At this time we will board our bus once again and make a late lunch stop at Pellicci's Ristorante. It is only a few minutes away. **The cost of your lunch is your responsibility.**

We should be back in Prospect by about 4:00pm. This all depends on traffic that day, however. If you are interested in joining us on this trip, please sign up as soon as possible. We only have a certain number of tickets available to us for the tapings.

Prospect Senior Center Annual Thanksgiving Day Luncheon Wednesday, November 16, 2016 11:30am \$15

Join us as we celebrate and "Give Thanks" for our many blessings at our annual Thanksgiving Day Luncheon here at the Senior Center. We will have all the traditional Thanksgiving Day fare-turkey, stuffing, potatoes, pie, etc. We guarantee that you won't go home hungry!

Entertaining us that day will be our very own Prospect "Smile-a-While" show group. The group is very excited about performing for their friends and peers here at the Senior Center. There will not be dancing at this holiday party.

This luncheon is always a very popular event here that usually sells out. If you are interested in joining us, please sign up and PAY as soon as possible. **DO NOT HESITATE!** We cannot hold your seat without payment.

The American Museum of Tort Law

654 Main Street, Winstead, Ct.

Thursday, November 10th \$5 9:30am.

The American Museum of Tort Law pays homage to the work of attorneys like hometown hero Ralph Nader. What you will find at this museum is a legal education of tort law and some of the famous cases that have held large corporations, from McDonald's to General Motors, accountable for unsafe products. There is a Chevrolet Cavalier displayed in the museum that was the subject of Nader's book, "Unsafe at Any Speed," about the life threatening dangers the GM car posed.

The museum was envisioned by Ralph Nader 15 years ago. Nader, 81, led the dedication ceremony of the museum on September 26, 2015. Nader one day hopes the museum will become a repository to archive the documents and exhibits of famous civil cases that can be studied and analyzed. He hopes the museum will help make the public understand the importance of tort law, which he described as being "under massive attack".

We will be meeting and leaving from the Senior Center at 9:30am. Our guided tour of the museum is scheduled for 10:30am. The tour should last about one hour. After the tour we will be stopping for lunch at Primo Restaurant also in Winstead. It is just a stone's throw from the museum. The cost of your lunch is your responsibility.

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. We should be back in Prospect by about 3:00pm.

Naugatuck Teen Theater Presents...

"Godspell" The Musical

@ St. Michael's Parish Hall

210 Church Street, Naugatuck

Sunday, November 13th \$10 2:00pm

Departing @ 1:00pm

This immensely successful rock opera needs little introduction, but when it was first produced on Broadway in 1971 it broke new ground in its stage treatment of the historical Jesus Christ. Based on the Gospel according to St. Matthew, it deals with the last days of Jesus, and includes dramatized versions of several well-known parables. And yet it is something more—a religious experience, a demonstration of joy, and a celebration of the family man. "Godspell" was the first major musical theater offering from 3-time Grammy and Academy Award winner Stephen Schwartz (Wicked, Pippin, Children of Eden); and it took the world by storm. Led by the international hit, "Day by Day," "Godspell" features a parade of beloved songs including "Prepare Ye The Way Of The Lord," "Learn Your Lessons Well," "All For The Best," "All Good Gifts," "Turn Back, O Man," and "By My Side."

We will be meeting and leaving from the Senior Center at 1:00pm. Please be here a few minutes beforehand. The show starts at 2:00pm. with doors opening at 1:30pm. If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment.

St. Anthony's Church Offers Communion Services to the Homebound

If you would like to receive the sacrament of Communion and are unable to attend Mass due to illness or being homebound, Communion can be brought to you by a Eucharistic Minister from St. Anthony's Church in Prospect.

Please contact the Parish Center at 203-758-4056 and visitation can be arranged.

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**“A Sparkling Holiday” Tour
@ Osborne Homestead Museum
500 Hawthorne Avenue, Derby, Ct.
Friday, November 25, 2016 \$5.00
Departing @ 9:30pm**

For several weeks each winter, the Department of Energy and Environmental Protection's Osborne Homestead Museum is transformed into a holiday showcase. Talented and dedicated garden clubs beautifully decorate all the rooms in this historic homestead. Those that visit at this time of the year enjoy the sight and sounds of a traditional holiday celebration during a special guided tour.

Many wonderful garden clubs contribute to the holiday festivities: the Derby Garden Society, the Naugatuck Garden Club, the Olde Ripton Garden Club of Shelton, the Ansonia Garden Club, the Oxford Garden Club, the Roxbury/Bridgewater Garden Club, the Pomperaug Valley Garden Club of Woodbury, the Friends of Osborne and the Kellogg Volunteers. Since the garden clubs decorate different rooms every year, the decorations are always new and creative.

Join us as we day trip to the homestead for this beautiful holiday tradition. We will be meeting and leaving from the Senior Center at 9:30am. We should be at our destination by about 10:00am. At that time we have a guided tour of the Homestead scheduled. After the tour we will give you additional time to look around the museum.

At 11:30am, we will depart from the museum and continue on to JRB's Family Restaurant in Ansonia for lunch. The restaurant is just a short distance from the museum. **The cost of your dinner is your responsibility.**

We should be back in Prospect by about 3:00pm. If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. We are limited to the number of people we can bring with us.

**Ann's Place 2016 Annual Festival of Trees
@ The Matrix Conference & Banquet Center
39 Old Ridgebury Road, Danbury, Ct
Friday, November 18th \$5 10:00am**

Ann's Place is a non-profit organization whose mission is to provide comfort, support and resources to people living with cancer and to their loved ones. They assist cancer patients and their families to navigate a unique pathway through cancer and to improve their quality of life during their illness. Everyone is welcome at Ann's Place. Professional counseling, support groups, wellness activities and more are provided at no charge.

The organization serves hundreds of people from across Connecticut and the lower Hudson Valley in New York. This is only a small portion of the tens of thousands of people who are living with cancer in this area. Connecticut alone has over 150,000 cancer survivors. The organization holds a Festival of Trees celebration each year as a means of raising funds for their cause. Don't miss this beautiful event which has come to our attention from Senior Center member Trudy Granger. She has attended the event in the past and says it is a holiday tradition and event you don't want to miss.

There is live entertainment, holiday shopping, artisans, quilters, crafters, raffles and ever-creative tree masterpieces. This year they are anticipating over 160-beautifully decorated trees on display. The trees are decorated and donated specifically to the Festival by community groups and individuals.

We will be meeting and leaving from the Senior Center at 10:00am. Once at the festival you will be free to wander, eat at their Café, and browse and shop on your own through the Festival. We will give you until 2:00pm to explore the Festival. At this time we will meet again and start our return trip back to Prospect. We should be back here by about 3:00pm. This all depends on traffic that day, however.

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment.

**Pre-Paid Funeral Planning Presentation
Presented by Joe Corona**

**Prospect Memorial Funeral Home
Tuesday, November 29, 2016 10:00am**

Topics to be covered:

- > Advantages of pre-paying for your funeral
- > Prepaying vs. not prepaying
- > Explanation of funeral trusts and how they work
- > Prepaying a funeral for Title XIX preparation

On a personnel note from Lucy:

My mom just recently died in September. Sixteen years ago she pre-planned and pre-paid for her funeral. This was such a blessing for us when she did pass away. Because of her preparations beforehand, this entire situation was made so much easier for all of us. At a time when family members are very distraught and stressed, doing something like this makes things so much easier for those you leave behind. Stop in and see what Joe has to say in regards to this matter. It is not something that we like to think about but it is certainly something that is very important, especially for those we leave behind.

I DON'T KNOW, GUYS.....

The whole "play dead when a bear attacks" thing sounds suspiciously like something the bears would come up with ...

November-December, 2016 Issue

**Bright Nights Christmas Holiday Display
Forest Park, Springfield, Massachusetts
Thursday, December 1, 2016 \$85
Departing @ 10:00am.
(PLEASE NOTE DATE CHANGE!!)**

Bright Nights Christmas Holiday Display is located at Forest Park in Springfield, Massachusetts. This display has become a family holiday destination. With nearly three miles of lighting displays, it is the Northeast's premiere holiday lighting experience: fun to see, affordable, and family friendly.

Bright Nights is a unique collaboration between the City of Springfield's Department of Parks, Buildings & Recreation Management and the Spirit of Springfield, a private non-profit organization.

Seven times, the display has been named as one of the Top 100 Attractions in North America by the American Bus Association. It has been listed on People.com as "One of the Top Ten Holiday Happenings in America", and has been featured in the New York Times, and magazines that include Motorhome, Colonial Homes, Yankee and U.S. Airways, as well as Yahoo.com.

For this trip we will be meeting and departing from the Prospect Senior Center at 10:00am. The first stop on our trip will be to the Yankee Candle Village in Deerfield, Massachusetts. You will find 400,000 candles and over 200 different famous Yankee Candle scents. It is a unique, entertaining world of New England charm, fairy tale fantasies, and hands-on, interactive candle making experience.

After our stop at Yankee Candle Village we will continue on to Holyoke, Massachusetts for a 3-course dinner at the Delaney House. The establishment has earned the Certificate of Excellence from Trip Advisor.

After our lunch at the Delaney House we will continue on to Springfield, Massachusetts for the Bright Nights Christmas Holiday Display. You will be able to experience the elaborate artistry of lights from the comfort of your seat on the bus.

The cost for this trip is all-inclusive of your transportation on a motor coach bus, driver gratuity, your lunch with tax & tip included and entrance into the Bright Night Holiday Display.

We should be back in Prospect from this trip by about 8:30pm. If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment.

**"Christmas Around the World"
Gingerbread Village & Christmas Bazaar
@ St. George's Episcopal Church, Middlebury,
Ct. & Lunch @ Juniper's Restaurant
Thursday, December 8, 2016
Departing @ 12noon**

Today we will be visiting the 49th. Annual Gingerbread Village & Christmas Bazaar, at St. George's Episcopal Church in Middlebury. The Village is made up of more than 50 buildings, horse and sleigh teams, ponds, boats and sleds dressed in Christmas colors, all in true holiday splendor. Everything in the Village is edible.

We will meet and leave from the Senior Center at 12noon. Our first stop will be at Juniper's Restaurant for lunch. **The cost of your lunch is your responsibility.**

After our lunch we will visit the Gingerbread Village at St. George's Episcopal Church. It is just a few minutes away from the restaurant. **There is no admission charge into the Village.**

If you are interested in joining us, please sign up as soon as possible. We cannot hold your seat without payment.

**43rd. Annual Festival of Trees & Traditions
@ Wadsworth Atheneum - Hartford, Ct.
Lunch @ Vito's by the Park
Thursday, December 8th 10:00am \$35**

The Festival of Trees & Traditions at the Wadsworth Atheneum is an annual holiday event that celebrates artists, organizations, and individuals throughout the community who have designed and donated creative and fanciful trees, wreaths and more. It is one of the museum's largest fundraisers. More than 200 decorated trees and wreaths adorn the museum at this time of the year. A popular holiday event and an annual tradition for many, this event attracts over 10,000 visitors from throughout the state and beyond over the course of its ten day run.

We will be meeting and leaving from the Senior Center at 10:00am. Our first stop will be at Vito's by the Park for lunch. After our lunch we will continue on to the museum for the festival. We are scheduled to arrive at the museum at 1:00pm. Once there, you will be free to wander on your own through the "Festival of Trees" display and any of the other displays you might be interested in seeing. At 3:00pm. we will regroup at a designated location and board our buses for home. We should be back in Prospect by about 4:00pm. (traffic permitting, of course).

The cost (\$35) for this trip includes your transportation to and from the Atheneum, your lunch, tax & tip included and admission to the Festival of Trees. If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment.

**Clinton Crossing Premium Outlets
Shopping Daytrip
Monday, December 12th \$3 9:30am
STORES ON LOCATION:**

Adidas, American Eagle, Ann Taylor, Anna Andersson, Banana Republic, BCBGMAXAZRIA, Brooks Brothers, Bose, Calvin Klein, Chico's, Club Monaco, Cosmetics Company, Clarks Bostonian, Coach, Cole Haan, Crocs, DKNY, Dooney & Bourke, Elie Tahari, Fragrance Outlet, Fuzziwig's Candy Factory, Finish Line, Fossil, G.H. Bass & Co., GAP Store, Gymboree, IZOD, J. Crew, Jones New York, Jos. A. Banks, Johnston & Murphy, Kate Spade New York, Kenneth Cole, Kay Jewelers, Lancombe Designer Fragrances, Lindt Chocolates, Levi's, Lucky Brand, Le Creuset, Maidenform, Michael Kors, Movado, Nautica, Nike, Nine West, PacSun, Polo, Ralph Lauren, Saks Fifth Avenue, Swarovski, Skechers, Sunglass Hut, Talbots, Timberland, Tommy Hilfiger, Tumi, Under Armour, Van Heusen, Vera Bradley, White House Black Market, Yankee Candle, Zales, Zumiez

FOOD ESTABLISHMENTS:

Bristol Café, Café Au Lait, Covered Bridge Grill
We will be meeting and leaving from the Senior Center at 9:30am. We should be at our destination by 10:30am. Once at the outlets, you will be free to wander, shop, browse and dine on your own until 3:00pm. At this time we will board our mini bus for our trip back to Prospect. We should be back in Prospect by about 4:00pm. This all depends on the traffic that day, however. If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. We are limited to the number of people we can bring with us. Sign up early.

November-December, 2016 Issue

2016 RayLin Travel Group Trips "Winter Wonderland"

**@ the American Music Theatre
& Stop @ Rockvale Outlets - Lancaster, PA.
December 7-8th, 2016**

FIRST DAY: Depart @ 8:00am. and enjoy a comfortable ride on a coach bus. Lunch stop @ Miller's Smorgasbord. Next stop will be to the American Music Theatre for the "Winter Wonderland", 2016 Christmas Show. The show will be a feel-good holiday event filled with yuletide whimsy and winter wonder that celebrates both the magic and meaning of Christmas. Witness a beautiful Christmas town, an enchanting trip to the North Pole, powerhouse vocals, dazzling scenery, and lots more. You will want to wrap yourself in this warm and wonderful seasonal show that promises to be one of your favorite holiday habits!

Next, we will be checking into the Comfort Inn Lancaster-Rockvale Outlets. The hotel is located within walking distance to more than 90 factory direct stores and eight delicious restaurants. Dinner is on your own that night at your own leisure.

SECOND DAY: Breakfast buffet at the Inn followed by a day of shopping. At 2:00pm. we will board the bus for a stop at Hershey Farms Inn for a great family-style meal before our drive home. Check-out time at the Comfort Inn will be at 12noon.

PRICING: \$245.00pp Double \$295.00pp Single
DEPOSIT: \$150.00 due one week after signing up. Balance due by October 30, 2016.

All trips are escorted.

Call Linda at Raylin Travel @ 203-591-1407

These trips are being sponsored by the RayLin Travel Group. We advertise them here for our member's convenience. **Do not call the Senior Center for information on these trips.**

Vinnie Ingala Performing @

**John Lyman Center for the Performing Arts
Southern Connecticut State University
501 Crescent Street, New Haven
Saturday, December 10th \$35 8:00pm
Departing @ 6:30pm.**

Prospect native, Vinnie Ingala will be performing at the John Lyman Center for the Performing Arts at Southern Connecticut State College in New Haven on Saturday, December 10, 2016. He will be performing with guests Jonathan Fritzen, and Cindy Bradley.

Back by popular demand, with a new cast of amazing players, Vinnie is joined by a new set of very special friends when he brings his smooth jazz style to Lyman Center.

Hard charging keyboardist Jonathan Fritzen and the charismatic trumpet and flugehorn player Cindy Bradley will deliver an entertaining evening of jazz with a dusting of holiday classics sprinkled in for good measure. This event will be the perfect recipe for a warm holiday treat to get you ready for the season!

This show sold out last year at the Lyman Center. It was that good! If you are interested in joining us, please sign up and PAY as soon as possible we cannot hold your seats without payment.

We will be departing from the Senior Center at 6:30pm. We will return back to Prospect directly after the end of the show.

Christmas Cupcake Decorating Workshop Presented by Kimberly Vertrees of Connecticut In-Home Assistance

Thursday, December 1st 1:00pm FREE

Join Kimberly Vertrees, Community Liaison with Connecticut In-Home Assistance, LLC at the Senior Center on Thursday, December 1, 2016 at 1:00pm. This agency is a family owned and operated business that can help you in caring for a loved one by providing companionship, homemaking, personal care, and transportation. They also offer a live-in service as well as free in-home assessments.

If you are eligible, some of the services provided by the agency may be paid for by the federally funded government program called Connecticut Home Care Program for Elders. The agency has offices in Norwalk, Trumbull, Hamden and Waterbury.

Kim will be hosting a fun and easy workshop for our members. You will learn how to decorate festive Christmas themed cupcakes. They will be so pretty you might not want to eat them! Afterwards, you can enjoy them here or take them home with you. All materials, including the cupcakes and all decorating materials for the class, will be provided for you by Connecticut In-Home Assistance. You will also be given instructions to take home with you to create your own cupcakes at home.

If you are interested in joining us, please sign up as soon as possible. Class size is limited. We had a similar, Fall Cupcake Decorating Workshop, and it was a huge success with the participants in that class

Class Reunion By Jim Carpenter

**I read an ad in the paper one day
In the Dallas Morning News
All about my class reunion in
A town near Santa Cruz**

**I tried to decide if I should go
To meet my friends and peers
And see how classmates from the past
Had aged in all these years**

**I finally resolved that I should go
And see what I could see
And meet my friends from the senior class
Of nineteen fifty-three**

**I rented a tux and a black toupee
Then brushed my shoes and hair
I trimmed my mustache and my beard
And changed my underwear**

**I emptied the bottle of after shave
And rented a limousine
I brushed my teeth with Ultra-Bright
Then gargled some Listerine**

**I soon arrived in splendid form
With a flower on my chest
Sporting a rented diamond ring
And smelling my very best**

**Now I was dressed in the finest garb
Like a monarch at a feast
When I discovered that no one there
Seemed familiar in the least**

**Well not a soul remembered me
And my heart dropped to the floor
When I remembered that I was in
The class of fifty-four**

November-December, 2016 Issue



Thomaston Ladies Choral Club Annual Christmas Concert

**St. Thomas Church-Thomaston, Ct.
Sunday, Dec. 4th 2:30pm.(show time)**

The Thomaston Ladies Choral Club will be celebrating the holiday season with a performance on Sunday, December 4, 2016 at 2:30pm. The performance will be held at St. Thomas Church in Thomaston, Ct. Admission fee for the concert is a non-perishable food item for the Thomaston Food Bank.

Marjorie Maisto and Carol Conant, two members of our Senior Center, are participants in the Ladies Choral Group. They are also members of our "Songbirds" choir group.

The Choral Club is always looking for new members. If you like to sing and would like to join the group, please call the President of the organization, Lisa, at 203-558-4941. They would love to have you join them!

We are not able to do this trip as a group because of previous commitments that were already made for that day. However, you are encouraged to go on your own to this very entertaining concert. Go out and support your fellow Senior Center members, Marge and Carol, and the very talented Thomaston Ladies Choral Club.

Boscov's at the Westfield Meriden Mall Lunch @ Osteria Restaurant in Cheshire Tuesday, November 8, 2016 9:30am Wednesday, December 21, 2016 9:30am

On Tuesday, November 8, 2016 and Wednesday, December 21, 2016 we will be traveling to Boscov's Department store as a group. You can start your Christmas shopping early!

We will be meeting and leaving from the Senior Center at 9:30am. Once at the mall you will be free to wander, shop and browse through the store on your own. At 1:00pm. we will meet again and continue on for a lunch stop at Osteria Restaurant in Cheshire, Ct. The restaurant is conveniently located on Route 10 which is on our way back to the Senior Center. The food there is delicious!

The cost of your lunch is your responsibility. We should be back in Prospect by about 4:00pm.

If you are interested in joining us, please sign up as soon as possible. We are limited to the number of people we can bring with us.

Trans-Siberian Orchestra 2016 Winter Tour @ XL Center - Hartford, Ct. Sunday, December 18th \$70 3:00pm Departing @ 1:30pm

The Trans-Siberian Winter Tour has become a tradition for many families around the country. This group of talented musicians isn't your typical classical symphony. The TSO as they are commonly called, has become a fun holiday tradition and they have become very popular during the Christmas season with many.

Trans-Siberian Orchestra will be at the Hartford XL Center on Sunday, December 18, 2016 at 3:00pm. to perform their 2016 Winter Tour. This year's tour is based on "The Ghost of Christmas Eve," a multi-platinum DVD and PBS fundraiser. The Winter Tour plot will follow the adventures of a runaway who finds herself in a theater looking for a warm place to rest. The runaway begins to have visions as she experiences the concert hall's history. Songs include TSO classics like "Christmas Eve Sarajevo 12/24," "O' Come All Ye Faithful," "Good King Joy," "Music Box Blues," and "This Christmas Day." Last year's tour grossed over \$51 million dollars, playing in front of nearly 1 million fans. The crowd-pleasing rock sound and incredible Broadway story telling is nothing short of spectacular! Come see why Billboard magazine ranked TSO among the "Top Touring Artists of the Decade."

We will be meeting and leaving from the Senior Center at 1:30pm. Please be at the Senior Center a few minutes beforehand. If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment.

Creches of Central Europe & Festival of Trees @ Knights of Columbus Museum 1 State Street, New Haven, Ct. Wednesday, December 7, 2016 \$5 Departing @ 9:15am.

Join us as we travel to the Knights of Columbus Museum in New Haven, Ct. for their 12th. annual Christmas Nativity exhibition. The exhibit features Nativity scenes from Italy that are inspired by Italian crèche customs and heritages. The crèches come from many regions of Italy, including a large Neapolitan diorama, and works by Italian artists in North America. The museum's Christmas exhibits are renowned for their quality and variety. They have become a favorite seasonal tradition for southern New England residents as well as those traveling through the area at Christmastime. They will also have a "Festival of Trees" on display throughout the museum at this time.

We will be meeting and leaving from the Senior Center at 9:15am. We should be at the museum by 10:00am. We will have a guided tour of the Crèche and the holiday tree exhibit at this time. After the tour we will give you an additional hour to explore any of the museum's other exhibits and gift shop. At 12noon we will board our bus to go to lunch at Abate's Restaurant. It is only a few minutes from the museum. **The cost of your lunch is your responsibility.**

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. There is no charge for the museum exhibit. However, we are collecting \$5 per person to give to the museum as a donation.

November-December, 2016 Issue

Holiday on the Hill Bazaar Prospect Congregational Church 25 Center St. Prospect

**Friday November 18, 6-8:30pm
Saturday November 19, 9am-1pm**

Back this year: SANTA'S WORKSHOP

All day Saturday; Letters to Santa, Face Painting,
Gingerbread decorating and Crafts.

AND SANTA will visit 10am to 1pm for photos

Handmade quilts by local quilters will be on display
In the Sanctuary, with a beautiful Nativity display

New 2 U Jewelry Booth!

Holiday decorations, Gift Baskets,
Homemade Baked Goods, Jams and Preserves, Candy,
Mrs. B' s Country Store, Craft Vendors and more

Dinner items will be available Friday night
Breakfast and Lunch served on Saturday
Admission is Free. Call (203) 758-0279 for info

Festival of Tables! Luncheon @ Greek Orthodox Church

**937 Chase Parkway, Waterbury, Ct.
Sunday, November 6, 2016 1:00pm \$30**

The Daughters of Penelope Deucalion Chapter #199 will be sponsoring their 13th. Annual "Festival of Tables". This event has been a huge success for the organization. All proceeds benefit the Daughters of Penelope Scholarship Fund. This is the fifth time that we will be attending this event as a group. Everyone who has gone in previous years has really enjoyed themselves. The tables are unbelievably decorated.

This is a very popular event with our group. You will marvel at how each table of eight or ten people is so beautifully themed and decorated. The ladies from the church who volunteer their time to do the decorating go all out on the table décor, competing against each other for the best-looking and most creative tables. A delightful luncheon is also served along with raffles that you can participate in for some wonderful door prizes and sensational gift baskets.

The event starts at 1:00pm. Unfortunately this year, we will not have any of our two mini buses available to us because of previous commitments. But, if you are willing to drive to the church on your own, we will reserve tables for our group. You will not be disappointed!

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. This is an event that you don't want to miss!

PLEASE TAKE NOTE:

Per Chesprocott Health District Codes....

We are not allowed to have **anyone** in the kitchen, other than employees and volunteer kitchen help.

PLEASE, refrain from going in to the kitchen when you are here. We love your company and we enjoy talking to everyone, but just **not in the kitchen**. We appreciate your cooperation. We do not want to have our kitchen shut down because of any violations to this health code.

Thank you!

Tanger Outlets @ Foxwoods Resort Casino Tuesday, November 22nd 8:30am \$3

Join us as we travel to the Tanger Outlets at Foxwoods Resort Casino. We will be meeting and leaving from the Senior Center at 8:30am. We should be at the outlets by about 10:00am. Once there you will be free to wander through the 80-plus stores at the outlet. At 2:00pm. we will board our bus for our return trip back to Prospect. We should be back in Prospect by about 3:30pm.

If you are interested in joining us, please sign up and PAY as soon as possible. We will not hold your seat without payment. We are limited to the number of people we can bring with us. **Please note that this is a shopping excursion NOT a gambling excursion.**

Following are a listing of some of the stores at the outlet: Adore Cosmetics, American Eagle, Ann Taylor, Armani Exchange, As Seen on TV, Auntie Anne's Pretzels, Banana Republic, Bath & Body Works, Bernadette Livingston Furniture, Brooks Brothers, Calvin Klein, Charlotte Russe, Clarks Bostonian, Coach, Columbia Sportswear, Cosmetics Company, Crocs Outlet, Easy Spirit, Ecco, Eddie Bauer, Express Factory, Famous Footwear, Fossil, Francesca's, G.H. Bass & Company, GAP, Go! Calendars, Gymboree, Haggard, H&M, It's Sugar, J. Crew, Johnny Rockets, K & M All Star Sports, Kate Spade New York, Kay Jewelers, Kids Apparel, Kitchen Collection, Lids, Loft, Lucky Brand Jeans, Michael Kors, Native World, New York & Company, Nike, Nine West, Old Navy, Orogold Cosmetics, Panda Express, Perfumes For You, Pinkberry, Samsonite, Skechers, Steve Madden, Sunglass Hut, Talbots, Time Factory, Tommy Hilfiger, Torrid, Under Armour, Vitamin World, Watch Station, White House Black Market, Wilsons Leather, and more!

Apple IPAD Training Session with Aline Waldmann

**Friday, Nov. 4th & Friday, Nov. 18th @ 12:30pm
NO Classes in December**

Many Seniors now have Apple IPAD's and are not quite sure how to use all the features that are available with them. Other Seniors are considering the purchase of an Apple IPAD. Senior member, Aline Waldmann has had an Apple IPAD for quite a while and is very familiar with them. She will hold two training sessions here at the Senior Center to help Seniors learn the basic information needed to operate an Apple IPAD. She will be going over downloads, apps., pictures, printing, Wi-Fi, updates, email, Skype and instant messaging. **PLEASE NOTE: You must have an Apple IPAD in order for Aline to help you.** She is not familiar with other tablets. She is only familiar with the Apple IPAD.

If you are interested in attending any one of these two sessions, please call the Senior Center to register. Do not forget to bring your IPAD's with you that day. Aline can only take a maximum of four people per class. Therefore, please do not forget to register beforehand. Unfortunately, walk-ins cannot be accommodated.

55 & Older Community Apartments For Rent in Prospect TSC Properties-Scott Road-Prospect

One Bedroom, Single Floor, Handicap Accessible
Apartments in an 8-Unit 55 & Older Community located in Prospect, close to Route 84, 800-square feet, Front Load Washer & Dryer, HVAC, 3-Zone Electric Heat, Cable Ready, No Smoking, No Pets, No Utilities.

**Rent: \$870 per month
For More Information Call: 203-758-3474**

November-December, 2016 Issue

**UBS Parade Spectacular
Downtown Stamford, Ct.
Sunday, November 20, 2016 \$3
Departing @ 9:00am.**

The holiday season in Stamford, Ct. officially kicks off on Sunday, November 20, 2016 at the UBS Parade Spectacular presented by Stamford Town Center and the Stamford Advocate. The parade is one of the largest helium balloon parades in the country. It features everyone's favorite giant balloon characters, award winning marching bands and fabulous floats. It is fun for kids of all ages!

Parade step-off will be at 12noon just a few blocks from the Stamford Metro-North Railroad Station. Every year about 200,000 spectators from around the region line the streets of Downtown Stamford for an up close view of the parade and festivities. Even with this many in the audience, you won't have a problem finding a place to view the parade. There are a number of great places to view the parade. The parade route goes from Summer to Broad to Atlantic Streets.

With the size of the expected audience and the fact that plenty of streets will be blocked off in advance of the celebration, we will be departing early from the Senior Center at 9:00am. We should be in Stamford by about 10:00am. Once there you will be free to wonder on your own through the hundreds of stores and 80-plus restaurants in Downtown Stamford.

We would advise you to bring a folding chair with you for the parade. Also, you should pick your parade viewing spot beforehand and hold it by putting your chair there.

We will be meeting back at our bus directly after the end of the parade. We should be back in Prospect by about 5:00pm. This all depends, however, on the traffic coming out of the parade.

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment.

**Old Deerfield Christmas Sampler
Arts & Crafts Fair
1305 Memorial Ave., West Springfield, Mass.
Saturday, November 19, 2016 \$10
Departing @ 8:30am.**

The Old Deerfield Craft Fairs have been among the highest ranked shows in Massachusetts and New England by Sunshine Artist Magazine, for 25-years. The magazine is a major publication of the arts and crafts movement in the United States. The Deerfield Christmas Sampler Craft Fair has been recognized in the "Best Show" rankings of the Traditional Craft Fairs in New England. Yankee Magazine has also recognized the craft fair as one of the top 20 events in New England and as the top 3 in Massachusetts.

We will be meeting and leaving from the Senior Center at 8:30am. We should be at our destination by about 10:00am. Once at the fair you will be free to shop, browse and eat on your own until 2:00pm. At this time we will leave for our return trip back to Prospect.

We should be back in Prospect from this day trip at about 3:30pm. This all depends on the traffic however. If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment.

**Tour of B.F. Clyde's Cider Mill
129 North Stonington Road, Old Mystic, Ct.
Sunday, November 13, 2016 \$5
Departing @ 8:30am.**

Join us as we visit the family owned and operated B.F. Clyde's Cider Mill in Old Mystic, Ct. This National Historic Landmark has been heralded as the only steam powered cider mill in the United States, Clyde's Cider Mill not only offers cider for sampling, but apple wines, jams, jellies, local honey, maple syrup, fudge and pumpkin bread. Also available for sale are apples, apple pies, gourds, Indian corn, pumpkins, candy apples, kettle corn and apple cider donuts.

We will be meeting and leaving from the Senior Center at 8:30am. We should be at our destination by about 10:00am. Once at the Mill you will have about an hour to shop at the Mill's store. At 11:00am. we will enjoy a cider making demonstration where you can see the sixth generation of the Clyde Family making cider just like B.F. Clyde did in 1881.

At 12noon we will board our bus for a lunch stop at The Steak Loft in the Mystic Village Center. Our reservations are for 12:30pm. **The cost of your lunch is your responsibility.** After lunch we will give you some additional time to wander around the many shops that are available for your shopping pleasure in the Village. We will be leaving for our trip back to Prospect at 3:00pm. We should be back in Prospect by about 4:30pm.

If you are interested in joining us, please sign up and PAY as soon as possible. The \$5 charge for this trip is to help cover the cost of gas that day.

**"Fantasy of Lights CT"
@ Lighthouse Point Park
2 Lighthouse Road, East Haven, Ct.
Friday, November 25, 2016 \$5
Departing @ 2:30pm.**

Get in to the holiday spirit with Easter Seals/Goodwill's Fantasy of Lights at Lighthouse Point Park in East Haven, Ct. Come drive through the Park as over 10,000 bulbs light up the night sky! Want to really bring the lights to life? Visitors will be given 3D glasses to enhance your viewing experience! Enjoy a scenic drive through the winter wonderland, complete with special radio broadcast.

All proceeds from the Fantasy of Lights support the programs of Easter Seals/Goodwill Industries. These organizations help people with disabilities and other challenges to become more self-sufficient, giving them a sense of fulfillment and pride. They offer employment, educational, social and recreational opportunities to those in need right here in Connecticut. By attending Fantasy of Lights, you're putting our community to work, strengthening families and providing individuals with the necessary resources for a better life.

We will be meeting and leaving from the Senior Center at 2:30pm. Our first stop will be for a bite to eat at Pizzeria Napoletana here in Prospect. **The cost of your meal is your responsibility.** We will then proceed on to the Fantasy of Lights exhibit.

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment.

November-December, 2016 Issue

2016 RayLin Travel Group Trips

**Join Us for a Special Two-Day Trip to see
"Winter Wonderland"
at the American Music Theatre**

**&
Rockvale Outlets
Lancaster, PA.**

December 6 – 7, 2016

FIRST DAY: Depart @ 8:00am and enjoy a comfortable ride. Lunch stop At Miller's Smorgasbord. The group then heads to American Music Theatre. There we will see "Winter Wonderland", The 2016 Christmas Show: Winter Wonderland will be a , feel-good holiday event filled with yuletide whimsy and winter wonder that celebrates both the magic and the meaning of Christmas. Witness a beautiful Christmas town, an enchanting trip to the North Pole, powerhouse vocals, dazzling scenery, and lots more. You'll want to wrap yourself up in this warm and wonderful seasonal show that promises to be one of your family's favorite holiday habits!

We then check into the Comfort Inn Lancaster – Rockvale Outlets. Located within walking distance to the more than 90 factory direct stores and 8 delicious restaurants. Dinner on your own tonight at your leisure.

DAY 2: Breakfast buffet at the Inn followed by a day of shopping we will board the bus @ 2:00pm and stop at the Hershey Farms Inn for a great family style meal before our drive home. Check out time at the Comfort Inn is at 12:00 noon

\$245.00pp Double \$295.00.00pp Single
Deposit : \$150.00pp Due one week after sign up
Balance Due by October 30, 2016

All trips are escorted.

Call Linda at Raylin Travel @ 203-591-1407

These trips are being sponsored by the RayLin Travel Group. We advertise them here for our member's convenience. **Do not call the Senior Center for information on these trips.** Please call Linda at 203-591-1407 if you have any questions.

**Jimmy V Women's Classic
Hosted by Basketball Hall of Fame
@ Mohegan Sun Arena**

**Sunday, December 4th \$38
4:00pm(game time) Departing @ 10:00am
UCONN Huskies
Vs.
Texas Longhorns**

Come out and support the UCONN Women's Basketball team at this annual Holiday Classic at the Mohegan Sun Casino. Enjoy a game between the UCONN Lady Huskies and the Texas Longhorns. There is nothing like seeing a UCONN basketball game live! The game starts at 4:00pm. The cost of your ticket is \$35.00. We will be seated in the lower level seats.

We will be meeting and leaving from the Senior Center at 10:00am. We should be at the casino by about 11:30am. Once at the casino you will have time on your own to gamble, eat and shop until game time. The game starts at 4:00pm. and should be over by about 6:00pm. We will be leaving the casino for home DIRECTLY after the game.

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. We are limited to the number of people we can take with us. Sign up and pay early if you are interested in going.

Holiday Open House at the Governor's Residence

Lunch @ Vito's of Windsor

Saturday, December 3rd 10:30am \$25

The Governor's Residence is situated on four beautifully landscaped acres at 990 Prospect Avenue in Connecticut's capital city of Hartford. The Residence with its 18th century original and reproduction furniture and decorations truly reflects Connecticut's historic and cultural history. The stately and gracious house has been home to Connecticut's governors and their families since 1943. This nineteen room Georgian Revival Colonial welcomes you to come and experience the grandeur of this very special place, "the people's house".

At this time of the year, the mansion will be decorated for the holiday season. It will be open for public tours at this time. Please wear warm clothing in case we have to wait a little bit in line to get in. They do not take reservations for this event. We may have to wait a little bit to get in but I have been told that at the time that we will be arriving there, it is usually the least busy. So it should not be a long wait, if at all.

There is no charge for the tour. However, we are taking a \$5 donation from each person we bring with us. The donation goes to help needy Connecticut families during the holiday season. **This donation is included in the cost of this trip.**

Before the tour we will be having lunch at Vito's of Windsor which is a few minutes away. We have lunched at their Hartford location several times before and have always been extremely happy with the food and the service. Since their Hartford location will be closed at this time, we will instead go to their Windsor, Ct. location. **Tax & tip for the meal are also included in the cost of this trip.**

We will be meeting and leaving from the Senior Center at 10:30am. Our lunch reservations are for 12noon. After lunch we will continue on to the Governor's Holiday Open House tour. We should be back in Prospect by about 4:00pm.

We are limited to the number of people we can take with us. If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment.

**Hillstead Museum Christmas Tour
35 Mountain Road, Farmington, Ct.
& Lunch @ Apricot's Restaurant
Monday, December 5th \$14
Departing @ 9:00am**

Travel in time to the festive holiday atmosphere of a well-to-do New England family at the turn of the twentieth century. See the Hillstead Museum in its seasonal splendor. You will view decorated period rooms with all their festive finery.

The country house is decorated with holiday wreaths, evergreen swags, holly sprigs and handmade ornaments. You can linger in the dining room where the table has been elegantly set for holiday company. Signs of the holiday abound...crystal stemware and silver tea sets in the dining room, the Pope family's original punch bowl in the drawing room, opened gifts on the bedside tables, evening frocks laid out on the canopied beds, and games and gifts displayed under the evergreen tree. You will experience a truly twentieth century Christmas.

We will be meeting and leaving from the Senior Center at 9:00am. Our guided tour of the home is scheduled for 10:00am. The tour will take about one hour. We will give you an additional half hour to browse on your own through the house or to visit the gift shop. At 11:30am. we will once again board our bus for lunch at Apricot's Restaurant which is close by. We have lunched here before and have really enjoyed the food and good service. **The cost of your lunch is your responsibility.** We should be back in Prospect by about 3:00pm.

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment.

November-December, 2016 Issue

CHRISTMAS TRADITIONS

The Lights & Sights of the Season
DECEMBER DATES AVAILABLECALL FOR DATES
WILLIAMSBURG VA.
3 DAYS & 2 NIGHTS
FROM ONLY.....\$ 430.00 / PP DBL



PACKAGE INCLUDES:

- *Round Trip Motorcoach Transportation
 - *2 Nights Deluxe Accommodaitons in Lovely Williamsburg, Virginia
 - *2 Great Breakfasts
 - *A Sumptuous Dinner at the Famed Whaling Co.
 - *Guided tour of Colonial Williamsburg
 - *Guided tour of the Jamestown Settlement
 - *Admission to Busch Gardens all decked out for the Holidays
 - *Admission to Colonial Williamsburg
 - *Lunch at the Jamestown Settlement (on own)
 - *Guided tour of the American Revolution Museum at Yorktown
 - *Visit to Christmas Town at Busch Gardens
 - *Guided tour of Shirley Plantation
 - *Free time for Holiday shopping
 - *ALL TAXES AND MEAL GRATUITIES INCLUDED
 - *2 COMPLIMENTARY TRIPS PER 40 PAID
- This is a fantastic trip For the Holiday Season call us today at 1- 888- 358- 9880 for details.
- *Above Pricing is based on having a minimum of 40 Paying Passengers on the bus.
 - *Certain Departure areas may require a slight upcharge due to distance.

"Jeopardy"

Thursday, December 22, 2016 12noon \$5

Join us as we bring the TV game show - Jeopardy - to the Senior Center! Josh Lidsky, will be our game show host for the day. He brings with him a screen, projector and a sound system that promises to recreate the game show as seen on television. Prizes will be provided to the winners courtesy of the Senior Center.

Along with Jeopardy, we have previously hosted similar games such as Wheel of Fortune, Family Feud and Who Wants to be a Millionaire. They were all lots of fun. Everyone said that they had a great time playing the games. Don't miss out on this fun event!

If you are interested in joining us, sign up and PAY as soon as possible before the event fills up. We cannot hold your spot without payment. Refreshments will be served during the game.

White Silo Farm Winery
Tour, Tasting & Lunch
Route 37 East Sherman, Ct.
Thursday, December 29, 2016 \$30
Departing at 9:30am.

The White Silo Farm Winery is a family owned boutique winery specializing in small batch fruit and grape wine production. In addition to their wine they also make gourmet farm products and grow a variety of berries, fruits and vegetables.

Thirty years ago the family purchased a portion of the spectacular Upland Pastures dairy farm. Their intention was to continue the farming tradition and preserve the land for generations to come. They planted their first crop of raspberries, then blackberries and rhubarb. For the next 15-years they operated as a pick-your-own berry farm. In 1990, they opened their winery.

Their 1800's dairy barn was renovated and converted into their wine tasting room and production area. In 2010 they planted their first acre of grape vines. Since 2012 they have produced wine from their own farm grown grapes.

Their wine is produced and bottled on premises. On the tour you will experience the charm of an earlier era by seeing the old barn where the winery is located. You will visit the fermentation, bottling, and corking rooms where the classical art of wine making has been preserved.

We will be meeting and leaving from the Senior Center at 9:30am. Our tour and wine tasting is scheduled for 10:30am. Along with the wine tasting you will enjoy a cheese board as an appetizer to be enjoyed during your tasting. The tour and wine tasting should last about one hour. After the tour we will enjoy a gourmet boxed lunch provided by the winery. After lunch we will give you some additional time to browse and do some shopping, if you would like.

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. We should be back in Prospect by about 2:30pm.

Laugh Out Loud Wellness Workshop

Presented by Carolyn Finch

Thursday, December 8, 2016 1:00pm \$5
Thursday, January 12, 2017 1:00pm \$5

"You don't stop laughing because you grow old. You grow old because you stop laughing."

-Michael Prichard-

Carolyn Finch, a Communication Life Style Expert who has been working with Seniors for decades, will be at the Prospect Senior Center on the second Thursday of every month at 1:00pm. She will be holding workshops that incorporate her-Laugh Out Loud Wellness Program. The program combines Laughter, Yoga, Kinesiology, Reflexology and Carolyn's valuable insight.

It helps to reduce stress, improve breathing and release toxins. The program incorporates stretching and unique movements that are great for the heart. The movements Carolyn uses in her program are done in a chair or by walking around the room. No mats, special cloths or floor work are necessary.

The program simulates and stimulates laughter. Clapping and rhythm are combined with practical tips on aging that leave attendees with good color in their faces, energy within and a great feeling of wellness.

If you are interested in attending these workshops, please call the Senior Center at 203-758-5300, to register. Payment must be made in advance in order to hold your spot in these classes.

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**Christmas Shopping @
The Promenade Shops @ Evergreen Walk
South Windsor, Ct.
Monday, December 19, 2016
Departing @ 9:30am.**

The Promenade Shops at Evergreen Walk is Connecticut's premier, outdoor Lifestyle Center. It offers an outstanding collection of the most coveted national specialty retailers and restaurants in South Windsor and the surrounding market. It provides a pedestrian friendly environment and resembles a traditional New England Village with spacious walkways or a "promenade", cascading waterfalls, a fire pit and ample seating areas for relaxing during your shopping experience. Whether shopping, dining or simply strolling down the main street, The Promenade Shops at Evergreen Walk is sure to please.

Store Directory:

Ann Taylor, Anthropologie, Baby Gap, Banana Republic, Beautiful Things Lifestyle Boutique, Brooks Brothers, Charming Charlie's, Chico's, Christopher & Banks, Eddie Bauer, Gap, J. Crew, J. Jill, L.L. Bean, LOFT, Old Navy, Soft Surroundings, Soma Intimates, Talbots, The Limited, White House/Black Market, Carter's, Charlie Girl, Justice, Brighton Collectibles, Clarks, New Balance, Ten Thousand Villages, Sephora, Connecticut Mattress, Pier 1 Imports, Pottery Barn, Stonewall Kitchen, Williams-Sonoma, Apple Store, Hallmark, Leaps & Bones, Bonefish Grill, Burton's Grill, Johnny Rockets, Moe's Southwest Grill, Sakura Gardens, Ted's Montana Grill, Emerald City Smoothie, Munson's Chocolates, O'Live A Little, Omaha Steaks

We will be meeting and leaving from the Senior Center at 9:30am. We should be at our destination by 10:30am. Once there you will be free to wander on your own through the shops. You will also be free to have some lunch at any one of their dining establishments. At 2:00pm. we will meet again for our return trip back to Prospect. If you are interested in joining us, please sign up as soon as possible. We are limited to the number of people we can bring with us.

**Naugatuck Community Choir
FREE Christmas Concert
@ St. Hedwig's Church
32 Golden Hill Street, Naugatuck
Sunday, December 18th FREE 4:00pm
(NO Transportation Available)**

Founded in 1997, the Naugatuck Community Choir encourages interest in choral music for residents of the greater Naugatuck area and beyond. It produces performances as a source of entertainment and education for the general community. While the majority of the members are from Naugatuck and Greater Waterbury residents, some come from as far as Torrington, Middletown, Monroe and Bethel. The NCC is a non-profit, non-audition organization that is open to any and all adults that have a love of great choral music and a passion for excellence. They have never charged admission to their concerts and they maintain fiscal viability through donations and miscellaneous fundraising.

On Sunday, December 18, 2016 they will be hosting their annual Christmas concert. It will feature favorite selections such as "The Angel Gabriel", "Ding, Dong Merrily on High", "Forest Green", and "The Little Drummer Boy/Peace on Earth".

The concert starts at 4:00pm. Admission to the concert is free. However, goodwill offerings are greatly appreciated. There is no bus transportation available for this trip. You must drive on your own.

**Holiday Splendor at the Mansion:
Christmas and New Year's Celebrations
@ The Lockwood-Mathews Mansion
295 West Ave., Norwalk, Ct.**

Thursday, December 22nd 9:30am \$8

Situated on the Norwalk River in Norwalk is the Lockwood-Mathews Mansion on West Avenue. This 62-room architectural attraction is touted as one of the earliest and finest surviving Second Empire-style country houses in the United States. Many areas of the home are restored according to photographs from the 1900's. A visit to the mansion is a great thing to do for people who are enamored of fine architecture.

We will be visiting the Mansion on Thursday, December 22, 2017. You will be able to explore the history of the holiday season as it was celebrated by the Lockwood and Mathews families in Connecticut and in New York City, where they once resided.

During the Gilded Age, Christmas and New Year's holidays, like other elements of American social life, were transformed by new technologies and evolving traditions. This holiday exhibition at the Mansion will display trees adorned with historic decorations and lights, mantles festooned with period greens and fruits, and a selection of vintage toys and games.

In the Dining Room, the Mansion will feature a New Year's themed vignette and a holiday wedding in the Music Room. You will learn that what was once a simple ringing-in of the New Year soon transformed into a time of joyful, and at times, lavish celebration of holiday tables and weddings with champagne toasts at the stroke of midnight.

We will be meeting and leaving from the Senior Center at 9:30am. We should be at our destination by about 11:00am. At this time, we are scheduled for a guided tour of the mansion. The tour lasts about one hour. After the tour we will give you an additional half hour to revisit any of the rooms you may want to see again. At 12:30pm. we will meet again and board our bus for a lunch stop at the Sedona Tap House. It is just a few minutes away from the Mansion and it has been recommended to us by the staff at the Mansion. **The cost of your lunch is your responsibility.**

We should be back in Prospect by about 4:00pm. If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. We are limited to the number of people we can bring with us.



**SAVE-THE-DATE...
Prospect Senior Center
Annual Christmas Party
PLACE: ARIA Wedding & Banquet
Facility**



**45 Murphy Road, Prospect
DATE/TIME: Tuesday, December 6th
12noon to 4:00pm \$30**

Entertainment provided by Center Stage of New York. Tickets will go on sale at the Prospect Senior Center in October.

Deadline to buy tickets is Monday, November 28th. If you would like, you can reserve a table for 10 or 12 people. Please bring your list of the 10/12 people that will be at the table along with their payments. **Full payment for everyone must be received in order to reserve an entire table.** The party is open to all Prospect Senior Center members only. **No guests.** Doors will open promptly at 11:30am for appetizers. Cash bar will be available.

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Small Moments in History

A World War II-Era Story

Presented by Storyteller - Carol Birch

Thursday, March 30, 2017 \$5 1:00pm

In 1998, Carol Birch received the National Storytelling Network's Circle of Excellence Award given to storytellers recognized as master tellers by their peers. She has helped in setting standards for excellence in storytelling and demonstrating a commitment and dedication to the art over a significant period of time.

Thirty years of experience has earned her a respected place in the forefront of the revival of platform storytelling. She has taught at Southern Connecticut State University and lectured at forty-one universities across the nation. She has also spoken many times to professional and corporate organizations.

She has produced nine audio cassettes for independent storytellers as well as August House, Lightyear Entertainment, and Weston Woods Studios. She has written several essays and books on storytelling. She has appeared on ABC's "Nightline," and on CBS. She has also served as chairperson of the Anne Izard Storyteller's Choice Award.

Carol will be at the Prospect Senior Center on Thursday, March 30, 2017 at 1:00pm. She will be presenting a program on "Small Moments in History-A World War II-Era Story."

Big moments in history are recorded in books. Smaller moments, while life-changing in their time, can drift into obscurity. Carol will give new life to such "smaller", World War II-era stories.

Trains carrying troops from all over the United States on their way to war zones overseas, stopped in the small Nebraska town of North Platte. There, a grassroots volunteer effort served those who served our country. The townspeople greeted, fed and thanked an estimated six million military personnel between Christmas Day, 1941 and April 1, 1946. This is the glorious story that Carol Birch will be sharing with us.

If you are interested in joining us for this entertaining program, please sign up and PAY as soon as possible. We cannot hold your seat without payment. Refreshments will be served after the program.

I'd like to thank member, Linda Gordon for bringing Carol to my attention. Linda saw Carol Birch speak at the Kent Historical Society and was very entertained and impressed with her storytelling. She recommended having her here at the Senior Center.

Friends of Long Hill Tea

@ Wadsworth Mansion

421 Wadsworth Street, Middletown, Ct.

Sunday, March 12, 2017-\$35

1:00pm to 4:00pm Departing at 12noon

In 1900, three years after his marriage to Katherine Fearing Hubbard, Colonel Clarence S. Wadsworth began preparing plans for the site of their future country summer residence, "Long Hill" in the rolling hills of western Middletown, Ct. An authority on the emerging science of forestry and conservation, Colonel Wadsworth had a concern for the environment far ahead of his time. Working with the nationally renowned landscape architectural firm, The Olmsted Brothers, 500-acres of Long Hill were designed in the tradition of a working landscape. They created an estate that evolved from the formal and classical near the Mansion to varied, well-managed forests and pastures. The New York architecture firm of Hoppin and Koen designed a domain on par with estates of Lenox, Massa-

chusetts, and the "cottages" of Newport, Rhode Island. For over 30-years, Long Hill was the center of ceremonial life for the Wadsworth and Hubbard families. In 1934, a thousand guests, escorted by the Governor's Foot Guard, celebrated the wedding of the Wadsworth's son Julius and his wife Cleome at Long Hill.

After the death of the Colonel in 12941, a portion of the land was willed to the State of Connecticut for use as a public park, Wadsworth Falls State Park. The remainder of the estate was managed by the Rockfall Corporation, a charitable foundation created by Colonel Wadsworth, to further his interests in conservation and forestry.

On Sunday, March 12, 2017 from 1:00pm. to 4:00pm. we will be visiting the Mansion and participating in their Friends of Long Hill Tea. Guests will be treated to a three course tea menu prepared by Kim's Cottage Confections and enjoy estate tea from The Green Room in the East and West ballrooms, where Clarence and Katherine Wadsworth frequently hosted their own lavish parties. Each table will be personally set and decorated by members of the Friends of Long Hill. Invited vendors will be selling unique items in the loggia.

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. Seating is limited. Sign up and PAY early.

The Slater Memorial Museum 108 Crescent Street, Norwich, Ct. Thursday, April 20, 2017 \$10 Departing @ 9:30am

Located in Norwich on the beautiful campus of Norwich Free Academy, the Slater Memorial Museum awakens visitors to the richness and diversity of the human experience through art and history.

For more than 100 years, the museum has displayed and interpreted the best examples of fine and decorative art, representing a broad range of world cultures of the Americas, Asia, Europe and Africa. Its' extraordinary collection of plaster casts features reproductions of the world's great ancient sculptures.

Dedicated in 1888, and housed in a stunning Romanesque Revival building, the Slater's local collection represents 350-years of Norwich history. Included in the galleries of the Slater Museum are:

- >18th to 20th Century American Paintings and Decorative Arts telling the stories of Norwich's people
- >Connecticut artists of the 20th Century
- >Around the World on the Yacht Eleanor: The Slater's Grand Tour
- >Crocker's Norwich: Art & Industry in the 19th Century
- >The Plaster Cast Collection
- >The Gallery of African Art
- >Vanderpoel Gallery of Asian Art
- >Converse Art Gallery

We will be meeting and leaving from the Senior Center at 9:30am. Our Interpreter-Guided Tour is scheduled for 11:00am. The tour should last about 1.5 hours. We will give you an additional half hour after the tour to revisit any of the displays.

At 1:00pm we will board our mini bus and continue on for a lunch stop at Irene's Family Restaurant also in Norwich. **The cost of your lunch will be your responsibility.**

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. We should be back in Prospect by about 4:00pm. This all depends on traffic that day, however.

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Maury Show Taping @ NBC Stamford Media Center 307 Atlantic Street, Stamford, Ct. Thursday, January 19, 2017

Departing @ 7:30am NO CHARGE

Be a part of the audience as we travel to Stamford, Ct. for the taping of two episodes of the Maury Show. We will be meeting and leaving from the Senior Center at 7:30am. Our arrival and check-in time has been scheduled for 8:30am.

The tapings should last until about 2:00pm. If you need to bring a small snack with you to enjoy between the tapings, please feel free to do so.

After the tapings, we will enjoy free pizza courtesy of the show, in a private waiting room at the studio. We will provide everyone with a beverage to enjoy with their pizza.

At the taping you must present a valid government identification card with proof of age. Your ID must have a photo and have your name and birth date on it. Acceptable forms of identification include: State issued driver's license, State ID, Military ID, or passport.

Video cameras, large bags, backpacks, sharp metal objects, firearms, wallet chains, mace or any other bottles that contain fluid are not allowed at the studio. No recording devices of any kind are permitted. Pictures may only be taken after the show.

The dress code is strictly enforced. Dress your best! You're going to be on TV! Please do not wear t-shirts, jerseys, sweatshirts, sweatpants, sports attire, tank tops, all white outfits, costumes, sunglasses, hats or any other clothing that would be inappropriate for a studio audience. The show's producers expect everyone to dress appropriately in business, casual attire. Solid jewel toned colors (blues, reds, greens, etc.) look best on camera.

Before the show, you will also have to go through a metal detector. This is for your safety. All audience members will be screened by security personnel.

There is a soda and vending machine located in the audience holding room for the convenience of the audience. The machines use small change. There are water fountains as well.

We will be meeting and leaving from the Senior Center at 7:30am. We should be at the studios by 8:30am. We should be done with the two tapings by about 2:00pm. at which time we will have our pizza. We should be back in Prospect by about 4:00pm. This all depends on traffic that day, however.

If you are interested in joining us on this trip, please sign up as soon as possible. We only have a certain number of tickets available to us for the tapings.

UCONN Women Basketball Games @ Gampel Pavilion 3-Game Package Deal \$65

Sunday, January 22, 2017 - 1:00pm. (Game Time)

Departing @ 10:00am. (vs. Tulane)

Sunday, February 5, 2017 - 1:00pm. (Game Time)

Departing @ 10:00am. (vs. Tulsa)

Saturday, February 11, 2017 - 2:00pm. (Game Time)

Departing @ 11:00am. (vs. SMU)

For all of these games, we will be traveling to the games on our Senior Center mini bus. We are limited to the number of tickets we have for these games. **All games are sold as a package NOT individually.** If you are interested in attending with us, please sign up and PAY as soon as possible. We cannot hold your seat without payment.

Disney on Ice... "Dream Big"

@ XL Center - Hartford, Ct.
Monday, January 16, 2017 \$30
1:00pm Departing @ 11:30am

Enter a world where adventure is awaiting and courage leads the way at Disney on Ice presents "Dream Big". Through enchanted pixie-dust, Tinker Bell takes you on a journey of beloved Disney tales-Live on Ice. Make a splash with fearless dreamer Ariel as she yearns to explore life above the waves. Watch Rapunzel, Cinderella and Belle as they learn about the power to make their own magic. Travel to the wintry world of Arendelle with sisters Anna and Elsa, and the hilarious Olaf from Disney's "Frozen" as they learn that true love is the greatest magic of all. Be there to discover a whole new world with the daring Jasmine, and join Snow White, Aurora and Tiana as they remind you to always be strong, kind and fearless. High-flying jumps, daring acrobatics, breathtaking skating and lovable Disney friends make this an experience your family will never forget.

We will be meeting and leaving from the Senior Center at 11:30am. Please be at the Senior Center a few minutes before departure time. If you are interested in attending with us, please sign up and PAY as soon as possible. We cannot hold your seat without payment and we are limited to the number of people we can bring with us.

Prospect Senior Center Dental Clinic Day @ Lincoln College of New England Dental Hygiene Clinic Tuesday, January 17, 2017 Departing @ 11:30am

We will be visiting the Lincoln College of New England Dental Hygiene Clinic on Tuesday, January 17, 2017 as a group. We will be departing at 11:30am. If you are interested in joining us, please call the Senior Center to register as soon as possible.

Once you register, we will give you a Patient Information form that has to be filled out prior to the visit. Before your visit, students from the school will call you to confirm your appointment. They will also get some medical information from you. They will make sure and see if you need any medical clearances prior to your visit to ensure that you can receive treatment.

Once we arrive at the Clinic with the group, you will be seen at 12:30pm. Each appointment usually takes about 3-hours. During your treatment, each student is under the supervision of their licensed hygienist instructors and a licensed dentist that is also on staff. They can also administer anesthesia if you are interested.

The Clinic does accept HUSKY insurance. However that is the only insurance accepted. Payment is requested upon your first visit, either cash, credit or debit. **NO CHECKS can be accepted.**

Typically for the first appointment you do not receive a cleaning. The first appointment consists of the patient's medical and dental history along with an assessment of the mouth. The second appointment is when the cleaning actually begins. But, depending on the amount of teeth a patient has and the amount of calcium they have, this may vary and some will be able to receive a cleaning upon their first visit.

We will be going to the Clinic, as a group, once a month.

SERVICES PROVIDED:

Cleanings (Seniors 62 yrs. & older) \$10
FMS/Panorex \$20
Bitewings (2) \$6
Bitewings (4) \$12
PA \$3
Sealants (per tooth) \$5

November-December, 2016 Issue



Maria Silva-Food Network's Rising Star- Participates in... "Clash of the Grandmas" Christmas Episode "Viewing" Party scheduled for...Thursday, January 12, 2017 1:00pm. @ the Senior Center

Our very own, Maria Silva, went through a very rigorous

process this past summer when the Food Network came calling! A representative from the Network called Director, Lucy Smegielski at the Prospect Senior Center looking for candidates to cast for a show they were filming for their Network.

The show, "Clash of the Grandmas," would put four grandmas up against each other in a number of different episodes. The grandmas would partake in a cooking war to see who had the best culinary skills as judged by three professional cooking judges.

Lucy gave the Network representatives several names of Seniors who she thought might be what the Network was looking for. One of those grandmas was, Maria Silva. The judges contacted thousands of Senior grandmas throughout the country in their quest to find just the right candidates for the show. The field was narrowed down significantly at which point Maria was notified that she was in the final running to be a participant in the show.

The path just to interview to get on the show was a difficult one. With the help of her daughter, Lizzie, Maria had to submit a number of videos of her cooking several of her favorite recipes in her own kitchen. After numerous phone interviews, submission of recipes and video chats and SKYPE dates, Maria was chosen as one of the four finalists to appear on their "Clash of the Grandmas" Christmas episode. What an honor to be one of four among the thousands that were interviewed!

This past summer she, her husband and her son were flown out to Los Angeles for the filming of the show. She has not been able to talk about what happened and the outcome of the show because she had to sign a waiver to keep silent until the show aired. Just recently she was notified that the show will be airing on the Food Network on Sunday, December 4, 2016 at 10:00pm.

The four grandmas participating in this Christmas episode are definitely not taking a holiday from the kitchen! First, Santa gives them his food hack favorite, a clothes iron, which they must use in the preparation of some holiday appetizers. Next, the grannies must make a Christmas main course featuring at least one fresh, one frozen and one canned ingredient. Then, the final two grandmas have to turn old-fashioned fruitcake ingredients into a holiday dessert irresistible enough to earn one of them \$10,000 and impress the judges.

Competitors in this Christmas episode were Lesa Nelms (Sarasota, Florida), Rachelle Nichols (Millbrae, California), Guenevere Reed (Powder Springs, Georgia) and our very own Maria Silva (Prospect, Ct.) Judges were Monti Carlo, Nancy Fuller and Eddie Jackson.

Maria has been sworn to secrecy until the airing of the show. But, she has said that this was an unbelievably fun and memorable event for her. She thoroughly enjoyed herself while she was in Los Angeles for the filming. It was a once-in-a-lifetime opportunity for her that she will remember forever. And, it seems that the judges were as equally impressed and enamored with Maria's effervescent and sincere personality on the show.

So, tune in to the Food Network on Sunday, December 4, 2016 at 10:00pm. to see our fabulous grandma in her television debut! Who knows what will come of this! Will there be more episodes to come in her future? Stay tuned!

We will be taping the program and will be hosting a "viewing party" here at the Senior Center on Thursday, January 12, 2017 at 1:00pm. where we can all watch our fabulous grandma in action.

If you are interested in attending Maria's television debut "viewing" party, please sign up at the Senior Center. You won't want to miss this!

Congratulations, Maria on representing all "grannies," our Senior Center and your family and friends in such a positive manner. We are so very, very proud of you. No matter the outcome of the show, you are a winner in all our hearts!

EVERSOURCE PROGRAMS THAT HELP PEOPLE

Winter Protection Plan If your household income is at or below 60% of the state median income, or you receive public income assistance, you may qualify for the Winter Protection Plan. Qualified customers are protected from service shut-offs for non-payment between November 1, 2016, and May 1, 2017. You will still receive your regular monthly Eversource bill and should try to pay what you can on each bill to avoid a large balance due when the winter protection period ends in May.

Matching Payment Program This program provides year-round electric service and possible forgiveness of back balances to limited-income customers who have past-due balances. Here's what eligible electric heating customers must do to be part of Eversource's Matching Payment Program:

1. Call 2-1-1 to locate your Community Action Agency and apply for energy assistance.
2. Enroll in Eversource's Matching Payment Program and have energy assistance funds applied to your Eversource account.
3. Make and keep a monthly payment arrangement.

Customers who maintain eligibility under the Matching Payment Program may see an additional reduction in their past-due amount for every dollar paid to Eversource.

New Start Program New Start is a year-round program for qualified electric customers to help reduce or eliminate past-due balances in as little as 12 months.

When you pay your budgeted amount on time each month, we'll forgive 1/12 of the enrolled New Start balance. You maintain electric service and can better manage your monthly payments.

When you make your New Start monthly payment, a portion of your past-due balance will be eliminated, thus reducing the amount you owe.

For more information on Eversource's programs that help people, please contact us at 800-286-2828. You may also visit Eversource.com for energy-saving tips.

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Gourmet Chocolate Workshop @ Fascia's Chocolates

**44 Chase River Road, Waterbury, Ct.
Tuesday, February 7, 2017 \$55
Departing @ 12:30pm.**

This workshop that we will be participating in, is a hands-on chocolate making workshop. It will be a private party just for our group and will be limited to ten participants. You will be hand rolling your own gourmet truffles and then dipping them in chocolate. The workshop lasts about 1.5 hours and takes place in their presentation room. You will each be taking home a pound of finished chocolates that day.

After the end of the workshop you will enjoy coffee and dessert provided by Fascia's. We will be sampling the Fascia family's famous lava cake.

We will be meeting and leaving from the Senior Center at 12:30pm. We should be back in Prospect around 3:30pm. If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your reservation without payment. This class is limited to ten participants.

Connecticut Flower & Garden Show Thursday, February 23, 2017 9:30am \$14

Over the past 33-years the Connecticut Flower & Garden Show has grown into one of the premier flower and garden shows on the East Coast. This flower show boasts over 250 booths and 12,000 square feet of competitive design and horticulture exhibits. Other exhibits occupy from 300 to 2,000 square feet of pure, natural beauty. The flower show is sure to brighten your day and lift those winter doldrums.

We will be departing from the Senior Center at 9:30am. Our first stop will be at the Southington Diner for breakfast. **The cost of your breakfast is your responsibility.** After breakfast we will continue on to the Connecticut Convention Center for the flower show. We should be there by about 12noon. You will have until 3:00pm. to browse through the many exhibits at your leisure. At 3:00pm. we will meet in a designated area to board our mini bus for home. We should be back in Prospect by about 4:00pm.

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment.

UCONN Women's Basketball Senior Night @ Gampell Pavilion UCONN vs. Memphis

**Saturday, February 25, 2017
Departing @ 1:00pm
4:00pm (Game Time) \$28
PAYMENT must be received (ASAP) to reserve
your seat.
Limited number of seats available.**

Architectural Tour of Our Lady of Lourdes Church, 309 South Main Street, Waterbury, Ct. Saturday, March 25, 2017 \$12 Departing @ 10:00am

Today we will be taking a tour of Our Lady of Lourdes Church in Waterbury, Ct. The tour will be led by Registered Architect, Dom Narducci of Southbury, Ct. He has taught and lectured extensively at the college level for many years. Dom is a graduate of the University of Notre Dame. He has studied architectural treasures throughout Europe. His travels and research in Italy have led to a focused interest in church architecture and urban planning. His writings have been published in regional and national journals.

Our Lady of Lourdes Church is one of Waterbury's architectural treasures. It occupies a modest site on the southern edge of downtown Waterbury, Ct. You will marvel at Our Lady's fine Italian Renaissance Revival details, both inside and out. You will learn, up close, about its storied history and design precedence.

The tour which typically lasts about 75-85 minutes, begins on the front steps of the church. The Renaissance Revival façade and its ancestor design in Rome are discussed. Changes from the original design are noted. Inside, the highly decorated nave and sanctuary features are explored. You will enjoy viewing the stained glass and learn about the churches' storied history.

The interior's barrel vaulted ceiling and the prominent grotto are unique features in this sacred place. Ponder some mysteries regarding the paintings and the stained glass. Maybe even take a peek behind the high altar and take a trip up to the choir loft.

We will be meeting and leaving from the Senior Center at 10:00am. Our tour is scheduled for 10:30am. At 12noon we will board our bus once again and head to Osteria Restaurant in Cheshire for a nice lunch stop. **The cost of your lunch is your responsibility.** If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment.

"Celtic Crossings" with Andy Cooney & Phil Coulter @ Chez Josef Restaurant

**176 Shoemaker Lane, Agawam, Mass.
Tuesday, March 7, 2017 \$60
Departing @ 10:00am.**

Phil Coulter from Derry, Northern Ireland and Andy Cooney from New York join forces for "Celtic Crossings" a rare North American tour that brings these two icons of Irish music together for a limited time. The show promises to be an afternoon of Celtic tranquility with some classic songs by Phil Coulter sung by internationally beloved Andy Cooney. Special guests, Geraldine Branagan and the Irish Pops Ensemble will also be performing.

This package includes transportation on our mini bus to Chez Josef, an elegant plated luncheon including all taxes & tip and the Irish show. The luncheon will consist of a garden salad, corned beef & cabbage OR baked scrod, rolls & butter, vegetable & potato. **Please specify your luncheon choice when signing up.**

We will be meeting and leaving from the Prospect Senior Center at 10:00am. Doors to the venue open at 11:30am. Lunch will be served at 12noon. If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. We should be back to the Senior Center from this trip at about 5:00pm.



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New Haven Symphony Orchestra Presents...

"My Fair Lady" in Concert

@ Shelton High School

120 Meadow Street, Shelton, Ct.

Sunday, March 19, 2017 \$35

3:00pm to 5:00pm Departing @ 1:30pm

I could have danced all night! The New Haven Symphony Orchestra performs its first full-length musical, Lerner and Lowe's "My Fair Lady," with the entire orchestra on stage. Enjoy "Wouldn't It Be Lovely," "On the Street Where You Live," "I'm Getting Married in the Morning" in this concertized production.

We will be meeting and leaving from the Senior Center at 1:30pm. If you are interested in attending with us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. We should be back in Prospect by about 6:00pm.

Bigelow Spring Tea Party with Betty Johnson @ Prospect Senior Center

Thursday, March 23, 2017 11:30am \$8

Bigelow Tea was founded by Ruth Campbell Bigelow in 1945. The only tea available at that time was black tea. Ruth found an old colonial tea recipe whose ingredients included black tea, orange rind and sweet spice. She spent weeks perfecting the blend in her kitchen. The tea was an instant success garnering rave reviews from folks who had sampled the brew at a social event. A friend later told Ruth that her tea caused nothing but constant comments. Today "Constant Comment" is still the number one selling flavored black tea in the country.

Betty Johnson, today's speaker, has been associated with Bigelow Tea located in Fairfield, Ct. for the last 23-years. The first 12-years she was the Customer Service Manager as well as their speaking representative throughout the State. Now, since retiring, she exclusively does tea presentations for the company. She will be presenting a very informative and delightful program here at the Senior Center about the history and health benefits of drinking tea.

Being a serious tea drinker, Betty enjoys the opportunity to spread the word about this healthy, delicious drink and meeting with the many diversified groups that she speaks to. Her medical background also gives her an added advantage when she speaks about the health benefits of drinking tea.

Join us on Thursday, March 23, 2017 at 11:30am. when we will be hosting a Spring Tea Party here at the Senior Center with Betty. You will enjoy a delightful array of tea sandwiches and accompanying dishes prepared by the Senior Center staff. At 1:00pm. Betty will be presenting her program. Dessert and tea will be served after her presentation. In order to attend, please make sure that you bring your own tea cup that day. Betty will also be bringing "goodie bags" to give out, courtesy of Bigelow Tea, at the end of her presentation.

This should be a delicious, informative and fun get together. If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. We are limited to the number of people we can accommodate.

American Athletic Conference (AAC) Women's Basketball Tournament Final Game

@ Mohegan Sun Casino

Monday, March 6, 2017-\$35 (tentative)

7:00pm (game time) Departing @ 3:00pm

Come out and support your favorite female basketball players-the UCONN Women's Basketball team! Based on their talent and eleven NCAA Women's Titles, the UCONN Women should play in the final game of this tournament. There is nothing like seeing these basketball games live! The excitement cannot be duplicated sitting on your couch watching from home!

The game starts at 7:00pm. We will be meeting and leaving from the Senior Center at 3:00pm. We should be at the casino by about 4:30pm. This will give you ample time to grab a bite to eat before the game, if you wish to. We will leave from the casino directly after the game. We should be back in Prospect by about 10:30pm.

If you are interested in joining us, please sign up and PAY as soon as possible. Once I get notified that the tickets are on sale, I will contact those that have signed up for any additional payment that might be due for their ticket. In order for us to get the best possible seats, I will then have to pay for the tickets right away. I will only buy tickets for those who have signed up and PAID. Tickets are limited.

Since last year's tickets were \$35 apiece, I am anticipating that this year's tickets will also be in that same price range. But, I will not know for sure until I am notified. If the price is any higher than the \$35 that has already been paid, I will notify those that signed up and PAID right away. If the price is lower, you will get a refund but I really don't anticipate that happening.

Coming to the Shubert Theater...

Riverdance - The 20th Anniversary World Tour
Sunday, March 5, 2017 \$75 1:00pm

Departing @ 11:30am.

The international Irish dance phenomenon is back by popular demand in Riverdance -The 20th Anniversary World Tour. Drawing on Irish traditions, the combined talents of the performers propel Irish dancing and music into the present day, capturing the imagination of audiences of all ages and cultures in an innovative and exciting blend of dance, music and song. Of all the performances to emerge from Ireland-in rock, music, theater and film-nothing has created energy, the sensuality and the spectacle of Riverdance. The show comes directly to North America from a sold out run across Europe and Asia.

We will be meeting and leaving from the Senior Center at 11:30am. Please come a few minutes prior to departure time. If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment.



I'm so old...
I don't buy green bananas

www.pmcaregivers.com/humor.htm

I asked my wife if old men wear boxers or briefs?
She said Depends.

www.pmcaregivers.com/humor.htm

November-December, 2016 Issue

Tories, Spies and Traitors: Divided Loyalty in Revolutionary Connecticut A Connecticut Historical Society Presentation @ Prospect Senior Center

Thursday, April 6, 2017 \$3 1:00pm

Which side are you on? That's the question that everyone in Connecticut had to answer in 1775, as the thirteen colonies began a rebellion against British rule. For soldiers and civilians alike, loyalty could mean loss of fortune, of friends and even of life.

A representative from the Connecticut Historical Society will be at the Senior Center on Thursday, April 6, 2017 at 1:00pm. to present this fascinating lecture that reveals the stories - some well known, some obscure - of Nutmeggers who risked and sacrificed to support their chosen side during this "tumultuous jarring time of civil war."

If you are interested in attending this presentation, please sign up and PAY as soon as possible. We cannot hold your seat without payment.

Spring Tour of Madava Farms & Crown Maple Syrup Dover Plains, NY.

Wednesday, May 17, 2017 9:00am \$38

Madava Farms in Dover Plains, NY. is an 800-acre piece of land which was farmland during the Civil War. Afterwards, farming on the property came to a halt, and an unusually high concentration of maples sprung up. The area was left untouched until 2007, when the property was bought by Robb Turner, a former Wall Street banker, and his wife, Lydia. The couple decided to use the land to found a maple syrup company. The company was called "Crown Maple", and the farm was named Madava Farms, after the Turner's daughters, Ava and Maddie. The Turners tapped their first trees in 2011 and opened the farm to the public in 2012. The property has at least 20,000 maple trees and a 27,000-square-foot sugarhouse.

Many places in the Hudson Valley make maple syrup. But just one has been written up in a feature article in the New York Times. That would be Madava Farms. Crown Maple syrup delivers a gourmet maple experience like no other. Since the brand's launch, the distinctive taste and versatility has won over discerning professionals and connoisseurs alike, elevating Crown Maple beyond a sweetener and into a defining ingredient.

All of their products are certified-organic, pairing the best nature has to offer with artisan craftsmanship and state-of-the-art production technology. From bark to bottle, Crown Maple is sustainably made on 800-acres of pristine land at Madava Farms in Dutchess County, New York, and truly sets the standard of excellence in maple production and flavor.

We will be meeting and leaving from the Senior Center at 9:00am. It takes about 1.5 hours to get to our destination. Once there you will enjoy a one hour tour and maple syrup tasting. Afterwards, we will enjoy a family style lunch made by the culinary chefs on the farm. The menu for the lunch will be at the chef's discretion. We have never been disappointed by their food choices for us.

The cost of this trip includes transportation, tour, tasting and lunch including tax and tip. We should be leaving the farm about 2:00pm. and be back in Prospect by about 4:00pm. If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. This is always a very popular trip so do not wait to sign up for it, if you are interested in participating.

Bus Trip to New York City St. Patrick's Cathedral - Eatly - The Ride Tuesday, May 30, 2017 \$125 Departing @ 7:30am.

Our New York City daytrip starts with a visit and tour of historic St. Patrick's Cathedral which recently underwent a major face-lift. It was over 150-years ago when Archbishop John Hughes announced his inspired ambition to build the "new" St. Patrick's Cathedral, so the cornerstone of the Cathedral was laid in 1858 and her doors were opened in 1879. The Archbishop knew that one day his Cathedral would be in the center of the city.

After our visit and tour of the Cathedral, it will be time for lunch at the Eatly. **Cost of your lunch is your responsibility.** The Eatly is a local and very well known food stop in New York City. It is a 50,000 square foot space which features multiple restaurants, a micro-brewery, a Neapolitan Pizzeria, a year-round rooftop beer garden, not to mention a cooking school and retail sections. This is a multimillion dollar project dreamed up by culinary favorites Mario Batali, Joe Bastianich, and Lida Matticchio Bastianich. You will be able to spend your time there shopping, having lunch and poking around in all the wonderfully amazing stores this complex has to offer.

Finally, our coach bus will take us over towards the Theatre District where we will meet our awaiting "Ride". The "Ride" combines entertainment and tourism. The "Ride" drives through New York City, and features stadium seating and the most advanced technology. We will stop and see performances in front of such sights as Grand Central, 42nd. Street, Central Park, and more. Interact with those outside with special audio and speakers.

We will be meeting and leaving from the Senior Center on a coach bus at 7:30am. Please come a few minutes earlier and park in the back parking lot. Please come to the front of the Senior Center to board the bus. We are estimating that we should be back in Prospect by about 7:30pm.

The cost of this daytrip includes roundtrip motor-coach transportation, tour of St. Patrick's Cathedral, tour director, free time at the Eatly, The Ride, and all taxes and gratuities including bus driver and tour director.

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment.

Join us for a Dynamic Presentation by Alan DeValerio - Former White House Butler Thursday, May 4, 2017 \$5 1:00pm.

Former White House butler, Alan DeValerio, will be at the Prospect Senior Center on Thursday, May 4, 2017 at 1:00pm. Learn about the preparations involved in White House entertaining and how it has evolved over the years from FDR to the present.

Alan will share his first hand experiences and stories from people he worked with, such as Eugene Allen, whom the movie "The Butler" was based upon.

Alan will have on display many of the White House artifacts (menus, programs, Christmas cards and personal photos) he has collected over the years.

After the program, Alan's new book "A History of Entertainment in the Modern White House" will be available for purchase and signing. The cost of the book is \$20.

If you are interested in joining in on this very interesting presentation, please sign up and PAY as soon as possible. We cannot hold your seat without payment.

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The Gatlin Brothers Are Coming!
@ Indian Ranch Theater-Webster, Mass.
Thursday, May 25, 2017 \$60
Departing @ 9:30am.

Larry Gatlin & The Gatlin Brothers have been dazzling audiences for more than 60-years. It all began in Abilene, Texas in 1955, when Larry was 6-years old, Steve was 4-years old and Rudy was 2-years old. Since those days, the road the brothers have plowed has won them countless awards and has taken them to numerous concert halls, festival stages, national television shows and even the White House on several occasions. The brothers have seen their music top charts and touch the lives of fans of all ages.

We will be meeting and leaving from the Senior Center at 9:30am. We will be traveling on our Senior Center mini bus today. We should be at our destination by 11:00am.

Once at the Indian Ranch Theater, we will enjoy a delicious plated meal at 11:30am. The lunch menu consists of salad & rolls, shells & sauce, Wright's famous chicken, homemade French fries, ice cream, coffee or tea.

The matinee show with The Gatlin Brothers begins at 1:30pm. The show should be over at about 3:30pm. We should be back in Prospect by about 5:30pm. This all depends on traffic, however.

If you are interested in joining us, please sign up and PAY right away. The venue is anticipating that this will be a sold-out event.

**Lunch on the Essex Steam Train
& Riverboat Ride**
Tuesday, June 27, 2017 \$50
Departing @ 9:45am

All aboard the only steam train and riverboat connection in the country! Our 3.75 hour narrated journey begins at the historic 1892 Essex Station. We begin boarding the train at 11:15am. and our journey begins at 12noon. We will be meandering through the countryside aboard vintage rail cars pulled by an authentic steam locomotive. Once we reach Deep River Landing, we will be escorted onto the Becky Thatcher Riverboat for a 1.5 hour cruise along the Connecticut River-bursting with lush scenery and historic attractions, such as Gillette Castle and Goodspeed Opera House. Upon Becky's return to Deep River Landing, the steam train welcomes you for the return trip back to Essex.

We will be meeting and leaving from the Senior Center at 9:45am. We begin boarding at 11:15am. Once you get on the train you will have a nice salad waiting for you to start off your lunch. At 12noon, once everyone gets on board, the train begins its' journey. Your entrée will come out shortly after the train starts moving. At Deep River Landing, your dessert will be served after which we will transfer on to the Riverboat for our 1.5 cruise. Once the cruise is done we will transfer back again on to the train and head back to the station. We should be back at the station by about 3:05pm. and back in Prospect by about 5:30pm.

The cost of this entire trip is \$50. This includes transportation to Essex, your train and riverboat ride, your lunch and all taxes and gratuities. **The only thing not included is alcoholic beverages.** Those you can purchase on your own at their cash bar, if you are interested.

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. **You have a choice of Beef Tips or Baked Chicken for your lunch entrée.** Also included in the meal will be a green salad, vegetable, starch, roll and dessert. PLEASE MAKE YOUR LUNCH SELECTION WHEN SIGNING UP.

"The Corvettes" Doo Wop Revue
@ Aqua Turf-Southington, Ct.
Thursday, June 15, 2017 \$50
Departing @ 10:30am.

Back by popular demand, this high energy DOO WOP show is the best in New England! The show is being held at the Aqua Turf in Southington where there is plenty of room for dancing to the great sounds of this group. "The Corvettes" have been entertaining audiences for the last 25 years. You are sure to enjoy this extremely talented group. **Wear your dancing shoes!**

The cost per person is \$50. This includes a delicious family style luncheon consisting of Tossed Salad, Penne Pasta, Rolls & Butter, Chicken Francais', Pan Seared Salmon, Vegetable, Potato, dessert and coffee. Tax & Gratuities are also included in the price.

We will be departing from the Senior Center on our mini bus at 10:30am. Doors will open at 11:00am. The event should end at around 3:00pm.

If you are interested in joining us, please sign up and PAY as soon as possible. We are limited to the number of people we can bring with us.

**Twin Lobster Party
& Neil Diamond Tribute Show**
@ HuKeLau - Chicopee, MA.
Wednesday, August 9, 2017-\$62
Departing @ 9:30am.

Package Includes:

- >Twin Lobsters per person (OR Prime Rib)
- >Clam Chowder, Warm Rolls, Baked Potato, Green Beans, Ice Cream Dessert
- >Server's Tip & Meal Taxes
- >Neil Diamond Tribute Show with Charlie Lask & the American Longboards
- >Transportation to and from the event on the Senior Center mini bus

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment.

Direct from Branson, Missouri...
"Moon River & Me"
Jimmy Osmond & The Moon River Band
Celebrate Andy Williams
"A Tribute to the Man and His Music"
@ The Garde Arts Theater - New London, Ct.
Thursday, October 5, 2017-\$40
Show time 2:30pm Departing @ 11:00am

Today we will be traveling to The Garde Arts Theater in New London to see this exclusive matinee show straight from Branson, Missouri. "Moon River and Me" celebrates the legacy of Andy Williams. Jimmy Osmond began performing with Andy Williams at the age of three. This show marks his 50th year in the entertainment business. "Moon River and Me" is a sparkling tribute that features award-winning music and special memories accompanied by nostalgic footage.

We will be meeting and leaving from the Senior Center at 11:00am. Our first stop will be at Tony D's Italian Restaurant for lunch. The restaurant is across the street from the theater. **The cost of your lunch is NOT included in the cost of this trip. Lunch will be on your own.**

After lunch we will continue on to the theater for the show. The show should be over by about 5:00pm. We should be back in Prospect by about 6:30pm.

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment.

Nov.-Dec., 2016

THEATER

**REMEMBER:
SIGN UP AND PAY ASAP
NO SEATS HELD W/O PAYMENT**



Beautiful: The Carole King Musical
Saturday, January 21, 2017 \$102
2:00pm Departing @ 12:30pm.

Before she was Carole King, superstar-she was Carole King, teenage songwriter. Her music would become the soundtrack to a generation. She fought her way into the record business and, by the time she reached her twenties, had the husband of her dreams and a flourishing career writing hits for the biggest acts in rock 'n' roll. But, it wasn't until her personal life began to crack that she finally managed to find her true voice. "Beautiful" tells the inspiring true story of her remarkable rise to stardom, from being part of a hit songwriting team with her husband, to her relationship with fellow writers and best friends, to becoming one of the most successful solo acts in popular music history.

We have orchestra seating for this performance. We will be meeting and leaving from the Senior Center at 12:30pm.

Carol Burnett:
An Evening of Laughter & Reflection
Thursday, April 6, 2017-\$92
7:30pm. Departing @ 6:00pm.

Carol Burnett, award-winning actress and best-selling author is widely recognized by the public and her peers for her work on stage and screen, most notably The Carol Burnett Show.

During "An Evening of Laughter & Reflection," Burnett will take questions from the audience, show video clips from her shows in a format that harkens back to the legendary openings of The Carol Burnett Show where her studio audience had an unfiltered opportunity to engage Carol with questions and receive spontaneous answers.

We will have orchestra seating for this event. We will be meeting and leaving from the Senior Center at 6:00pm.

Celtic Women: Voices of Angels
Friday, April 7, 2017 \$78
7:30pm. Departing @ 6:00pm.

The unique musical ensemble known as Celtic Women is back by popular demand-combining traditional Irish music with spectacular production and staging. Their evocative, uplifting music has transcended national and cultural borders to touch the hearts of a devoted fan base that spans the globe.

We will have orchestra seating for this event. We will be meeting and leaving from the Senior Center at 6:00pm.

Circus 1903
Saturday, April 29, 2017 \$72
2:00pm Departing @ 12:30pm.

The producers of the Illusionists have teamed up with award-winning puppeteers from productions such as Warhorse to create a turn of the century circus spectacle! Featuring the most amazing, dangerous and unique acts from all four corners of the globe, Circus 1903 transports the audience to the golden age of circus. This captivating extravaganza is perfect for the entire family.

We have orchestra seating for this performance. We will be meeting and leaving from the Senior Center at 12:30pm.

The King and I
Sunday, June 4, 2017 \$85
6:30pm Departing @ 5:00pm.

Set in Bangkok in the 1860's, the musical tells the story of the unconventional and tempestuous relationship that develops between the King of Siam and Anna Leonowens, a British school teacher, whom the imperious King brings to Siam to tutor his many wives and children. One of Rodgers & Hammerstein's finest works, The King and I boasts a score that features such beloved classics as "Getting to Know You", "Hello, Young Lovers", "Shall We Dance?", "I Have Dreamed", and "Something Wonderful".

We have orchestra seating for this performance. We will be meeting and leaving from the Senior Center at 5:00pm.

If you are interested in any of these shows, please sign up and PAY as soon as possible. We cannot hold your seat without payment.



@ Clockwork Repertory Theater
133 Main Street, Oakville, Ct.

Loose Ends (Comedy/Drama)
Sunday, November 6, 2016
\$16 3:00pm. (show time)
Mrs. Bob Cratchit's Wild Christmas Binge
(Comedy)
Sunday, December 4, 2016
\$16 3:00pm. (show time)

We will be meeting and leaving from the Senior Center **one hour before the start of each show.** Please check show times for each show. If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment.



"Cinderella"
Sunday, February 26, 2017 \$63
2:00pm. (show time) Departing @ 1:00pm.

"The Sound of Music"
Thursday, March 9, 2017 \$65
7:30pm. (show time) Departing @ 6:30pm.

"Once"
Friday, April 7, 2017-\$63-8:00pm. (show time)
Departing @ 7:00pm.

If you are interested in attending any of these shows with us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. For all of these shows, we will be seated in the orchestra section of the theater.

Nov.-Dec., 2016

THEATER

**REMEMBER:
SIGN UP AND PAY ASAP
NO SEATS HELD W/O PAYMENT**



St. Patrick's Day Celebration

Featuring: The Maclean Avenue Band

Tuesday, March 14, 2017 \$41

11:30am. (showtime) Departing @ 10:30am.

Menu: Salad/Pasta/Corned Beef & Cabbage/Baked Scrod/Carrots & Potatoes/Lemon Cake

Padraig Allen and The Mclean Avenue Band have their very own sound with old Irish Celtic folklore and the rock pop Celtic music of today. Catch one of Padraig Allen's shows and you will witness the incredible energy Padraig and The Mclean Avenue Band turn out! Padraig has truly become one with the music industry, playing shows in both America and Europe for close to twenty years. This show is always a sell-out! **Definitely be prepared to dance!**

Dueling Piano's

Featuring: The Dynamic Billy Musto & Guest

Tuesday, April 18, 2017 \$41

11:30am. (showtime) Departing @ 10:30am.

Menu: Salad/Pasta/Chicken Kathryn/Baked Ham/Potato/Vegetable/Ice Cream with strawberries

This fiery dueling piano's act is presented by highly entertaining and energizing comedic pianists. A high octane entertainment experience where guests are often part of the show! The pair performs favorite songs that will have you singing and laughing, especially when they change the lyrics. **Dancing is NOT offered at this event.**

Celebrate Italia!!

Featuring: The Italian Connection Band!!

Tuesday, July 11, 2017 \$41

11:30am. (showtime) Departing @ 10:30am.

Menu: Salad/Pasta/Tuscan Chicken/Scrod Mediterranean/Potato/Vegetable/Spumoni

This will be this band's fifth appearance at the Aqua Turf. Band leader Umberto and his band will entertain you with a strong mix of both Italian and American standards. This event is always a sell-out! **Definitely be prepared to dance!**

Song, Dance & Romance

Featuring: The Incomparable Ritchie Mitnick

Tuesday, August 15, 2017 \$41

11:30am. (showtime) Departing @ 10:30am.

Menu: Salad/Pasta ala Norma/Chicken Francais/Pan Seared Salmon/Potato/Vegetable/Dessert

A musical journey of great songs all designed with the dancing romantic in mind. Ritchie and his entourage will certainly bring the songs not only from yester-year but also favorites from today! **Dance, Dance, Dance is the theme today!**

Welcome to Motown!

Featuring:

**Marva Scott as Diana Ross & Tina Turner
& CP Lacey as Stevie Wonder & James Brown**
Tuesday, September 12, 2017 \$42

11:30am. (showtime) Departing @ 10:30am.

Menu: Salad/Pasta/Chicken Marsala/Baked Meatloaf/Vegetables/Potatoes/Dessert

This is one of the best vocal impression impressionists in Las Vegas, Reno, and Atlantic City. Marva Scott will light up the stage with the many facets of these two legendary entertainers. CP Lacey is a master celebrity tribute artist. His tribute at The Apollo Theater to these two super stars is "second to none". **There is NO dancing for this show.**

Polka at The Aqua Turf

Featuring: The Polka Family Band

Tuesday, October 17, 2017 \$41

11:30am. (showtime) Departing at 10:30am.

Menu: Chicken RiceSoup/Salad/Pierogie's/PorkLoiin/Galumpki's/Potato/Vegetable/Cheesecake

This East Coast Band is one of the finest Polka Bands around. Enjoy an energetic day filled with both Polka dance standards and your favorite American traditional music. **There is definitely dancing for this event!**

Cher and Elvis: Two Legends

Tuesday, November 14, 2017 \$41

11:30am. (showtime) Departing at 10:30am.

Menu: Salad/Tortellini/Roast Beef/Baked Scrod/Potato/Vegetable/Pastries

Recreating the essence of two musical icons...Cher & Elvis...including four decades of their greatest hits. Flamboyant costume changes, Vegas choreography-the real feel of Vegas! With the glamour of Cher and the charisma of Elvis, this is a true musical extravaganza! **There is NO dancing at this event.**

Holiday Winter Wishes

Featuring: The Steppin' Out Band

Tuesday, December 12, 2017 \$41

11:30am. (showtime) Departing at 10:30am.

Menu: Salad/Pasta/Roast Turkey/Chicken Kathryn/Potato/Vegetable/Dessert

Good food, gorgeous décor and fantastic music by an awesome band, combine to give you an enjoyable afternoon. **This is a dancing day!**

For all of these events we will be meeting and leaving from the Senior Center at 10:30am. Transportation to and from the event will be on our mini bus. If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seats without payment. Many of these events sell out well in advance. If you are interested in attending do not hesitate to sign up and PAY before they do so.

Nov.-Dec., 2016

THEATER

**REMEMBER:
SIGN UP AND PAY ASAP
NO SEATS HELD W/O PAYMENT**



Nelson Hall at Elim Park Place

Tony Kenny's Christmastime in Ireland
Saturday, December 17, 2016 \$27
7:30pm Departing @ 6:30pm.

Tony Kenny, Ireland's Premier Entertainer, brings his all-star cast to Nelson Hall at Elim Park so you can experience "Christmastime in Ireland"-featuring vocalist Trish O'Brien, The Dublin Trinity Band, the Dublin City Dancers, and Ireland's King of Blarney, comedian George Casey. You will be singing, clapping and laughing from beginning to end!

Music of Chicago: CT Transit Authority
Saturday, February 11, 2017 \$27
7:30pm Departing @ 6:30pm.

Connecticut Transit Authority faithfully recreates the music of one of the greatest American bands ever, Chicago, with focus on the early years of Chicago, better known as the "Terry Kath Era", when the band was raw with emotion, heart and soul. The band's set list contains hits like "Does Anybody Really Know What Time It Is", "Make Me Smile", "Beginnings", "Just You 'n Me", "Dialogue", "Old Days" and many more!

Charlie Zahm:
"Far Away and Across the Sea"
Saturday, March 11, 2017 \$17
7:30pm Departing @ 6:30pm.

With a baritone voice some have described as "coming along once in a generation," Charlie Zahm has become one of the most successful performers on the Celtic festival circuit, weaving magical moments of Scottish and Irish history for the listener and viewer with passion for the performance and a chosen repertoire pleasing to all members of the family. A master of the guitar as well, Charlie brings an authentic love and respect for the music he sings-and with dashes of humor and a light in his eyes, he will draw you into the stories of his songs.

Franc D'Ambrosio's Broadway:
Songs of the Great White Way
Saturday, April 8, 2017 \$27
7:30pm Departing @ 6:30pm.

Franc D'Ambrosio is best known for his role as the "Phantom" (Andrew Lloyd Webber's The Phantom of the Opera). With over 2,300 performances, he held the title "World's Longest Running Phantom" for a decade. Franc is also known for his role as "Anthony Corleone" in the Academy Award nominated film, The Godfather III.

Let's Hang On!
Friday, April 21, 2017 \$27
7:30pm Departing @ 6:30pm.

The nation's premier Frankie Valli and the Four Seasons Tribute Show! Not just a concert, this is a full blown stage production complete with that Four Season's sound, crisp choreography, and a 7-piece live band. You will see four great guys and two beautiful girls sing and dance their way through some of the best songs of all time!

Tapestry: The Carole King Songbook
Thursday, April 27, 2017 \$27
2:00pm Departing @ 1:00pm.

Suzanne O. Davis recreates the sound and vibe of a 1970's Carole King concert experience following her legendary album, Tapestry. You will be transported back to the iconic image of her multi-million selling album of 1971. Impeccable attention to detail is taken in recreating a respectful and accurate musical presentation of piano and vocals, just as they were. This show will "make the earth move under your feet!"

Donny Most Sings and Swings
Saturday, May 6, 2017 \$27
2:00pm Departing @ 1:00pm.

Donny Most is best known for his role as Ralph in the long running television series "Happy Days", and recently in a recurring role on the hit TV show "Glee". But, did you know, Donny Most Sings...and Swings? Donny truly has vocal chops and he has a wonderful way of delivering each standard in a way that no one else can. Donny will be performing the hits of Sinatra, Dino, Darin and more with a live orchestra.

Two on Tap: A Tribute to Song and Dance
Friday, May 19, 2017 \$27
7:30pm Departing @ 6:30pm.

Broadway's Melissa Giattino and Ron DeStefano take the audience back to the era when acts like Fred & Ginger and Mickey & Judy filled the screen with undeniable chemistry, effortless harmony and precision tap-dancing. Gorgeous vocals, exciting choreography, and unique musical arrangements take center stage in this two-act show that has entertained tens of thousands of people worldwide.

Simon, Garfunkel, Taylor
Friday, June 2, 2017 \$27
7:30pm Departing @ 6:30pm.

It has been nearly 45 years since Simon & Garfunkel first split at the height of their fame in 1970. Mike Smith and Dave Fazio are motivated to pursue their passion by paying tribute to this incredible duo. The two bring over 25-years of singing two-part harmonies and excellent musicianship to the stage. Lead-singing drummer Bill DeSanty is the featured vocalist in the James Taylor tribute set. (Band: Good Acoustics)

The Music of John Denver
Thursday, June 22, 2017 \$27
2:00pm Departing @ 1:00pm.

The music of the late John Denver is like an old friend, outlasting trends and standing the test of time. Tribute artist Jim Curry, whose voice was heard in the CBS-TV movie Take Me Home: The John Denver Story, has performed Denver's music in sold out shows throughout the country and has emerged as today's top performer of Denver's vast legacy of multi-platinum hits. Featuring Jim Curry and his live band.

7 Bridges Road - Eagles Tribute Band
Saturday, August 26, 2017 \$27
7:30pm Departing @ 6:30pm.

7 Bridges Road presents an all-acoustic show, utilizing acoustic guitars, piano, and a mix of hand drums and percussion. The soft atmosphere of acoustic music allows the band to perform a less formal, more intimate show, enhancing vocal harmonies. This six-piece acoustic show is perfect for audiences to listen to a quieter yet full performance of the Eagles' music.

If you are interested in joining us for any of these shows, please sign up and PAY as soon as possible. We cannot hold your seat without payment. Tickets are limited.

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THEATER

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WARNER THEATRE

Nutcracker

Presented by the Nutmeg Conservatory
Sunday, December 11th \$42
2:00pm Departing @ 12:30pm.

Enjoy yourself this yuletide season as you travel with young Clara to the enchanted Land of Sweets. Delighting audiences young and old, this holiday favorite brings to life toy soldiers and dueling mice, princesses and sugar-plums—a delicious treat for the child in all of us.

We will be meeting and leaving from the Prospect Senior Center at 12:30pm.

An Evening of Motown

Saturday, December 17th \$50
7:30pm Departing @ 6:00pm.

The music and the magic of Motown is coming to the Warner Theater! The Motortown All-Stars feature an all-star line-up of vocalists and musicians assembled from the ranks of the Capitols and the Miracles and former members of the Temptations. They come together to deliver the biggest Motown hits, complete with impeccable harmonies, dazzling choreography, flashy outfits and a 12-piece orchestra of live strings and brass, adding yet another level of excitement to those instantly recognizable grooves—"My Girl", "Ain't Too Proud to Beg", "Ooh Baby, Baby", "Signed, Sealed, Delivered" and so many more.

We will be meeting and leaving from the Senior Center at 6:00pm. for this show.

The Temptations & The Four Tops

Friday, March 3, 2017 \$75
8:00pm Departing @ 6:30pm.

The combined repertoire from which these two acts can chose from is nothing short of staggering. Fans of this type of music can expect to be treated to some of the best Motown soul and to be delighted by the performance of these two groups.

We have orchestra seating for this performance. We will be meeting and leaving from the Senior Center at 6:30pm.

Calendar Girls

Saturday, March 18, 2017 \$29
8:00pm Departing @ 6:30pm.

When Annie's husband John dies of leukemia, she and best friend Chris resolve to raise money for a new settee in the local hospital waiting room. They manage to persuade four cohorts to pose nude with them for an "alternative" calendar with a little help from hospital porter and amateur photographer Lawrence. The news of the women's charitable venture spreads like wildfire, and hordes of press soon descend on the small village of Knapeley in the Yorkshire Dales. The calendar is a success, but Chris and Annie's friendship is put to the test under the strain of their new-found fame.

We will be meeting and leaving from the Prospect Senior Center at 6:30pm.

Follies

Saturday, May 13, 2017 \$29
8:00pm Departing @ 6:30pm.

A true theatrical event this legendary masterpiece is considered by many to be the greatest musical ever created. In Follies the time is 1971, and theatrical impresario Dimitri Weissmann hosts a reunion of ex-Follies performers in his crumbling theater, setting the stage for a parade of brilliant numbers, including "Losing My Mind", "I'm Still Here", and "Broadway Baby". Amid the reminiscing, two middle-aged couples confront some unpleasant truths about their past and present, and come face to face with the future.

We will be meeting and leaving from the Prospect Senior Center at 6:30pm.

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment.



THOMASTON OPERA HOUSE

**Landmark
Community Theater**

The Happy Elf

Saturday, November 26, 2016 2:00pm. \$22
(Departing @ 1:00pm.)

A new musical comedy by Harry Connick, Jr. that tells the tale of Eubie the Elf, a loveable fellow who wants to spread Christmas joy throughout the town of Bluesville, where not a single person has been nice! Can he turn a whole town of naughty children nice in just one day? This is a festive tale of overcoming adversity, friendship, the power of positivity and believing in yourself.

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**GOODSPEED
OPERA HOUSE**

“Thoroughly Modern Millie”

**Wednesday, May 24, 2017 \$64
2:00pm (show time) Departing @ 10:30am**

In 1922 New York, all the modern girls are sporting bobbed hair and heightened hemlines! Newcomer Millie is no exception, jumping headlong into a makeover and a dizzy plan to marry rich-until she falls for a penniless charmer. Her jazz-kissed adventures are crowded with a flurry of flappers, a runaway heiress, a nefarious landlady and more. A mix of madcap mistaken identity, high-spirited show tunes and tap-happy dance has more kick than bootleg gin in this Tony Award-winning Best Musical.

“Oklahoma”

**Wednesday, July 19, 2017 \$64
2:00pm (show time) Departing @ 10:30am**

The Rodgers & Hammerstein classic that changed American musicals forever dawned at the Goodspeed Opera House for the very first time. Cowboy Curly and farm girl Laurey are taking their sweet time falling in love. Can these stubborn romantics admit their feelings before it is too late? Passion, laughter and high-kicking choreography blossom in a land where the wind comes sweepin' down the plain. A legendary score-including “Oh, What a Beautiful Mornin’,” “The Surrey With the Fringe on Top,” and the rousing title tune-will put you in a brand new state!

“Rags”

**Wednesday, October 11, 2017 \$64
2:00pm (show time) Departing @ 10:30am**

Welcome to the new world! Fresh from Ellis Island, a young mother and her son search for lost family and a sense of home as the 20th. century beckons. The streets of Manhattan’s Lower East Side may not be paved with gold, but they echo with the music of opportunity, optimism and hope. A ravishing score by the songwriters of “Wicked” and “Annie” colors a sweeping saga of America’s immigrant past. Celebrate our rich roots in Goodspeed’s new adaptation of a neglected masterpiece of the musical theater.

A Connecticut Christmas

@ The Norma Terris Theater

(Goodspeed Opera House sister theater)

**Wednesday, November 29, 2017-\$44
2:00pm (show time) Departing @ 10:30am**

Some of the most beloved storytellers in Connecticut history come alive for a yuletide gathering you won’t forget. Famed actor and local legend William Gillette leaves his castle on the Connecticut River to adapt Dickens’ holiday classic in the 1920’s. Local heroes Mark Twain, Harriet Beecher Stowe and P.T. Barnum make spirited appearances opposite Gillette’s Scrooge in a highly theatrical twist on a family favorite. Custom-made for Goodspeed with all-original music, this is a tuneful, heart-felt confection spiced with enough Nutmeg State flavor to sweeten your season.

We will be meeting and leaving from the Senior Center at 10:30am. Our first stop will be at La Vita Restaurant for lunch. The restaurant is located directly across the street from the Goodspeed. The cost of your lunch is your responsibility. Directly after lunch we will walk across the street to the theater.

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. We are limited to the number of people we can bring with us.



@ Lafayette School, 54 Grove St., Shelton, Ct.

A Christmas Carol

**Sunday, December 18, 2016 \$25
2:00pm Departing @ 12:30pm.**

With soaring music by Disney musical genius, composer Alan Menken, A Christmas Carol infuses the Charles Dickens holiday classic with music the whole family will cherish. It was described by the New York Times as a “tonic for adults and children”. This is a transfixing journey of the timeless story of the transformation of Ebenezer Scrooge. This production by Center Stage will touch you, inspire you, and fill you with the spirit of Christmas.

We will be meeting and leaving from the Senior Center at 12:30pm. If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment.

My Fair Lady

**Sunday, February 19, 2017 \$25
2:00pm Departing @ 12:30pm.**

Let your heart take flight as you enjoy one of the greatest Broadway musicals of all time. My Fair Lady is the story of a lowly Cockney flower girl as she transforms into a sophisticated lady-with the help of a linguistics teacher who gets a bit more than he bargained for. This Broadway musical boasts a score of classic Broadway songs, including “The Rain in Spain”, “I Could Have Danced All Night”, “Wouldn’t It Be Lovely?”, and “On the Street Where You Live”.

We will be meeting and leaving from the Prospect Senior Center at 12:30pm. If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment.

Moon Over Buffalo

**Sunday, April 30, 2017 \$25
2:00pm Departing @ 12:30pm.**

Moon Over Buffalo is a hilarious backstage farce, which will, once again have audiences rolling in the aisles. Charlotte and George Hay, two fading stars of stage and screen, are on tour in Buffalo in 1953 when they receive word that they just might have one last shot at stardom. Unfortunately, everything that can go wrong does in this hysterically funny comedy. This musical is stuffed with comic invention, running gags and a neat sense of absurdity.

We will be meeting and leaving from the Senior Center at 12:30pm. If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment.



Dorothy Cappella
DAR life member

PROSPECT – Dorothy Clark Cappella, 87, the widow of Paul Donald Cappella, her partner in more than 60 years of happy marriage, died peacefully on Thursday, September 8, 2016 at St. Mary's Hospital.

Dorothy was born on October 2, 1928 in Waterbury, a daughter of the late William J. and Helen (Brewster)

Clark and had lived in Prospect for the past 30 years.

Dorothy was employed with and later retired from the 2nd National Bank of New Haven and was also a professional hairdresser. She was an avid reader of literature and history and enjoyed cooking.

Throughout her life, she was an advocate for the humane treatment of animals and most of all, she loved children. As a life member of The Daughters of the American Revolution, she was proud of her connection to the patriots of that generation.

Dorothy is survived by her brother-in-law, Joseph Cappella of Florida; her sister-in-law, Grace Adams of Guilford, Connecticut; and many nieces, nephews and cousins. In addition to her husband and her parents, Dorothy was predeceased by her sister, Eleanor Clark.

A graveside service was held Tuesday, September 13, 2016 at 11 a.m. at Old Pine Grove Cemetery, 390 Meriden Road, Waterbury, CT 06705. There are no calling hours and arrangements were entrusted to the Buckmiller Thurston Mengacci Funeral Home, 82 Fairview Avenue, Naugatuck.

To honor Dorothy's memory, contributions may be made to the Lady Fenwick Chapter of The Daughters of the American Revolution, 615 Broad Swamp Rd, Cheshire, CT 06410-2918.

The family extends its heartfelt gratitude to the Visiting Nurses of Watertown for the outstanding care they consistently provided to Dorothy and to the doctors, nurses and chaplain of St Mary's Hospital Intensive Care Unit for their remarkable skill and compassion.

To leave an online condolence, please visit www.buckmillerthurstonmengacci.com.



Kathleen Mary Harris
"Loving wife, mother, grandmother and great-grandmother"

OCALA Fla. - Mrs. Kathleen. Mary (Sullivan) Harris, 73, of 572 Fairways Lane, passed away on Tuesday October 4, 2016 at Glen Hill Center in Danbury in the presence of her loving family. She was the beloved wife of John William Harris.

Kathleen was born in Waterbury on April 8, 1943, daughter of the late John and Mary (Johnson) Sullivan. She graduated from Crosby High School Class of 1961. She was a proud mother and homemaker having raised 5 children of her own. She worked at St. Mary's Hospital after raising her family. She was a communicant of St. Mary Magdalen Church in Oakville. She and her husband moved to Ocala, FL in 1993 and they would come to Waterbury during the summer months and holidays to visit and spend time with family. She was an avid knitter and loved to crochet; she would knit numerous blankets and items for her family and close friends. She loved spending time with her family especially her many grandchildren and great grandchildren.

Besides her husband John, of 33 years, she leaves, 3 sons: Kevin Dunn and his wife, Iris, of Watertown, Kyle Dunn of Torrington, and Kristopher Dunn and his wife, Davy, of Waterbury, two daughters: Kathleen Dattilo and her husband, Robert, of Thomaston and Karen Rosado of Waterbury, a stepson: William Harris and his wife, Carol, of Waterbury, a step daughter: Gina Ricard and her husband, Thomas, of Wesley Chapel, FL, two brothers: John Sullivan of Simsbury and James Sullivan and his wife, Lorele, of RI, 5 sisters: Helen Anderson and Barbara Cavanaugh both of Waterbury, Joan Barrett of Watertown, Alice Guerrero of Woodbury and Brenda Snyder and her husband, George, of Marlborough, CT, 14 grandchildren, 6 great-grandchildren, also many nieces and nephews. She was one of 13 children and was also predeceased by a son, James Gavin.

Arrangements: Funeral was held, Monday, October 10, 2016, 9:00 a.m. from Chase Parkway Memorial/The Albin Family Funeral Home, 430 Chase Parkway, Waterbury to St. Mary Magdalen Church in Oakville for a Mass of Christian Burial at 10:00 a.m. Burial followed at Calvary Cemetery in Waterbury.

For more info or to send e-condolences, visit www.chaseparkwaymemorial.com.



Gaetano M. Rossi
Retired computer analyst

PROSPECT - Mr. Gaetano "Guy" M. Rossi, age 80, of Prospect, passed away Monday, Oct. 17, 2016, at Saint Mary's Hospital.

Mr. Rossi was born Oct. 20, 1935, in New York, N.Y., a son of the late Nicholas and Olympia (Mazza) Rossi. He was a graduate of Brooklyn Technical High School and the Polytechnic Institute of Brooklyn. He was also a veteran of the U.S. Army.



Mr. Rossi was retired after working for many years as a computer analyst with NASDAQ. He was a communicant of St. Anthony Roman Catholic Church in Prospect and was an active member of the Prospect Senior Center. Mr. Rossi enjoyed cooking, golfing, shooting pool and playing bocci. He also enjoyed going out with his friends on Friday nights.

Mr. Rossi is survived by three daughters, Anna Marie Tysinger and her husband David of Dothan, Ala., Arlene Rossi of Philadelphia, Pa. and Cynthia Rossi and her husband Costas Kaiafas of Toms River, N.J.; a son, Matthew Rossi and his wife Melanie Perry of Wolcott, Conn.; a brother, Robert Rossi of Las Vegas, Nev.; five grandchildren, Kaitlin Tysinger, David Tysinger, Christos Kaiafas, Mariana Kaiafas and Maggie Kaiafas; and his former wife Henrietta (Breden) Rossi of Waterbury, Conn.

A funeral Mass was held on Friday, Oct. 21, at 10 a.m. at St. Anthony Roman Catholic Church, 4 Union City Road, Prospect. Burial was at the convenience of the family. ;

In lieu of flowers, memorial contributions may be made to the Prospect Senior Center, 6 Center St., Prospect, CT 06712 or St. Anthony Roman Catholic Church, 4 Union City Road, Prospect, CT 06712.

To place online condolences, please log on to prospectmemorial.com.

November-December, 2016 Issue



Ana L. Vagueiro
Born in Portugal, was 95
 NAUGATUCK – Ana Lucinda Lebreiro Vagueiro, 95, died peacefully in the loving comfort of family members on Thursday, Sept. 15, 2016, following a progressive illness.

Ana was born in Tras-os-Montes, Acoreira, Portugal. She was the daughter of the late Lucinda Amelia

Diaz and Luis Manuel Lebreiro.

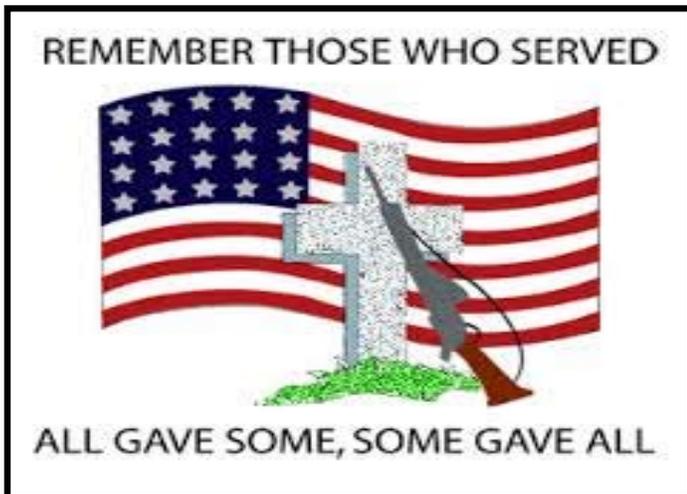
She leaves to cherish her memory her daughters, Filomena Vagueiro, Lucia "Lucy" Smegielski and her husband, Peter Smegielski and Rosalina "Rose" Vagueiro; her grandchildren, Peter Smegielski, Katie Smegielski, Deanna Ferris, Marissa Ferris and Savana Vagueiro da Fonseca; her great-grandchildren, Kayla, Lauryn and Ryan Smegielski; her sister, Maria Idalina Cabeleira; and her nephews, Antonio Cabeleira and Tomas and Manuel Vagueiro. Ana was predeceased by her former husband, Francisco da Silva Vagueiro; her brothers, Joao Lebreiro and Antonio Julio Lebreiro; and her sister, Maria do Ceu Lebreiro.

Before retiring, Ana worked at Naugatuck Glass Co. and Uniroyal Inc. She was also a proud member of the Ladies Auxiliary of Clube Uniao Portuguesa in Naugatuck.

The family would like to thank the following people who gave her love and comfort in her last years of life: the staff at Glendale Center and Vitas Hospice Care, Maria Rodrigues, Maria Rebello, Marta Alzaphat, Peggy Wyant and Linda Lenart. Also, devoted caregiver Debbie Waldmann. Gratitude is also extended to Paulina Santos, Maria Martins da Silva and Father Francisco Eurico, all from Our Lady of Fatima Church, who had her in their prayers.

A Mass of Christian Burial was celebrated on Tuesday, Sept. 20, at 10 a.m. at Our Lady of Fatima Church, 2071 Baldwin St., Waterbury. Burial followed in St. James Cemetery, Naugatuck. In lieu of flowers and to honor Ana's memory, contributions can be made to Our Lady of Fatima Church, 2071 Baldwin St., Waterbury, CT 06706.

To leave an online condolence, please visit www.buckmillerturstonmengacci.com.



The POW/MIA Table

The table is round -- to show our everlasting concern for our missing men and women.

Remember.

This table set for one is small ... it symbolizes the frailty of one prisoner against his oppressors.

Remember.

The table cloth is white ... it symbolizes the purity of their intentions to respond to their country's call to arms.

Remember.

The single rose displayed in a vase reminds us of the families and loved ones of our comrades in arms who keep faith awaiting their return.

Remember.

The red ribbon tied so prominently on the vase is reminiscent of the red ribbon worn on the lapel and breasts of thousands who bear witness to their unyielding determination to demand a proper accounting for our missing.

Remember.

A slice of lemon is on the bread plate ... to remind us of their bitter fate.

Remember.

There is salt upon the bread plate ... symbolic of the family's tears as they wait.

Remember.

The glass is inverted ... they cannot toast with us tonight.

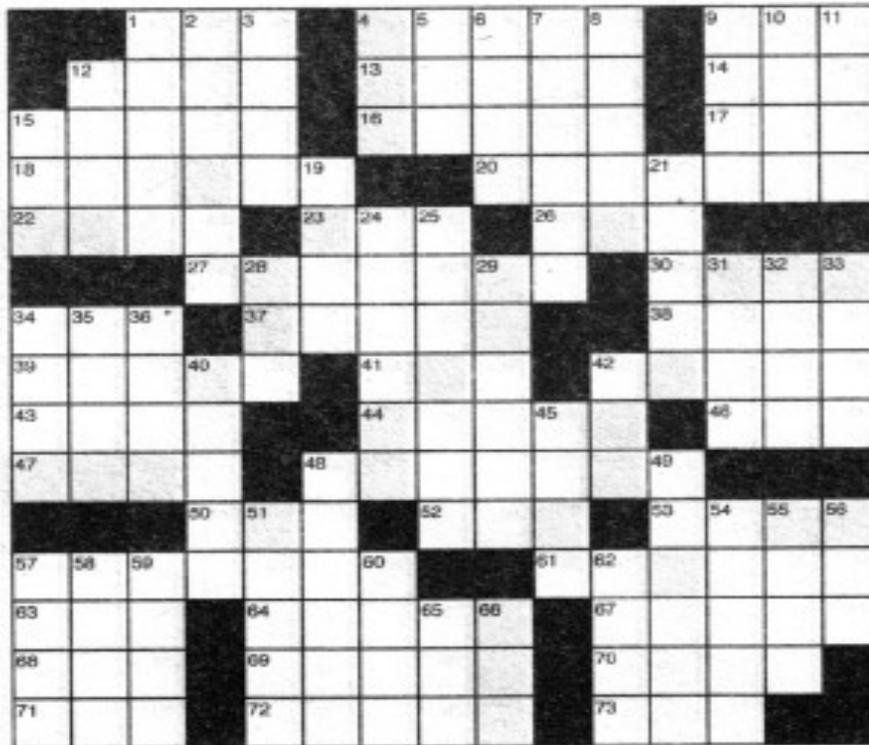
Remember.

The candle is reminiscent of the light of hope which lives in our hearts to illuminate their way home, away from their captors, to the open arms of a grateful nation.

Remember.

The chair is empty ... they are not here.

Remember.



ACROSS

- 1 Madagascar franc (abbr.)
 4 Fizzy drinks
 9 BB association
 12 Goodbye!
 13 Attribute
 14 Canoe propeller
 15 Call
 16 Metric linear unit
 17 Boxer Muhammad
 18 ___ Day O'Conner
 20 Embarrassed
 22 Trolley car
 23 Sweaty
 26 Alternative (abbr.)
 27 Ancient sin punishment
 30 Resound
 34 Cut
 37 Horse-like animal
 38 Diver
 39 Special case only (2 wds.)
 41 Wager
 42 Talky

43 Plane

44 Aphid

46 VI

47 Eye infection

48 Review

50 French "yes"

52 Some

53 At sea

57 Cut with shears

61 Snooping

63 Can metal

64 Tiny particles

67 Actor Martin

68 And so forth

69 Arise (2 wds.)

70 Impose

71 Legume

72 Swelling

73 Only

DOWN

- 1 Female singer ___ Apple
 2 "Melts in your mouth" candy brand
 3 Movie ___
 4 Short-term memory
 5 Miner's goal
 6 Information
 7 Inflatable safety device in automobiles
 8 Hustle
 9 Man who built the arc
 10 Bundle
 11 Desert condition
 12 Scorch
 15 Pacific Standard Time
 19 Absent without leave
 21 Stone
 24 Render able
 25 Break (2 wds.)
 28 Tender loving care
 29 Mother ___
 31 Lawmen
 32 Shoshonean
 33 Black gem
 34 Berets
 35 Alter
 36 Dairy product
 40 Sandwich cookies brand
 42 Affirmation
 45 Bound
 48 Went on the rampage
 49 Rush
 51 Use
 54 Screen out
 55 Covet
 56 Grow older
 57 Tier
 58 Quote
 59 Ancient Indian
 60 Memorization
 62 National capital
 65 Silent
 66 Resort hotel

"MARY POPPINS"

Disney's "Mary Poppins" is popularly considered one of the greatest children's movies of all time.

You are looking for a 12-letter phrase.

Animation

Banks

family

Based on

books

Bert

Best actress

Carousel

Chimney

sweep

Cloud

Dick van



Dyke

Jane Banks

Nursery

Suffrage

Disney

Letter

Oscars

Sugar

"Feed the

London

P.L.

Umbrella

Birds"

Michael

Travers

Governess

Banks

Singing

PUZZLES**November-December, 2016 Issue**

8	7	5				3		
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			6	4				7
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4	1				6		2	
		3				8	9	6

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L	P	O	T			O	R	S	
	C	L			W		T		
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	E			T	L				

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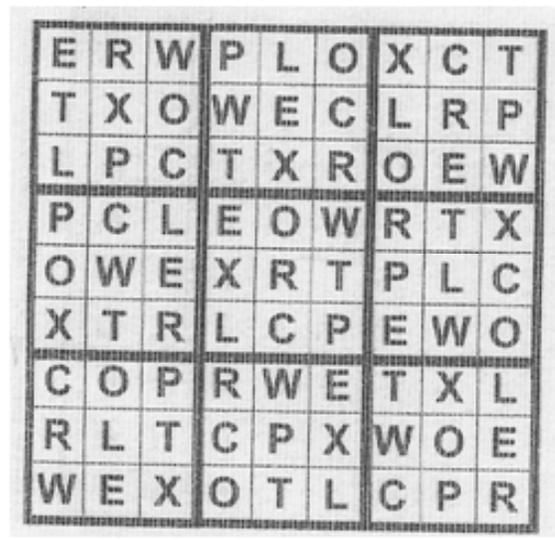
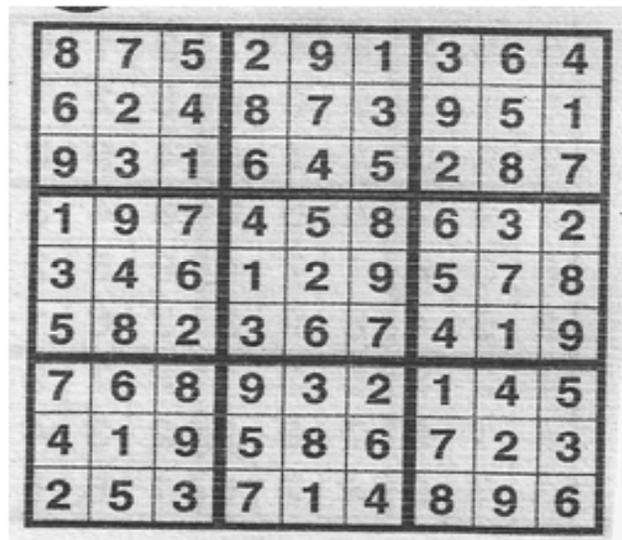
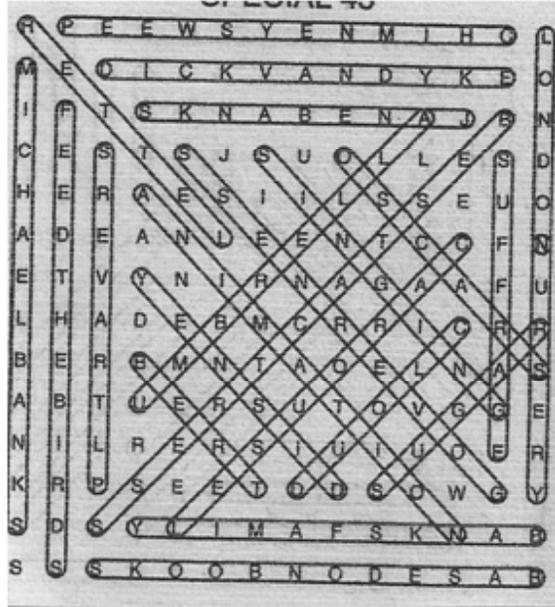
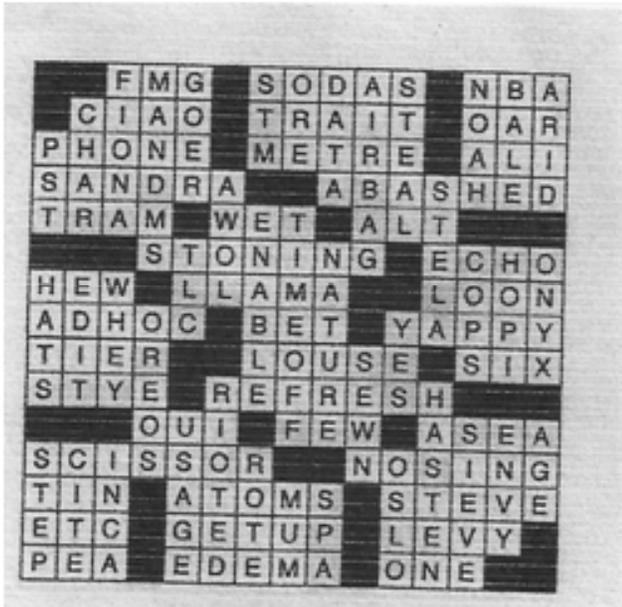
The car has a 347-cubic-inch engine with 252 horsepower.

The brand won the NASCAR Grand National Championship Race against all cars this model year and set a new track record in flying-mile and acceleration runs.

Its model name is of Native American heritage.

The twin silver streaks on the hoods of former years' models disappeared this year.

The company produced 21,343 of this two-door model.



NAME OF CAR:
1957 Pontiac Chieftain

Choose your low-cholesterol, heart-healthy diet

To get the nutrients you need, you have to eat a variety of foods from the different food groups. After determining your dietary goals with your doctor, adjust the number and size of portions to reach and stay at your healthy body weight.

	Choose	Go Easy	Avoid
Meat, poultry, fish, and shellfish (up to 6 ounces/day)	Lean cuts of meat with fat trimmed, chicken and turkey without skin, fish	Shellfish	"Prime"-grade fatty cuts of meat, goose, duck, liver, kidneys, sausage, bacon, regular luncheon meats, hot dogs
Dairy products (2 or more servings/day; 3-4 for pregnant or breastfeeding women)	Skim milk, 1% fat milk, low-fat buttermilk, evaporated skim milk, low-fat yogurt, low-fat cottage cheese, cheeses with no more than 3 grams of fat per ounce	2% fat milk, yogurt, part-skim ricotta, part-skim or imitation hard cheeses (like part-skim milk mozzarella), "lite" cream cheese, "lite" sour cream	Whole milk, cream, half-and-half, imitation milk products, whipped cream, custard-style yogurt, whole-milk ricotta, hard cheeses (like Swiss, American, cheddar, muenster), cream cheese, sour cream
Eggs	Egg whites, cholesterol-free egg substitutes	Egg yolks (3-4/week)	
Fats and oils (approximately 5-8 teaspoons/day)	Corn, olive, canola, safflower, sesame, soybean and sunflower oils; margarine that has liquid vegetable oil as the first listed ingredient and <2 grams of saturated fat per serving	Nuts, seeds, avocados, olives, peanut oil	Saturated fat, butter, lard, bacon fat, coconut, palm, and palm kernel oils
Breads, cereals, pasta, rice, dried peas, and beans (6 or more servings/day)	Most breads, water bagels, English muffins, rice cakes, low-fat crackers (like matzo, bread sticks, rye crisps, saltines); hot and cold cereals; spaghetti, macaroni, noodles, and any grain rice; dried peas and beans; plain baked potato	Store-bought pancakes, waffles, biscuits, muffins, and cornbread	Croissants, sweet rolls, danish, doughnuts, and crackers made with saturated oils; granola-type cereals made with saturated oils; egg noodles, pasta, and rice prepared with cream, butter, or cheese sauces; scalloped potato
Fruits and vegetables (5 or more servings/day)	Fresh, frozen, or dried fruits; canned fruits (watch sodium content)	Canned fruit in heavy syrup	Coconut, vegetables prepared in butter, cream, or sauce
Snacks (in very limited amounts)	Sherbet, sorbet, Italian ice, low-fat frozen yogurt, popsicles, angel food cake, fig bars, gingersnaps, low-fat jelly beans and hard candy, plain popcorn, pretzels, fruit juices, tea, coffee	Ice milk, fruit crisps and cobblers, homemade cakes, cookies and pies prepared with unsaturated oils	Ice cream, frozen tofu, candy, chocolate, potato chips, buttered popcorn, milkshakes, frappes, floats, eggnog, store-bought pies, most store-bought frosted and pound cakes

Truth In Politics

It was election time and a politician decided to go out to the local reservation and try to get the Native American vote. They were all assembled in the Council Hall to hear the speech.

The politician had worked up to his finale, and the crowd was getting more and more excited. "I promise better education opportunities for Native Americans!"

The crowd went wild, shouting "Hoya! Hoya!" The politician was a bit puzzled by the native word, but was encouraged by their enthusiasm. "I promise gambling reforms to allow a Casino on the Reservation!" "Hoya! Hoya!" cried the crowd, stomping their feet.

"I promise more social reforms and job opportunities for Native Americans!" The crowd reached a frenzied pitch shouting "Hoya! Hoya! Hoya!"

After the speech, the Politician was touring the Reservation, and saw a tremendous herd of cattle. Since he was raised on a ranch, and knew a bit about cattle, he asked the Chief if he could get closer to take a look at the cattle.

"Sure," the Chief said, "but be careful not to step in the hoyas."

Farmer's TV

One day, a farmer went into town to pick out a new television. He found one that he thought would do just fine. As the area had no cable TV, he picked out an antenna as well.

At the store the sales person assured him that the store would install the antenna and TV the next day. The television and antenna were delivered and installed as promised.

The next evening the farmer turned on his new TV and found only political ads on every channel.

The next morning he turned the TV on and found only political ads again.

When he came in to eat lunch he tried the TV again but still only found political ads.

The following day, when he still found only political ads he called the store to complain.

The owner said that it was impossible for every channel to only have political ads, but agreed to send their repairman to check the TV.

When the TV repairman turned on the TV he found that the farmer was right.

After looking at the TV for a while the repairman went outside to check the antenna.

In a few minutes the repairman returned and told the farmer he had found the problem.

The antenna had been installed improperly. He found it had been installed on top of the windmill and grounded to the manure spreader.

Different Approaches...

A Priest, a minister, and a rabbi want to see who's best at his job. So each one goes into the woods, finds a bear, and attempts to convert it. Later, they all get together.

The priest begins: "When I found the bear, I read to him from the catechism and sprinkled him with holy water. Next week is his first Communion.

"I found a bear by the stream", says the minister, "and preached God's holy Word. The bear was so mesmerized that he let me baptize him."

They both look down at the rabbi, who is lying on a gurney in a body cast. "Looking back", he says, "maybe I shouldn't have started with the circumcision."

MY NEW PRIMARY CARE PHYSICIAN**Love this Doctor!**

Q: Doctor, I've heard that cardiovascular exercise can prolong life. Is this true?

A: Heart only good for so many beats, and that it... Don't waste on exercise. Everything wear out eventually. Speeding up heart not make you live longer; it like saying you extend life of car by driving faster. Want to live longer? Take nap.

Q: Should I reduce my alcohol intake?

A: Oh no. Wine made from fruit. Brandy distilled wine, that mean they take water out of fruit bit so you get even more of goodness that way. Beer also made of grain. Bottom up!

Q: How can I calculate my body/fat ratio?

A: Well, if you have body and you have fat, your ratio one to one. If you have two body, your ratio two to one.

Q: What are some of the advantages of participating in a regular exercise program?

A: Can't think of single one, sorry. My philosophy: No pain...good!

Q: Aren't fried foods bad for you?

A: YOU NOT LISTENING! Food fried in vegetable oil. How getting more vegetable be bad?

Q: Will sit-ups help prevent me from getting a little soft around the middle?

A: Oh no! When you exercise muscle, it get bigger. You should only be doing sit-up if you want bigger stomach.

Q: Is chocolate bad for me?

A: You crazy?!? HEL-LO-O!! Cocoa bean! Another vegetable! It best feel-good food around!

Q: Is swimming good for your figure?

A: If swimming good for figure, explain whale to me.

Q: Is getting in shape important for my lifestyle?

A: Hey! 'Round' is shape!

Well... I hope this has cleared up any misconceptions you may have had about food and diets.

And remember:

Life should NOT be a journey to the grave with the intention of arriving safely in an attractive and well-preserved body, but rather to skid in sideways - Chardonnay in one hand - chocolate in the other - body thoroughly used up, totally worn out and screaming "WOO-HOO, what a ride!!" AND.....

For those of you who watch what you eat, here's the final word on nutrition and health. It's a relief to know the truth after all those conflicting nutritional studies.

1. The Japanese eat very little fat and suffer fewer heart attacks than Americans.
2. The Mexicans eat a lot of fat and suffer fewer heart attacks than Americans.
3. The Chinese drink very little red wine and suffer fewer heart attacks than Americans.
4. The Italians drink a lot of red wine and suffer fewer heart attacks than Americans...
5. The Germans drink a lot of beer and eat lots of sausages and fats and suffer fewer heart attacks than Americans.

CONCLUSION: Eat and drink what you like. Speaking English is apparently what kills you.

Luck vs. Coincidence

Coincidence is what happens when your two boy-friends head for your house at the same time. Luck is what happens when one of their cars won't start.

Funnies

November-December, 2016 Issue

Priest's Collar

A priest was invited to attend a house party. Naturally, he was properly dressed and wearing His priest's collar. A little boy kept staring at him the entire evening. Finally, the priest asked the little boy what he was staring at.

The little boy pointed to the priest's neck.

When the priest finally realized what the boy was pointing at, he asked him, "Do you know why I am wearing that?"

The boy nodded his head yes, and replied, "It kills fleas and ticks for up to three months."

Dear Abby

My husband is a liar and a cheat. He has cheated on me from the beginning, and, when I confront him, he denies everything. What's worse, everyone knows that he cheats on me. It is so humiliating.

Also, since he lost his job many years ago, he hasn't even looked for a new one. All he does all day is smoke cigars, cruise around and bullshit with his buddies while I have to work to pay the bills.

Since our daughter went away to college he doesn't even pretend to like me, and hints that I may be a lesbian. What should I do?

Signed .. Clueless

Dear Clueless,

Grow up and dump him. Good grief, woman! You don't need him anymore! You're a United States Senator from New York running for President of the United States... Act like one!

The Physical

A 75-year old man goes for a physical. All of his tests come back with normal results. The doctor says, "Chuck, everything looks great. How are you doing mentally and emotionally? Are you at peace with God?"

Chuck replies, "God and I are tight. He knows I have poor eyesight, so he's fixed it so when I get up in the middle of the night to go to the bathroom, POOF! the light goes on. When I'm done, POOF! the light goes off."

"WOW, That's incredible," the doctor says.

A little later in the day, the doctor calls Chuck's wife. "Ethel," he says, "Chuck is doing fine! But I had to call you as I am in awe of his relationship with God. Is it true that he gets up during the night and POOF! the light goes on in the bathroom, and when he's done POOF! the light goes off?"

"Oh, my God!" Ethel exclaims. "He's peeing in the refrigerator again!"

Can you top this?

Four Catholic men and a Catholic woman were having coffee. The first Catholic man tells his friends, "My son is a priest, when he walks into a room, everyone calls him 'Father'."

The second Catholic man chirps, "My son is a Bishop. When he walks into a room people call him 'Your Grace'."

The third Catholic gent says, "My son is a Cardinal. When he enters a room everyone says 'Your Eminence.'"

The fourth Catholic man then says, "My son is the Pope. When he walks into a room people call him 'Your Holiness'."

Since the lone Catholic woman was sipping her coffee in silence, the four men give her a subtle, "Well ?"

She proudly replies, "I have a daughter, slim, tall, 38D breasts, 24 inch waist and 34 inch hips. When she walks into a room, people say, 'Oh My God'."

The Haircut

One day a florist goes to a barber for a haircut. After the cut he asked about his bill and the barber replies, "I cannot accept money from you. I'm doing community service this week." The florist was pleased and left the shop. When the barber goes to open his shop the next morning there is a 'thank you' card and a dozen roses waiting for him at his door.

Later, a cop comes in for a haircut, and when he tries to pay his bill, the barber again replies, "I cannot accept money from you. I'm doing community service this week." The cop is happy and leaves the shop.

The next morning when the barber goes to open up there is a 'thank you' card and a dozen donuts waiting for him at his door.

Later that day, a college professor comes in for a haircut, and when he tries to pay his bill, the barber again replies, "I cannot accept money from you. I'm doing community service this week." The professor is very happy and leaves the shop.

The next morning when the barber opens his shop, there is a 'thank you' card and a dozen different books, such as 'How to Improve Your Business' and 'Becoming More Successful.'

Then, a Congressman comes in for a haircut, and when he goes to pay his bill the barber again replies, "I cannot accept money from you. I'm doing community service this week." The Congressman is very happy and leaves the shop.

The next morning when the barber goes to open up, there are a dozen Congressmen lined up waiting for a free haircut.

Holiday Shopping

A little old lady went to the grocery store and put the most expensive cat food in her basket. She then went to the check out counter where she told the check out girl. "Nothing but the best for my little kitten on Christmas."

The girl at the cash register said, "I'm sorry, but we cannot sell you cat food without proof that you have a cat. A lot of old people buy cat food to eat, and the management wants proof that you are buying the cat food for your cat." The little old lady went home, picked up her cat and brought it back to the store. They sold her the cat food.

The next day, the old lady went to the store and bought 12 of the most expensive dog cookies - one for each day of Christmas. The cashier this time demanded proof that she now had a dog, claiming that old people sometimes eat dog food. Frustrated she went home, came back and brought in her dog. She was then given the dog cookies. The next day she brought in a box with a hole in the lid. The little old lady asked the cashier to stick her finger in the hole.

The cashier said, "No, you might have a snake in there." The little old lady assured her that there was nothing in the box that would bite her. So the cashier put her finger into the box and pulled it out and told the little old lady, "That smells like crap." The little old lady grinned from ear to ear, "Now, my dear, can I please buy three rolls of toilet paper?"

Please Help Him Out....

A friend of mine purchased tickets to the 2017 Super Bowl, air fare, hotel accommodations included. When he bought the tickets he didn't realize it was the same day as his wedding.... So..... he can't goand there's a no-refund policy.

If anyone is interested in taking his place, it will be at St. Peter's Church in Vancouver. It starts at 3 pm. Her name is Donna. Should be the one in the white dress..... Thanks.